

4-H JUNIOR LEADER

I. PREREQUISITES FOR BEING A JUNIOR LEADER

- A. Be 14-15 years old as of January 1 of program year.
- B. Completed two or more years in a 4-H Club or an equivalent youth group.
- C. Enrolled in 272 - Step up to Leadership Level 2.
- D. Have a desire to develop leadership abilities by serving others.

II. REQUIREMENTS OF JUNIOR LEADERSHIP

- A. Select phase in which to devote your major effort: Health, Activity, Recreation, Citizenship, Project or Organization.
- B. Select an adult advisor to assist you with phase you have chosen. The advisor approves your plan and certifies you have completed Junior Leadership at the end of the year.
- C. Enrollment – By January 1 submit the written, signed “Junior Leadership Plan” form to the Extension office.
- D. Carry out plans, making adjustments and additions where needed.
- E. Completion – By September 1, re-submit your “Junior Leadership Plan” to the Extension office, Signed by your adult advisor certifying you have accomplished your plans. **To receive credit and a junior leader pin, this step must be completed.**

III. SIX POSSIBLE “PHASES” OF JUNIOR LEADERSHIP

A. HEALTH PHASE

Health is a required activity in Missouri that each club should carry yearly. Leadership in a club’s health program is greatly needed. You will need to narrow down the health plan of work to specific areas.

**** IN YOUR CLUB ****

1. Serve as chairman or member of Health Committee.
2. Help plan the club’s goals and programs relating to health.
3. Secure resource literature and materials and provide program ideas that will help in developing demonstrations or lessons.
4. Take the lead. Help the committee and club plan and carry out plans throughout the year.
5. Help club members prepare demonstrations or talks relating to health.
6. Give talks or demonstrations to the club.

**** IN YOUR COMMUNITY AND COUNTY ****

Can the 4-H Health program influence the community or county in any way? Through:

- Posters
- Promotional talks to community or county groups and clubs
- Public exhibits – County Fair, National 4-H Week
- Surveys to determine situation.

B. ACTIVITY PHASE

After your club has selected an optional 4-H activity in the early part of the club year, you can see whether or not this phase fits into your plans.

**** IN YOUR CLUB ****

1. Serve as chairman or member of the Activity Committee.
2. Help plan the club's goals and programs relating to the activity.
3. Secure resource literature and materials and provide program ideas that will help in developing demonstrations or lessons.
4. Take the lead. Help the committee and club plan and carry out plans throughout the year.
5. Help club members prepare demonstrations or talks relating to the activity.
6. Give talks or demonstrations to the club.

**** IN YOUR COMMUNITY AND COUNTY ****

Can the 4-H Health program influence the community or county in any way? Through:

Posters

Promotional talks to community or county groups and clubs

Public exhibits – County Fair, National 4-H Week

Surveys to determine situation.

C. RECREATION PHASE

Recreation is a required activity of Missouri 4-H clubs. Does your club's recreation program fail to click? Do only a few members participate? If this is true, maybe recreation is the phase of Jr. Leadership offering the greatest challenge!

**** IN YOUR CLUB ****

1. Serve as chairman or member of the Activity Committee.
2. Take the lead in planning and execution:
 - a. Recreation at regular club meetings
 - b. Special club recreational events
3. Train members to lead recreational activities.
4. Teach members how to dance.

**** IN YOUR COMMUNITY AND COUNTY ****

1. Is there a need in the community for recreational facilities and equipment?
2. Could some community clubs use someone to lead recreational activities at community gatherings?

D. CITIZENSHIP PHASE

Citizenship training includes parliamentary procedure and the carrying through of assigned duties – the entire process of 4-H club government. Citizenship teaches that with our many privileges, we must assume certain responsibilities.

**** IN YOUR CLUB ****

1. Help members conduct better meetings – voting, parliamentary procedure, discussion, etc.
2. Community Service.
3. Community Citizenship Day – Teenage club members spend a day with various community leaders (Police Chief, School Superintendent, etc.) and learn community organization and responsibility “by doing”.
4. Invite committee leaders to club to explain their function.
5. Respect for property.
6. Public Safety.
7. Respect for flag.

**** IN YOUR COMMUNITY AND COUNTY ****

Many of the above mentioned activities can be done on the community and county level also.

E. PROJECT PHASE

If you have achieved a high degree of proficiency in one project area, you may want to help others with that project. You act as an assistant to the Adult Project Leader.

**** IN YOUR CLUB ****

1. Help adult leader:
 - a. Plan project meetings.
 - b. “Set up” and “clean up” for project meeting.
 - c. Purchase or arrange for equipment.
 - d. Plan tours or obtain supplies.
 - e. Remind members about project meetings.
 - f. Contact project members who are absent.
2. Help leader or assume full responsibility at the project meeting:
 - a. Present some of the demonstrations.
 - b. Set up judging classes.
 - c. Show how to give demonstrations.
 - d. Teach judging.
 - e. Supervise during “workshop”.
3. Help younger members:
 - a. Outline and develop demonstrations.
 - b. Help with 4-H Project Records.
 - c. Prepare exhibits for fair.
 - d. Get to club meetings.

**** IN YOUR COMMUNITY ****

1. Present demonstrations or lessons relating to the project to clubs, civic groups, and schools.
Example: Foods project members could give a:
 - “Quality Egg” illustrated talk
 - “Shaping Rolls” demonstration
 - “Nutrition and Your Family” illustrated talk
2. Help project members prepare lessons or demonstrations for clubs, civic groups and schools.
3. Help enter and arrange exhibits at the club Achievement Day.

**** IN YOUR COUNTY ****

1. Help with exhibits at the Fair.
2. Help at County events.

F. ORGANIZATION PHASE

1. Help younger members with:
 - a. Record keeping
 - b. Demonstrations
 - c. Preparation for exhibit
 - d. Showmanship
 - e. Judging
 - f. Presiding at club meetings.
2. Help with events – local or county:
 - a. Plan and put up educational exhibits.
 - b. Plan and construct floats.
 - c. Act as assistant superintendent or superintendent of a department at a 4-H fair or show.
 - d. Help with County 4-H Camp.
 - e. Assist in planning and conducting play days, picnics and the like.
3. Assist club leaders:
 - a. Visit homes of non-members and invite them to join.
 - b. Visit new families in the community and invite them to participate in club events.
 - c. Conduct new member initiation ceremony.
 - d. Coach club officers and members.
 - e. Help with parliamentary procedure.
 - f. Serve as County Council representative.
 - g. Help to get full representation of club at events & activities.
4. Help with publicity:
 - a. Give promotional talks about 4-H to Extension Clubs, PTA, civic organizations, etc.
 - b. Write news articles and/or feature stories about 4-H club or 4-H members.

5. Help to organize a new club:
 - a. Visit homes of prospective members.
 - b. Call and arrange to inform parents about 4-H.
 - c. Call organization meeting at time extension youth staff can attend.
 - d. Help set up strong project groups with a leader for each group.

6. Help recruit new members:
 - a. Visit homes of non-members and invite them to join.
 - b. Conduct initiation ceremony for new members.
 - c. See that the new members feel welcome and become a part of the club.
 - d. Publicize 4-H.