

# ARE YOU PREPARED?

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## OFFICE DISASTER SUPPLY KIT

- Bottled water
- Snacks
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- Flashlight/extra batteries
- Fire extinguisher
- Whistle
- Dust masks
- Wrench or pliers (to turn off utilities)
- Plastic sheeting and duct tape to seal the room
- Clothing and bedding
- First Aid Kit
- Multi-purpose tool
- Copy of emergency escape route
- Work gloves/goggles

## EMERGENCY CAR KIT

- Bottled water
- Snacks
- Flashlight/extra batteries
- Multi-purpose tool
- Whistle
- First Aid Kit
- Jumper cables
- Flares or reflective triangle
- Ice scraper
- Cell phone with chargers
- Blanket
- Boots/Gloves/Coat/Hat
- Map
- Cat litter or sand for better tire traction



**Extension**  
*University of Missouri*

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## **FAMILY EMERGENCY KIT (BASIC)**

### **ADD OTHER SUPPLIES BASED ON FAMILY NEEDS**

- Water: 1 gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
- Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home).
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Flashlight/extra batteries
- Family first aid kit
- Medications (7-day supply) and medical items
- Multi-purpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Blankets
- Whistle
- Sturdy shoes
- Map(s) of the area

### **MU Extension's Emergency Management Program**

Regardless of size or impact, all disasters are local events, and thus it falls upon the local community and nongovernmental organizations to manage events when they occur. MU Extension is a key resource for the public, emergency services and public officials because of the unique relationship it maintains with each community. This program is a central point for MU Extension emergency management functions, including mitigation programs, preparedness activities and recovery issues.

**[extension.missouri.edu/programs/  
community-emergency-  
management-program](https://extension.missouri.edu/programs/community-emergency-management-program)**