UNIVERSITY OF MISSOURI

Extension

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Ember Mikkelsen, President
Ge-Anne Bergthold, Treasurer
Dorene Yearian, Secretary

Check us out and Like us to get all the information on happenings in our world! We will announce deadlines, upcoming events, and make other announcements here.

August 22 - fair exhibits in the office

August 31 - End of the year reports due

Sept 1 - Honor Award t-shirt design due

Did you know Webster County 4-H is on facebook?

Webster County 4-H

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Webster County Clover Sayings



Dear 4-H Families.

As summer draws to an end we need to reflect on all the activities of the summer -- the camps, the fairs, the shows; and remember the purpose of each of these summer activities. Each are there for us to learn, and to grow from the experience. When we start a project and stay with it until it is completed, follow instructions, meet deadlines and follow rules, we grow through those experiences and use them to help better us. We can all benefit from what our projects teach us, if we do not we may have a tough time getting along in life. Hopefully we will all take time to think about where we have been, where we are now and where we need to go, and allow ourselves to learn from our mistakes.

While the thrill of competition is fresh in our minds let's remember it will soon be time to enroll for the next year, and encourage your friends to become a part of us as well.

Remember the 4-H motto – "To Make the Best Better"

Jeannie Moreno, Youth Program Assistant

For 4-H forms go to http://extension.missouri.edu/webster

Find us at https://www.facebook.com/Webster

Enrollment begins Oct. I



The 2018-19 edition of the MU Extension <u>4-H Clover</u> is <u>available online</u>. The <u>Clover</u> is a catalog of Missouri 4-H projects, programs and publications. It is designed to help volunteers, members and their families select projects and activities.

Webster County News

4-H Club Reports

Welcome Back to 4-H at Gunter Pumpkin Patch OCTOBER 6th - 10 am to Noon

One of your duties as a reporter is to take notes at each meeting and prepare a report for the county 4-H office. Please send your club news to the 4-H office by the last day of the month so that it may be published in the 4-H Clover Sayings. You can either drop your report off at the extension office or send by mail to: Webster County 4-H, 800 S. Marshall, Marshfield, MO 65706. Please send your club news to the 4-H office as soon as your meeting is over so that it may be published in the Clover Sayings for the next month newsletter..

Country Cardinals 4-H, Niangua - 2nd Wednesday of the month 6:30 pm, Niangua School

Heartbeat of the Ozarks 4-H, Marshfield 2nd Tuesday of the Month)- at 6:30 pm, Extension Office.

Mighty Eagles 4-H, Fordland. 3rd Tuesday of the Month)- at 6:30 p.m. Fordland Saddle Club -

Nature Schoolers 4-H Marshfield 2nd Tuesday of the Month - 10 am Extension Office.

Seymour 4-H, Seymour (2nd Monday of the Month) - at 6:30 p.m. Seymour

Meeting held on June 11, at the South Park fter trash pickup. Pledges were recited and roll was called; the missing members are as follows: Zane Gething, Zoey Gething, Kara Gething, Dakota Douglas, Justine Justice, Aubrey Fann, Brett Sampson, MacKenzie Stinnett, and Logan Stinnett. The president called for a vote to approve the minutes, approved. Old Business Discussed: 4-H Exhibits Due July 3, 2018 at the Fair Grounds, Recognition Night November 28th, Pumpkin Patch October 6, Christmas Caroling in December, Clean Date for 4-H Building June 29th. New Business Discussed: All members turning in 4H end of the year reports must meet Carolyn Hyde at the South Park on August 28th at noon for signatures to turn in. Carolyn will take all the paperwork to Jeannie immediately following meeting. Carolyn said Secretary and Treasurer Report must be submitted this year. Motion to NOT participate in the Apple Festival in 2018 was made by Olivia Hogan and seconded by Kody Clark. Motion passed. A motion to donate \$90 to each of the following organizations was made: Kings Pantry in Seymour, Bread of Life food Pantry in Marshfield, and Equilibruim Equine Therapy in Rogersville to spend the surplus of funds in the account. Motion was made by Vanessa Stinnett and seconded by Olivia Hogan. Next Meeting September 10 at 6:30 at the Webster County Fire Station in Seymour- No meetings July or August

RECOGNITION NIGHT-OCTOBER 20TH

Save the date!!

Policies for 4-H organizations

Did you know that our 4-H Clover has the same prestige and protection as the Presidential Seal or the Olympic Symbol? All of us care deeply about 4-H programs and young people. As "keepers of the clover," we are responsible for ensuring that all aspects of the 4-H program are of the highest quality and in accordance with approved 4-H policies.

Good financial management is an important aspect of our responsibility to 4-H. Since 1998, the required financial policies for any Missouri 4-H organization (clubs, county councils, committees and other groups that use the 4-H name) have been laid out in the publication Missouri 4-H Treasurer's Record Book Y672.

All entities (clubs, councils, committees) that use the 4-H name MUST use this record book and meet or exceed the policies outlined in this publication.,

Webster County News

Clover Kids Corner

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.



Watermelon Slush Supplies Watermelon 6 crushed ice cubes Knife Spoon Plastic bag Blender Rubber spatula Drinking glasses

- 1. Cut a watermelon in half with a knife (adult help).
- 2. Use a spoon to scoop out the pink part of the watermelon. You need about two cups of watermelon to make four slushes. (Be careful to remove seeds.)
- 3. Crush the ice by hitting ice in a bag.
- 4. Add the watermelon and crushed ice to the blender and blend for about 20 seconds.
- 5. Pour your Watermelon Slush into your glass and take a drink!

Source: "Watermelon Slush." Zoom. July 13, 2006. http://pbskids.org/zoom. Contributed by Danielle Roach, former Cass County 4-H member

Youth Services to Community Due by September 30 Since going paper less, LG760 forms are no longer emailed/mailed to the state office. Clubs can turn in their results directly using an online LG760 form (Qualtrics), or an LG760 (fillable PDF) to their county offices:

Club leaders fill out the LG760 Youth Service to Communities 2017-18 Online Form by Sept 30. This is the most time-saving method. Please provide your club leaders with this online link to directly report their service results. Results come straight to the state office. You handle nothing at the county office, but will receive club results and access to club certificates after Oct. 1 (or in time for recognition).

Club leaders can still turn in LG760 Youth Service to Communities 2017-18 PDF Form to you in the county office. County secretary enters club results from the PDF into the online LG760 form above by Sept. 30. The paper (PDF) form is also located on the web at http://4h.missouri.edu/resources-and-forms/#Forms. You can retain copies for county records, and receive club results and access to certificates in time for recognition.

GO FOR THE PURPLE! Clubs and counties entering community service results online by Sept. 30 will be included in 4-H club service certificate recognition. This is a fun, ongoing incentive to encourage full youth and adult participation in service! Clubs receive a color-seal certificate based on percentage of member/volunteer participation in all reported service projects:

PURPLE SEAL - 95-100% of members/volunteers involved in club service projects **GOLD SEAL** - 75-94% of members/volunteers involved in club service projects **SILVER SEAL** - 50-74% of members/volunteers involved in club service projects **GREEN SEAL** - 1-49% of members/volunteers involved in club service projects

NEWS

It's time to complete year-end reports

Hopefully, you kept records and took photos all year long of your project activities. Awards and recognition will be given out at our Recognition Night Banquet held on **October 20th.**

All report forms, project forms and office books are due August 31st.,

- **4-H Member Level I (8–10 years old).** Form Y2000 must be completed. Your Y2000 will compete at the regional level and may be chosen to compete at the state level. If you win at regional you will receive a certificate, medal of excellence and \$50 scholarship to be used toward a 4-H camping experience.
- **4-H Member Level II (11–13 years old).** Complete form Y2100. Your Y2100 will compete at the regional level and may be chosen to compete at the state level. State applicants will receive a scholarship to attend State 4-H Teen Conference or, if aged out, will receive a partial scholarship for State 4-H Congress.
- **4-H Member Level III (14–18 years old)**. Complete form Y2200. Y2200 will compete at the regional level and may be chosen to compete at the state level. At the state level, up to 30 applicants are invited to interview during State 4-H Congress and up to 20 applicants are selected as delegates to National 4-H Congress.

Project Pins are given to all 4-H'ers who turn in a project report form for each of the projects they taken. **Your 4-H** story as well as photos should be included.

Project Pins are given to all clover Kids who turn in a clover kids project report form.

Officer Awards are given to 4-H club officers who fill out and submit the appropriate book for the year 2017-2018. Secretary, Treasurer and Reporter.

Key Award Y2300 recognizes 4-H members for club and county achievements. Applicants must be 14 years and older and apply for this honor by filling out the application.

Danforth "I Dare You Award" may be given to two outstanding 4-H'ers in the county every year. The applicants must be 15 years and older and are nominated by their club leader.

REMEMBER THEY DUE AUGUST 31ST.

Southwest Regional Bonfire October 20 6-9 p.m.

Ages 12 and up

There will be hot dogs, s'mores and so much more.

Bring a lawn chair and a side dish (chips, dessert, etc.)

23784 Maple Rd. Oronogo

Dolly Parton's Stampede

Webster County will be selling Dixie Stampede tickets again for the November 3, 2018 show at 12:30 p.m. Price will be \$30.00 each. Deadline will be October 1st.

STATE/NATIONAL NEWS

Study on Healthy Development

Researchers at the University of Missouri want to learn about how family relationships and school experiences can promote healthy adolescent adjustment. We are recruiting high school students (grades 9 to 12) from Missouri to complete a 45-minute online survey about their family relationships, experiences at school, emotional well-being, and academic adjustment. High school students will receive a \$10 electronic Amazon gift card for their participation. If you have questions or are interested in having your child(ren) participate in this research study, please contact Dr. Sarah Killoren (muhdfsnifa@missouri.edu).

2018 Fall Leader Certification Workshop September 21-23, 2018 at Life Change Camp at 351 NE 831 Rd in Clinton, Mo

** Please note that you must be a recognized 4-H volunteer in order to register for any of the 4-H Shooting Sports Leader Certification workshops. Steps can be found at http://4h.missouri.edu/volunteer.aspx

The cost of \$90.00 includes five meals, overnight lodging (one or two nights), and workshop materials.

Registration must be completed via 4HOnline by August 31.

Registration is limited and will close when a discipline class reaches maximum number; or when the camp is full. All registrations accepted on a first-come, first-served basis when accompanied by fee. Workshops usually fill up before the deadline, so don't delay! Register A.S.A.P.

Some Resources Available to you:

Bullying Prevention The Health Resources and Service Administration (HRSA) recently engaged a team of bullying and violence prevention experts to create a resource that can be used by state health departments to assess their current capacity to address bullying and determine any gaps and needs. "Assessing Capacity for Bullying Prevention and Implementing Change" (same link as above) contains two main tools: the Bullying Prevention Capacity Assessment, and the Bullying Prevention Change Package of evidence-based and evidence-informed strategies. Together, these tools will support Title V agencies in reducing bullying prevalence. Other organizations/partners including schools, daycare providers, summer camp programs, youth sports, and other clubs and venues where youth convene can also use them to find meaningful strategies to prevent bullying. For information https://mchb.hrsa.gov/maternal-child-health-initiatives/bullying-prevention?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=

The Opioid Crisis in America Did you know that 90 people die each day from opioid overdose, including prescription pain killers and heroin? New statistics from the 2016 National Survey on Drug Use and Health Survey https://www.samhsa.gov/data/sites /default/files/NSDUH-DetTabs-2016/NSDUH-DetTabs-2016.htm#tab7-2A show that over 18.5 million persons 12 and older have misused prescription drugs in the past year. While this public health crisis might be something you hear about in the news or from others, do you know the facts about opioids? The National Institute on Drug Abuse (NIDA), part of the National Institutes of Health, has the information you need to help educate yourself and others about the danger of opioids. https://teens.drugabuse.gov/drug-facts/prescription-pain-medications-opioids?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=

4-H also has a curriculum, Health Rocks!, https://4-h.org/parents/healthy-living/health-rocks/ designed to help youth make good choices and understand the consequences of tobacco, alcohol, and drug use.





Celebrate Christmas at Dolly Parton's Stampede with 4-H on November 3, 2018

From the romance of softly falling snow to the breathtaking live nativity scene watch Dolly Parton's magically transformed into a holiday fantasy with lights, music and elves. The entire Dolly Parton's Stampede cast of performers and our 32 magnificent horses will take you on a nostalgic holiday trip with all of your favorite Christmas songs.

Payment for tickets must be at the Webster County Extension Center by <u>OCT 8TH!!!!</u> Children 3 & under free but will have to share the meal and seat. SHOW TIMES ARE 11:40 AM for the pre-show and <u>12:30 PM for the show</u>. (<u>If handicap seating is</u> needed please indicate below).

<u>Please submit one check for groups</u>. Make check payable to Webster County 4-H Council and mail to 800 S. Marshall, Marshfield, MO 65706. When purchasing for a group, please send a list with names and how many for each family.

Name		How Many Tickets	
Your payment is what secures your tickets!!!!!			
County	Handicap seating	Email address	

Contact: Jeannie Moreno, morenoja@missouri.edu or 417-859-2044



