BATTLE BACTERIA!

Wash hands and surfaces often.



Cook to Proper Temperatures.

Undercooked foods can make us sick.





an equal opportunity/ADA institution

Funded in part by USDA SNAP. For more information, call MU Extension's Show Me Nutrition line at **1-888-515-0016**.

Need help stretching your food dollars? Contact your local resource center or go online to **mydss.mo.gov/food-assistance**