

Formally
Known as
Presentation Day

Contest Day

Why do you feel it is important for you to participate?

-“I think it is important to participate in Contest Day because you get to learn different skills from your fellow 4-Hers also it can give you ideas for the next year. And you get to know the other 4-Hers in your county. “

What life skills do you hope to accomplish while participating?

-“While participating in Contest Day I hope to improve my public speaking skills and learn how to well research the subject that I am speaking about. Also how to converse with the judges. “

Why does participating make you a better person to participate?

-“When you have judges dedicate their time and effort it is nice when they have demonstrations to judge, many people work very hard to make Contest Day happen. When you work your hardest it is saying thank you for your time and effort.”



Develop life skills one challenge at a time...

Have you ever watch YouTube “How to Videos” and thought “I can do that”? Have you ever tried to persuade a friend over a topic you feel very compassionate about? Have you ever put an outfit together and could not wait to show it off?

Contest Day is a full day of just that!

This event is formed to strengthen youth's ability, but not limited to...

- Plan and organize
- Use resources wisely
- Problem solve
- Critical thinking
- Gain personal marketing skills
- Nurture relationship
- Self-motivation
- Express their ideas clearly
- Spontaneously respond to questions
- Acquire subject matter knowledge

The day is broke down in the following areas...

- *Demonstration (working demo, too)*
- *Fashion Revue*
- *Interview Skills*
- *Public Speaking Contest*
- *Club Skit*
- *Individual Talent*

Recipients from demonstration, fashion revue, and public speaking areas, are selected to represent Platte County 4-H at the Missouri State Fair and Missouri 4-H State Events. Some special requirements may reply. Read guidelines on the back of this page for the full details. Clover Kids are highly encourage to participate in any area, without advancement to State participation.

Suggestion and Tips

Pick a topic or a skill that you know.
Practice in front of a friends and family.
Practice often.
Appearance is important.
Use a clear voice.
Be at ease.
Become knowledgeable of Mo State 4-H Contest. Special rules may apply.

Resources

Demonstrations:https://extension2.missouri.edu/catalogsearch/result/?q=all&it=Resources&mpp=24&ext_magento_category=Demonstrations

Public Speaking-
Categories: Prepared Speaking, Extemporaneous Speaking, Technology Assisted Speaking, and Interpretation
<https://extension2.missouri.edu/programs/missouri-4-h/4-h-projects/4-h-arts-and-communication/public-speaking-projects>

Fashion Revue-
Categories: Clothes You Make and Clothes You Buy:
<https://extension2.missouri.edu/programs/missouri-4-h/4-h-opportunities/4-h-arts-and-communication-events/4-h-fashion-revue>

Clothing Projects -
<https://extension2.missouri.edu/programs/missouri-4-h/4-h-projects/4-h-home-and-consumer-life/clothing-projects>

Skits

Club- No more than 5 minute skit up to the digression of club.

Individual- Share a talent no more than 10 minutes.



Natalie Orton

14 yrs old
Ladylbugs and Beetles 4-H Club

OBJECTIVES

- develop self-confidence
- express ideas clearly
- spontaneously respond to questions
- acquire subject matter knowledge

Interview Skills

Allows 4-H members to talk to a caring adult about themselves. Questions that may be asked are, but not limited to, tell a little bit about yourself, what are your favorite hobbies, what do you like to learn about? Open to all 4-H members 5-18 years of age. This helps youth break the nerves talking to an adult.

Demonstration Contest

Demonstration Guidelines

- Team Demonstrations may consist of no more than three (3) members. An exception is made for skits presented in Theatre Arts project. Theatre Arts may consist of no more than seven (7) members. Please refer to specialty contests which may have stricter rules. **Complete only one registration form per team demonstration.**
- Demonstrations involving firearms, live animals, open flames, and/or other unusual circumstances must receive special approval from the Platte County 4-H office by calling 816-270-2141.
- Demonstrators must provide their own ingredients, equipment and props. The 4-H Office will provide electrical outlet/extension cord, table and easel.
- The Missouri Sheep Producers will provide special monetary recognition for any demonstrator presenting a general or working demonstration about lambs, wool or sheep. The title of the demonstration must include a specific reference to sheep to qualify. May be enrolled in any project.

4-H General Demonstrations

Number of entries per county: Eight (8)
 Age: Any age 4-H member
 Length of time: 5-10 minutes
 Project enrollment: May be enrolled in any 4-H project.
 Other: General demonstrations are those where the 4-H member shows and tells others how to do something. They are more formal than working demonstrations; therefore, require the use of a microphone.

Working Demonstrations

Specialty Contests do not apply
 Number of entries per county: Four (4)
 Age: Any age 4-H member
 Length of time: Approximately 30 minutes
 Project enrollment: May be enrolled in any 4-H project.
 Other: Working demonstrations are more casual than General Demonstrations. Working demonstrators do not use a microphone or stage.
 Youth work on a project while responding to fairgoers questions. A poster giving the topic of the demonstration and the 4-H member's name can be displayed on the table during the working demonstration.

Cooking with Honey Contest-

Number entries per county advance to State: Three (3), one from age group 8-10, one from age group 11-13 & one from age group 14+
 Judging criteria: The demonstrator must use honey grown or made by a Missouri honey producer or company; provide the honey producer or company's name; give nutrition information; the health benefits of honey and the benefits of pollinators. The demonstrator must present a finished product for judges' sampling and a recipe handout for the judges.
 Age: Any age 4-H member (8-10, 11-13, 14 and older)
 Length of time: 20 minutes, including prep, demo and clean up
 Project enrollment: Any project
 Sample required: A sample of the food and a copy of the recipe should be given to judges
 Other: State recipients-1st-3rd place will receive Missouri State Bee Keepers products. Awards will be presented in the Electric Theater 30 minutes after the last demonstration. The Missouri Beekeeper's web site <http://mostatebeekeepers.org> includes a list of regional beekeeper associations.

International Topic Demonstrations-

Number entries per county advance to State: Three (3), one from age group 8-10, one from age group 11-13 & one from age group 14+
 Judging Criteria: The best demonstration will include a lot of information about the place where the item originates and the people who use the item.
 Age: Any age 4-H member (see age brackets above)
 Length of time: 7-10 minutes
 Project enrollment: May be enrolled in any 4-H project.
 Sample required: If the item made is a food item, a copy of the recipe, nutrition information and a sample of the food should be given to judges.
 Team: Team demonstrations are allowed.
 Other: Members must earn a blue ribbon at the county level on any demonstration that relates to an international topic. Demonstrations can be about an item that is made in another country, used in another country, or originates from another country. Winners from previous years may compete again.

Pork Contest

Number entries per county advance to State: Six (6) demonstrations per county, with two from age 8-10, two from age 11-13, and two from age 14 or older. Three places are awarded in each age category.
 Judging Criteria: Demonstration may be on any facet of pork, including food, nutrition, production practices, or by-products. Demonstration topics should be challenging and exhibit contestant's knowledge as well as presentation skills.
 Age: Any age 4-H member (8-10, 11-13, 14 and older)
 Length of time: 20 minutes, including preparation, demonstration and clean up.
 Project enrollment: Members must be enrolled in Foods/Nutrition or Swine projects.
 Sample required: A sample of the food and a copy of the recipe should be given to judges.
 Team: Teams of two are allowed only in the 8-10 year division.
 Other: Animals may not be used. State First-place winners may not enter in the same age category two years in a row. Three places are awarded in each age category.

4-H Electric Theatre Demonstrations

Number entries per county advance to State: 8
 Age: Any age 4-H member
 Judging Criteria: Demonstrations must use or cover an electrical topic.
 Length of time: Should not exceed 10 minutes
 Project enrollment: May be enrolled in any 4-H project.

Missouri Grown Foods Contest

Number entries per county advance to State: Three (3), one from age group 8-10, one from age group 11-13 & one from age group 14+.
 Judging Criteria: The demonstrator must use a food product grown or made by a Missouri producer or company; provide background information on the producer or company, nutrition and preparation information, and the economics of the food product and the final dish. The demonstrator must present a finished product for judges' sampling and a recipe handout for the judges.
 Age: Any age 4-H member (8-10, 11-13, 14 and older)
 Length of time: 7-10 minutes
 Project enrollment: May be enrolled in any 4-H project.
 Sample required: A copy of the recipe and sample of the food should be given to judges.
 Team: No team demonstrations allowed
 Other: All contestants will receive Missouri Grown products. Awards will be presented in the Electric Theater 30 minutes after the last demonstration.
 A list of Missouri grown and/or made food products is available at www.agrimissouri.com.

Chicken Bar-B-Q Contest-

Number entries per county advance to State: (4)
 Judging Criteria: Contestant's barbecue skills as demonstrated while preparing/cooking the chicken, and by judges' sensory evaluation of the finished product.
 Age: Age 14-18 as of January 1st of current program year.
 Length of time: 2 1/2 hours time limit. Cooked product must be turned in by 12 Noon.
 Project enrollment: May be enrolled in any 4-H project.
 Sample required: Two (2) barbecued chicken halves should be presented to the judges on provided plates without garnishes.
 Other:

1. Pre-registration and barbeque grill request, if desired, due to Jesse Lyons no later than July 1.
2. Contestants may have one adult (leader or parent) as a coach supervising and assisting during set-up, although cooking and product handling is restricted to the contestant.
3. Qualifier from State completion will attend the National 4-H Chicken Barbecue Demonstration Contest in Louisville, Kentucky in November. Website for the national contest is <http://www2.ca.uky.edu/national4hpoultry/>. An additional contestant may qualify to cook turkey in the Turkey BBQ Contest at the national meeting. Travel assistance and lodging will be furnished for national contestants.

Egg Contest

Number entries per county advance to State: Two (2) per county—1 from ages 8-13 & 1 from age 14 +
 Judging Criteria: Each contestant prepares an egg dish and also presents information that reflects the contestant's knowledge about eggs, including: nutritional value, preparation, storage, function, grading-sizing, versatility and economics of cooking with eggs.
 Age: 8-13; 14 and older
 Length of time: No more than 12 minutes
 Project enrollment: May be enrolled in any 4-H project.
 Sample required: Present a finished product for judges' sampling and a recipe handout for the judges.
 Team demonstrations: Not applicable.
 Other:

1. Recipe must contain 1 whole egg per serving if a salad or main dish, ½ egg per serving if an appetizer, snack, dessert or beverage.
2. National contest opportunity: The State winner in the 14 or older division may represent Missouri at the national contest in Louisville; travel and lodging will be available. Specific rules apply. Learn more by contacting Dr. Jesse Lyons, UMC Animal Science Extension, S-133 Animal Science Center, UMC, Columbia, Missouri 65211, lyonsj@missouri.edu, 573-474-8257 or Jo Manhart, Missouri Egg Council, 1000 West Nifong, Building 1, Columbia, MO 65203, jmanhart@4jumbo.com, 573-874-3138. They will provide critique and encouragement for the Missouri winner to help perfect a winning demonstration for the national level. Additional recipes, criteria and score sheets available at <http://www2.ca.uky.edu/national4hpoultry/>



Demonstrations

Public Speaking Contest

The public speaking contest has many different categories. Members are limited to presenting ONE speech. Platte County 4-H will select three speakers per division per category to advance to the MO State 4-H Public Speaking Contest. Five competitors per division for Dramatic and Humorous Interpretation may represent Platte County at the State Contest. State Contest rules for each of the categories can be found at: <https://extension2.missouri.edu/programs/missouri-4-h/4-h-opportunities/4-h-arts-and-communication-events/4-h-public-speaking-contest>

Prepared Speaking

This is the noble, "traditional" category from Missouri State 4-H Public Speaking Contests. Speeches may be on any topic of the participant's choice that is in good taste for a group of peers and adults.

Speeches length
8-10 year olds- 3-5 min.
11-13 year olds- 4-6 min.
14-18 year olds- 5-7 min.

Notes on index cards are perfectly acceptable. However, no props or visual aids may be used. The speech must have been an original work, written by the person giving the speech. Topics must be appropriate to the standards of a 4-H event and appropriate for all ages. First place Intermediate and Senior Division finishers from a previous State 4-H Public Speaking Contest may not enter the same category and age group a second time.

Interpretation

Interpretations are memorized performances that take place without music or other external sound effects. All interpretations are limited to 5 minutes for all of the age categories. You can choose from the following sub-categories:

Dramatic An oral interpretation of a serious selection of narrative or dramatic work. The source material may come from literature, a monologue, a theatrical production or poetry. This can be a great fit for youth interest in theatre arts! Contestants are to bring two copies of the script, referencing the source(s). Non-English language must be translated.

Humorous A memorized oral interpretation of a humorous selection (or a humorous interpretation of an oral selection). Source material may come from plays, prose, literature, poetry, or other performance pieces. Contestants are to bring two copies of the script, referencing the source(s). Non-English language must be translated.

Extemporaneous Speaking

When you give an extemporaneous speech at a public speaking contest, it will differ from a traditional ("prepared") public speech in that you will not plan the speech until shortly before you deliver it.

Speeches length
8-10 year olds- 3-5 min.
11-13 year olds- 4-6 min.
14-18 year olds- 5-7 min.

Process: Speaker will pick three topics and select one that they will speak on. Each speaker will have 15 minutes to prepare their speech after the selection is made. Speeches will be given before the judges and the audience in a separate room. Topics will be subjects that youth are familiar with, so no special research materials are required. Notes on index cards are perfectly acceptable. Speakers should bring their own note cards and pencils. Restrictions: No props or visual aids may be used. Parents are not allowed to assist the speakers or to be in the same room as they prepare their speech.

First place Intermediate and Senior Division finishers from a previous State 4-H Public Speaking Contest may not enter the same category and age group a second time.



Technology Assisted Speaking

Technology assisted speeches are subject to the same rules and guidelines as prepared speeches but allow for the use of presentation software (such as PowerPoint). This is another 4-H experience with excellent workforce preparation benefits.

Speeches length
8-10 year olds- 3-5 min.
11-13 year olds- 4-6 min.
14-18 year olds- 5-7 min.

The tech-assisted speech must have been an original work, created and written by the person giving the speech. Topics must be appropriate to the standards of a 4-H event and appropriate for audience members ages 8-18.

Notes on index cards are perfectly acceptable. However, no props may be used.

Speakers are free to use their own laptop computers, or they may request one from the 4-H Office at the event. In either event, a copy of the speech must be brought to the contest by the speaker, in order to have a backup if technical difficulties should occur.

Horse Public Speaking

The Platte County contest will follow the State guidelines for Horse Public Speaking as outlined in the Missouri 4-H Horsemanship Manual. MO State Horse Public Speaking and Demonstration Contest will be September 2018 at the 4-H Center for Youth Development in Columbia, MO. Find more details at:

<https://extension2.missouri.edu/programs/missouri-4-h/4-h-opportunities/4-h-ag-events/horse-events/horses-public-speaking-and-demo-contest>

OBJECTIVES

- Strengthen communications skills
- Build skills to organize and develop speeches
- Prepare speeches for different purposes
- Develop speeches for different types of groups
- Discover own personal strengths and delivery style as a public speaker
- Gain public speaking experience through participation in local & state speaking contests
- Explore related education and career options

Fashion Revue Contest



OBJECTIVES

- Ability to exhibit poise and confidence
- Ability to demonstrate ensemble to reflect his/her personality
- Ability to exhibit the skills-necessary to plan, select, and acquire clothing for different occasions
- Ability to show the skill and ability to select suitable and becoming accessories to wear with garment
- Ability to maintain a good posture and exhibit good grooming habits
- Ability to demonstrate fashion "know-how" by creating the "total look" in the particular fashion style chosen, including hairstyle, make-up, and accessories
- Ability to demonstrate skills used to create a knitted or crocheted

Members enrolled in clothing, crocheting, or knitting projects are encouraged to enter and participate in the Fashion Revue, but the event is open to all members. In Fashion Revue contestants will model their garments during the Fashion Revue Show and converse with a judge about their outfit. Each member in Fashion Revue will receive a participation ribbon.

<https://extension2.missouri.edu/programs/missouri-4-h/4-h-opportunities/4-h-arts-and-communication-events/4-h-fashion-revue>

Clothing Projects - <https://extension2.missouri.edu/programs/missouri-4-h/4-h-projects/4-h-home-and-consumer-life/clothing-projects>

Clothes You Buy

Judged upon outfit on the individual, appropriateness of outfit for intended activity, shopping skills, and voice poise.

Number of eligibility for Missouri State 4-H Fashion Revue.

- One member 14 and over
- One member ages 11-13
- One member age 8-10

Clothes You Make

Judged upon fit, design, grooming, posture, poise, fashion, personal qualities, and construction of garment.

Number of eligibility for Missouri State 4-H Fashion Revue.

- One member 14 and over
- One member ages 11-13
- One member age 8-10

Knit/Crochet

Judged upon appearance, design, craftsmanship, and outfit on individual.

Number of eligibility for Missouri State 4-H Fashion Revue.

- One member from Crochet
- One member from Knitting



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