

## Missouri 4-H Recognition Form Level 3 (Ages 14-18)

### Section A. Biographical Data

|   |                            |  |                                    |
|---|----------------------------|--|------------------------------------|
| <b>County of Membership</b><br>Law/Greene/Dade  | <b>Region</b><br>Southwest | <b>Program Year</b><br>2016-2017   | <b>Number of Years in 4-H</b><br>8 |
| <b>Name</b><br>Channing Clover  |                            | <b>Gender</b><br><input type="checkbox"/> Female <input type="checkbox"/> Male |                                    |
| <b>Home Address</b><br>1234 W Lawrence 2000   |                            | <b>City</b><br>Mount Vernon  | <b>State</b><br>MO                 |
| <b>Home Phone</b><br>417-316-1234   |                            | <b>E-Mail</b><br>channingclover@gmail.com                                      |                                    |
| <b>Birth Date</b><br>01/02/2001   |                            | <b>Age on December 31<sup>st</sup></b><br>15                                   |                                    |
| <b>Name of Your 4-H Club or Group</b><br>MY 4-H CLUB  |                            | <b>Expected Year of High School Graduation</b><br>2019                         |                                    |
| <b>College or Trade School that You Plan to Attend</b><br>University of Missouri  |                            | <b>Possible Major Areas of Study</b><br>Agriculture                            |                                    |
| <b>Names of Parents/Guardians</b><br>Caleb and Christi Clover   |                            |  |                                    |
| <b>Race</b> (check all that apply)<br><input type="checkbox"/> White <input type="checkbox"/> Black <input type="checkbox"/> American Indian/Alaskan <input type="checkbox"/> Asian <input type="checkbox"/> Asian/Pacific Islander   |                            |  |                                    |
| <b>Ethnicity</b> <input type="checkbox"/> Hispanic <input type="checkbox"/> Not Hispanic  |                            |  |                                    |
| <b>Residence</b> (check one)<br><input type="checkbox"/> Farm <input type="checkbox"/> Suburb of more than 50,000<br><input type="checkbox"/> Rural less than 10,000 <input type="checkbox"/> City of more than 50,000<br><input type="checkbox"/> Town of 10,000 to 50,000 |                            |  |                                    |

#### Statement by 4-H Member and Parent/Guardian

The member prepared this application, and we certify that the information is true and accurate. We give permission to the 4-H Center for Youth Development to use information in this document for 4-H program promotion and education.

|                                |                                     |
|--------------------------------|-------------------------------------|
| <b>Date</b> (month, day, year) | <b>Signature of 4-H Member</b>      |
| <b>Date</b> (month, day, year) | <b>Signature of Parent/Guardian</b> |

#### Approval of this Report

We reviewed this application and believe it to be correct.

|                                |   |
|--------------------------------|---|
| <b>Date</b> (month, day, year) | <b>Signature of 4-H Club Leader</b>         |
| <b>Date</b> (month, day, year) | <b>Signature of County 4-H Staff Person</b> |

## Section B – Leadership Experiences (2 page maximum) 28 Points

You will use leadership skills in many ways the rest of your life. Write one paragraph on each of the seven leadership life skills; identify each paragraph with the following headings: Understanding Self, Communicating, Getting Along with Others, Learning to Learn, Making Decisions, Managing Resources and Working with Groups.

Relate these skills to the leadership roles and experiences you have had through 4-H such as holding an office, serving on a committee, participation in a project, etc. Remember, tell what you did, what you learned and how this has changed you or others.

- **Understanding Self**

Developing leadership relies heavily on inner strengths of the leader. You need to know what is important to you because it will influence the decisions you make. In this section consider how your leadership roles in 4-H have helped you to better understand yourself. Describe a personal challenge you have overcome through your leadership experiences.

- **Communicating**

Good leaders are excellent listeners, careful observers of nonverbal communication, skilled in conversing informally in small groups and on the phone, able to obtain feedback from others, and skilled at writing. Communication is more than being able to give a speech in front of a group of people. In this section consider how you have developed a variety of communication skills in your 4-H leadership positions. Describe an example of where your communication skills have allowed you to effectively lead a group.

- **Getting Along with Others**

Understanding and appreciating the people you meet is important when leading groups. As a leader, you need to gain the trust and support of the individuals in the group. In this section consider how you have used your leadership skills to promote a team attitude among a group of 4-H members. Describe a situation where your leadership skills were used to help a group get along.

- **Learning to Learn**

Learning to learn is learning how to make desired changes. You make changes in attitude in the way you do things, and in the information you know. The things you know are applied in new and creative ways. In this section consider your learning style, how has 4-H helped you to develop your learning skills. Describe a time when you were in a leadership role and had to work with people who had a wide range of abilities or a wide age range. What methods were successful in helping this group learn, what struggles did you face?

- **Making Decisions**

When making decisions for yourself or with a group you use a process. The decision making process requires individuals or members to work together to define the problem, gather information about it, list alternative solutions to the problem, weigh the consequences of each solution, decide on the best action to take, follow through with the action, and then evaluate the results of the action taken. In this section consider a 4-H decision that you have made, the result, and the lessons learned. Give an example of how you led a group of 4-H members in making a decision, what was the outcome?

- **Managing Resources**

To help groups use the resources available to achieve goals, careful planning is required. Proper management of resources includes identification and effective use of the resources you have. In this section consider how your leadership helped manage resources through the planning, implementation and completion of a 4-H group goal. Describe the success level of the experience both personally and for the group.

- **Working with Others**

Working with others requires you to know how a group works, how the leader influences the group, and realizing what leadership style works best in different situations. Good leaders know how to create good group environments by focusing on group member's needs and motivations and helping people work together cooperatively. In this section consider a specific leadership activity which provided a challenge for you in working with others. Describe the difficulties you faced, what you did, and what the outcomes were.

## **Section B: Leadership Experiences**

### **Understanding Self**

In 4-H I have held many leadership roles over the years, from pledge leader to Regional Representative. 4-H has helped me understand why knowing yourself will make you a better leader. I have many inner strengths, like confidence. To be confident and self-assured is a must to lead others effectively. I have come to better understand myself in one main area, listening to others. I have always been a talker, which can both be a blessing and a curse. These different leadership roles I have held have taught me that I need to learn when to listen to others, and to learn from what they are saying. These qualities will help me in my future career. A piece of advice I like is "listen to understand, not respond." This allows others to speak.

### **Communicating**

My skills in the area of leading groups effectively, running meetings, putting my thoughts in writing as well as simply chatting and making new members feel welcome have improved. These skills have been very helpful in the roles of secretary and president. As secretary, I learned how to write letters and keep minutes. As president, I had to run the meetings. I needed my communication skills to effectively lead the club through the day's business and discussion. In the office of president, I am also in charge of leading committees. I must be an efficient leader and delegate tasks to the members. Communication is also important when I am serving as camp counselor. I have to talk to the younger kids at their level, and make sure I communicate with them in a way that they will understand what I am trying to help them do. I have to be sure to be an excellent listener. If the kids aren't talking but their actions are speaking loudly, I have to be sure to try to understand why they aren't communicating with me.

### **Getting Along with Others**

Being a good leader encompasses respect and respect is the basic building block for getting along with others. Our officer team tries to show respect in every situation, whether it be to adults, guests or members. We think that leading by example is a great way for others to learn how to get along. To get along with others, I have to be understanding and appreciative of them. I have to gain trust and support of the individuals in the group by being truthful with them. One time while making crafts, one club member was being rude to another member, who was very upset about this. I had to step in and remind the member who was being rude to treat others with respect. Once they started doing this, both children were working together and being polite to each other. Getting along is something that can be achieved through mutual respect and politeness, sometimes it just takes a gentle reminder.

### **Learning to Learn**

I love my 4-H club, we have a very diverse group of members, with a wide age range. This allows younger members to learn from the older, and gives us a wide variety of interests and perspectives. We are constantly trying to find ways in which all of our members can be active and included. Since we have so many younger members, one thing we are striving to teach them is parliamentary procedure. We put together lessons and explanations for the kids. We gave them

a piece of candy every time they made a motion. We thought this was going to work well, and they did learn something. However, we found they learned better when we coached them on how to make a motion about something they were excited for (ie, making ornaments at the December meeting). Even though we thought our method would be most effective, we found they learned best in a different way. I learned that everyone's learning is different, and to try different ways of teaching things.

### **Making Decisions**

One life skill that you use every day is decision making. When I am a counselor, I have to help groups make decisions that everyone agrees with. Helping groups do that requires me to help them work through the decision making process every time a decision has to be made. In a group, you have to work together to decide the best action to take. It is important to look at the consequences for each solution, and to be sure to follow through and decide if it was a good decision or not. Even when I am not in a group, I have to use the same method to make decisions. I have learned decisions can have a big impact.

### **Managing Resources**

This year in my sewing project, I knew I was starting a project that was difficult so I used one of my resources, my grandma, to help. My grandma is a good resource because she is a retired FACS teacher and was a clothing leader in another 4-H club. She has been making outfits and various projects for years. She helped me by showing me how to make my outfit better and how to do the things I did not know how to do already. In my cake decorating project, I used another resource, the cake decorating leader in our 4-H club. She helped me with my cakes by teaching me how to make different kinds of icing and how to do different patterns on my cake. Money is a resource I have identified. For the past few years our club has had a very successful fund raiser. A few years ago, our funds were limited, however. We still wanted to have a fun activity for our club members. As a club officer, I had to help decide that we could still have a fun activity even though we had limited funds. Choosing the activity wisely and making some sacrifices allowed for everyone to have fun without blowing the budget.

### **Working with Others**

In 4-H, I have had to work well with others quite often. In our county, we have a youth council group that I have been involved in. We have to plan our meetings when we can all get together and we try to make it fun by going somewhere fun every other meeting. It's hard to do this because we all have different ideas of fun. Our leader has a hands-off leadership style, and expects us to decide what we want to do and how our meeting should be run. We also have to decide what activities in the county we want to participate in. The way our leader does this is very helpful to us because it forces us to be the leaders in our county activities. At 4-H camp as a counselor, I have to be sure to create a good environment by focusing on the campers' needs and all their different personalities. We have to delegate responsibilities at the end of camp so everyone does their part in cleaning up the campgrounds and getting them ready for the next camp.

### **Section C: Citizenship**

Citizenship is a big part of 4-H, and there are many ways for members to participate in and understand what citizenship means. At the 2014 State 4-H Congress, I got to go to Jefferson City and visit the capitol building. I experienced the legal side of citizenship while I was at the capitol. I went to a Judicial branch workshop. While I was there, I worked with lawyers and judges from around the state. We had mock trials and used real court cases. I learned about different laws and learned how court proceedings work. I met so many new people and learned about so many different laws. I learned about freedoms that we have in our wonderful nation. Last year I also attended Legislative Academy, and got an even more in depth legislative experience in our state capital. Both of these were possible because I am involved in 4-H.

Being a good citizen means that you participate and voice your opinion. I was elected to serve on the Missouri State 4-H Council. In our meetings, I have to be a good citizen and voice my opinions and ideas. In our club meetings, I have to vote on things I want to do and don't want to do and I also have to talk about ideas that I have for our club. I have to understand that it is a big group and everyone wants something different. I have to also listen to what is going on in the meetings and make motions on the business of the club. All of this will prepare me for when I turn eighteen and I can vote in our elections as a citizen of the United States. Being in 4-H has helped me understand I need to do my research on candidates and topics before I place my vote.

### **Section D: Community Service**

I have done a lot of community service with many groups, but most of them have been with 4-H. I love doing community service projects. It is very rewarding to serve so many people who show their gratitude and thanks. They have also taught me lessons that I will cherish for the rest of my life.

Our county 4-H teen council helps out at Lafayette House in Joplin each year at Christmas time. The things I have experienced at Lafayette House are life changing. This community service project has taught me to not take things in life for granted. One of the most memorable experiences is the look on the kids' faces when they receive gifts from us. Another great was the can drive for Ronald McDonald House. At our recognition night, bringing in two canned goods was your way to pay for your meal. We then took the canned goods to Ronald McDonald House, and got to see some of the families and employees. It was a really great experience getting to see how appreciative everyone was. While doing this project I learned that you can never take anything for granted, like a child's health or life. It was remarkable to see how strong these families were in their quest for their child's health, they never gave up. This is similar to what 4-H teaches us, to persevere and be strong, and to be appreciative in all circumstances. I learned that the amount you give doesn't matter. The effort that you put into giving will affect both you as the giver and the receiver, whomever they may be.

## **Section E: 4-H Projects and Activities**

I have been involved in several project areas over the course of my 4-H career. A few I decided just weren't for me, but some I have stuck with since the very beginning. The two most significant 4-H projects I am in are dairy and dairy judging.

I have been in the dairy project since my very first year in 4-H. My family owns and operates a dairy farm, in which I am heavily involved. So not only does the dairy project help me with my daily tasks, it also helps me prepare for my future. I have been going to 4-H dairy cow camp for several years. I have made friends from all over the state. At cow camp, you get a calf and start from the ground up, clipping, washing, breaking it to lead, and finally showing the calf. There is also a judging contest on the last day. The past couple of years I have been a counselor. This opportunity was amazing. I got to "pay it forward" in a manner of speaking. Cow camp has given me the opportunity to watch older youth in the industry lead by example. Hopefully I will be that same example for many youth down the road. I love this industry and want to further it.

For the past few years, I have participated in Missouri 4-H dairy judging camp. My introduction to dairy judging began when my youth specialist told me that I was going to judge at state fair. This was the kick-start to my success in dairy judging. I have participated in State Fair judging every year since then. I attend dairy judging camp where I learn more and more each year about reasons and judging overall. These lessons are the ones that I can take to a future career. It has been my goal to be on the Missouri 4-H Dairy Judging team, and now I am there. My next goal is to advance to judge internationally.

I have learned many valuable life lessons in these projects. In dairy, I have learned the value of sportsmanship. Being a graceful winner is just as important as being a graceful loser. I have learned what hard work is. Getting your cattle ready for a show is something that requires dedication and preparation. I have learned what responsibility really is, which is taking initiative and doing what needs to be done – and doing it correctly. In dairy judging, I have learned the importance of decision-making and confidence. Placing a class isn't always easy. I have gained the skill of public speaking, problem-solving and explaining my thinking. These skills will be valuable in any path I take in life.

These projects have had an impact on my life on a normal, daily basis and for the future. My goal is to become an Agricultural Attorney. Decision-making, hard work, public speaking, preparation, the ability to make conclusions, and put things in order are all skills that will be required in this field. These projects have made their mark on me as a person and has shaped my life for the better.

## **Section F: 4-H Story**

My parents were both in 4-H, in fact my father was the Missouri State 4-H President, so being in 4-H was kind of a given in my family. I suppose that my 4-H story starts off just like many others. When you turn eight, your parents inform you that you will be joining 4-H. Your first thoughts are “what in the world is 4-H, and why do I need to go?” So then, you go to your first meeting, sit in the back, and try to figure out what in the world is going on. You go home, decide it was alright. Next month, you come back, now you have a little bit of a clue what you’re supposed to do, you actually vote and sit in the middle.

Now let’s flash forward a few years. I went from sitting in the back of the room to leading the meeting. I went from being the scared new member to a confident leader. Not only have I had that transformation, but I have been able to witness other club members blossom as well. Some of my friends who never used to speak turned into members who are outgoing and not afraid to speak in front of a crowd. Young and timid Clover Kids turned into active, vibrant members who want their voices to be heard.

4-H has helped me in so many ways. It has provided me with many opportunities that have boosted my confidence and honed my leadership skills. I have always been a leader. I lead groups, delegate tasks, and keep everything organized. Through officer workshops, club and state offices, and other leadership activities, 4-H has made me a better leader. I am now a leader who listens and just doesn’t talk – one who is open to new methods and opportunities. My confidence has grown with 4-H, through speeches, demonstrations and showing cattle. I have made so many friends through 4-H, from my county, region, state, and nationally. I have acquired these friends through trips, camps and shows. Some of my best friends are ones 4-H has brought into my life. Sometimes, the best bonding takes place late at night, telling funny stories, and making memories that will last a lifetime that all started with 4-H. 4-H has lots to offer and I have been lucky enough to have it.

4-H has had a huge impact on my life - past, present and future. My future plans encompass agricultural law and agricultural estate planning. In 4-H, I have had so many speaking opportunities and have gotten more and more involved in the agriculture industry. This has shaped my dream to be an agricultural attorney and estate planner. While I am still in 4-H, I would like to go on an overseas exchange trip, be a member of the national winning 4-H dairy judging team, and judge internationally as well.

Being a 4-H member has been an awesome experience. It has provided me with opportunities I would not have had in any other program. I have become a better communicator, leader, student, and person through 4-H. I know that I will be able to apply all of the skills I have learned through 4-H in college and in the rest of my life. My 4-H experience has been amazing and has come full circle. From that first meeting when I was eight years old when I sat in the very back of the room, to now where I lead the meetings and set an example for younger members, I don’t think I would have ever imagined myself being who I am today. It is all because of 4-H.

## **Section G. Photographs (12 points)**

Limit three pages (two photos per page, one side only).

- Include color or black & white photos on white 8 1/2x 11 paper that depict your 4-H experiences and include a short caption.

***“Include photos of you in action at some of your 4-H events. Photos from camp, project meetings, club meetings, or working on your projects are great. Make sure you include six photos (2 per page) and write a caption for each one.”***



## Section G. Photographs Page 2

***“Include photos of you in action at some of your 4-H events. Photos from camp, project meetings, club meetings, or working on your projects are great. Make sure you include six photos (2 per page) and write a caption for each one.”***

## Section G. Photographs Page 3

***“Include photos of you in action at some of your 4-H events. Photos from camp, project meetings, club meetings, or working on your projects are great. Make sure you include six photos (2 per page) and write a caption for each one.”***

# Channing Clover

1234 W Lawrence 2000, Mount Vernon, MO 65712

C: (417)316-1234 [channingclover@gmail.com](mailto:channingclover@gmail.com)

## OBJECTIVE

To obtain a degree in Agriculture Law to assist the agricultural community in law cases where I can apply my farm knowledge and background.

## EDUCATION

Monett High School      Current GPA: 4.0/4.0      Expected Graduation: May 2018

## SKILLS

My skills include punctuality, responsibility, good work ethic, dependable, leadership, and teamwork. I have also competed state wide in extemporaneous speaking in speech and debate, while nationally in prepared public speaking.

## WORK

Wrightvale Holsteins, Verona, MO 2008-Present. Worked with 100 cows

## EXPERIENCE

Registered Holstein operation in Clever, MO and now working with a 40 cow operation in Verona, MO. Performed daily tasks relating to calf and heifer care. Responsible for feeding, bedding, vaccinations and medical treatments. Gained knowledge about total herd animal care. Responsible for clipping and complete care of animals at local 4-H shows.

## VOLUNTEER

- Held Lucky-11 offices: Club Secretary 2012-2014, Club Vice President 2014-2015, Club President 2015-2016
- Attended Missouri 4H Dairy Cow Camp: 2010-2014; Counselor 2015
- 2014- 1st Place Overall Showmanship, 1st Dairy Judging
- State 4H Congress 2014-2015
- Youth Leadership Summit 2014-2015
- Attended State 4H Teen Conference 2012
- Packed meals for Friends Against Hunger - 'Meals-A-Million': 2012-2014
- Joplin Tornado: Helped Immanuel Lutheran Church and school with cleanup
- Christmas Cookie plates for 4H Volunteers 2009-present
- Assisted with Shelby's Run Fundraiser for St. Jude Children's Hospital 2012
- Sold raffle tickets for local dairyman's child with cancer. 2013

## RECOGNITION AND AWARDS

- 4H Achievement Recognition: SW. Regional Representative, Project medal in Dairy, Super 4H'er, Club Community Service Award, Greene County 4H Dairy Showmanship buckle, County 4H Livestock and Dairy High Point club
- Community:
  - Played Violin in 2013 Springfield Junior Youth Symphony – 2<sup>nd</sup> Violin– 1<sup>st</sup> Chair
  - 2015- Present Member of the Ozark Festival Orchestra
- Academics:
  - Vice President Monett FFA Chapter, Vice President Monett Speech and Debate
  - Principals Honor Roll - Straight A's: 2007 - Present, Principal's Pick for Interest Fair
  - Electoral College Project and Robotic Milking Systems. 2013 Ozarks Regional Science Fair: 1<sup>st</sup> Place Zoology division & won Mamology Award.
- President Missouri Junior Holstein Association
- National Holstein USA - National Young Distinguished Junior Award 2014

**Truman T. Tiger**  
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## REFERENCES

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**Education** Missouri Park Senior High, class of 2020 (3.8 GPA)

### Experience

- Missouri Public Library—University Branch (June 2015–present)
- Maintained library database on checked-out materials.
  - Coordinated volunteer program for Story Time.
  - Organized card catalog to incorporate new materials.

County 4-H (2003–present)

Participated in several volunteer activities, including: clean-up and rebuilding fairgrounds (50 hours), organizing canned food drive for the Food Pantry (80 hours) and serving as 4-H Council President.

### Activities

- County 4-H (2003–present)
- Missouri Park Senior High FFA (2015–present)
- Cross Country (2002–present)
- Riding lessons (10 years)

### Awards

- Key Award, 2015
- A Honor Roll, 2011–2015
- Outstanding 10 Year Member, 2015

### References Included

**Contact Information:** should be at the top of your resume—include name, address, phone number, and e-mail (if you have it). Separate it out by centering it and making it bold. If you have a college address separate from a home address, use both.

**Education:** include graduation date and GPA if it is 3.0 or higher.

### Formatting Experiences: (2 options)

1. Heading line (include title and dates) followed by bulleted list—see Work Experience as example.
2. Heading line (include title and date) followed by narrative list—see Volunteer Experience as example.

### Writing About Experiences

Regardless of style, begin each phrase/sentence/bullet with an active verb such as: maintained, coordinated, organized, participated, etc..

**Headings** The expected headings would be: education, experience (work or volunteer), but the others are up to you. Use the ones that work best. Other possibilities: skills, additional experience, related experience, leadership experience, research experience, writing experience, computer experience, objectives, leadership, related coursework, work experience, volunteer experience, anything that fits your particular qualities.

**General Formatting** You should have 1 inch margins, major headings (like 'Education') on the left, then indent with additional information below—for example, notice how County 4-H is lined up below Missouri Public Library. Use a traditional font (New York, Arial, just not cursive...) at 12 point size. It should all fit on one page. Remember, it needs to be easy to read—keep it simple and organized!

Other things to remember:

- proofread, proofread, proofread!
- Check for punctuation and spelling.
- Check for format and style consistency.
- Show your resume to a friend.

### References

- ask permission before you list someone as a reference
- select references from different areas of your life