## HEALTHY HALLOWEEN TREATS

## Alternatives to candy you can sink your teeth into!

- Mini frisbees
- Bracelets
- Magnets
- Barretts
- Plastic animals
- Figurines
- Crossword puzzles
- Pencil toppers
- Maze games
- Hand games
- Notepads
- Party favors
- Whistles
- Spin tops
- Coupons



- Pencils
- Charms
- Pencil sharpener
- Slide puzzles
- Jewelry
- Trading cards
- Jump ropes
- Stickers
- Fake tattoos
- Rubber snake
- Bubbles
- Pinwheels
- Hair bows
- Play money

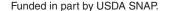


- Crayons
- Erasers
- Jacks
- Pens
- Masks
- Marbles
- Yo-yos
- Toothbrush
- Key chains
- Shoelaces
- Color books
- Paddleball
- Necklaces
- Wax fangs
- Spider rings

- Matchbox cars
- Water guns
- Rubber balls
- Animal crackers
- Wrapped fruit
- Pretzels
- Fruit cups
- Applesauce
- Raisins
- Pudding cups
- Trail mix
- Granola bars
- Juice boxes (100 percent fruit juice)







For more information, call MU Extension's Show Me Nutrition line at 1-888-515-0016. Running out of money for food? Contact your local food stamp office or go online to dss.mo.gov/fsd/fstamp.

