WHAT YOU SHOULD KNOW ABOUT THE CORONAVIRUS

PRECAUTIONS YOU CAN TAKE

- Wash hands often, use soap and scrub for 20 seconds
- Avoid touching your face - eyes, nose and mouth
- Cover mouth with sleeve or tissue to sneeze or cough
- Seek medical care for fever, cough, difficulty breathing

ADDITIONAL PRECAUTIONS INCLUDE:
Avoid close contact with people who are sick, clean and disinfect frequently touched surfaces and objects. If you feel sick, stay home or seek medical care if experiencing fever, cough or difficulty breathing.

WASHING HANDS FREQUENTLY IS ESSENTIAL
It’s basic, but important - Wash hands frequently with soap for 20 seconds or use a hand sanitizer with 60%+ alcohol.

WHERE TO GET MORE INFORMATION

- Missouri Department of Health & Senior Services
- Centers for Disease Control & Prevention (CDC)

ADDITIONAL RESOURCES

- MU Health Care Coronavirus
- Local Health Department
- US State Dept. Travel Information
- World Health Organization

This information has been provided to you by:
Community Health Engagement and Outreach

Extension
University of Missouri

WWW.EXTENSION2.MISSOURI.EDU/PROGRAMS/COMMUNITY-HEALTH
RESOURCES

Centers for Disease Control and Prevention (CDC)
What you Need to Know About Coronavirus Disease 2019 (COVID-19)

Coronavirus Disease (COVID-19) Prevention & Treatment

Coronavirus Disease (COVID-19) Frequently Asked Questions and Answers

Missouri Department of Health & Senior Services
COVID-19 Outbreak

MU Health Care
Coronavirus

U.S. Department of State - Bureau of Consular Affairs
Current Outbreak of Coronavirus Disease 2019 - Travel Advisories

World Health Organization (WHO)
Coronavirus

Coronavirus (COVID-19) Advice for the Public

Coronavirus disease (COVID-19) advice for the public: Myth Busters