

# Osher@Mizzou

## Winter 2023 Course Catalog

### Start Off the New Year Right – Invest in Your Own Enrichment!

Osher's winter semester of fun and enlightening classes begins on Monday, Jan. 9th – what are you waiting for? As usual, Osher learners get to choose whether they head to the Moss Building for in-person learning or Zoom in from the comfort of their own home. (Snow day? What's that? Hybrid classes may easily pivot to Zoom when the roads turn icy. Cozy!)

**Registration opens Tuesday, Dec. 13, in this four-week session – read on for all of the details and make your plans!**

Questions? Contact the friendly Osher staff via email: [osher@missouri.edu](mailto:osher@missouri.edu) or phone: (573) 882-8189.

### What is Osher@Mizzou?

Osher@Mizzou is a lifelong learning program that provides a variety of noncredit classes and other educational, cultural and social opportunities designed for individuals age 50 and over. Join Osher, and take part in thoughtful interactions about topics of interest to you, all for the joy of learning.

### What are classes like?

Classes are relaxed, informal and meet once per week for 90-minute sessions, with plenty of opportunities for interacting with your instructors and co-students. You may choose whether to attend in person in the Osher classroom or remotely, via Zoom.



*Peace and Plenty* by Oscar Edward Berninghaus (1925). Dr. Sarah Jones will present on "The Missouri Capitol Lunettes, Oscar E. Berninghaus and the Taos Society of Artists" as part of Two Sessions on American Art (Mondays at 10 a.m. – p. 6).



## Osher@Mizzou

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**This program is brought to you by MU Extension and the Bernard Osher Foundation.**

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## About MU Extension

Using university research and science-based knowledge, University of Missouri Extension works with people to understand change, solve problems and make informed decisions.

MU Extension addresses a wide range of needs that fall into three grand challenges for the state of Missouri:

- Economic opportunity
- Educational access and excellence
- Health and well-being

We offer in-person and online programming, publications and information in these major interest areas:

- Agriculture and environment
- Business and community
- Health and safety
- Youth and family

MU Extension is a partnership with the University of Missouri campuses, Lincoln University, the people of Missouri through county extension councils, and the National Institute for Food and Agriculture of the U.S. Department of Agriculture.

Learn more at [extension.missouri.edu](http://extension.missouri.edu).



**Extension**  
*University of Missouri*



## One Semester Down, and Three More to Go!

### Osher Winter 2023 (4 weeks)

Monday, Jan. 9 – Monday, Feb. 6

*No classes on Monday, Jan. 16, in observance of Martin Luther King Jr. Day*

### Osher Spring 2023 (8 weeks)

Monday, March 6 – Friday, May 5

*No classes during MU's Spring Break, March 27-31*

### Osher Summer 2023 (4 weeks)

Monday, June 5 – Friday, June 30

*No classes on Monday, June 19, in observance of Juneteenth*



## Winter Semester at a Glance

Choose from the following courses on a myriad of topics during this four-week semester. ALL members are invited to Value-added Fridays: 9:30 a.m. Potpourri of the Arts and 11:30 a.m. Brown Bag "Lunch and Learn" series.

Hobbies & Games	Science & Technology
<ul style="list-style-type: none"> <li>Learn How to Play Mah Jongg (M, 10 a.m.)</li> <li>It's 2023 – What is There to Wear? (M, 1 p.m.)</li> </ul>	<ul style="list-style-type: none"> <li>Ways to Adapt Home Landscapes to a Changing Climate (M, 10 a.m.) *</li> <li>Exploring the Digital Globe (T, 1 p.m.)</li> </ul>
Literature, Art & Religion	Local Flavor (History & Life Skills)
<ul style="list-style-type: none"> <li>Two Sessions on American Art (M, 10 a.m.) *</li> <li>Cormac McCarthy: <i>Blood Meridian</i> (T, 10 a.m.)</li> <li>Islam and Divine Laws (T, 3 p.m.)</li> <li>Two Biblical Masterpieces: Stories of Joseph and David (W, 10 a.m.)</li> <li>In a Voice of Their Own: Women Writers of Spain (Th, 10 a.m.)</li> </ul>	<ul style="list-style-type: none"> <li>Missouri Amish and Mennonite Communities (W, 1 p.m.)</li> <li>Renewables, Reliability and Rates – Electric Utility Basics (W, 3 p.m.)</li> <li>A Day in the Life of... (With Bill Clark) (Th, 9:30 a.m.)</li> </ul>
Politics & Global Issues	U.S. & World History
<ul style="list-style-type: none"> <li>Missouri Treatment Courts: The Foundation of Justice Reform (M, 1 p.m.)</li> <li>Reproductive Justice: It's More than Abortion Rights (T, 9:30 a.m.)</li> <li>Games Economists Play (Th, 1 p.m.)</li> </ul>	<ul style="list-style-type: none"> <li>Cinders and Silence: Missouri's Burnt District (M, 9:30 a.m.)</li> <li>The United States in the 20th Century (T, 3 p.m.)</li> <li>The First Ladies of the United States (Th, 3 p.m.)</li> </ul>
Course Key	
* indicates a two-week class; M: Monday, T: Tuesday, W: Wednesday, Th: Thursday, F: Friday	





## Osher Winter 2023 Classes

**All winter classes will meet once per week for four weeks, unless otherwise indicated. Classes begin on Monday, Jan. 9. All times listed are Central Standard Time.**

### **EACH COURSE is identified by one of the following terms:**

**ONLINE ONLY:** Both the instructor and students will meet online for the class, live via Zoom, in the designated weekly time slot. Sessions will be recorded for review, if desired.

**HYBRID:** The instructor teaches live from the Moss Building, unless otherwise indicated. Some students are in the classroom (limited availability), while others Zoom in. When registering, you may select either the IN PERSON or ONLINE version of the class – both options allow students to interact with the instructor. Sessions will be recorded for later viewing. (If the IN PERSON seats have filled when you register, you will only be given the ONLINE option.)

**IN PERSON ONLY:** The class will take place at the Moss Building in Columbia, Mo. These sessions will not offer online viewing and will not be recorded.

### **In-person seat details**

Seats in the Moss classrooms will be spaced apart to avoid overcrowding, so capacity is limited. Please follow the latest CDC guidelines on masking; details may be found at [cdc.gov](https://www.cdc.gov). Please stay home if you are feeling sick, even if your symptoms are mild.

### **Zoom links**

All registrants will be sent Zoom links for their hybrid and online classes. This will allow people with in-person seats to use Zoom on days when they do not want to travel to the Moss Building.



## Mondays

*Note: There is no class scheduled on Monday, Jan. 16, in observance of Dr. Martin Luther King Jr. Day.*

### Cinders and Silence: Western Missouri's Burnt District

**Mondays: Jan. 9, 23, 30; Feb. 6 (4 sessions)**

**9:30 – 11:00 a.m.**

#### HYBRID

By September 30, 1863, 2,200 square miles of western Missouri had been depopulated and, by order, put to the torch. Almost 40,000 residents suddenly became refugees, scattered to the four winds. Following the Civil War, while this Burnt District was repopulated, the war's death and devastation were purposefully erased from Missouri's history. This course reconstructs the events through the eyes of those who lived the history, and each class will address a different dimension of the period.

**Instructor: Tom Rafiner** is an independent researcher who has devoted the last 20 years to reclaiming the history of Missouri's Burnt District. A Mizzou graduate ('69), Rafiner began his research following retirement and relocation to his native Kansas City. His work has resulted in three books, all anchored in Burnt District history. Rafiner has been the keynote speaker at several Civil War events and has spoken in more than 30 Missouri counties. A storyteller, his old-school approach to engaging audiences brings the history up close and personal.

### Ways to Adapt Home Landscapes to a Changing Climate

**Mondays: Jan. 9, 23 (2 sessions)**

**10:00 – 11:30 a.m.**

#### HYBRID

#### *First half of the semester*

This class is being offered under the umbrella of the UN Decade of Ecosystem Restoration (2021-2030), which has a global focus on reversing ecosystem losses, improving ecosystem services and recovering biodiversity. A wide variety of practices are needed, depending on local and regional conditions to achieve the stated goals in a changing climate. The challenges revolve mainly around restoring ecosystems with the increased frequencies of extreme temperatures, drought and flooding. Topics will include local action that can increase the efficiency of using water in landscapes, how to landscape in ways that conserve energy and how to select plants that can tolerate extreme weather events. The instructors will share examples of plantings to achieve self-sufficient, low maintenance gardens in mid-Missouri.

**Instructors: Chris Starbuck** is an emeritus faculty member in the Division of Plant Science & Technology at the University of Missouri. He received his doctoral degree in horticulture from Oregon State University and had a teaching/research/Extension appointment in horticulture focusing on woody ornamental plants. He brings many years of experience relevant to establishing plantings that adapt well to climate challenges.

**Michael Chippendale** is an emeritus faculty member in the Division of Plant Science & Technology at MU. He received his doctoral degree



### Scholarships Available!

*If you would like to join at the Premium level but, due to financial constraints, are unable to do so – apply for a scholarship! In winter, the \$200 rate is reduced to \$60 in out-of-pocket fees. For more information, visit the Osher website and click on LEARN MORE.*

in entomology from the University of Wisconsin and had a research/teaching appointment in entomology focusing on insect-plant relationships. He brings many years of experience relevant to responding to climate challenges in home landscapes.

## **Two Sessions on American Art**

**Mondays: Jan. 30; Feb. 6 (2 sessions)**

**10:00 – 11:30 a.m.**

### **HYBRID**

#### ***Second half of the semester***

Delve into important topics in the arts with two specialists from mid-Missouri museums – Sarah Jones from the Missouri State Museum and Robin Blake, docent for MU's Museum of Art and Archaeology.

#### **Jan. 30: The Missouri Capitol Lunettes, Oscar E. Berninghaus and the Taos Society of Artists**

The original Capitol Decoration Commission planned to use artwork to educate people about the resources and history of the state of Missouri. The lunette murals decorating the second floor are among the most direct representation of this goal. Oscar Berninghaus, a St. Louis native, and his colleagues of the Taos Society of Artists created many of the original lunettes. Join Dr. Sarah S. Jones, art historian for the Missouri State Museum, to explore the history of the Taos Society of Artists and their contribution to the art of the Missouri Capitol.

**Instructor: Dr. Sarah S. Jones** serves as historic site specialist and art historian at the Jefferson Landing State Historic Site and the Missouri State Museum. Her background includes work in art museums and historic houses in Missouri, Nebraska and New York. She recently published an article in the University of Missouri Museum of Art and Archaeology's academic journal MUSE entitled "Richard Notkin's Cooling Tower Teapot #5: Nature, Craft, Tradition, and Protest in the Nuclear Age."

## **Feb. 6: African American Artists**

This historical survey will focus on African American visual artists, starting with the early 19th century art of Joshua Johnson and extending to the works of contemporary artists Kara Walker and Kehinde Wiley. Artists Robert Duncanson, Henry Ossawa Tanner, Elizabeth Catlett, Charles White, Jacob Lawrence, Romare Bearden and others will be featured, with brief biographical sketches and representative artwork. ***Dr. Blake will teach online – the Osher staff will project the session in the Moss Building for those who prefer not to Zoom.***

**Instructor: Robin Blake** is a docent at the MU Museum of Art and Archeology. This presentation will be similar in format to the one he presented previously for the Osher program on deaf American artists, with audience participation.

## **Learn How to Play Mah Jongg**

**Mondays: Jan. 9, 23, 30; Feb. 6 (4 sessions)**

**10:00 a.m. – noon**

### **IN PERSON ONLY**

***Limit of 16 students; there is a \$10 materials fee per student; each session runs for two hours***

Mah Jongg is a Chinese gambling game played with three to four players. Skill and intelligence are required, but luck also plays a part. Some say Mah Jongg originated around the time of Confucius, about 500 B.C.E. and that it was originally exclusive to the royal class. Commoners who dared play faced decapitation. Eventually, the penalty was lifted, and the game became popular among all classes. The game was introduced to the U.S. in 1920, with English translations provided on the tiles. Enthusiasts today invite you to learn to play and keep this ancient cognitive challenge alive and thriving.

**Instructor: Dee Dee Strnad** is a retired Columbia Public Schools teacher with a master's degree in special education. She taught at West Junior High School for 19 years and has been playing Mah Jongg for about 20 years. She plays weekly with a group of friends and has taught the game to many retired teachers.



## Missouri Treatment Courts: The Foundation of Justice Reform

**Mondays: Jan. 9, 23, 30; Feb. 6 (4 sessions)**

**1:00 – 2:00 p.m.**

**ONLINE ONLY**

***Each session runs for one hour***

About one in 10 American adults (20.2 million) have a substance use disorder. About one in five (43.6 million) have a mental health problem. Nearly 8 million of these individuals suffer from co-occurring substance use and mental health disorders.

Tragically, people with these disorders are more likely to be incarcerated than treated.

Treatment courts are the single most successful intervention in our nation's history for leading people living with substance use and mental health disorders out of the justice system and into lives of recovery and stability. Instead of viewing addiction as a moral failing, they view it as a disease. Instead of punishment, they offer treatment. Instead of indifference, they show compassion.

Treatment courts save lives every day. They employ a holistic approach that goes beyond simply treating substance use disorders. They improve education, employment, housing and financial stability; promote family reunification; reduce foster care placements; and increase the rate of mothers with substance use disorders delivering fully drug-free babies.

**Instructors: Casey L. Clevenger**, Drug Court commissioner, Division XII, was appointed on November 30, 2015. Division XII hears treatment court dockets in Boone and Callaway counties, including Drug, DWI, Mental Health and Veterans courts. Clevenger has a B.S. in criminal justice and political science from Ball State University and a J.D. from the Thomas Jefferson School of Law.

**Katie Doman** has been the Treatment Court administrator for the 19th Judicial Circuit in Cole County since June 2019 and oversees the Adult, Co-Occurring, Veteran and DWI treatment courts. Doman received a B.A. from Truman State University and has spent her entire career working in the criminal justice field.

## It's 2023 – What Is There to Wear?

**Mondays: Jan. 9, 23, 30; Feb. 6 (4 sessions)**

**1:00 – 2:30 p.m.**

**ONLINE ONLY**

In this class, instructor Patti Doyle will look at the dos and don'ts of fashion. The instructor encourages participants to bring family photographs and/or published reports about today's or yesterday's clothing. We will look at the changes in Americans' perception of style, comfort and of career wear after the pandemic lockdown. We'll finish the semester looking at current haute couture designs and asking "Who wears this?" The instructor hopes you will enjoy this class and will add to the conversation. After all, we all wear clothes!

**Instructor: Patti Doyle** taught costume design in theater departments from Michigan to Utah to California before settling here at Stephens College, where she taught and designed costumes in the Performing Arts Department for some 35 years.



*Sharecropper*, by Elizabeth Catlett (1925). See information about the African American Artists presentation on p. 6.

## Tuesdays

### Reproductive Justice: It's More than Abortion Rights

Tuesdays: Jan. 10, 17, 24, 31 (4 sessions)

9:30 – 11:00 a.m.

#### ONLINE ONLY

This class is even more relevant after the Dobbs decision, though the instructor's interest stemmed from reading the book *Imbeciles: The Supreme Court, American Eugenics, and the Sterilization of Carrie Buck*.

"Reproductive justice" has three tenets: (1) the right to bear children if you want, (2) the right not to bear children if you do not want to, and (3) the right to live in an environment that is safe and conducive to raising a family. This course will concentrate on the first two tenets by exploring the history of reproductive justice and where we are today. Topics will include involuntary and voluntary sterilization (Have you heard of the Rule of 120, where women were not allowed to choose voluntary sterilization until their age multiplied by the number of their children equaled 120?); the criminalization and imprisonment of pregnant women and those who have just given birth; abortion, including those accused of aborting when they have miscarried or have given birth to a stillborn child; and how racism, classism, sexism and other forms of oppression play roles in the mistreatment of pregnant women.

Lectures will be supplemented by class discussion of short readings weekly; and Jill Delston associate teaching professor in Philosophy at University of Missouri–St. Louis (UMSL), will guest lecture during one session.

**Instructor:** Professor emeritus of cultural diversity **Nancy F. Browning** taught "Cultural Diversity in Modern America" to thousands of students at Lincoln University. In her retirement, she attends Osher classes and facilitates the Diversity Book Club. Browning edits scientific grants and papers for an international clientele and writes children's books. She enjoys reading, walking, singing, quilting and other needlework as well as spending time with friends, family, and her cat Mili.

### The Novels of Cormac McCarthy: *Blood Meridian*

Tuesdays: Jan. 10, 17, 24, 31 (4 sessions)

10:00 – 11:30 a.m.

#### HYBRID

This is the second of a three-course series on the novels of Cormac McCarthy and will focus on what most critics feel to be McCarthy's masterpiece, *Blood Meridian, or the Evening Redness in the West* (1985). The novel was the author's first to be set in the West, and it redefines the Western. Based on real characters and historical events, McCarthy intensifies these through his imagination and brilliant prose to make readers reassess the myth of the Old West. Our investigation of the novel will consider the typical Western of books and film in addition to how *Blood Meridian* compares and how the author uses historical materials. **Registrants are encouraged to borrow or purchase the Vintage Book edition of the novel.**

**Instructor:** **Clarence Wolfshohl** is professor emeritus of English at William Woods University. His creative and scholarly writings have appeared in many small press and literary journals, both in print and online. He has published several chapbooks and small collections of poetry, most recently *Armadillos & Groundhogs* (2019). He has been active in Osher both as a student and teacher for several years.



Senator Harry S. Truman (left) sits down for lunch with President Franklin D. Roosevelt (U.S. National Archives)



## Exploring the Digital Globe

**Tuesdays: Jan. 10, 17, 24, 31 (4 sessions)**

**1:00 – 2:30 p.m.**

### ONLINE ONLY

Since the simple days of email and web surfing, the “digital globe” has become a powerful force in our lives. In this course, we’ll explore the history of the internet, how it works now and how it might work in the future. We’ll also explore cybersecurity, hacking, social media, web 3.0 and the metaverse. The audience will have many opportunities to ask questions about how they can survive and thrive in the digital globe.

**Instructor: J. Scott Christianson** is an associate teaching professor of management at MU’s Trulaske College of Business, where his interests are focused on the impact of emerging technology on society and geopolitics. Before joining the College of Business, he was an entrepreneur with decades of experience in videoconferencing technology, project management and information technology. He currently serves as director for the Center for Entrepreneurship and Innovation, helping students turn their ideas into profitable products and services. You can reach him at [christiansonjs.com](mailto:christiansonjs.com).

## The United States in the 20th Century

**Tuesdays: Jan. 10, 17, 24, 31 (4 sessions)**

**3:00 – 4:30 p.m.**

### ONLINE ONLY

Dr. Jay Ward continues his exploration of the United States in the 20th century. This winter, he will consider World War II, with a close look at the last year of the life of Franklin Delano Roosevelt. The class will examine how not preparing for FDR’s obviously imminent death would affect his successor Harry Truman and the impending onset of the Cold War.

**Instructor: Jay Ward** was born in Springfield, Mo., and raised in Lexington, Mo. He was an undergraduate at Northwestern University and received a medical degree from the University of Missouri. Upon retiring from medicine after 30 years, he received a master’s degree and doctorate in U.S. history from the University of Missouri.

## Islam and Divine (Sharia) Laws

**Tuesdays: Jan. 10, 17, 24, 31 (4 sessions)**

**3:00 – 4:30 p.m.**

### HYBRID

The class is meant for Osher students interested in learning about the religion of Islam, going beyond the basics. Islam is the “religion of ease” for every human being to practice anytime and any place and is derived from two sources, submission (taslim) and peace (salam). It is, in essence, a complete and integrated ideology that governs the relationship between man and the Creator as well as how human beings relate to one another. All the rules and regulations that were revealed by Almighty God were, are and will continue to the day of Judgment and are for the benefits of all, irrespective of color, ethnicity, language or creed. Sharia or divine laws came to help people, to inspire them, to solve their problems and to make sure that they will continue to live in peace and harmony.

**Instructor: Rashed Nizam**, a Brown University graduate, has been living in Columbia for more than 25 years. He’s a board certified ophthalmologist and is the founding director of Mid Missouri Eye Center in Moberly. He serves on the Religious Program Advisory Committee of the Missouri Department of Corrections, representing Muslims in the state of Missouri.

## Wednesdays

### Two Biblical Masterpieces: The Stories of Joseph and David

**Wednesdays: Jan. 11, 18, 25; Feb. 1 (4 sessions)**

**10:00 – 11:30 a.m.**

#### HYBRID

This is a continuation of Dr. Materer's fall semester Osher course, "Who Wrote the Bible (and Why?)" – although new students are certainly welcome! The stories of Joseph and his family in Egypt (Book of Genesis) and King David (1 & 2 Samuel, 1 Kings) deserve an independent treatment that concentrates on their literary qualities. The course will also examine how the ancient sources of these tales influence their telling and reflect their historical context, such as the accuracy of the Egyptian setting and the historicity of King David himself. Since we will be closely examining the texts, students should bring any Bible of their choosing to each class. For the story of Joseph, the instructor will be using Richard Friedman's translation, *The Bible With Sources Revealed* (HarperOne 2003). For King David, he will be using Robert Altar's *The David Story* (1999).

**Instructor: Timothy Materer** is an emeritus professor of English at the University of Missouri. He is an active scholar of modern poetry who has written six books on modern literature and has received MU teaching awards.

### A Visit to Missouri Amish and Mennonite Communities

**Wednesdays: Jan. 11, 18, 25; Feb. 1 (4 sessions)**

**1:00 – 2:30 p.m.**

#### HYBRID

There are seven major plain Anabaptist religious traditions; this course will focus on the two most recognized by the general public: Amish and Mennonite. During weeks one and two, the instructors will review the history of their faiths,

from their European origin, to prophets, religious persecution, movements between countries, and finally, their migration to the U.S. Weeks three and four will focus on communities in Missouri, following the work of two Extension field faculty. The Mennonites of Morgan County have at least seven distinct church groups, and its combined population has been large after they first settled in that county in the 1970s. Auctions selling fresh produce have emerged as a unique business in many communities, and this will be reviewed, ending with a discussion of the Clark Amish community. Tips for visiting Clark or Morgan counties will be provided; both are less than an hour from Columbia. ***Weeks One and Four will be presented online – the Osher staff will project these sessions in the Moss Building for those who prefer not to Zoom.***

**Instructors: Caroline Brock**, associate teaching professor in MU's Division of Applied Social Sciences, teaches a variety of interdisciplinary writing intensive classes, including one called "Amish Communities." She was a guest editor for the 2021 special issue of *The Journal of Amish and Plain Anabaptist Studies* on agriculture, the environment and plain people.

**Joni Ross Harper** is a natural resources field specialist for University of Missouri Extension. For almost two decades, Harper has been located in the heart of Mennonite country and has developed a rapport with a range of individuals, businesses and organizations.

**James Quinn**, retired horticulture specialist for University of Missouri Extension, led a grant-funded statewide project for five years focusing on vegetable growers selling to produce auctions. One outcome was a quarterly newsletter he coordinated from 2011 until retirement. He was lead author of an article in *The Journal of Amish and Plain Anabaptist Studies* titled "The Success of Plain People's Produce Auctions and Partnership with Missouri Extension."

## **Renewables, Reliability and Rates—Electric Utility Fundamentals**

**Wednesdays: Jan. 11, 18, 25; Feb. 1 (4 sessions)**

**3:00 – 4:30 p.m.**

### **HYBRID**

Electricity is one of our most needed “critical services” (those we cannot live without), and the operation of electric utilities has become more complicated as infrastructure ages, as renewable sources are introduced into the generation mix and as the methods of assessing charges continue to evolve. While electric utilities differ in size and structure, all electric utilities share basic similarities. This class will provide an understanding of key operational and financial issues impacting all electric utilities.

**Instructor: Jim Windsor** retired as assistant director of utilities for City of Columbia Utilities, where he was responsible for all the financial aspects of the water and electric utilities. His undergraduate degree is in planning and his master’s degree is in public administration.

## **Thursdays**

### **A Day in the Life of... (With Bill Clark)**

**Thursdays: Jan. 12, 19, 26; Feb. 2 (4 sessions)**

**9:30 – 11:00 a.m.**

### **HYBRID**

Join in for face-to-face visits with instructor Bill Clark, who has been involved worldwide in four areas of life: baseball, weightlifting, birding and officiating. Clark will share what a typical day looks like in each of those four areas and how they have influenced his later life as a columnist. Each day will be a question and answer “bull session.”

**Instructor: Bill Clark** spent 36 years as a Major League Baseball scout; 70 years as an official in 20 different sports, from the local to the international level; 35 years as a gym owner; 63 years as a competitive weight lifter and administrator; 50 years as a birder; and 66 years as a newspaper and online columnist in Columbia.

## **In a Voice of Their Own: Women Writers of Spain in the 20th and 21st Centuries**

**Thursdays: Jan. 12, 19, 26; Feb. 2 (4 sessions)**

**10:00 – 11:30 a.m.**

### **HYBRID**

In this class, students will read and discuss four prominent Spanish women writers of the late 19th and 20th centuries. To understand these women, their lives and their works, we will place them in context; the history and society of Spain in the 19th and 20th centuries will be paramount in our discussions, especially in the opening class. We will discuss themes, such as women’s work, motherhood, sexual relations and women’s place in Spanish society.

The writers are Emilia Pardo Bazán (1851–1921), Carmen de Burgos (1867–1932), Elena Fortún (1886–1952) and Carmen Laforet (1921–2004).

***Registrants are encouraged to purchase the book Take Six: Six Spanish Women Writers, Simon Deefholts ed., Kathryn Phillips-Miles, trans., Dedalus, 2022, available from Amazon. Other readings will be shared by the instructor.***

**Instructor: Michael Ugarte** is a professor emeritus of MU’s Department of Romance Languages (now School of Languages, Literatures and Cultures). In retirement, he spends half the year in Columbia and the other half in Spain. Ugarte continues to read and write about Spain in the 20th century, occasionally about politics and other cultures.



## Games Economists Play

Thursdays: Jan. 12, 19, 26; Feb. 2 (4 sessions)

1:00 – 2:30 p.m.

### IN PERSON ONLY

Economics is often referred to as the “dismal science.” However, those who think of economics as dismal have never played the games economists play. This class will provide an opportunity to experience economics in new ways, using games, experiments, behavioral economics, game theory, movies, literature and other mediums as a vehicle for understanding economic concepts. In class, we will (1) play games that are used to teach economic concepts, (2) use movies and literature to find how economics is all around us, (3) explore game theory as a valuable tool for understanding human behavior, and (4) engage in economic experiments.

**Instructor: Diane Suhler** is a recently retired professor of economics/finance at Columbia College, where she taught for 20 years. She has taught classes, including “Macroeconomics and Microeconomics,” “Financial Markets,” “Corporate Finance,” “International Economics,” and “Investments.” She holds a Ph.D. in Finance from the University of Maryland and a master’s degree in International Affairs from Columbia University in New York. Suhler serves on several City of Columbia commissions and has done significant international work in Africa and Asia.

## The First Ladies of the United States

Thursdays: Jan. 12, 19, 26; Feb. 2 (4 sessions)

3:00 – 4:30 p.m.

### ONLINE ONLY

Dr. Jay Ward has constructed an entirely new course and will consider the significant women in the lives of the U.S. presidents. In most cases, the official hostesses in the White House were the wives of the presidents. In some instances, however, that was not the case, and those stories are often fascinating as well. The first series will include Martha (Patsy) Dandridge Custis Washington, Abigail Smith Adams, Martha (Patty) Wayles Skelton Jefferson, Martha (Patsy) Jefferson Randolph (daughter), Sally Hemings (enslaved person, mistress and mother of four of Jefferson’s children) and Dolley Payne Todd Madison.

**Instructor: Dr. Jay Ward** was born in Springfield, Mo., and raised in Lexington, Mo. He was an undergraduate at Northwestern University and received a medical degree from the University of Missouri. Upon retiring from medicine after 30 years, he received a master’s degree and doctorate in U.S. history from the University of Missouri.



Friday sessions are open to all current Osher members. These sessions will not be on your registration form; they are included free of charge! To read full descriptions and instructor bios, visit [osher.missouri.edu](http://osher.missouri.edu).

**Note:** Online-only sessions are marked with an asterisk, all others will be offered as hybrid. Current Osher members may reserve a seat in Moss A for the hybrid sessions by emailing [osher@missouri.edu](mailto:osher@missouri.edu).

## Potpourri of the Arts, 9:30 – 11 a.m.

### Jan. 13: Shakespeare, Spelling Bees, Song and Dance at Stephens College

Guest directors and staff from the Conservatory for Performing Arts at Stephens College will share an overview of spring productions at the Playhouse Theatre Company.

### Jan. 20: His House of Sky: Author Ivan Doig's Montana and His Writing Legacy

Yolanda Ciolli, avid reader and small publisher, will take a comprehensive look at Doig's literary works and the life that fueled his ideas. Doig is perhaps best known locally as the author of *The Whistling Season*, chosen as the Daniel Boone Regional Library's One-Read selection in 2008.

### Jan. 27: 100 Years of T. S. Eliot's Poem "The Waste Land" \*

In December, 1922, a poet from St. Louis, Mo., published the most influential poem of world literature in the 20th century. Dr. Tim Materer, emeritus English professor at MU, will celebrate its 100 years by exploring the qualities that make it a modernist masterpiece and examine the deep personal emotions that make it a moving autobiographical poem.

### Feb. 3: True/False Film Fest 2023

Join T/F Artistic Director Chloe Trayner for a preview of this year's film lineup, followed by updates and an overview of the 2023 edition. Q&A will be encouraged.

*\*These indicate online-only sessions. Make sure to Zoom in with us! You may find Zoom links for Friday value-added courses near the bottom of your Winter Semester confirmation email.*

## Brown Bag "Lunch and Learn" Seminar Series, 11:30 a.m. – 1 p.m.

### Jan. 13: Fly Girls\*

Mike Trial, retired civil engineer, will present on Stephen's College Aviation Program from 1941 to 1961. At the height of the program, it is estimated that 10% of all American women aviators had learned to fly at Stephens. It's an amazing and inspirational story.

### Jan. 20: Missouri Trees\*

Kate Kammler, horticulture specialist with MU Extension, will cover the varieties and characteristics of common trees, pruning and site selection.

### Jan. 27: Iceland Travel Talk

Megan Lau-Sears is the lifestyle enrichment director at Lenoir Woods and has traveled to Greece, Italy, Scotland, Ireland, England, New Zealand, Wales, Canada and Iceland. Travel virtually with Megan to the land of fire and ice to view glaciers, lava fields and friendly people.

### Feb. 3: What Is Behavioral Economics and What Good Is It?

Traditional economic models assume that all the "players" (i.e., consumers, business people, and regulators) are hyper-rational. Most, if not all of us, know otherwise. John Howe, retired MU finance professor, will present on behavioral economics and how it resides in the overlap between psychology and economics.

**For longer descriptions and instructor bios, visit the Osher website!**





All Osher memberships give you access to fun activities outside the classroom! The Osher staff will email throughout the semester with instructions and details on how you can take part.

## Osher Clubs

Currently, three clubs are active and engaged. We have room for more, however, so if you have a bright idea, contact the Osher staff.

- **Diversity Book Club:** Meets on the third Thursday of the month, 3:30-4:30 p.m. whenever that date falls within an Osher semester. Note from club coordinator Nancy Browning: "Our next meeting will be Thursday, Jan. 19, 3:30 p.m. via Zoom, to discuss historian and activist Howard Zinn's autobiography, *You Can't Be Neutral on a Moving Train*. The latest (2018) version has an updated intro, so please try to find that one if you are able."
- **Travel Club:** Meets every month on the second Wednesday, most often at 2:00 p.m. Come and share your travel stories with an engaged group. We send sincere appreciation to Sharon Kinden, who coordinates the club and keeps everyone on track.
- **Social Club:** Watch for email invites during the semester for unique and creative outings. Coordinated by the Outreach Committee, with leadership by Osher member Tom Bender.

## Saturday Morning Book Talks

Coffee, scones, author visits and book signings. What a perfect combo. Location: Hillcrest Community Center, 1907 Hillcrest Drive in Columbia. Watch for emails that allow you to reserve your seat. Coordinated by a wonderful group of authors and avid readers – thank you!

***Information about the 2023 Book Talk sessions to come! Please check the Osher@Mizzou website for details.***

## Volunteer Opportunities

There are **so** many ways to contribute to the Osher program! Help in the front office, assist in the classroom – both in person and on Zoom – and join a committee. Watch for announcements from Llona Weiss and Frank Green, co-chairs of the Volunteer Committee. We need YOU!





## Registration

Please read the following information thoroughly. Questions? Contact the Osher staff at [osher@missouri.edu](mailto:osher@missouri.edu) or (573) 882-8189.

Registration opens at **9 a.m. on Tuesday, Dec. 13, 2022** and continues through the winter semester.

If you would like to try for in-person seating (limited capacity) or take a class with limited enrollment, we recommend that you register early.

Need-based and caregiver scholarships are available. To apply, visit [osher.missouri.edu](http://osher.missouri.edu) or email [osher@missouri.edu](mailto:osher@missouri.edu).

## Membership Types & Fees

**Premium member (\$200 fee to begin in winter OR \$10 re-enrollment fee for existing premiums):**  
*All-inclusive*

Unlimited classes for three remaining semesters of the academic year (Winter, Spring and Summer). There is a \$10 re-enrollment fee in Spring and Summer.

**Semester member (\$20 Semester fee, plus course fees):**  
*Pay by the course*

Course fees: \$20 for two-week classes and \$40 for four-week.

**Basic member (\$40 fee):**  
*Fridays & extracurricular items only*

For those interested ONLY in the Friday value-added content and clubs.

## How to Register

**Please register online if at all possible.** Full step-by-step instructions are below.

If you have not registered online before and would like guidance, the Osher staff will be available to assist you via phone, email or Zoom. To arrange a time to work with staff, email [osher@missouri.edu](mailto:osher@missouri.edu).

If you are unable to complete an online registration or do not have access to a credit or debit card, the Osher staff will be available via phone from 9 a.m. to 3 p.m. on business days. Call (573) 882-8189.

**Please note:** The Osher program will not be offering walk-in registration for the Winter 2023 semester.

## Registration, Step-by-step

Registering online is easy, and the process unfolds similar to a survey. Please read the instructions carefully and proceed step-by-step through the process.

### Visit the Osher Website:

Go to [osher.missouri.edu](http://osher.missouri.edu) and click **LEARN MORE**. This takes you to the Winter 2023 semester web page, where you can find all of the winter information and register.

**Start the Registration Process:** On the Winter 2023 Semester web page, you will see three clickable boxes: Course Information, Membership and Join Us/Register Now. Click on that last box to register.

### Pg. 1 – Registrant Information:

Select your membership type and enter your current contact and demographic info. You may also register a second person here.

### Pg. 2 – Course Selection:

Scroll through and select your classes, including your preferences for in-person or online learning. (In-person seating is limited. If seats have filled, only the online option will be available.)

### Pg. 3 – Registration Summary:

Review your selections before paying.

### Pg. 4 – Payment Page:

Have a credit or debit card ready. Please address each of the fields before you hit the SUBMIT button.

To register on or after Dec. 13, 2022, visit the Winter 2023 semester page on the Osher website: [osher.missouri.edu](http://osher.missouri.edu).

**MU Extension**  
**1400 Rock Quarry Center**  
**Q-125**  
**Columbia, MO 65211**



## Invest in Your Own Enrichment!



	Monday		Tuesday		Wednesday	Thursday		Friday
9:30								
10:00	9:30–11:00 Cinders & Silence: Missouri’s Burnt District (Refiner)		9:30–11:00 Reproductive Justice: It’s More Than Abortion Rights (Browning)			9:30–11:00 A Day in the Life of... (with Bill Clark)		9:30–11:00 Potpourri of the Arts (Various)
10:30		10:00–11:30 Adapt Home Landscapes (Starbuck/Chippendale) <i>First 2 Weeks</i>		10:00–11:30 Cormac McCarthy’s <i>Blood Meridian</i> (Wolfshohl)	10:00–11:30 Two Biblical Masterpieces: The Stories of Joseph and David (Materer)		10:00–11:30 Women Writers of Spain in the 20th and 21st Centuries (Ugarte)	
11:00		10:00–noon Mah Jongg (Strnad)	American Art (Jones/Blake) <i>Last 2 Weeks</i>					
11:30								11:30–1:00 Brown Bag Seminar Series (Various)
12:00								
12:30								
1:00								<div>ONLINE</div> <div>HYBRID</div> <div>IN PERSON ONLY</div>
1:30	1:00–2:00 Missouri Treatment Courts (Various)	1:00–2:30 It’s 2023 — What is There to Wear? (Doyle)	1:00–2:30 Exploring the Digital Globe (Christianson)		1:00–2:30 A Visit to Missouri Amish and Mennonite Communities (Various)	1:00–2:30 Games Economists Play (Suhler)		
2:00								
2:30								
3:00			3:00–4:30 U.S. in the 20th Century (Ward)	3:00–4:30 Islam and Divine Laws (Nizam)	3:00–4:30 Renewables, Reliability and Rates: Electric Utility Fundamentals (Windsor)	3:00–4:30 The First Ladies of the U.S. (Ward)		
3:30								
4:00								
4:30								