

# PHELPS COUNTY 4-H NEWSLETTER

4-H is a community of young people across America who are learning leadership, citizenship and life skills.



MAY 2020

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Missouri 4-H and the University of Missouri have an obligation to protect the youth and communities we serve. Social distancing is needed to mitigate the spread of the COVID-19. We want you to know that while the world around us is out of routine, Missouri 4-H is still going STRONG! Our many members, volunteers, faculty, and staff have stepped up to keep 4-H going better than ever! Just because we can't meet together in person, doesn't mean the projects, activities, and learning stops! We are just finding new and different ways to get the job done!

The Plan—check back frequently for updates! And like our Facebook page to see what is happening: <https://www.facebook.com/missouri4h>

**Missouri 4-H QuarantIME**  
 Meeting the challenge with you!  
 Check out our *NEW* resources  
 and daily opportunities.

Extension  
 University of Missouri

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Time	Opportunity	Description
10 am	QuarantIME Challenge	Watch a short lesson and participate in the social media challenge for #MO4H.
10ish & 2ish	Teen Time with the State 4-H Council	The 4-H Council will post fun, learning activities on their Missouri State 4-H Council Facebook page and share them to the Missouri 4-H Facebook page.
11 am	Cooking Connection	Join us for a healthy cooking segment put on by MU Nutrition and Health Extension. (Starts Monday, March 30)
1 pm Wed & Fri	Show Me Your 4-H Demonstration	Find our Missouri 4-H Facebook post and comment with YOUR 1 to 5 minute demonstration. Show us what you can do #MO4H!
3:30 pm	4-H Live: Online Learning	Each day there will be a project lesson — see the schedule on our QuarantIME page for more details.
5:00 pm	Chick Watch	Join us on the Missouri 4-H Facebook page to learn about and watch the incubation and hatching of chickens. For even more info, and see the live chick cam, visit our website.
Fri	4-H Spirit Day	To participate, post a picture of you and your family in your 4-H gear to your social media pages and use #MO4HSpiritFriday so we can find you! You can also post your photo in the comments of our weekly Friday post! GO #MO4H!



**The staff at the Phelps County Extension Center are doing their part to prevent the spread of COVID-19 and working from home. If you need assistance, please email or call the office and someone will get back with you in a timely manner.**



**Face-to-face MU Extension programming has been suspended through May 15, 2020.**

Check with program coordinators or webpages for details about rescheduling or reformatting of specific events.

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Only one club report will be printed per newsletter unless the newsletter covers more than one month. If submitting photos, please submit only one per month and they will be used if space is available. Due the 25th of each month. Keep them short!

The Evening Star 4-H Club could not hold their normal club meeting for April, so members did demonstrations through video taping and put them on the club's page on Facebook. The members who did the video taping were Charlie Alterauge making Jell-O for foods/cooking, Danni Alterauge made whipped cream for Foods, Elyssia Cordes demonstrated rabbit care for Rabbits, Alyssa Gill showed us how to make slime for Crafts, Eli Evans showed us how to make cards for Crafts, Peyton Bullock demonstrated the right way to hold a chicken for Poultry, Tj Clark doctored a duck with Vicks for Poultry, Scarlet Parsons demonstrated how to stop bleeding for First Aid, Catriona Murphy showed us how to make a throw pillow for Sewing, Tara Murphy demonstrated how to make "banana dolphins" for foods, Tara and Catriona Murphy demonstrated mold making for Crafts. All of the videos are available online at <https://www.facebook.com/Evening-Star-4-H-Club> -Elyssia Cordes Evening Star 4-H Reporter



The Soaring Eagles 4-H club did not meet in April due to the Corona virus and the city leaders and Governor Parsons asking us to stay at home. Emma Oerther



***Congratulations!***

**Markus Baur, Paige Clark, Faith Ford,  
Jeremiah Jeffers, Macy Terrill**





# Upcoming Events

As we monitor the national, state and university response to contain the spread of COVID-19 and keep public health top priority, all face to face MU Extension programming has been suspended through at least May 15, 2020. This includes all 4-H club and project meetings, programs, and events.

Please watch the state and county 4-H Facebook pages as well as other's to find new and exciting online learning.

## Keep Up-To-Date!

To keep up-to-date on the latest information in 4-H. Please become familiar with the following sites:

Phelps County 4-H Facebook: <https://www.facebook.com/phelps4h/>

Missouri 4-H Webpage: <http://4h.missouri.edu/>

Missouri 4-H Online: <https://4honline.com/>

## Clover Kids Corner

### Craft Stick Frames

#### What you'll need:

craft sticks (popsicle sticks or tongue depressors)  
 paint  
 paint brushes  
 glue  
 pictures of loved ones or pets  
 magnets  
 stickers, sequins, craft foam, etc.

#### How to make your frame:

1. You need at least 4 sticks per frame but add more and be creative. Paint your sticks and let them dry.
2. Once the sticks are dry, glue them together. You need two sticks on each side and then glue two sticks to the top and the bottom to hold it all in place. Set aside to dry.
3. Once dry, have your kids decorate the frame with stickers, sequins, markers, etc.
4. Tape a picture the back of the frame (we used tape so we could switch the picture out if we wanted to later).
5. Glue a magnet to the back of the frame as well to hand on the refrigerator or a soda tab to hang on the wall.



### Happy Birthday!

Lana Meeks  
 Christy Ford  
 Oliver Swee  
 Hadlee Poe  
 Lisa Lister  
 Lainie Knehans  
 Bridgette Starns  
 Logan King  
 Rebekah Martin  
 Trent Hall  
 Jacob Lister  
 Shelby Parker  
 Sylvia Skouby  
 Milly Gardner  
 Alyssa Gill  
 Tate Gruver  
 Whitney Evans  
 Wilhelm Baur  
 Wyatt Waneka  
 Dean Willoughby  
 Antonis Harris  
 Ella Marcee  
 Kynleigh Hammock

## State Fair County Banners

There will be a change to the county banners at the Missouri State Fair. For 2021, as part of the Bicentennial, we will be replacing all of the banners in the 4-H building. Instead of continuing to use fabric banners, a committee has decided to switch to vinyl with hopes that it will stay “looking new” for longer. Please review the instructions below (also attached) and reach out if you have any questions.

### Construction Instructions:

Missouri will celebrate its Bicentennial in 2021. One way Missouri 4-H will join the celebration will be with updated county banners for the 4-H Building at the Missouri State Fair. Any county that does not submit their own banner will be represented by a generic 4-H banner. The old banners will be returned to the counties.

Please follow the guidelines given below when designing the county banner.

1. A PowerPoint template can be found in the Missouri 4-H Marketing Box Folder. Please save a copy of this template to your computer before starting your design. Do not modify the size or orientation of the slide. Banners should be one-sided.
2. The design selected for the banner should represent your county's heritage or “Claim to Fame”, or should be symbolic of the 4-H or Extension programs. We encourage you to have some kind of contest or event that involves many people contributing their ideas to the design. Remember, the banners will be in the building for years, so the design should be “timeless.”
3. The design used on the flag must include the name of the county. The name can be placed at any location on the flag that contributes to the overall attractiveness of the flag. Letters for the county name should be in a minimum font size of 216. There is no maximum letter size; the design will determine this. The county name should be readable from a distance of 30 feet. Do not include club names on the banner. Refer to the 4-H Branding Toolkit on the Missouri 4-H website for the correct logos and color palette.
4. Photos and graphics should be of high resolution to ensure a decent print quality.

**Banner designs should be submitted to the 2021 State Fair County Banner Box Folder by February 1, 2021.** The State Office will be placing a group order and ensure the new banners are in the building for the 2021 Missouri State Fair. Counties will be billed for their individual banner. We do not expect the cost to be more than \$30 per banner.

If you have any questions, please contact Maria Calvert at [calvertml@missouri.edu](mailto:calvertml@missouri.edu) or 573-882-8835.



An old banner that now hangs in the Phelps County 4-H office.

## 4-H Volunteers

Just a reminder a few of you have not completed your 2019/20 4-H Volunteer CORE Orientation training. A few of you have it done, you just didn't click through to the end. Please do this so I can get you active as 4-H volunteers. THANK YOU!



## Training (Learning Management System)

We are excited to be able to offer online trainings in the 4HOnline that are specific to our Missouri 4-H program. In order to complete an optional or required training (such as Volunteer Orientation for adults), you will follow the steps below. Each training that is developed will have its own set of requirements and may be offered only to youth, adults, or to both. If you successfully complete a training in a face-to-face session, your regional 4-H faculty will be able to provide you with credit for completion inside of the system. These instructions also provide you with the instructions to print certificates of your completed trainings.

- 1) Log-in to a family 4HOnline account.
- 2) Click Edit/Log-In next to the member to sign up for training.
- 3) Click the "Trainings" link at the top of the page under the member name.
- 4) Click Sign Up for a Training.

**\*\*Note:** If you have previously started a training and need to continue to complete the training, you will need to click Edit/View to see the screen as it is on the right.

- 5) Select the Training you would like to take.

- 6) Click on the Training name link under "Take the Course". The course content will open in a pop up screen. Make sure your pop-up blocker is not enabled as this will open in a new window.

- 7) Once the course has been completed click "Print Certificate" to print your completion certificate. If you need to get to the certificate at a later point, simply click the Edit/View button (as in the note in step 4).

