



learn.
connect.
grow.

Missouri Beginning Farmers

Blend Experiential Learning to Grow Their Farm

Missouri beginning farmers program is a new pilot of training workshops, educational classes, internships and customized one-on-one technical assistance.



Eligibility

The project will pilot in the urban/rural fringe of St. Louis – Jefferson, Ste. Genevieve, St. Francois, Washington, Franklin, St. Charles, St. Louis Counties and St. Louis City.

Contact us at 1.800.995.8503 or visit the Missouri Beginning Farmers webpage <https://beginningfarmers.missouri.edu/>



an equal opportunity/ADA institution



United States Department of Agriculture
National Institute of Food and Agriculture

ABCs of USDA Programs

“ABCs of USDA Programs” is a one-day workshop promoting USDA programs in partnership with Missouri State USDA offices.

Grow Your Farm Classes

Eight-week course that meets one evening a week plus farm tours to:

- Prioritize personal and family values for the farm mission statement and goals.
 - Learn to “walk the farm” to assess the land and its facilities.
 - Learn to evaluate the feasibility of particular farm opportunities.
 - Understand components and create a business plan for your farm.
 - Understand financial aspects of a business plan and review financial management tools.
 - Consider types of agricultural marketing and draft a marketing plan.
 - Become familiar with legal issues that pertain to farming enterprises.
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Selling Local Foods Workshops

MU Extension curriculum includes: Introduction to Selling Local, Customer Service, Food Safety, Restaurants, Institutions, Produce Auctions, Farmers’ Markets, Wholesale, Grocery Stores, Community Supported Agriculture and Agritourism.

Farmer Learning Circles

Small groups of beginning farmers with like interests will learn details about specific topics, such as pastured poultry, farm safety, high tunnel production, farm financial benchmarking and natural resource management.

Farm WalkABOUTs

These informal, family-oriented, get-to-know-you farm tours will share strategies and techniques to become economically viable.

Internship

Hands-on tailored activities to connect learning experiences to real-world examples by planning, planting, growing, harvesting and marketing crops alongside the Farm Coordinator mentor.

One-on-One Assistance

Personalized information, action steps and other support to help farmers with disabilities, including brain injury, better access services.

BIA-MO Professional Outreach

Education for rehabilitation, vocational and agriculture professionals to assist survivors of brain injury in being successful in farming.
