OFFICE DISASTER SUPPLY KIT
• Bottled water
• Snacks
• Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
• Extra batteries
• Flashlight/extra batteries
• Fire extinguisher
• Whistle
• Dust masks
• Wrench or pliers (to turn off utilities)
• Plastic sheeting and duct tape to seal the room
• Clothing and bedding
• First Aid Kit
• Multi-purpose tool
• Copy of emergency escape route
• Work gloves/goggles

EMERGENCY CAR KIT
• Bottled water
• Snacks
• Flashlight/extra batteries
• Multi-purpose tool
• Whistle
• First Aid Kit
• Jumper cables
• Flares or reflective triangle
• Ice scraper
• Cell phone with chargers
• Blanket
• Boots/Gloves/Coat/Hat
• Map
• Cat litter or sand for better tire traction
**FAMILY EMERGENCY KIT (BASIC)**

Add other supplies based on family needs.

- **Water:** 1 gallon per person, per day (3-day supply for evacuation, 2-week supply for home).
- **Food:** non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home).
- **Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)**
- **Flashlight/extra batteries**
- **Family first aid kit**
- **Medications (7-day supply) and medical items**
- **Multi-purpose tool**
- **Sanitation and personal hygiene items**
- **Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)**
- **Cell phone with chargers**
- **Family and emergency contact information**
- **Extra cash**
- **Blankets**
- **Whistle**
- **Sturdy shoes**
- **Maps(s) of the area**

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**THE COMMUNITY EMERGENCY MANAGEMENT PROGRAM (CEMP)**

Regardless of size or impact, all disasters are local events, and thus it falls upon the local community and nongovernmental organizations to manage events when they occur. MU Extension is a key resource for the public, emergency services and public officials because of the unique relationship it maintains with each community. CEMP is a central point for MU Extension emergency management functions, including mitigation programs, preparedness activities and recovery issues.

[extension2.missouri.edu/programs/community-emergency-management-program](http://extension2.missouri.edu/programs/community-emergency-management-program)