



Check us out and Like us to get all the information on happenings in our world! We will announce deadlines, upcoming events, and make other announcements here.

**Did you know Webster County 4-H is on facebook**

Jan 12 - Bright and Bold-Nixa

Jan 14 - Heartbeat 4-H Mtg

Jan 14 - Seymour 4-H Mtg

Jan 15 - County Cardinal 4-H Mrg

Jan 15 - Mighty Eagles 4-H Mtg

Jan 27 - Making the Best Better- Neosho

Feb 1 - Deadline for Teen Conf

Feb 1 - Deadline for Youth Civic Leader Summit

Feb 1-28 - Feeding Missouri

**Feb 7 - Ldrs Council Mtg**

Feb 19 - Deadline for BeeKeeping essay

# Webster County Clover Sayings



January 2019

## Dear 4-H Families,

**4-H PROJECTS** – The 4-H project has been described as the member's "gateway" to the 4-H program. From our standpoint, it might be better to turn the description around to say that the project is the "gateway" to the member.

Projects provide the basis of the 4-H program by offering various educational experiences. Carrying out a project will help the member "Learn to do by doing" as well as learn "why" things happen the way they do.

**WHY PROJECTS?** - The project is a teaching tool that can be used to develop many desirable traits in our youth in addition to the obvious project skills of how to make it, groom it, feed it, show it, etc.

Project work is important in developing boys and girls to their maximum potential so long as we view project work as a "means to an end" and not the "end in itself." What? This means that the basic objective of 4-H ... is the development of the 4H member ... is the most important product, not the dress made or the calf shown.

**WHAT ARE PROJECTS?** - Projects are real-life experiences that help 4-H'ers learn to make sound decisions. Projects put the hands and mind to work in a positive, creative way.

The selection of 4-H projects has expanded greatly in the past few years. There are now more than 40 different subject areas with over 150 different projects. Most of the projects have been planned with several phases so that a member may advance to more difficult and challenging activities.

4-H projects involve a wide variety of interests and activities that are designed to interest youth, regardless of their place of residence, economic status, race, etc. 4-H offers something for all ages. The need for learning and developing positive self-esteem is not confined to kids on the farm, or kids in big cities, but is a need we all share. Adults also, gain, grow and learn through leading or assisting their youth in a project.

**WHAT SHOULD PROJECTS DO FOR THE 4-H'ER?** - Through projects, the member receives satisfaction in their need for: A feeling of Accomplishment, Attention, Prestige, Challenge, Striving for Excellence, and Pride of Ownership. Therefore, the objectives of 4-H projects are to:

Con't on page 3

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## Webster County News

# 4-H Club Reports

**Next Leader Council Meetings will be February 7th, March 7th and April 4th.**

**Topics: set dates for 2019, workshops we might want to do, community service projects and feeding Missouri.**

**This meeting is open to all 4-H'ers, volunteers, etc.**

One of your duties as a reporter is to take notes at each meeting and prepare a report for the county 4-H office. Please send your club news to the 4-H office by the last day of the month so that it may be published in the 4-H Clover Sayings. You can either drop your report off at the extension office or send by mail to: Webster County 4-H, 800 S. Marshall, Marshfield, MO 65706. **Please send your club news to the 4-H office as soon as your meeting is over so that it may be published in the Clover Sayings for the next month newsletter..**

**Country Cardinals 4-H.** Niangua - January 15 - :30 pm, Niangua School

**Heartbeat of the Ozarks 4-H.** Jan 14th at 6:00 pm, Extension Office.

**Mighty Eagles 4-H, Fordland.** 3rd Tuesday of the Month)- Jan 15 -

**Seymour 4-H, Seymour** ( 2nd Monday of the Month) - Jan 14 at 6:30 p.m. Seymour Firehouse

The 2018-19 edition of the MU Extension [4-H Clover](#) is [available online](#). The [Clover](#) is a catalog of Missouri 4-H projects, programs and publications. It is designed to help volunteers, members and their families select projects and activities.

<http://digitalpubs.extension.missouri.edu/univofmissouridigitalpubs/4685839319932147>.

### Meeting ideas for Club Leaders

A document of meeting ideas for club leaders can be accessed on the website at <http://4h.missouri.edu/resources-and-forms/>

### Project Leader and Club Leader Resources

Leaders and 4-H members, check out the project resources on the Missouri 4-H website at <http://4h.missouri.edu/programsprojects.aspx>. Under the individual projects, you will find project briefs that also contain ideas for demonstrations, community service, etc. From A to Z, every project has lots of resource information worth checking out. Additional information can be found at <http://4h.missouri.edu/resources-and-forms/>.

## CON'T FROM FIRST PAGE

**WHAT SHOULD PROJECTS DO FOR THE 4-H'ER?** - Through projects, the member receives satisfaction in their need for: A feeling of Accomplishment, Attention, Prestige, Challenge, Striving for Excellence, and Pride of Ownership. Therefore, the objectives of 4-H projects are to:

1. Create a sense of ownership. Webster County Clover Sayings 4-H Newsletter.
2. Give satisfaction of achievement.
3. Provide opportunities for club members to:
  - a. Learn skills connected with the project.
  - b. Develop and understand knowledge related to the project.
  - c. Develop desirable attitudes for a satisfying life.
  - d. Assume responsibilities.
  - e. Provide healthful competition.
  - f. Make meaningful decisions.
4. Provide a leisure time activity to help keep youngsters from running the streets and getting involved in undesirable or otherwise harmful activities.
5. Explore the career opportunities and thus the need for continued education. All the projects are in a sense, career explorative, giving each member a taste of the work, responsibilities and rewards involved.

**WHAT ARE SOME GUIDES TO SELECTING PROJECTS?** - Parents and the member should know and fully understand what is expected of the 4-H'er before he or she enrolls in a project.

Projects are selected in the early fall (Oct.-Nov.) when enrollment forms are filled out. Younger members should limit their projects to not more than three. Two is a good number. Older, experienced members may be able to do several different ones, including those that are more difficult. Six is suggested as a maximum for anyone. Quality, not quantity, is the goal.

Factors that parents and leaders should consider in helping a club member to select a project are:

1. Meets the needs and interests of the member...the fallacy here, however, is that in many cases, the youngster doesn't really know if he would like a particular project without first giving it a try.
2. Project is in keeping with age and ability (physical and mental) of the member. Will it challenge him/her educationally?
3. How much time does the member have and how much time does the project require? What season of the year is most of the activity of the project?
4. Is the project acceptable to you as parents and does it fit into the family needs and situations?
5. How much will the project cost?
6. Is there adequate space and equipment available?
7. Is there an opportunity for ownership and management responsibilities?
8. Are there leaders to help with project in the club or are the parents willing to help the member with the project?

**CLOVER** - The "Clover" lists guidelines and suggested learning experiences for the various projects. If you do not have a copy, check with your club's leaders or the Extension office.

**HOW ARE PROJECTS CONDUCTED?** - Project work is conducted through various activities and events such as:

1. Project meetings (in addition to the regular club meetings).
2. Regular club meeting (demonstrations, project reports, etc.).
3. Tours - to visit projects of members.
4. Tours - to places directly related to the project (clothing project - fabric store).

## Helpful Information

### Con't from page 3

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5. Family activity at home (includes continuing to work on item started at project meeting).
6. Exhibiting items made at community fair/event, county 4-H fair, Achievement Day, etc.
7. Record keeping (beginning with first project meeting to end of year project record complete).
8. Apply for awards using the Missouri Report Form or other means as appropriate.

WHO ARE PROJECT LEADERS AND WHAT DO THEY DO? - Project leaders are people just like you and me. They have an interest in a particular project area and are willing to share some of their time, talents, and efforts with a small group of 4-H members. Project leaders are expected to take the initiative in organizing their project group. This includes getting the members together, discussing the project, setting goals, planning and conducting at least 6 hours of learning time for the members, encouraging the members to complete the project, show any exhibits made at the Fair or Achievement Day, complete the project report, turn it in to the club and re-enroll for next year.

Encourage member participation in demonstrations, member judging, 4-H camp, trips, and the various awards that are available. To learn about these things project leaders are to attend county, district or regional training meetings and ask questions of their club leader and extension center staff.

YOU COULD BE A PROJECT LEADER!! It doesn't take an expert in photography to be a photography leader; the same with most projects. The one most important ingredient for project leaders is that they be sincerely interested in working with boys and girls. If you would consider being a project leader, visit with your club's leaders or club advisory committee members. Training meetings are conducted on the county level for project leaders. Also, most projects have leader guide booklets for assistance. For protection of 4-H members and volunteers, all volunteer applicants will be screened for child abuse, neglect and criminal records prior to their acceptance for a volunteer position.

4-H RECORDS -- Each 4-H member must keep a record of his/her 4-H work. Records are not an extra task, but are a part of 4-H work. Few young people (adults are no exception) enjoy record keeping. However, in our society, the record keeping habit is quite valuable.

## STATE/NATIONAL NEWS

### Missouri Youth Civic Leaders Summit

The Missouri Youth Civic Leaders Summit is a statewide energizer for teams of teens and adults who are engaged in leadership and service through local 4-H clubs, councils, community betterment groups, municipal or countywide efforts.

As a Summit team leader or member, you can join with other teen/adult leaders from across Missouri to learn, act out, and showcase youth-adult partnerships! Youth-adult partnerships are key to growing new leaders, gaining youth voice on community issues, engaging in thoughtful and meaningful local action, and delivering solutions.

Summit dates are March 1-3, 2019. Registration period is Nov. 20, 2018 through Feb. 1, 2019. Teams are made up of a group of teens ages 14-18, and at least one adult team leader (staff, volunteer, parent). Teams must have a minimum of 3 members (1 adult, 2 youth) and a maximum of 10 members (2 adults, 8 youth). For more information, contact Jeannie and check out <http://4h.missouri.edu/YCLS/main>



**4-H Feeding Missouri** The goal of 4-H Feeding Missouri is to raise one million meals the month of February in a first-of-its-kind statewide food drive, and every 4-H club in the state can contribute to its success! From February 1-28, 4-Hers across Missouri will engage in a friendly service competition to see which clubs can contribute the greatest amount of food, donations and volunteer hours. They'll have an opportunity to organize and/or participate in food drives, fundraising, volunteerism and educational outreach to learn about hunger and food insecurity. Stay tuned for more information! In the meantime, please consider including educational opportunities about hunger and food insecurity during club meetings and other events leading up to the February drive. Included on the 4-H Feeding Missouri webpage is a resource section that features a "4-H: Empowering Youth to End Hunger in Their Communities Toolkit" with ready-made activities for youth to learn about this topic. You can draw from this resource to help youth learn about hunger and food insecurity.

## Clover Kids Corner

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-concept of learning by doing.



### Balloons, Balls and Frisbees Bed sheet

#### Balloons

1. Balloon Balance – Each child can try balancing a balloon on the end of his/her finger for as long as possible.
2. Balloon Wind – While standing in a circle children try to keep a balloon in the air by blowing on the ball.
3. Balloon Volley – Standing together, children keep a balloon in the air using their hands only. Try introducing several balloons at a time!
4. Catch the Balloon – Stand in a circle, toss a balloon in the air and call someone's name. That person catches the balloon before it falls to the ground.

#### Balls

1. Sheet Bounce – By holding on the edges of a bed sheet, a group of children can bounce balls in the air from the center of the sheet. Try seeing how many times they can bounce a ball in the air before it falls to the ground.
2. Catch – A good, old-fashioned game of catch!
3. Name Game – Children stand in a circle. A leader introduces the game by saying his/her first name, then tosses a ball or something to the person on his/her right or left. Continuing in one direction, each person says his/her first name and continues tossing the ball in sequence until the leader again has the ball. The leader then calls out someone's name in the circle and lofts the ball to him/her, and that person calls another individual's name, etc., etc. After the ball has been flying a few minutes and participants get a feel for names, introduce another ball or object, then a third ball just for fun.
4. Ball Roll – Each child finds a partner. Sitting across from each other, the children roll the ball back and forth.

#### Frisbees

1. Throw High – Encourage children to throw a Frisbee as high as possible.
2. Throw Low – Encourage children to throw a Frisbee as low as possible.
3. Catch – Play a game of catch.
4. Throw in a Circle – Encourage children to stand in a circle and throw Frisbees to one another.





## TEEN CONFERENCE TRIP (AGES 11-13)

Your State 4-H Council Invites You to Make Your Move! Bradd Anderson

Come join the game of leadership at the 2019 State 4-H Teen Conference, March 16-17 in Columbia! The State 4-H Council is planning another “don’t miss” event that you’ll be talking about all year. Teen Conference begins at 12:30 p.m. on Saturday and ends by noon on Sunday. Registration is \$189 for youth (sharing a bed with a friend you select) and for chaperones. For youth who would prefer their own bed, registration is \$239.

Registration through 4HOnline is open and extend through February 1, 2019. Late registration is open February 2-10 with an additional \$50 late fee. For more info on Teen Conference, please visit <http://4h.missouri.edu/teen-conference>

**If you would like 4-H Council to pay for half of this trip, please let Jeannie before January 24th.**

## 4-H Move Across Missouri (MOVE)

MOVE in 2019! 4-H MOVE promotes physical activity and encourages youth to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Enrollment for new and re-enrollment for current MOVERs begins January 1, 2019 and continues until May 1 (please make sure to register by Jan. 1 so you can participate in the competition!).

Here’s what youth and adults need to do to participate:

- Enroll in the Move Across Missouri (MOVE) project (HF775) in 4HOnline in their profile. Enrollment in 4-H MOVE does not count as a part of county limits on projects.
- Using a paper tracking system found on the 4-H website at: <http://4h.missouri.edu/4hmove/moveinfo>, youth and their families can “log” the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program (scroll to the bottom of the website page and click “My Move Activity Log”). Record keeping through the paper tracking system is important because the competition period will be from February 1 to April 30. Youth and families will submit their total number of minutes logged and activities (basketball, running, chores, etc.) throughout the 12-week competitive period between May 1 - 15 in 4-HOnline.

4-Hers and adults can register for the competitive event as individuals and/or as part of a team. An individual MOVER may also be a part of a team. A team can consist of a family or members of a 4-H club or group. MOVE awards will be provided.

## 2019 National 4-H Beekeeping Essay Competition: Call for Entries\*

Submission Deadline: February 15, 2019 in Missouri State 4-H Office

2019 Essay Topic: Honey Varietals, State to State

Each jar of honey reflects an unrepeatable combination of climate, soil, weather and flowers. Each state has unique honey varietals that beekeepers can market to their customers. Please identify one unique varietal to your state and discuss the flower’s uniqueness and how beekeepers can effectively market that varietal. In your essay, please include a photo of the varietal’s flower, an interview with a local beekeeper who collects this varietal and a recipe that highlights the varietal. Complete rules are in the attached document: “2019 Beekeeping Essay Competition”. Please do note, that essays must be received in the Missouri State 4-H Office by February 15th! Sponsored by: Foundation for the Preservation of Honey Bees