

4-H Happenings!

News for 4-H families and friends
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Newsletter deadline—19th of each month

COUNTY NEWS

COUNTY NEWS FROM YOUR YPA VICKIE

NEWS FROM YOUR YPA – VICKIE

This is my last Newsletter as your 4-H Youth Program Associate. I have tried to write this several times and just could not do it. I have decided to continue and move forward. The 12 years I have been the YPA, have been so very rewarding. Working with the 4-H members, families and all the wonderful volunteers has been a great experience and I have so many memories to last me a life time. That is the great experience about working with youth, is all the memories you can make and all the adventures you get to be involved in and watch their faces when they really get it, that Ah ha moment. I Thank you for the opportunity to work with the 4-H program here in Randolph County. Keep the strong program going and always remember as the 4-H motto says “TO MAKE THE BEST BETTER”

4-H Council

Your help is also needed for the 4-H Council. I know everyone is very busy just keeping up with your families everyday activities. The 4-H Council needs 4-H volunteers to commit to being on a standing committee as part of the 4-H Council and the yearly 4-H activities. We need members for the following committees. **Major Events** – this committee helps plan and set up for the Major Events Day which will be April 6th 2019 - present awards at the end of the day. **Achievement** – this committee helps plan, set up and help with Achievement Day at the County Fair. **Awards** – this committee helps plan, organize, set up and help with the awards part of the Recognition night on November 3, 2019. **Fund Raising or Ways and Means** – this committee would be looking at all ways to come up with different types of Fund raising for the 4-H. You would meet as a committee at least 3 to 4 time during the 4-H year and especially close to the time of your committees activity date. If you would like to be a part of one of these committees please let me know at the 4-H office. We are also looking for Leaders who would commit to being an officer on the 4-H Council. Parent involvement is also a very important part of 4-H, as 4-H is for the whole family being a part of all the activities. We all work for the 4-H motto “**TO MAKE THE BEST BETTER**”

MISSOURI SHOW ME QUALITY ASSURANCE TRAINING (SMQA)

All 4-H members in Beef, Sheep, Swine, Rabbits, Goats, Dairy and Poultry must have a valid Show Me Quality Assurance Card by June 1st to be member in good standing to show at the County or State Fair. Members 8 – 13 must take the SMQA training two consecutive years and once again when they turn 14. Members 14 and over must take the program once. The Randolph County date **has not** been set. We will let you know as soon as we set a date. [You must have it done before June1, 2019.](#)

2019 WORKING DEMONSTRATIONS

Working demonstrations will be held on **Friday, March 1st at Orscheln Farm and Home**. There will 30 minutes slots to fill beginning at **4:00 PM and no demonstrations after 6:30**. Please call the office and sign up.

RANDOLPH COUNTY SHEEP, MEAT GOAT NOSE PRINTING

The Randolph County Sheep and MEAT Goat Nose Printing has been scheduled for **Wednesday– May 29, 6PM – 8PM**. It will be at the parking area for Stegall Fabrication & Engineering LLC . This is the **only** opportunity to get nose prints on any Sheep or MEAT Goats that you may be considering taking to the MO State Fair. Members that wish to have their animals considered for the county rate of gain must weigh on this day. All animals must be tagged, and if they do not have a tag one will be provided.

RANDOLPH COUNTY FAIR BOARD

The Randolph County Fair board will meet on Thursday **March 7** at 7:30pm at the Youth Cabin. This is a very important meeting, several items will be on the agenda and it is very important that everyone that is a Representative for their club be present. Remember the dates for the County Fair are July 14– 20.

JUNIOR LEADERS3

Junior Leaders will meet on Monday – March 11, 2019 at 5:30PM at the Extension office. This is a great group of 4-H members and they have a lot of activities planned for the year. For more information about the Junior Leaders group you can contact Chrissy Dignan the Adult Volunteer Leader at 277-5249.

OTHER COUNTY NEWS

ATTENTION HORSE PROJECT MEMBERS AND LEADERS

Horse enrollment forms are due to the Extension Office before **May 1**. Please remember that you must file these forms on file in the Extension Office for **each** horse that you plan to use for your 4-H project. This is a state rule and deadline! Club leaders have available forms.

2019 SUMMER CAMP

Mark your calendar, 4-H camp at Camp Si Colburn at Mark Twain State Park is scheduled for **June 4-6** for 4-H members 8-13 years of age. Counselors will come on June 3 and then be ready for the regular camp on the 4th. Counselors are for members 14 and over. Space is limited, so please get your applications in ASAP. They were sent out in an e-mail on Monday – February 25.

E-MAIL ADDRESSES

If you have not been receiving the newsletter through email please contact the Extension Office to verify that we have the correct email address for you. Thank you.

RANDOLPH COUNTY 4-H COUNCIL

The Randolph County 4-H Council will hold a meeting on **March 25th** at 7:00pm at the Extension Office It is important that each 4-H club be represented. If you cannot attend please notify the Extension Office.

ELIGIBILITY TO EXHIBIT AT THE COUNTY FAIR

In order for a member to exhibit at the Randolph County Fair, he/she must attend at least **75%** of the club meetings held before the 2018 fair.

VOLUNTEER LEADER ORIENTATION

Each adult wanting to volunteer with 4-H must take a one-time volunteer orientation. This orientation will give you an opportunity to mingle with people like you. Information that will be covered during this training includes some history on 4-H, information about youth development, competition, character and risk management. To take the training on-line go to 4-H online. Volunteer training.

*Public Speaking Academy**

The 4-H Public Speaking Academy is preparing for its seventh year! Extension faculty, along with 4-H volunteers will provide educational workshops to help youth build their skills and comfort with public speaking. Participants will be guided through the basics and finer points of writing and delivering a speech. Youth will receive individual assistance. The camp is open to all youth 11-13 years of age interested in learning more about public speaking.

The Academy will be June 12-13, 2019 and registration is due May 1. Lodging will be provided on the campus of Central Methodist University in Fayette, Mo. The cost is \$100.

For more information, contact Patty Fisher at fisherp@missouri.edu or 573-324-5464 and be sure to download the brochure on the Missouri 4-H page at <http://4h.missouri.edu/public-speaking-academy/main> .

Shooting Sports: Save the Dates

- March 22-24: Spring Shooting Sports Leader Certification Workshop
- April 12-14: Hunting & Outdoor Skills Leader Certification Workshop
- May 3-5: Western Heritage Leader Workshop
- August 10: Missouri State Fair Shooting Sports Day
- August 17: State Skeet Shoot
- August 24: State Trap Shoot
- August 24-25: State Archery 300
- Sept 21-22: State Shoot
- Oct 4-6: Fall Shooting Sports Leader Certification Workshop



18th Annual 4-H Day with the St. Louis Cardinals

Missouri and Illinois 4-H members, parents, volunteers and alumni will gather at Busch Stadium on Saturday, May 11, 2019 for the 18th annual 4-H Day with the Cardinals. The Cardinals will be playing the Pittsburgh Pirates in a 1:15 p.m. game. Tickets for the game will be \$25.00 each and includes a specially designed t-shirt featuring the 4-H Clover on the back and the Cardinals emblem on the front.

4-H members, leaders, alumni, and their families who purchase 4-H Day with the Cardinals tickets will have the opportunity to participate in a parade around the Busch Stadium outfield. Pre-game ceremonies will include a recitation of the 4-H pledge and ceremonial first pitches by an Illinois and Missouri 4-H member. As an added bonus the Cardinals give-away item for the game is an adult Cardinals performance t-shirt. The first 30,000 fans age 16 and older will receive the t-shirt.

Tickets for the event must be ordered on the 4-H Day with the Cardinals order form. Ticket order forms are available at your county extension office, or on the web at www.mo4h.missouri.edu. Ticket orders must be postmarked by April 1, 2019. Tickets often sell out before the order deadline so families are encouraged to order early. 4-H Clubs, counties, or groups of families who would like to be seated together must send their orders in the same envelope.

Families can also participate in the 4-H Day with the Cardinals raffle to win prizes such as throwing out the first pitch, autographed baseballs, and tickets to other Cardinal baseball games. Funds raised through the raffle support Missouri and Illinois 4-H programs. 4-H Day with the Cardinals has raised \$80,000.00 to support Missouri and Illinois 4-H programs in the first 17 years. Complete information about the 4-H Day with the Cardinals raffle is on the ticket order form.

Questions regarding ticket or t-shirt orders should be addressed to Rhonda Shafer at shaferr@missouri.edu or 636-528-4613. For questions about the parade, game day activities or raffle contact Dave Hileman at hilemand@missouri.edu or 636-583-5141.

CLOVER KIDS CORNER

Through Clover Kids clubs, children learn how to get along, share, work in groups, explore their interests and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kid leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.

Lucky Smoothie

Make this healthy, green smoothie for St. Patrick's Day.

Supplies

- 2 (peeled) kiwis
- 1 frozen banana
- 1/2 cup vanilla yogurt
- Splash of milk
- Dab of honey
- Green food coloring (optional)

Instructions

With the help of an adult, put all of the ingredients into a blender and puree until smooth. Serve in a chilled glass.

4-H MOVE ACROSS MISSOURI (MOVE)

MOVE promotes physical activity and encourages youth to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more. Enrollment for new and re-enrollment for current MOVERs began January 1. Please note that if you were enrolled in 2016 you must re-enroll in 2017 in order to be a part of the 2017 program. If you do not re-enroll your efforts will not be counted in 2017.

Using an online or paper copy system, youth and their families can “log” the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program from February 1 – May 31. 4-H members can enroll in the online MOVE program as individuals and/or as part of a team. An individual Mover may also be a part of a team. A team can consist of a family or members of a 4-H club or group. MOVE awards will be provided. Stay tuned! MOVE is sponsored by the Missouri Beef Industry Council. For more details, visit <http://www.4h.missouri.edu/programs/move/>.

Monthly MOVEMENT Activity

Power Jumping

Materials

- 6 to 8 feet of large bubble wrap
- Clothespins (one for each child)
- Measuring tape

Marker

Instructions

Ask youth how far they can jump. Lay out a long strip of bubble wrap (preferably the large bubble kind). Youth stand at the end with both feet together. They swing their arms back and jump forward as far as possible. Listen to the bubbles popping! Fasten a clothespin with each participant's name to the side of the bubble wrap where the heels landed. Ask youth what they can do to improve their jump (i.e., bend knees more, push harder off the toes, etc.). Use the measuring tape to measure the distance.

To be a member in good standing

In order for a 4-H member to be a member in good standing he/she must attend at least 75% of their club meetings, complete at least 6 project hours per project with a registered 4-H project leader, do a demonstration or exhibit at a fair and be SMQA qualified if taking a food animal project.

What does a Blue, Red and White Ribbon mean?

The Danish system of judging is used in 4-H and at our county fair. Exhibits are evaluated against a standard that the judge feels is appropriate for the member's age and skill level. Recognition is given to the exhibitor by how close they come to meeting that standard in terms of exhibit quality and members knowledge in the project area. The easiest way to explain the different ribbon colors is below.

Blue: A blue ribbon indicates the youth has excellence knowledge in the project area that meets or exceeds the standard.

Red: A red ribbon indicates the youth has some knowledge in the project area but does not quite meet the standard in mind.

White: A white ribbon indicates the member does not have much or no knowledge in the project area.

The quality of the exhibit itself is also used to determine ribbon color. A poster with wet glue and smudges will most likely be a white ribbon.

All judging begins with a red ribbon.

Over the past few years many blue ribbons have been awarded. This is just a friendly reminder to members, parents and leaders to not expect blue ribbons. There is nothing wrong with a red or white ribbon. The more you know about your project areas the better you will do. Members may start making fair exhibits now. Don't wait until the week of or the day of conference judging at the fair to finish projects just in case something goes wrong.

MARCH CLUB LEADER TIPS

The month of March offers a lot of opportunities for youth to be involved in activities beyond the club level. 4-H members enjoy these opportunities to meet new friends and experience new things. You have been doing a wonderful job providing opportunities for members to enhance skills, learn new things, and engage in leadership experiences! Hats off to you for your great leadership and support of the members, families, and other volunteers!

This month as you help prepare your team, consider the following suggestions and ideas:

1. Continue to encourage all members to keep records for awards and recognition opportunities that will be available at year end.
2. Be sure all project groups are functioning, meet with project leaders and see if you can help them with their needs in recruiting help, resources, or communication to members and families.
3. Have members discuss/approve spring and summer service projects as proposed by the committee. Work with the volunteer assisting committees in applying for MO 4-H Foundation Community Service Grants, if needed.

4. Share opportunities concerning upcoming contests, shows, and fairs. Have youth that have participated in these events share their experiences.
5. Continue to encourage families to read and save the 4-H family newsletter.
6. Remind high school seniors of MO 4-H Foundation Scholarship applications that are due in state office by April 1.
7. Work with committee on setting up a quiz bowl opportunity for the next club meeting.

MARCH PROJECT LEADER TIPS

What other activities can be added to the project group?

In addition to taking part in the regular project meeting, members can participate by:

- Planning and carrying out project events such as field trips, tours, special exhibits, events for parents, etc.
- Giving demonstrations or judging and exhibiting at local, county or area 4-H Achievement Day.
- Community service activities
- Skill-a-thons
- Judging Classes

When planning activities, keep in mind the ages and abilities of the youths and the available resources. For additional examples of activities, refer to the project page on the Missouri 4-H Web site at <http://4h.missouri.edu/projects/>.

MARCH BIRTHDAYS

- 3 – 3 – Jackson Dougherty
- 3 – 5 – Hunter Riddle, Grace Roller
- 3 – 7 – Emma Bright,
- 3 – 8 – Nivek Cleeton
- 3 – 9 – Jason McKeown
- 3 – 12 – Brendan Huntsman, Eryn Skinner
- 3 – 14 – Gage St. Clair
- 3 – 21 – Alyssa Wisdom
- 3 – 24 – Alexandra Lucas
- 3 – 25 – Marilyn Ritter
- 3 – 26 – Austin Mitchell, Emily Burks
- 3 – 28 – Natalie Ritter

**HAPPY BIRYHDAY TO EVERYONE FROM THE
EXTENSION OFFICE STAFF**

DATES TO REMEMBER

MARCH

March 1 – Working Demonstrations at Orschelns – 4PM – 6:30PM

March 7 – Randolph County Fair Board meeting – Youth Cabin

March 9 – County wide Movie night and Dance at St. Pius School gym. – 6PM

March 11 – JR. Leaders – 5:30PM at the Extension Office

March 15 -16 – Teen Conference in Columbia

March 25 – Randolph County 4-H Council Meeting, 7 PM at the Extension Office

APRIL

April 4 – Randolph County Fair Board meeting at 7:30PM,

April 6 – Major Events at Moberly Middle School beginning at 9AM

MAY

May 1 – Horse Enrollment Forms Due to the Extension Office

May 11 – 4-H Day with the Cardinals

May 29 – Sheep and Meat Goat weigh-in and nose printing – 6PM – 8PM

May 29, 30 & 31 – State 4-H Congress - Columbia

May 31 - June 1 – Rodeo at Rothwell Park

JUNE

June 6– Randolph County Fair Board meeting at 7:30 – Youth Cabin

June 3 – Counselor Camp

June 4, 5, 6 - 4-H Summer Camp

JULY

July 8 – Fashion Review at Little Dixie Regional Library

July 14 – 20 – Randolph County Fair

July 14 – Ham and Bacon Judging

July 15 – Achievement Day

AUGUST

August 8-18 – Missouri State Fair