2022 JAPAN EXCHANGE
Join a HOMESTAY EXCHANGE and immerse yourself in another culture!

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STATES’ 4-H INTERNATIONAL PROGRAM DETAILS:

8 WEEK HOMESTAY PROGRAM
Dates: June 15—August 11, 2022
Capacity: Maximum 20 delegates
Cost: $3,895 + airfare estimate ($1,700 - $2,600) + $50 travel agent fee
(Airfare varies based on applicant’s location)

For the first 4 weeks, stay with a host family (host sibling not guaranteed) in the Tokyo area, while attending an intensive Japanese language Nihongo program. In the second 4 weeks, you will be placed with a new host sibling and host family. A group camp is offered through Labo and cultural excursions are offered by LEX.

Program Timeline*:
November 1: Application & deposit due to States’ 4-H Office** ($2,000 for 8-Week, $1,500 for 4-Week) payable to States 4-H; $250.00 payable to University of Missouri. 2 separate checks.
February: States’ 4-H notifies applicant of acceptance
March 15: Second deposit due to States’ 4-H Office ($2,000 for 8-Week, $1,500 for 4-Week)
March 15: Medical form & Passport due to States’ 4-H Office
April: States’ 4-H issues air tickets
Early Spring: State-level orientations
May 1: Third and final deposit due to States’ 4-H Office
Late Spring: National orientation for all Japan delegates
Summer: Students fly to a U.S. gateway city for National Departure Orientation the day before the international flight.

*Some states may have an earlier timeline set in order to approve documents before they are forwarded to the National Office.

HOLD SATURDAY, NOVEMBER 13 FOR INTERVIEWS

**First payment will not be deposited until applicant is accepted in February

Program Fees Include:
• Overnight National Orientation in U.S. gateway city & in Tokyo
• Labo camp or LEX cultural excursions
• In-Japan expenses: lodging, meals, transportation
• Orientation materials and States’ 4-H t-shirts
• Accident & Sickness Insurance
• A portion of adult chaperone expenses
• 8 Week Program fees include the 4-week Japanese Nihongo language program: language learning in a classroom setting and cultural excursions outside of classroom.*

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States’ 4-H International’s mission is to enhance world understanding and global citizenship, which we believe can be achieved through living with a local host family and immersing oneself in another culture.

Who can apply:
4-H youth who want to learn first-hand about another culture and gain a global perspective. Must be between ages 12-18 from the first day to the last day of the exchange (you must not be in college). 4-H enrollment guidelines and ages vary by state.

How to apply:
Contact your local 4-H coordinator to apply and learn about your local deadlines and to access the application.

States’ 4-H Program Policies:
- Program Cancellations:
  - Prior to March 31, 2022: $100 cancellation fee. The remaining amount of program deposits will be refunded. (JPN8 must be received by 3/15)
  - After April 1, 2022: No refund of paid deposits, unless full program cancelled by States’ 4-H (No refund for JPN8 after 3/15)
- Airfare is non-refundable once issued
- In-State Fees may apply
- Unaccompanied Minor fees may apply (up to $150 each way)
- No donor checks are accepted by the States’ 4-H Office; donors must send checks directly to the delegate
- Program details subject to change

FAQs:
Q: Will a chaperone accompany the group?
A: Yes! Adult chaperones accompany the group during international travel and remain in-country to provide support during the exchange.

Q: Do I need to speak Japanese?
A: No prior language study is required, but it is certainly helpful! Our international partners have English-speaking staff on hand to assist you in communication.

Q: How will States’ 4-H prepare me for my homestay?
A: States’ 4-H provides travel handbooks that cover everything from packing lists to financial matters to cultural information. In addition, each state may conduct a spring orientation covering these topics. Delegates also receive details during the States’ 4-H group conference call in late spring and a National Departure Orientation the day before the international flight.

For more information:
- [www.states4hexchange.org](http://www.states4hexchange.org)
- exchange@states4h.org
- OB@states4h.org
- (206) 462-2200
- (800) 407-3314
- [Facebook Page](https://www.facebook.com/states4hexchange/)
- [Instagram](https://www.instagram.com/states4hinternational/)

“This was a life changing experience and it has truly changed my mindset on others and the world. I feel like a different person now, in a good way, and I now have an international family!”

- States’ 4-H Outbound Alumna