Missouri 4-H Club Program Book

Name:		
Club:		
County:		
Year:		

Emblem

The green four-leaf clover has a white *H* on each leaf to represent one of the four *H*'s — Head, Heart, Hands and Health.

4-H Motto

"To Make the Best Better"

4-H Slogan

"Learning to Do by Doing"

4-H Pledge

I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living for my club, my community, my country, and my world.

Colors

The white stands for purity. The green, nature's most common color, represents life, springtime and youth.

Missouri 4-H Purpose of Standards and Seals

To encourage

- A quality educational program for all members
- A safe environment where all youths feel like they belong
- An environment where youths have opportunities to connect with **caring adults**
- An environment where youths are actively **engaged** in **exploring** and **learning** about their **interests**
- Opportunities for youths to strive for mastery in subject matter of interests
- Opportunities for youths to set goals and be actively involved in the planning, implementing and evaluating the group's program
- Opportunities to **experience** and **value service** to others and community
- A vibrant environment where youths want to participate

To provide

Recognition for 4-H youth groups reaching Missouri 4-H Standards of Excellence

Bronze Seal

- 1. Recruited and mentored new members and their families or other caring adults
- 2. Supportive adult leadership for officers to succeed, learning through projects and activities, recreation and community service
- 3. Group held four or more meetings of a minimum of six hours of teaching time.
 - Group included demonstrations, judging, skill-a-thons, quiz bowls or other skill performances.
- 4. At least one project group with a minimum of six hours of hands-on learning
- 5. Enrollment records on file at the local University of Missouri Extension center
- 6. The group planned, implemented and evaluated a community service project.

Silver Seal

- 1. Recruited and mentored new members and their families
- 2. Necessary youth leadership (example: President/Chair, Vice President/ Vice Chair, Secretary/ Recorder, Treasurer, Recreation Leader) who are prepared to fulfill their leadership roles
- 3. Supportive adult leadership for officers to succeed, learning through projects and activities, recreation and community service
- 4. Group meetings should include recreation, education and business. A group should meet eight times during the year for meetings, group activities or community service

- projects.
- 5. At least one hands-on project with a minimum of six hours of hands-on learning
- 6. An annual program planned by the youths that includes skill performance (for example: demonstrations, judging or exhibition) **and** health/safety **and** recreation **and** community service
- 7. Participation of group leadership (youths and adults) in advisory groups, program planning committees (local or county) or training opportunities
- 8. Evaluated the program planned by youths and determined that two or more goals are achieved in the group's annual program plan
- Enrollment records on file at the local University of Missouri Extension center
- 10. Sixty-five percent or more of members complete at least one project

Gold Seal

- 1. Recruited and mentored new members and their families or other caring adults
- 2. Necessary youth leadership (example: President/Chair, Vice President/ Vice Chair, Secretary/ Recorder, Treasurer, Recreation Leader) who are prepared to fulfill their leadership roles
- 3. Group meetings should include recreation, education and business. A group should meet 10 times during the year for meetings, group activities or community service projects.
- 4. At least one project group with a minimum of six hours of instruction
- 5. An average of six hours of hands-on learning for all project groups
- 6. An annual program planned by the youths that includes skill performance (for example: demonstrations, judging or exhibition) **and** health/safety **and** recreation **and** community service
- 7. Participation of group leadership (youths and adults) in advisory groups, program planning committees (local or county) or training opportunities
- 8. Enrollment records on file at the local University of Missouri Extension center
- 9. Seventy percent or more of the members complete at least one project by reaching their project goals in that project.
 - Youths and adults in the group jointly complete the What is Your Group Like? Vibrant Youth Group Assessment (Y671F) and submit it to the local University of Missouri Extension center.

4-H Club Officers

President	
Vice-President	
Secretary	
Treasurer	
Song Leader	
Recreation Leader	
Reporter	
Other	
Standing committees are t	Committees hose named in the club's bylaws. (Examples: program, health and safety, recreation)

County 4-H Council

Meeting date
Officers
President
Vice-President
Secretary
Treasurer
Reporter
Other
Other
Other
Club Representative(s)

4-H Club Activities and Goals for 20____

The goals are developed by committee (Standing committees are those named in the club's bylaws. Examples: program, health and safety, recreation), and then presented to the club for approval. In a small club, the entire club may develop the goals.

Example of goals

- 1. Ninety percent of the members have at least one dental examination during the year.
- 2. Have planned recreation at every club meeting.
- 3. Survey and correct fire safety hazards in 90 percent of club member's homes.
- 4. All members complete every project being carried.

General
*Health and Safety
*Recreation
*Community Service
Optional Activity
Other Club Goals

Optional Club Activities (See Clover)
Community Service
Show Me Character
Conserving our Natural Resources

Mini-Society Recreation and Leisure International Understanding Environmental Stewardship Safety Self-Determined Healthy Lifestyles

^{*}Must achieve one or more goals in health and safety, recreation, community service and the optional activity if the club is to qualify for a Gold Seal.

Sample 4-H Club Meeting Program (First Meeting of the Year)

Date: October 1, 2010 **Time:** 7:30 p.m.

	Person(s) responsible
Activity for early arrival	Joan Miller
Business meeting	
Call to order, opening exercise, pledges	President
Songs –"4-H Friendship Song"	Secretary
Roll call: What I Liked Best About My Project	Treasurer
Reading and approval of minutes, correspondence	Member reports
Treasurer report	
Report of committees	
Report of project groups	
Old business	
New business	
Election of officers	
2. Select club activity for next year	
3. Appoint committee for Halloween treasure hunt	
4. Make plans to attend Recognition Night	
5. New president appoint program planning committee	
6. Club leader suggestions and announcements	
Program	
Project demonstrations and/or illustrated talks (educational)	
"My Woodwork Project"	Bill Rainey
"How to Choose a New Project"	Elizabeth Bell
Health: Award certificates of merit to those who finished first-aid course	
"How Environment Affects Our Health"	Mary Ray
Club activities	
Safety: Report summary on home safety checks	Bob Mullins
Pictorial story of safety on the waterfront at camp	Cecil Duffy
Recreation	
Play games, sing songs	Nancy Moore
Refreshments	Bill Jones
	Sue White
	Rob Gilpin

Place: Jim Bailes

Place:	Date:	Time:	
			Person(s) responsible
Activity for early arrival			,, .
Business meeting			
Call to order, opening exercise, ple	dges		
Songs			
Roll call			
Reading and approval of minutes, of	correspondence		
Treasurer report			
Report of committees			
Report of project groups			
Old business			
New business			
Program			
Project demonstrations and/or illus	trated talks (educational)		
Club activities			
Recreation			
Refreshments			

Place:	Date:	Time:	
			Person(s) responsible
Activity for early arrival			
Business meeting			
Call to order, opening exercise, ple	dges		
Songs			
Roll call			
Reading and approval of minutes, of	correspondence		
Treasurer report			
Report of committees			
Report of project groups			
Old business			
New business			
Program			
Project demonstrations and/or illus	trated talks (educational)		
Club activities			
Recreation			
Refreshments			

Place:	Date:	_ Time:	
			Danie and a land
Activity for early arrival			Person(s) responsible
Business meeting			
Call to order, opening exercise, ple	dges		
Songs			
Roll call			
Reading and approval of minutes,	correspondence		
Treasurer report			
Report of committees			
Report of project groups			
Old business			
New business			
Program			
Project demonstrations and/or illus	trated talks (educational)		
Club activities			
Recreation			
Refreshments			

	Person(s) responsible
Activity for early arrival	
Business meeting	
Call to order, opening exercise, pledges	
Songs	
Roll call	
Reading and approval of minutes, correspondence	
Treasurer report	
Report of committees	
Report of project groups	
Old business	
New business	
Program	
Project demonstrations and/or illustrated talks (educational)	
Club activities	
Recreation	
necreation	
Refreshments	

Place:	Date:	Time:	
			Person(s) responsible
Activity for early arrival			
Business meeting			
Call to order, opening exercise, ple	dges		
Songs			
Roll call			
Reading and approval of minutes, of	correspondence		
Treasurer report			
Report of committees			
Report of project groups			
Old business			
New business			
Program			
Project demonstrations and/or illus	trated talks (educational)		
Club activities			
Recreation			
Refreshments			

Place:	Date:	_ Time:	
			Danie and a land
Activity for early arrival			Person(s) responsible
Business meeting			
Call to order, opening exercise, ple	dges		
Songs			
Roll call			
Reading and approval of minutes,	correspondence		
Treasurer report			
Report of committees			
Report of project groups			
Old business			
New business			
Program			
Project demonstrations and/or illus	trated talks (educational)		
Club activities			
Recreation			
Refreshments			

Place:	Date:	_ Time:	
			Danie and a land
Activity for early arrival			Person(s) responsible
Business meeting			
Call to order, opening exercise, ple	dges		
Songs			
Roll call			
Reading and approval of minutes,	correspondence		
Treasurer report			
Report of committees			
Report of project groups			
Old business			
New business			
Program			
Project demonstrations and/or illus	trated talks (educational)		
Club activities			
Recreation			
Refreshments			

	Person(s) responsible
Activity for early arrival	
Business meeting	
Call to order, opening exercise, pledges	
Songs	
Roll call	
Reading and approval of minutes, correspondence	
Treasurer report	
Report of committees	
Report of project groups	
Old business	
New business	
Program	
Project demonstrations and/or illustrated talks (educational)	
Club activities	
Recreation	
necreation	
Refreshments	

	Person(s) responsible
Activity for early arrival	
Business meeting	
Call to order, opening exercise, pledges	
Songs	
Roll call	
Reading and approval of minutes, correspondence	
Treasurer report	
Report of committees	
Report of project groups	
Old business	
New business	
Program	
Project demonstrations and/or illustrated talks (educational)	
Club activities	
Recreation	
necreation	
Refreshments	

	Person(s) responsible
Activity for early arrival	
Business meeting	
Call to order, opening exercise, pledges	
Songs	
Roll call	
Reading and approval of minutes, correspondence	
Treasurer report	
Report of committees	
Report of project groups	
Old business	
New business	
Program	
Project demonstrations and/or illustrated talks (educational)	
Club activities	
Recreation	
necreation	
Refreshments	

	Person(s) responsible
Activity for early arrival	
Business meeting	
Call to order, opening exercise, pledges	
Songs	
Roll call	
Reading and approval of minutes, correspondence	
Treasurer report	
Report of committees	
Report of project groups	
Old business	
New business	
Program	
Project demonstrations and/or illustrated talks (educational)	
Club activities	
Recreation	
necreation	
Refreshments	

Place:	Date:	Time:	
			Person(s) responsible
Activity for early arrival			
Business meeting			
Call to order, opening exercise, ple	dges		
Songs			
Roll call			
Reading and approval of minutes, of	correspondence		
Treasurer report			
Report of committees			
Report of project groups			
Old business			
New business			
Program			
Project demonstrations and/or illus	trated talks (educational)		
Troject demonstrations and/or mas	indica tamo (cadodiloriai)		
Club activities			
Recreation			
Refreshments			

	Person(s) responsible
Activity for early arrival	
Business meeting	
Call to order, opening exercise, pledges	
Songs	
Roll call	
Reading and approval of minutes, correspondence	
Treasurer report	
Report of committees	
Report of project groups	
Old business	
New business	
Program	
Project demonstrations and/or illustrated talks (educational)	
Club activities	
Recreation	
necreation	
Refreshments	