## Handwashing Procedures

Washing your hands is only effective when proper handwashing procedures are followed.



Wet hands with water



Apply soap and lather







Be sure to wash the front and backs of hands as well as in between the fingers







Rub hands together for at least 20 seconds.

Rinse hands thoroughly with clean water



Dry with a paper towel



Turn off faucet with used towel



Throw the paper towel in a trash can

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