

ARE YOU PREPARED?

OFFICE DISASTER SUPPLY KIT

- Bottled water
- Snacks
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Extra batteries
- Flashlight/extra batteries
- Fire extinguisher
- Whistle
- Dust masks
- Wrench or pliers (to turn off utilities)
- Plastic sheeting and duct tape to seal the room
- Clothing and bedding
- First Aid Kit
- Multi-purpose tool
- Copy of emergency escape route
- Work gloves/goggles

EMERGENCY CAR KIT

- Bottled water
- Snacks
- Flashlight/extra batteries
- Multi-purpose tool
- Whistle
- First Aid Kit
- Jumper cables
- Flares or reflective triangle
- Ice scraper
- Cell phone with chargers
- Blanket
- Boots/Gloves/Coat/Hat
- Map
- Cat litter or sand for better tire traction



Extension

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an equal opportunity/ADA institution

FAMILY EMERGENCY KIT (BASIC)

ADD OTHER SUPPLIES BASED ON FAMILY NEEDS

- Water: 1 gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
- Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home).
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Flashlight/extra batteries
- Family first aid kit
- Medications (7-day supply) and medical items
- Multi-purpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Blankets
- Whistle
- Sturdy shoes
- Map(s) of the area

THE COMMUNITY EMERGENCY MANAGEMENT PROGRAM (CEMP)

Regardless of size or impact, all disasters are local events, and thus it falls upon the local community and nongovernmental organizations to manage events when they occur. MU Extension is a key resource for the public, emergency services and public officials because of the unique relationship it maintains with each community. CEMP is a central point for MU Extension emergency management functions, including mitigation programs, preparedness activities and recovery issues.

**[extension2.missouri.edu/
programs/community-emergency-
management-program](https://extension2.missouri.edu/programs/community-emergency-management-program)**