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**Find us at**

<https://www.facebook.com/Webster>

**May 1 - Camp Counselor Application Due**

**May 10 - Achievement Night**

**May 12 - Master Gardeners Concession**

**May 15 - Camp Application Due**

**May 15 - Camp t-shirt design due**

**May 27-29 - Dairy Cow Camp**

**May 30 - June 1st - 4-H Congress**

**June 9 - Camp Counselor Training**

**June 10-13 - Member Camp 1**

**June 13-16 - Member Camp 2**

**June 16-17 - Clover Kids Camp**

**June 17-21 - Teen Camp**

# Webster County Clover Sayings



April 2018

**Dear 4-H Families,**

The coming of April brings with it the coming of spring, and the promise of days filled with bright sunshine and rain. Although we have had a very unusual and terrible winter, with many days being very cold and dreary, that just reminded us what season it really was. Long, endless days without sunshine can be very discouraging, and bring about a case of winter blahs, but the promise of the coming spring is like a breath of fresh air, bringing new life to all that we do. Sunshine provides a vital source of vitamin D for our bodies, giving us new energy and that feeling of spring. For 4-H members, spring can bring us two additional "D vitamins," direction and determination.

If the winter blahs have caused you to falter in your 4-H projects, now is a good time to examine your progress and redirect your energies to complete what you have started. Some extra effort early in the spring will help you to avoid a last minute rush to get things done. You set goals for yourself when you began your projects, determine now that you will see them through.

Some of us find at times that we need to make an extra effort to finish what we start, while others seem to just naturally accomplish what they set out to do. A definite goal, a clear direction and a firm determination to finish can help each of us to be successful in whatever we do in life.

As we help our youth to develop their skills there are some characteristics of youth that we should remember. Young people are results oriented and understand action better than elaborate plans for action, so we need to remember to "REWARD" them for the efforts they do. Youth are interested in plans for the immediate future, not long-range plans, so we need to "CHALLENGE" them to not only do the work, but to reflect, and apply the applications that they are learning for future projects. Kids need time to check out new situations; adults should be patient, approachable and reassuring. Youth want immediate feedback on their efforts. They are hungry for positive feedback, so we need to be "HARMONIOUS" in the way we offer our feedback on their work.

Have a great APRIL!

*Jeannie Moreno, Youth Program Assistant*

For 4-H forms go to <http://extension.missouri.edu/webster>

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## Webster County News

# 4-H Club Reports

Webster County Achievement Night is May 10th. **Camp Applications are on the Webster Country website** <http://extension.missouri.edu/webster>

One of your duties as a reporter is to take notes at each meeting and prepare a report for the county 4-H office. Please send your club news to the 4-H office by the last day of the month so that it may be published in the 4-H Clover Sayings. You can either drop your report off at the extension office or send by mail to: Webster County 4-H, 800 S. Marshall, Marshfield, MO 65706. **Please send your club news to the 4-H office as soon as your meeting is over so that it may be published in the Clover Sayings for the next month newsletter.**

**Country Cardinals 4-H**, Niangua - 2nd Wednesday of the month 6:30 pm, Niangua School  
Reporter- Lila Wantland

**Heartbeat of the Ozarks 4-H**, Marshfield 2nd Tuesday of the Month)- at 6:30 pm, Extension Office.

**Mighty Eagles 4-H, Fordland**. 3rd Tuesday of the Month)- at 6:30 p.m. Fordland Saddle Club -

**Nature Schoolers 4-H** Marshfield 2nd Tuesday of the Month - 10 am Extension Office.

**Seymour 4-H, Seymour** ( 2nd Monday of the Month) - at 6:30 p.m. Seymour Fire Station  
Meeting held on March 12, 2018 at 6:30 pm at the Webster County Fire Station in Seymour. Pledges were recited and roll was called; the missing members are as follows: Aubrie Fann, Brett Sampson, Mackenzie Stinnett, and Kara Gething. Secretary Report for February Minutes were read by Olivia Hogan. Approved by the club. Treasurer Report given by Alyssa Stinnett.

Old Business Discussed: Achievement Night May 10<sup>th</sup> bring finger foods, May 12<sup>th</sup> Master Gardeners bring baked goods to sell- Motion by Alyssa Stinnett to participate in the event, 2<sup>nd</sup> by Kody Clark, Motion passed.

New Business Discussed: RATT trip, Camp, Dairy Cow Camp, Webster County Fair, Exhibits due Monday July 3<sup>rd</sup>, 2018 at 6 pm., Webster County Fair Clean up day June 29<sup>th</sup>, 4H Cardinals Day May 19<sup>th</sup>, Incredible Pizza 4/28 . Kinzee Clark made a motion to table the issue until next meeting and have everyone come with an idea of something they would like to do, Trash Pick up April 14<sup>th</sup> . Demonstration by Chloe Wright and Olivia Hogan. Demonstration by Chloe Wright and Olivia Hogan. Next Meeting 4/9/18 at 6:30.  
Secretary.— Olivia Hogan

### Policies for 4-H organizations

Did you know that our 4-H Clover has the same prestige and protection as the Presidential Seal or the Olympic Symbol? All of us care deeply about 4-H programs and young people. As “keepers of the clover,” we are responsible for ensuring that all aspects of the 4-H program are of the highest quality and in accordance with approved 4-H policies.

Good financial management is an important aspect of our responsibility to 4-H. Since 1998, the required financial policies for any Missouri 4-H organization (clubs, county councils, committees and other groups that use the 4-H name) have been laid out in the publication Missouri 4-H Treasurer’s Record Book Y672.

All entities (clubs, councils, committees) that use the 4-H name MUST use this record book and meet or exceed the policies outlined in this publication.

## Webster County News

### New State Fair Guidelines

Scrapbooking exhibits should be a 1 page/1 side representative of the complete scrapbook.

Size not to exceed 12"x12".

All pages should be in clear protective sleeve or clear zipper bag.

Do not frame scrapbook page.

If more than one page is submitted for an exhibit, the exhibit will be disqualified.

Educational Display depth is going back to 6 inches.

Exhibit tags need to be attached to perishable items such as food, vegetables and crops.

Significant changes have been made to the photography guidelines. Visit the following link for details <https://4h.missouri.edu/statefair/4hbuildinginfo>.

### Clover Kids Corner

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-concept of learning by doing.



#### Grow Your Own Clovers

##### Supplies

- Clover seeds
- Potting soil
- Plastic cups (one per child)
- Plastic wrap
- Rubber bands

##### Directions

1. Fill cups half full with potting soil
2. Sprinkle clover seeds on top of potting soil
3. Cover seeds with potting soil, but only fill the cup  $\frac{3}{4}$  full
4. Cover cups with plastic wrap and seal with a rubber band
5. When you Get Home
6. Place cup in a warm, shaded location for the seeds to germinate (i.e., top of a refrigerator)
7. After the first seed leaf pushes through the dirt remove the plastic cover and place cup in a sunny area.  
It is important to keep the soil moist with fresh water.
8. After clovers begin growing transplant them into a bigger pot – either inside or outside
9. Encourage children to look through the clovers to see if they find the four leaf kind!

## NEWS

### JOANN Rewards Program

Save 15% with JOANN 4-H REWARDS! Current and lifetime members, parents of members, volunteers and 4-H staff can save 15% off total in-store and online purchases everyday with 4-H Rewards. JOANN will give a minimum of 2.5% of every eligible transaction to support 4-H programming. Sign up here: <http://www.joann.com/4-h/>

### Farm Service Agency (FSA) loans for youth farmers

The Farm Service Agency (FSA) grants operating loans to individual rural youth to finance income-producing, agriculture-related projects of modest size in connection with their participation in 4-H clubs, FFA and similar organizations.

Each project must be part of an organized and supervised program of work. The project must be planned and operated with the help of the organization advisor, produce sufficient income to repay the loan, and provide the youth with practical business and educational experience in agriculture-related skills.

<http://www.fsa.usda.gov/FSA/webapp?rea=home&subject=paca&topic=you>

### Monarchs and Pollinators: Saving the Monarch

This project will provide matching mini-grants to 4-H Clubs across the state to plant and maintain monarch habitat gardens on highly visible public properties such as county courthouses, city parks, fairgrounds and highway ROWs. Such demonstrations would be used to publicly promote plantings to help restore monarch habitat and engage city mayors, town councils or county commissions and local media.

Interested 4-H Clubs and 4-H project leaders would be issued \$50 vouchers by the state 4-H office that could be redeemed at GrowNative! plant retailers covering up to ½ of the cost of landscape plantings. Some GrowNative! retailers will offer additional discounts to 4-H Clubs. The GrowNative! retailers would submit reimbursement invoices to MCHF.

Plantings must meet specifications provided by the Department. Additional information and links to the application can be found here: <http://4h.missouri.edu/monarchs/main#gsc.tab=0>

The Department will provide signs for the plantings that include the MCHF, Department and 4-H logos. Statewide and local media promotions of the plantings by GrowNative! and Missouri 4-H will promote MCHF and Department involvement.

The following GrowNative! retailers will take the vouchers and some will offer additional discounts to 4-H clubs:

- Rolling Ridge Nursery will accept these vouchers and offer a 10% discount to any prospective 4H groups.
- Hamilton Native Outpost will be included in the list of seed suppliers and accept the vouchers and will give quantity discounts to the 4-H groups.
- Pappillon Perennials will give 4-H members a 10% discount.
- Sugar Creek Gardens will also offer additional discounts to 4-H groups. 30% off.
- Gaylena's Garden is interested in the 4-H effort and will offer plants and seed packets.
- Missouri Wildflowers Nursery: will give a 15% discount off our regular retail prices at the nursery.
- Sunrise Gardens
- Longfellow's Garden will offer a 20% discount on plant materials to these group projects.

Some may be willing to ship plants and seed as well, if travel distance is deemed too great. Information for additional retailers, who did not respond to our initial inquiry can be found at [www.grownative.org](http://www.grownative.org), Resource Guide tab at top of page, and then plants, plugs or seed lists

The following website has a map showing locations of retailers: <http://grownative.org/resource-guide/grow-native-map-of-retailers/>

## STATE/NATIONAL NEWS

### 4-H Move Across Missouri (MOVE)

MOVE is back for 2018! Youth and adults can register for it on 4HOnline! Enrollment for new and re-enrollment for current MOVERs continues until May 1 (please make sure to register by May 1 so you can participate in the competition!). As you know, MOVE promotes physical activity and encourages youths to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Here is what youth and adults need to do to participate: Enroll in the Move Across Missouri (MOVE) project (HF775) in 4HOnline in their profile. Enrollment in 4-H MOVE does not count as a part of county limits on projects. Enroll in the Move Across Missouri (MOVE) project (HF775) in 4HOnline in their profile. Enrollment in 4-H MOVE does not count as a part of county limits on projects. Using a paper tracking system found on the 4-H website at: <http://4h.missouri.edu/4hmove/moveinfo>, youth and their families can “log” the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program (scroll to the bottom of the website page and click “My Move Activity Log”). Record keeping through the paper tracking system is important because the competition period will be from February 1 to April 30. Youth and families will submit their total number of minutes logged and activities (basketball, running, chores, etc.) throughout the 12 week competitive period between May 1 - 15 in 4HOnline.

4-Hers and adults can register for the competitive event as individuals and/or as part of a team. An individual MOVER may also be a part of a team. A team can consist of a family or members of a 4-H club or group. MOVE awards will be provided.

For more information about 4-H MOVE visit - <http://4h.missouri.edu/4hmove/main> Using a paper tracking system found on the 4-H website at: <http://4h.missouri.edu/4hmove/moveinfo>, youth and their families can “log” the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program (scroll to the bottom of the website page and click “My Move Activity Log”). Record keeping through the paper tracking system is important because the competition period will be from February 1 to April 30. Youth and families will submit their total number of minutes logged and activities (basketball, running, chores, etc.) throughout the 12 week competitive period between May 1 - 15 in 4HOnline.

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For more information about 4-H MOVE visit - <http://4h.missouri.edu/4hmove/main>

## Missouri State Fair

### Dates to remember:

**May 15** Barrow DNA cards due

**June 15** Lamb and meat goat nose prints due

**June 29** Livestock entries due

## Some Resources Available to you:

Bullying Prevention The Health Resources and Service Administration (HRSA) recently engaged a team of bullying and violence prevention experts to create a resource that can be used by state health departments to assess their current capacity to address bullying and determine any gaps and needs. "Assessing Capacity for Bullying Prevention and Implementing Change" (same link as above) contains two main tools: the Bullying Prevention Capacity Assessment, and the Bullying Prevention Change Package of evidence-based and evidence-informed strategies. Together, these tools will support Title V agencies in reducing bullying prevalence. Other organizations/partners including schools, daycare providers, summer camp programs, youth sports, and other clubs and venues where youth convene can also use them to find meaningful strategies to prevent bullying. For information [https://mchb.hrsa.gov/maternal-child-health-initiatives/bullying-prevention?utm\\_content=&utm\\_medium=email&utm\\_name=&utm\\_source=govdelivery&utm\\_term=](https://mchb.hrsa.gov/maternal-child-health-initiatives/bullying-prevention?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=)

The Opioid Crisis in America Did you know that 90 people die each day from opioid overdose, including prescription pain killers and heroin? New statistics from the 2016 National Survey on Drug Use and Health Survey <https://www.samhsa.gov/data/sites/default/files/NSDUH-DetTabs-2016/NSDUH-DetTabs-2016.htm#tab7-2A> show that over 18.5 million persons 12 and older have misused prescription drugs in the past year. While this public health crisis might be something you hear about in the news or from others, do you know the facts about opioids? The National Institute on Drug Abuse (NIDA), part of the National Institutes of Health, has the information you need to help educate yourself and others about the danger of opioids. [https://teens.drugabuse.gov/drug-facts/prescription-pain-medications-opioids?utm\\_content=&utm\\_medium=email&utm\\_name=&utm\\_source=govdelivery&utm\\_term=](https://teens.drugabuse.gov/drug-facts/prescription-pain-medications-opioids?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=)

4-H also has a curriculum, Health Rocks!, <https://4-h.org/parents/healthy-living/health-rocks/> designed to help youth make good choices and understand the consequences of tobacco, alcohol, and drug use.

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## MU Full Tuition Scholarship

MU has announced that full tuition scholarships for low-income, Missouri residence students will be available in the fall of 2018. Please share this information with your youth, parents and anyone who may qualify. This is a great opportunity for youth who want to attend MU, meet the scholarship specifications, but may not have the financial means to attend.

[http://www.stltoday.com/news/local/education/mizzou-announces-full-tuition-grants-for-low-income-students/article\\_0ab84064-f878-5306-89ea-78d5f50882ed.html](http://www.stltoday.com/news/local/education/mizzou-announces-full-tuition-grants-for-low-income-students/article_0ab84064-f878-5306-89ea-78d5f50882ed.html)