

Reflection for 4-H Service-Learning Projects

Reflection by Ages & Stages

Choose a reflection activity that takes into consideration the age and stage of development of most group members who completed the service project. For example:

Clover Kids (ages 5-7)	Juniors (ages 8-10)	Intermediates (ages 11-13)	Seniors (ages 14-18)
<ul style="list-style-type: none"> • Draw a picture of their experience, and describe to the group. • Show and tell: have members bring an object from home that reminds them of their experience. • Ask the group questions about their experience related to their five senses (see, hear, touch, etc.). 	<ul style="list-style-type: none"> • Engage group in acting out highlights of their experience. • Ask the group to identify and make a list of things they are proudest of and thought the whole group did well. • Have group circle up and toss a ball with reflection questions, answering the question their thumb lands on. 	<ul style="list-style-type: none"> • Use quotes or photos to jumpstart a reflection discussion. • Ask the group to share how they think their experience will help them in the future. • Connect their experience by passing a ball of yarn around to make a “web” and show how they shared the experience. 	<ul style="list-style-type: none"> • Keep an individual written journal. • Create online discussion board for members to post about their experiences. • Pair and share reflections, then insights as whole group and see how they relate. • Brainstorm how experience taught skills useful for college and career

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Questions to Ask After Your Project

1. Do and Share ("What?")

- What are some words that describe your experience?
- What were your feelings?
- What was most rewarding?
- What was the most difficult?

2. Process ("So What?")

- How has the information and skills you learned helped you?
- How was the experience different from what you expected?
- Why is it important to serve your community?

3. Generalize

- What issues did the experience make you think about?
- What are the challenges that face us in these issues?

4. Apply ("Now What?")

- How has this project changed your attitude about the issues?
- What will you notice now that you did not notice before?
- What can we do as a group to have more impact in this area?
- What is one thing you can do next week that will make a difference with this issue?

5. Final Question

- How are you a different person because of this experience?



(Source: Service-Learning Standards for Quality Practice)