



PLWG
PROGRAM LEADERS
WORKING GROUP

JUST IN TIME EQUITY DIALOGUES FOR YOUTH

Supplemental
resources

Resources, readings, and
other relevant content to
support guide use

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Resources for Educators

This document was compiled to provide educators and youth with resources to enhance their learning and understanding of the topics covered in the lessons. It is not meant to be exhaustive and will be continually updated as we are made aware of more resources.

Quizzes & Tests to Take:

- [How Privileged Are You?](#)
- [Harvard's Project Implicit Association Test](#)
- [Race and Justice Quiz | ACLU of Washington](#)
- [Commitment to Combat Racism](#)

Videos to Watch:

- [Let's Talk About Race: Shelly Tochluk TEDx Talks](#)
- [Uncomfortable Conversations with a Black Man](#)
- [Systemic Racism Explained](#)
- [Understanding My Privilege: Sue Borrego TEDx Talks](#)
- [50 Year of Racism -- Why Silence Isn't The Answer: James A. White Sr. TEDx Talks](#)
- [Seeing White Fragility](#)
- [How Studying Privilege Systems Can Strengthen Compassion: Peggy McIntosh TEDx Talks](#)
- [White People, Enough: A Look at Power and Control: Jaelyn Coates TEDx Talks](#)
- [Deconstructing White Privilege with Dr. Robin DiAngelo](#)
- [The power of privilege: Tiffany Jana TEDx Talks](#)
- [I Spy Something White: Stephanie Afful TEDx Talks](#)
- [Discuss Microaggressions](#)
- [Bad White People: Travis Jones TEDx Talks](#)
- [A Class Divided |PBS \(Jane Elliot's Blue Eyes Brown Eyes Experiment\)](#)
- [How to overcome our biases? Walk boldly toward them: Verna Myers TEDx Talks](#)

Movies to Watch:

- [Just Mercy](#) (It is free, just click the 'buy or rent' tab)
- [13th](#) (free on Youtube)
- [I Am Not Your Negro – Official Trailer](#)
- [Selma](#) (\$2.99 on Youtube)

- [Here are 22 Movies and Documentaries About Race Everyone Should Watch At Least Once](#)

Podcasts to Listen to for teens and adults:

- [1619 \(New York Times\)](#)
- [Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)
- [Seeing White](#)

Resources to Teach Your Young Kids:

- [Guide for Selecting Anti Bias Children's Books](#)
- [37 Children's Books to help talk about Racism & Discrimination](#)
- [30 Books to help you talk to your kids about racism](#)
- [Raising White Kids: Bringing Up Children in a Racially Unjust America](#)
- [Your Kids Aren't Too Young to Talk About Race: Resource Roundup](#)
- [Resources for Discussing Police Violence, Race, and Racism With Students](#) by Evie Bla
- [Teaching About Race, Racism and Police Violence](#) from Teaching Tolerance
- [100 Race-Conscious Things you can Say to your Child to Advance Racial Justice](#) from Raising Race Conscious Children
- [Talking to Kids About Racism and Justice: a list for parents, caregivers & educators](#) from the Oakland Public Library
- [Resources for Educators Focusing on Anti-Racist Learning and Teaching](#) from the Early Childhood Education Assembly
- [A Collection of Resources for Teaching Social Justice](#), Jennifer Gonzalez.
- [60+ Resources for Talking to Kids About Racism](#), Lorien Van Ness
- [Talking About Racism And Bias: Resources For Parents And Caregivers](#), Children's Alliance
- [Racial Justice Resources for Families](#), Massachusetts Conference United Church of Christ
- [Talking to Children About Race and Ethnicity](#), Institute for Learning & Brain Sciences

Helpful Reading Lists:

- [An Antiracist Reading List](#)
- [An Essential Reading Guide For Fighting Racism](#)

Interviews/Advice from Experts:

- [Talking to Children after Racial Incidents](#) from the Penn GSE Newsroom
- [Supporting Kids Of Color In Wake Of Racialized Violence](#) from EmbraceRace

- [Tips for Parents on Media Coverage](#) from the National Child Traumatic Stress Network
- [Talking to Children about the Shooting](#) from the National Child Traumatic Stress Network
- [An Activity Book For African American Families: Helping Children Cope with Crisis](#) from the National Black Child Development Institute (NBCDI) and the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD)
- [10 Quick Ways to Analyze Children's Books For Racism and Sexism](#), Council on Interracial Books for Children
- [Talking to kids about discrimination](#), American Psychological Association
- [What White Children Need to Know About Race](#), Ali Michael and Eleonora Bartoli
- [Talking to Kids about Racial Stereotypes - Tip Sheet](#), Media Smarts

Articles on how to talk with kids about race, racism, and related issues:

- [What Kids Need to Know about Race and Violence- but many Schools won't Touch](#) by Valerie Strauss
- [Little Pitchers Have Big Ears: Helping Children Deal with Tragedies](#) by Cabinet of Curiosities LLC
- [Talking to Kids about Current Events and Conflicts](#) from Lee & Low Books
- [How should teachers and parents talk to kids about police violence?](#) by Emma Brown
- [4 Things We Should All Teach Kids About Racism Right Now](#) by Mia McKenzie
- [Philando Castile Shooting: How Do Parents Talk To Children About Police Brutality?](#) by Julia Glum
- [In the Turmoil Over Race and Policing, Children Pay a Steep Emotional Price](#) by Yamiche Alcindor
- [too great a burden to bear](#) by Sabrina Joy Stevens
- [What White Children Need to Know about Race](#) by Ali Michael and Eleonora Bartoli
- [Teaching Tolerance: How white parents should talk to their young kids about race](#) by Melinda Wenner Moyer
- [5 Tips for Talking About Racism With Kids](#) by Sasha Emmons
- [Race Talk: Engaging Young People in Conversations about Race and Racism](#) by Anti-Defamation League
- [Honestly, Sometimes I'm Uncomfortable With My Children Making White Friends](#) by Margaret e Jacobsen
- [Here's How To Raise Race-Conscious Children](#) by Erin Winkler

- [Your 5-year-old is already racially biased. Here's what you can do about it](#) by Andrew Grant-Thomas
- [Talking to Children About Race, Policing and Violence](#) by New York Times
- [Why I teach my 2-year-old about race](#) by Michelle Acker Perez
- [It's Never Too Early to Talk About Race](#) by Sarah Butler
- [Black Parents in Baton Rouge on How They're Talking to Kids about Police Brutality](#) by Taryn Finley
- [7 Tips for White Parents to Talk to their Kids about Police Murders of Black People](#) by Katie Tastrom
- [Talking with Kids about Racism is an Act of Kindness and Act of Freedom](#) by Emma Redden

Resources for Children

Books for Very Young Children

[A Kids Book About Racism](#) by Jelani Memory. A text-only introduction to the definition of racism, the impact on those who experience it, and how to identify it in the wild. Available for purchase as both a hard copy and an e-book (ages 5+, could be suitable for some older nursery children).

[Hands Up!](#) by Breanna J. McDaniel. An illustrated, joyful picture book that celebrates the ways that expression can be used, re-claiming it from the police. (Ages 4+)

Picture Books for Elementary Students

[Something Happened in Our Town: A Child's Story about Racial Injustice](#) by Marianne Celano, Marietta Collins, and Ann Hazzard. Two families--one White, one Black--experience the impacts on their communities of a police shooting of a Black man. Includes a discussion guide. (Suggested for preschool - 8 years old)

[Not My Idea: A Book About Whiteness \(in the Ordinary Terrible Things series\)](#) by Anastasia Higginbotham. This picture book takes an act of racist police violence as its jumping point, and explores whiteness, oppression, and racism from the point of view of a white child attempting to understand the injustice of the world around her. (Suggested for ages 8+ by some, ages 5+ by others)

Chapter Books (Middle Grade & YA)

[Kinda Like Brothers](#) by Coe Booth. A story of a kid and his relationship with his foster brother that features the impact of police brutality on the Black community. Available as an audiobook and paperback. (Ages 8+)

[Harbor Me](#) by Jacqueline Woodson. A story of 5th and 6th graders who meet

at school to discuss what's bothering them. Their communities and families experience pain at the hands of racist systems, including incarceration, deportation, and police violence. (Ages 10+)

[If You Come Softly](#) by Jacqueline Woodson. A love story between two New York teenagers, one Black and one White. For spoilers & real-life parallels see [this article](#). (Ages 12+)

[The Hate U Give](#) by Angie Thomas. The police shooting of an unarmed Black teenager is experienced through the eyes of the victim's childhood best friend, a 16 year old girl who moves between two very racially and economically different worlds: home and school. (Ages 13+)

[Dear Martin](#) by Nic Stone. Justyce McAllister is a good kid, an honor student, and always there to help a friend--but none of that matters to the police officer who just put him in handcuffs. Justyce looks to the teachings of Dr. Martin Luther King Jr. for answers. (Ages 14+)

[Dear Justyce](#) by Nic Stone. The sequel to the #1 *New York Times* bestseller *Dear Martin*. Incarcerated teen Quan writes letters to Justyce about his experiences in the American juvenile justice system. *Available September 29, 2020*. (Ages 14+)