Handwashing Procedures

Washing your hands is only effective when proper handwashing procedures are followed.

1. Wet hands with water
2. Apply soap and lather
3. Be sure to wash the front and backs of hands as well as in between the fingers
4. Rub hands together for at least 20 seconds.
5. Rinse hands thoroughly with clean water
6. Dry with a paper towel
7. Turn off faucet with used towel
8. Throw the paper towel in a trash can

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