## How to Print Your Health Form in 4HOnline

- 1. Log into 4HOnline.
- 2. On your Member List Page—down at the bottom in the box that says Member Reports:
  - Select the **member name** in the drop down list
  - Select Member-Health Form from the drop down list
  - Once you select the form—
    - Chrome—the form will *automatically* download—so look at the bottom of your screen. (see example below)
    - FireFox—a pop-up download box will show up and you must choose download or save.

