

4-H DEMONSTRATIONS AND/OR ILLUSTRATED TALKS

GENERAL, WORKING AND ELECTRIC THEATRE DEMONSTRATIONS

1. Demonstrations must have earned a blue ribbon at a county event and have been selected for State Fair.
2. Nominations must be made by 4-H personnel on the form provided and received in the State 4-H Office as close to July 15th as possible. The County 4-H Staff must sign the form.
3. A member is limited to ONE DEMONSTRATION in the 4-H Division. Team demonstrations may consist of no more than three (3) members, however, please refer to specialty contests, which may have more stringent regulations. Complete only one form per team demonstration. List the primary contact under the pertinent information section of the form and then include the other team members' name and complete mailing address in the space provided. They will be assigned a date and time as a "team," not as individuals.
4. Demonstrations involving firearms, live animals, open flames, and/or other unusual circumstances must receive special approval from the State 4-H Office prior to the Fair
5. 4-H'ers selected to demonstrate will be asked to give date preferences. The demonstration schedule is also posted on the Missouri 4-H website after August 1.
6. Demonstrators must provide their own ingredients, equipment and props. An electric outlet, demonstration table and easel will be provided.
7. General demonstrations should not exceed 10 minutes in length.
8. Lamb related demonstrations – any lamb related demonstration presented will receive a monetary award from the Missouri Sheep Producers.

4-H ELECTRIC THEATRE DEMONSTRATIONS

Eight (8) demonstrations per county.

4-H members of any age may demonstrate in the Electric Theatre. All demonstrations must use electricity.

4-H GENERAL DEMONSTRATIONS

Eight (8) demonstrations per county.

Demonstrations and illustrated talks may be on any topic or project area. General demonstrations are those where the 4-H'er shows and tells others how to do something. These demonstrations last 5-10 minutes and are usually more formal than working demonstrations. 4-H'ers presenting general demonstrations at the State Fair will be on the 4-H Show-Me Stage or other designated area and will use a microphone.

WORKING DEMONSTRATIONS

Four (4) demonstrations per county.

Demonstrations may be on any topic or project. In a working demonstration, the 4-H member works continuously on an item, or shows a particular skill. Members do not give a formal talk while they work, but respond to questions from fair-goers. Members should bring enough material so they can work for about 30 minutes. A poster giving the topic of the demonstration and the 4-H member's name can be displayed on the demonstration table.

SPECIALTY DEMONSTRATIONS

EGG CONTEST

Two (2) demonstrations per county with one from ages 8-13 and one from age 14 and over. The winner in the 14 or older division will represent Missouri at the national contest in Louisville; travel, overnight expenses will be covered. Specific rules apply. Contestants 14 and over should have their sights set on the larger competition at Louisville, which is very keen. Lyons and/or Manhart would be glad to provide critique and encouragement for the Missouri winner to help perfect a winning demonstration for the national level.

For a full set of rules including judging criteria, go to <http://national4hpoultryandegg.psu.edu/>
General rules for contestants:

- Demonstrate the preparation of egg dish and present information showing knowledge of eggs, nutritional value, preparation, storage, function, grading-sizing, versatility, and economics of cooking with eggs.
- Present a finished product for judges' sampling, and a recipe handout for the judges.
- Demonstration is to be no more than 12 minutes in duration. Due to national requirements, this contest time limit is different than all other contest in 4-H Building.
- No team demonstrations.
- Recipe must contain 1 whole egg per serving if classified as a salad or main dish, ½ egg per serving if an appetizer, snack, dessert or beverage.

PORK CONTEST

Six (6) demonstrations per county, with two from age 8-10, two from age 11-13, and two from age 14 or over.

Members must be enrolled in Foods or Swine project. Demonstration may be on any facet of pork, including food, nutrition, production practices, or by-products. (Animals may not be used.) Demonstration topics should be challenging and exhibit contestant's knowledge as well as presentation skills.

First-place winners may not enter the following year, unless they are eligible to compete in a different age category. Team demonstrations, by teams of no more than two, are allowed only in the 8-10 year division. Three places are awarded in each age category. Three plaques will be awarded in each age category. The Missouri Pork Producers Association sponsors contest.

INTERNATIONAL TOPIC DEMONSTRATIONS

Three (3) demonstrations per county, with one from age 8-13 and one from age 14 or older.

Team demonstrations are allowed. Members must earn a blue ribbon at the county level on any demonstration that relates to an international topic. Members can be enrolled in any 4-H project. Demonstrations can be about an item that is made in another country, used in another country, or originates from another country. Demonstrations should be 7-10 minutes in length. The best demonstrations will include a lot of information about the place where the item originates and the people who use the item. If the item made is a food item, a copy of the recipe, nutrition information and a sample of the food should be given to judges. Winners from previous years may compete again. This contest is sponsored by the Missouri 4-H Global Education Program.

MISSOURI GROWN FOODS

Three (3) entries per county, with one from age 8-10, one from age 11-13 and one from age 14 and over.

Demonstrations should be 7-10 minutes in length. No team demonstrations allowed. The demonstrator must use a food product grown or made by a Missouri producer or company; provide background information on the producer or company, nutrition and preparation information, and the economics of the food product and the final dish. The demonstrator must present a finished product for judges' sampling and a recipe handout for the judges. A copy of the recipe and sample of the food should be given to the judges.

HORSE ILLUSTRATED TALK OR DEMONSTRATION

Each county may send 1 Junior and 1 Senior member to the state contest. Contest is held at a separate contest in the fall, not during the Missouri State Fair.

Sr. presentations should be 9-12 minutes in length. Three points will be deducted from the total score for every minute (or fraction of a minute) under 9 minutes or over 12 minutes. Junior participants will not have deductions for time.

- The subject must pertain to the horse industry. Illustrated Talk not appropriately related to the horse industry can be disqualified at the discretion of the judge(s).
- This may be an illustrated presentation. No live animals may be used.
- Contestants may use notes.
- Creative audio visual aids may be used, but the contestant must be involved in making or designing them. PowerPoint presentations are acceptable as an aid as long as contestant was involved in making & designing them.

COOKING WITH HONEY

Three (3) entries per county, with one from age 8-10, one from age 11-13 and one from age 14 and over.

The demonstrator must use honey grown or made by a Missouri honey producer or company; provide the honey producer or company's name, give nutrition information, the health benefits of honey and the benefits of pollinators. The demonstrator must present a finished product for the judge's sampling and a recipe handout for the judges.