

Are you prepared for a disaster?

The Missouri Extension Disaster Education Network (Missouri EDEN) offers education and technical assistance for disaster preparation and response to individuals, families, local governments, schools, and organizations. MU Extension serves the public, emergency services, and officials through its strong community connections. Missouri EDEN is central to MU Extension's emergency management, covering mitigation, preparedness and recovery.

Family Disaster Plan (include the following)

1. Details about health history, medications and physician info for family members and pets



4. Diagram of your home and list of the contents



2. Contact information for out-of-area family members



5. Designated emergency meeting locations



3. Contact information for utility, insurance and financial institutions



6. Account names and numbers for family assets



Download Family Disaster Plan Template



muext.us/familydisasterplan

Emergency Preparedness Essentials

Include enough for one to two weeks. Store in an accessible place.



Flashlights and Lightsticks:

Avoid matches or candles until you confirm there is no gas leak.



Food Supply: Stock nonperishable items like canned foods, dried cereals, fruit, and nuts. Include a mechanical opener.



Portable Radio/Weather Radio



Water: Store in airtight containers, refreshing every six months. Keep at least 6 gallons per person for a week and have purification tablets.



Extra Batteries



Special Items: Medications and foods for infants or those with specific diets.



First Aid Kit and Handbook:

Ensure every family member has basic first aid knowledge and is competent in CPR.



Tools: Keep a pipe wrench and adjustable wrench to turn off the gas and water shutoff valves. Teach family members how to shut off the electricity, gas and water.



Fire Extinguisher: Ensure everyone knows its location and usage.





Earthquake Safety and Preparedness

The probability for an earthquake of magnitude 6.0 or greater in the central U.S. is significant—a 25-40% chance of occurrence in any 50-year time period. Learn about earthquake hazards in your area and take preparedness measures now to increase your chances of survival and minimize damages.

Seven Steps for Earthquake Safety

PREPARE your family and your workspace to survive and recover quickly.

1. **Secure your space:** Identify hazards and secure movable items.
2. **Plan to be safe:** Create a disaster plan and a communication plan.
3. **Organize disaster supplies:** Keep them in convenient locations.
4. **Minimize financial hardship:** Manage important documents, strengthen your property, and consider buying earthquake insurance.

SURVIVE and **RECOVER**

5. **Drop, Cover, and Hold On:** Protect yourself during the quake.
6. **Improve safety:** Evacuate if needed and help the injured.

AFTER immediate threat

7. **Reconnect and Restore:** Reconnect with others and repair damage.



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Learn more



muext.us/DisasterEducation

