



January 2019

Volume 2, Issue 1

January 1, 2019

# Pettis County Connection 4-H News

Check this out!  
↘

All of the following registrations are open on 4-H Online

Heit's Point Camp  
YCLS  
Teen Conference

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## Chef, Author, TV Personality, New York 4-H



Anne Burrell ~ from www.4-H.org

“A renowned chef, author and TV personality, Anne Burrell is a proud alumna of 4-H New York. She is host of the popular Food Network series *Secrets of a Restaurant Chef* and co-host of *Worst Cooks in America*. With her trademark spiky blonde hair and “pumped-up personality,” Burrell has worked at some of the top restaurants in New York, studied the culinary landscape and traditions of Italy, battled alongside Mario Batali as his sous chef on Food Network’s *Iron Chef America* and wrote a New York Times best-selling cookbook. She also started in her own right on *Next Iron Chef: Super Chefs* in fall 2011.

Growing up in upstate New York, Burrell’s passion for food and cooking began at an early age. After graduating with a degree in English from Canisius College in Buffalo, New York, she pursued her interest in the restaurant business by enrolling in the Culinary Institute of America. Following graduation, Burrell spent a year in Italy attending the Italian Culinary Institute for Foreigners and worked at a premier Tuscan restaurant. During this time, she grew to appreciate and understand the philosophy of Italian cuisine and culture, and hone her lasting culinary point of view.

Burrell loves to cook up engaging culinary lessons for America’s kids to help them understand the science behind her mouth-watering recipes. She participated in the White House “We the Geeks” Google+ Hangout, along with White House pastry chef Bill Yosses and other special guests, to help kids and their parents see that science, technology, engineering and math (STEM) are key ingredients for culinary success. As part of Food Network’s partnership with Time Warner Cable’s Connect a Million Minds program, Chef Burrell also stars in a PSA to promote the fun of math and science.“

## Points of Interest:

- CAMP
- Save the Date
- Energizer
- Teen Conference
- State Congress
- YCLS
- Extension Council Election

# Heits Point 4-H Camp



IMPORTANT INFORMATION to read -

Please chose PAY BY CHECK

*As of 2019, University of Missouri is requiring the use of online registrations, creating service fees and credit card fees thus causing our fees to rise. To keep fees at the lowest possible minimum it is very important to select pay by check and pay cash or check at the office level. Most of our Registrations will be done via 4-Online.*

If you have a voucher to use, wish to take advantage of the Early Bird Special, or use the discount that 4-H Council offers then it is very important that you select and pay by check. You must bring your payment, cash or checks made out to Pettis County 4-H Council to the office. If you pay by credit card then you will be paying the entire fee and we will have no way to reimburse you.

**Registration is open on 4-Online.**

Camp Counselor Registration **DEADLINE** is **FEBRUARY 1, 2019**

**Fee: \$65.00**

**4-H Council Discount Fee: \$45.00**

Camper Early Bird Registration **DEADLINE** is **APRIL 19, 2018**

**Fee: \$110.00**

**4-H Council Discount Fee: \$90.00**

April 20 to April 26

**Fee: \$130.00**

**Register first then pay the office by cash or check in a timely fashion (within a few days).**

**Pay attention to Deadlines.**

**Potential Camp Counselors please save these dates for Camp Counselor Training**

Part 1 February 23, 2019 9:00 a.m. to 2 p.m. at the Saline County Fairgrounds, Marshall

Part 2 April 27, 2019 9:00 a.m. to 2 p.m. at the Saline County Fairgrounds, Marshall



## Pettis County 4-H T-Shirts

**\$10.00 Get 'em while they last**





# Christmas 2018 Parade

Thank you, Kevin Walker for the use of the images.



# 4-H Council / Committee of Committees

12/20/18. After a healthy Chef Salad for dinner we held our gift exchange.

Spent time speaking on activities for the coming year. Goals were set. Activities were discussed.

Several upcoming events - YCLS, Camp Registrations, CMAC—Pie Auction, Ag Expo and the Extension Fundraiser.

Discussed the expectations of fulfilling our roles on council.

SPIN Club model is going to be what the State wants. We discussed ways to implement it here in the county.

In-school and after-school programs that the State is also look-

ing strongly at. Council members really do need to step up and follow through on their duties. Staff will be doing more programming in the schools.

We decided to put together a cookbook for a fundraiser to raise funds for the SPIN Club program resources.

Team building— Cookie Decorating. Thanks to Shelbi Miller for bringing our blank canvases.

COC—Recapped Christmas parade. Everyone had a good time and enjoyed the opportunity - walking was a nice change.

Date for Lock-in is set for Friday March 8th 5:30-9:00 p.m. at

Convention Hall at Liberty Park. Activities were decided upon—Hunger Games, Movie Room,, Karoke, arts/crafts and open gym. We will do community service project—writing letters-for Honor Flight Veterans. Clover kids will be invited but must have parent stay with them. Piz-za will be provided - youth will bring snacks/drinks.

Clover Kid Day Camp is April 6, 2019 from 9:30-2:30 p.m. at Porter Ewing Building on SFCC campus. The theme is MAD SCIENCE.....

This will be the last COC, as the purpose of the committee is not being met, until further notice.

## Clover Kids

### Animal Ears

Have you ever noticed that animals have larger ears than us? Animals, such as dogs, have much better hearing than we do.



What do you think it would be like if you had animal ears? Do you think you would be able to hear better or worse? Why do you think so? \_\_\_\_\_

Let's make animal ears! Materials: Paper or Styrofoam Cups Scissors

Procedure:

1. Using the scissors, cut the bottoms out of 2 cups.
2. Hold the smaller end of the cups up to your ears.
3. Have someone whisper, make a loud noise, talk and sing while using your "animal ears."
4. Try placing your ears in different directions to see how the sound changes.

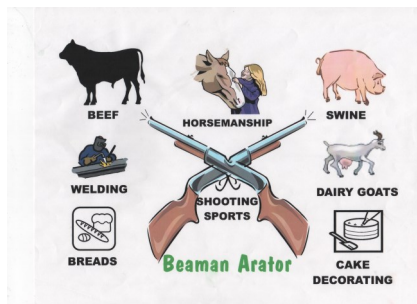
Did the sound change as the direction of the ears changed? How did the sound change? Did it get louder or quieter? Could you hear better with the cups on?

# Beaman Arator 4-H Club

If you are the Club Secretary,  
please send your minutes to

Sherol at

[bores.missouri.edu](mailto:bores.missouri.edu)



# Brown 4-H Club

Are you the Club Reporter? Do  
you have news for the newslet-  
ter.

E-mail your report to Sherol at

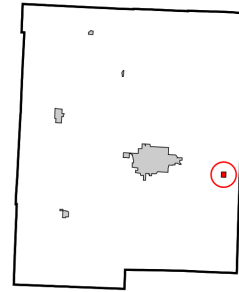
[bores@missouri.edu](mailto:bores@missouri.edu)



# County Liners 4-H Club

Did you make some images at your meeting then please

E-mail your report to Sherol  
[bozes.missouri.edu](mailto:bozes.missouri.edu)



## Dresden 4-H Club

Membership roll call was “What would you like from Santa?”

Dresden 4-H Club held their meeting, Sunday, December 16, 2018 at the LaMonte United Methodist Church. The meeting was called to order by Theo Rieckhoff, president, at 5:06 p.m. with fourteen members, nine guests and two leader present. American and 4-H pledges were led by Austin Wood and Eli Dehan. November 18, 2018 minutes were read by Alayna Bruner, secretary, and approved as read. Treasurer’s report was given by Cole Cave, vice-president, and approved as presented. Under Old Business: It was reported most of Dresden 4-H Club members have signed up Online. Samuel Dehan gave a report on the 2018 Veteran’s Ap-

preciation Dinner. He had a good time helping with the event along with Jamie, his mother, and Grandpa Gordon. Jennifer Sneed had reported the books and cards were delivered to Columbia Hospital and they were very much appreciated. Rhett and Jennifer observed a little boy pick out one of the books before he went into his treatment. Thank you to all who brought canned food items for the LaMonte Food Pantry for December. Group was reminded to continue saving pop tabs for Ronald McDonald’s House and bring canned items for the February State Wide Food Drive. Under New Business: Members were encouraged to sign up for Move Across Mis-

souri (Move) and mark their calendar for



March 2, 2019 for the Pettis County Extension Fundraiser. Picture was taken of members and their donation to LaMonte Food Bank. Announcements were read and discussed. Next meeting is January 20, 2019 at 5:00 pm at LaMonte Methodist Church. Club Activity was the exchange gift game and refreshments. Samuel Dehan made a motion to adjourn the meeting, seconded by Eli Dehan. Meeting adjourned. Eli Dehan, Reporter

# Eagle 4-H Club

Looking for minutes to put in the newsletter

Send your report to Sherol

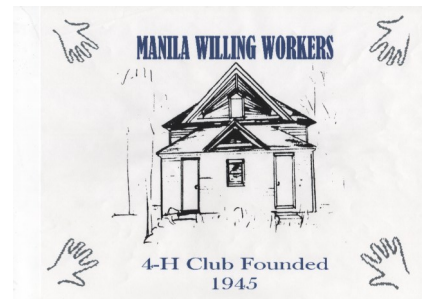
[bores@missouri.edu](mailto:bores@missouri.edu)



# Manila 4-H Club

E-mail you report to Sherol

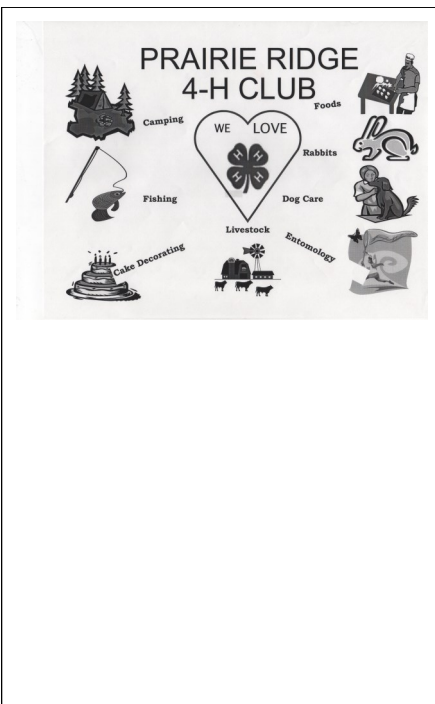
[bores.missouri.edu](mailto:bores.missouri.edu)



## Prairie Ridge 4-H Club

E-mail your report to Sherol

[bores@missouri.edu](mailto:bores@missouri.edu)

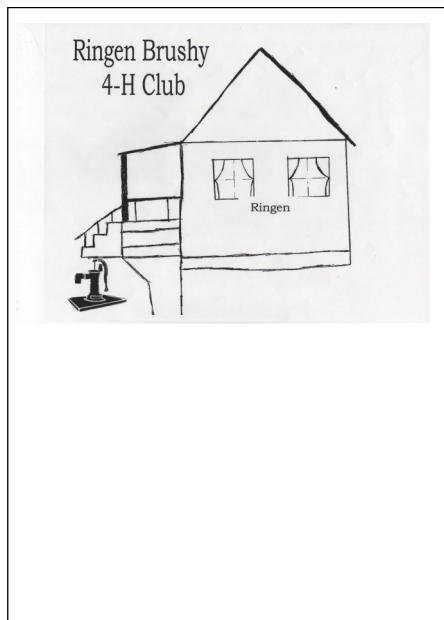


## Ringgen Brushy 4-H Club

What's going on with Ringgen Brushy? I know you are looking for volunteers.

Send your reports to Sherol

[bores@missouri.edu](mailto:bores@missouri.edu)





## Show-Me Horse 4-H Club

December 9, 2018

Meeting called to order by Madam President, Kaylin Teague. Pledges led by Kaylin Teague, flags held by Kayden and Kolton Teague. Jerra Allen took attendance; One female leader was present, three female club members, three male members, two female parents, and a baby were present. Jerra Allen chose the attendance question, "What is your favorite Christmas activity?" We discussed the following old business; The recognition banquet – Reports Alayna and Wyatt Brosch attended the banquet, Alayna receiving the distinguished 4-H member and Wyatt receiving \$60 for a shooting pro-

ject. Christmas parade – Who attended it? No one in our club attended the Christmas Parade. We discussed issues concerning us working to get Mona Prater scheduled to host a clinic in the next couple of months. We also discussed CPR training/certification and how we would like to get that done soon. Last month we went over the horse and cows' digestive systems. We then went over the following new business; Ideas for 2019? We decided on more horse shows, and learning to maintain a horse's physical health (grooming). We decided that we want our monthly meeting demos to be either bringing in an

object and explaining it and all its uses, or having our club leader choose an item for us. For the month of January Kaylin Teague will start these demos. We discussed future community service projects, not deciding on any yet. We will be attending the Whitetails banquet on the 4th and 5th of January, the pie auction on January 19th, and the Golden Circle auction on the 12th. Motion to adjourn meeting made by Kayden Teague and was seconded by Kolton Teague. Meeting adjourned by Madam President, Kaylin Teague.



## Van Natta 4-H Club

The meeting was called to order at 4:35 pm today, December 2nd by Stetson Mahin, VP.

Pledges were led by Secretary, Gage DeVorss.

There were 7 members present with 4 adults. Secretary's report of the last meeting was read by Gage DeVorss. Treasurer's Report was given by Treasurer Gabe Burkhalter as \$620.41.

For Old Business we discussed yesterday's Christmas Parade in Sedalia, as well as the Recognition Banquet. We received 2nd place in our division for the Window Display.

For New Business we discussed the upcoming Veteran's Appreciation Dinner on December 15th and asked to have volunteers sign up to help. We also discussed the upcoming Paper Clover Days and that we need to volunteer for that as well.

We decided to do some Christmas Caroling in Green Ridge on December 16th at 4:30 meeting at the park and caroling on Main St.

Lastly, we started our basket of goodies, (food, gloves, towel, candle, etc.) for a less fortunate family. Since we aren't sure on genders yet of this family, we

will finish within the next couple of weeks.

Stetson asked for a motion to adjourn the meeting. Kensey DeVorss made a motion to adjourn. Gabe seconded the motion. Meeting was adjourned at 5:15 pm.



## Managed Care Coverage for 4-H Dues

Managed Care Coverage for 4-H Membership Dues. Youth covered by Managed Care plans, also known as Missouri Medicaid/MO Health-Net, are eligible to have their membership in one afterschool program or club paid by their insurance company. This includes membership fees for 4-H Clubs! If your member(s) are covered by one of these plans:

1. Call the Members services number for your insurer and request a voucher for each child.
  - a. Aetna Better Health of Missouri: 1-800-566-6444 .
  - b. MissouriCare A WellCare Company: 1-800-322-6027.
  - c. Home State Health: 1-855-694-4663
2. The insurance company will verify eligibility and send a voucher in the mail with a red or blue stamp on it.
  3. Sign and date the voucher form and send the original form to your County Extension Office
  4. Youth insurance company will pay for your child's membership in 4-H.
  5. When you enroll through 4-H Online, select the 'pay by club/check' option as you finish up enrollment. Do not pay with a debit or credit card, refunds will not be provided.

## Please Register at 4-HOnline

Have you updated your 4-H Registration at 4-HOnline? As most of your projects and state events require an "ACTIVE" status to even register, Please, get it done as soon as possible. The state would like to see all re-enrollments complete by December 31, 2018.

Here are the steps you will need to take to get enrolled.

1. Go to <http://mo.4honline.com> (notice there is no "www" in that address).
2. Log in to your family profile with your log-in email address. (If you can't remember your password, select "I forgot my password") Continue to your Family Member list.
3. Select "Edit" next to the member you are re-enrolling.
4. Select "Enroll for 2018-2019" at the bottom of the first page.
5. Review all content in the member profile, update any health form changes and change any projects (if you aren't enrolling in a project, delete it for this year).
6. Submit your enrollment, and pay required dues reflected on member invoices.
7. Please, please do NOT create a new profile, just update the old one. Even if your email address has changed, still use the old one to log in and then update to your new email address.

Again, this year all state event registrations will require a member to be in "Active" status in 4-HOnline. Members will remain in "Pending" status until the county review of membership and state membership dues are processed. Adult volunteer applicants remain in "Pending" status until all steps of the volunteer process are completed. If paying by cash or check, you may send payment directly to the Extension Center at 1012A Thompson Blvd, Sedalia Mo 65301. Call the office at 660-827-0591 and Nan or Blake can assist as needed.

# Teen Conference

March 16-17 2019 (Columbia, Missouri)

Cost: \$189\*

## Description

Teen Conference is a fun-filled, two-day event for ages 11-13, planned by your State 4-H Council to promote belonging, independence, generosity and mastery by

- building confidence with a trip away from home in a safe and fun environment,
- creating opportunities to make many new friends from across Missouri,
- growing leadership skills through quality learning experiences,
- connecting youth with positive older teen role models, the State 4-H Council, and
- finding out about exciting future opportunities that await as a 4-H teenager.



## Important Dates

December 10, 2018 through **February 1, 2019**: *Registration Open*, via [4HOnline](#).

February 2-10, 2019: *Late registration period* (\$50 late fee)

**February 11, 2019: Registration closed.**

Registration on-site is not available: All youth must be pre-registered.

\***Cost:** \$189 (for youth sharing a bed with a friend they select), or \$239 (for youth who prefer their *own* bed).

For more information regarding Teen Conference, please contact [your county 4-H office](#) or [Bradd Anderson](#), State 4-H Youth Development Specialist.

## State 4-H Congress Registration

Registration details for 2019 coming soon!

Registration for Chaperones and State Council members opens February 1!

Registration for Delegates opens March 1!

**Registration ends April 15  
late registrations will not be accepted.**



# Youth Civic Leadership Summit - Veterans Dinner

At the annual Veteran's Dinner, which took place on December 15, 2018, 4-Hers showed up early to set up red, white and blue tables along with the preparation of food and drinks. When the veterans arrived they were served dinner and got to enjoy a few speeches given by our 4-H Council President, Kailee Lewman; Jonathan Curtis and Tori Price. The book "America's White Table" was read by our President as well. To end the evening a flag folding ceremony was led by Isabell Arnold and Jonathan Curtis.

Submitted by: Abigail Arnold



Please join us for a Veteran's Appreciation Dinner  
Hosted By: Pettis County 4-H



**Date:** Saturday, December 15, 2018

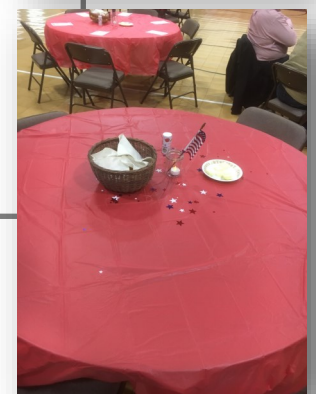
**Time:** 4:00 pm - 6:00 pm

**Address:** Maplewood Church 25396 Highway O, Sedalia, MO 65301

**RSVP:** as soon as possible - Pettis Extension Center

**Phone:** 660-827-0591 or **Email:** hutchesonn@missouri.edu

Please bring a guest.



Thank you to all that helped set-up,  
prepare and cleanup.  
You are appreciated greatly





March 1-3, 2019  
 Windermere Conference Center USA  
 On the Beautiful Lake of the Ozarks!

Pettis County 4-H Council will pay half of the total cost. YCLS Fee: \$170.00

Register at 4-HOnline and *remember* to select pay by check. Please do not pay with a credit card if you wish to take advantage of the discount from 4-H Council. We can not refund.



MOVE in 2019! 4-H MOVE promotes physical activity and encourages youth to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Enrollment for new and re-enrollment for current MOVERs begins January 1, 2018 and continues until May 1 (please make sure to register by May 1 so you can participate in the competition!).

## Looking Ahead a Month or Two

Scrapbooking	Jan 4	CWF—El Tap Night	Jan 28	Extension Annual Meeting	Feb 21
Energizer Registration Due	Jan 11	SS Meeting	Jan 29	Camp Counselor Training	Feb 23
Clover Sprouts	Jan 12	4-H Feeding Missouri	Feb 1-28	Photography	Feb 23
Jr. Livestock Committee	Jan 14	Scrapbooking	Feb 1	State Horse Judging	Feb 23
Pre-Game	Jan 17	YCLS Reg. Closes	Feb 1	COC	Feb 25
4-H Council	Jan 17	Camp Counselor Applications Due	Feb 1	YCLS	Mar 1/3
Photography	Jan 19	Clover Sprouts	Feb 9	Pettis County Dinner/Auction	Mar 2
Rabbits Project 1	Jan 19	Weigh-In 9-10	Feb 9	Teen Conference	Mar 16/17
Central MOAgClub Pie Auction	Jan 19	State Meat Judging	Feb 16	State Shooting Sports	TBD
M. L. King Day Office Closed	Jan 21	Rabbit Project 1	Feb 16	Leader Certification	March??
<b>WC Energizer</b>	<b>Jan 26</b>	Weigh-In Rain date	Feb 16	Clover Kid Day Camp	Apr 6
COC	Jan 28	Presidents Day Office Closed	Feb 18		

## Hunger Myth Masher Quiz True or False

1. \_\_\_ There are hungry people in the United States.
2. \_\_\_ Only homeless people are hungry.
3. \_\_\_ There isn't enough food for everyone in the world.
4. \_\_\_ Children who go to school hungry have trouble learning.
5. \_\_\_ People who are hungry should just get a job.
6. \_\_\_ Natural disasters like floods and earthquakes are the biggest cause of hunger.
7. \_\_\_ Not very much food is wasted in the United States.
8. \_\_\_ Hunger isn't really a big problem.
9. \_\_\_ Kids can't do anything to help end hunger.

### Myth Masher Quiz Answers

1. True — One in 6 Americans lives in households that cannot always afford the food they need to lead healthy, active lives.
2. False — Nearly 40 percent of all people seeking help with food in the United States are kids and working households. About 12 percent of all people seeking help with food are homeless. This does not mean that homelessness is a small problem — we are talking about millions of people, but one reason that many people mistakenly believe that the homeless are the only group struggling with hunger is that they are often the most visible.
3. False — Hunger is not caused by a lack of food; there is enough food to feed everyone in the world, but there are many barriers that prevent people from getting the food they need. Barriers in this country include, but are not limited to: not having enough money to buy food, not having access to a grocery store, or not having transportation.
4. True — Children who go to school hungry are often tired and unable to concentrate. Hunger also leads to illness and hinders development.
5. False — Many hard working people earn wages that do not cover basic household expenses. In the United States, many workers earn far less than what a family needs for housing, food, and transportation. Additionally, illness and other unexpected crises can add to budgeting challenges.
6. False — While natural disasters such as drought can cause famines, hunger is primarily caused by poverty (not having enough money to purchase food). However, when disasters such as hurricanes and earthquakes hit, it is people with the least resources who don't have the funds for health care, to rebuild, or to move, if necessary.
7. False — Some studies indicate that more than 40 percent of food grown and produced in the United States is wasted. Waste happens on farms,

in stores, restaurants, and homes. Food banks reduce waste by gleaning, recovering, and redistributing food and other products that for various reasons are not marketable, despite being usable and edible.

8. False — Hunger is a big problem for a lot of people around the world. There are 925 million people in the entire world who face hunger regularly. In the United States, 48.8 million people live in homes that struggle with hunger. How many people live in poverty in your state? There are many ways to get involved in the fight to end hunger — let's get started!

9. False — Kids can do LOTS of things to help end hunger. Kids can raise awareness, volunteer, organize food drives, and learn about the needs within their own community!



### Contest Category Information:

4 main prizes for the Counties in these categories from the State:

Food Raiser	Fund Raiser
Volunteer Hours	Overall Meals

4 prizes for the Clubs in these categories

Best Decorated Box/Can	Food Raiser
Fund Raiser	Volunteer Hours

# Scholarships for Seniors

**Missouri 4-H Foundation:** The Missouri 4-H Foundation offers educational scholarships for 4-H youth and former 4-H members pursuing post-secondary study. Sixty scholarships are available, each ranging from \$500 to \$2,500. One scholarship application permits the applicant to be considered for any available scholarship, subject to conditions specified by the donor. **Applications are accepted after January 1 and are due with a post-mark date of March 1 to the state 4-H office.** <https://extension2.missouri.edu/programs/missouri-4-h-foundation/scholarships>

**West Central Electric:** WCE offers three scholarship programs to graduating seniors in our service area. The **John and Kathryn English Scholarship Trust** is a renewable scholarship given to seniors active in 4-H. Scholarship amounts depend on the current status of the trust fund. Applications are **due on or before February 22, 2019**. This year up to 20 high school seniors will receive the **WCE Scholarship** of \$500. Applications are due **on or before March 15, 2019**. The **WCE and Lynn State Technical College Electrical Distribution System Scholarship Program** provides for students a two-year scholarship in a quality college training program, a two-year college degree, and on-the-job training. Applications are **due on or before April 1, 2019**. For more information and applications contact the Extension Center or <http://westcentralelectric.com/> under youth programs.

**FCS Financial:** FCS Financial believes in the future of our next generation. For that reason, the Board of Directors began the FCS Financial Scholarship Program in 2004 to support higher education for children or grandchildren of FCS customers. Each year up to 35 scholarships in the amount of \$1,500 each are provided to eligible Missouri high school seniors. Since its inception, more than \$412,000 has been awarded through the scholarship program. For more information or to apply go to <https://www.myfcsfinancial.com/about-us/scholarships> Applications are due **March 1, 2019**.

**America's Farmers Grow Ag Leaders:** Every year, Grow Ag Leaders awards more than \$500,000 in scholarships to students studying in ag-related fields. In 2019, more than 350 scholarships totaling more than \$500,000 will be awarded across the U.S. The opportunities in agriculture are limitless. Grow Ag Leaders encourages high school seniors to college juniors to apply for a \$1,500 scholarship to support their higher education in ag-related fields of study. For details and the application go to: <https://www.americasfarmers.com/grow-ag-leaders/> Applications are due **February 1, 2019**.



## Recipe for Disaster—NOT

See page 22 for submission form

Pettis County 4-H needs your help! Our 4-H Council has decided to assemble and sell a self produced cookbook as a fundraiser for our Pettis County 4-H SPIN Club Program.

We are looking for submissions of all types of recipes to fill our cookbook. Our cookbook will feature recipe categories as follows:

\*Appetizers, Relishes, & Pickles \*Vegetables \*Breads, Rolls, & Pastries \*Meats & Main Dishes  
\*Cakes, Cookies, & Desert \*Soups, Salads, & Sauces \*Beverages, Microwave, & Miscellaneous

Please complete the Recipe Submission Form and return no later than June 1, 2019, to be included in this edition of our cookbook.

Cookbooks will be available for purchase in the fall. Funds raised will go to support the Pettis County 4-H SPIN Club Program.

After the cookbook is completed, we will offer a new 4-H SPIN Club, entitled "Taste Testing Kitchen," where our youth will have the opportunity to learn cooking skills and taste test many of the cookbook's recipes!

Did we mention we are also searching for a SPIN Club volunteer to lead this ready made venture



University of Missouri  
Pettis County  
Extension Office  
1012-A Thompson Blvd  
Sedalia, MO 65301

Phone: 660-827-0591  
Fax: 660-827-4888  
Email:  
pettisco@missouri.edu

▶ "To make the best better"

[http://  
extension.missouri.edu  
/pettis](http://extension.missouri.edu/pettis)



If you would like to give a donation to the Pettis County 4-H Foundation in honor or memory of someone, please call the office at 660-827-0591 or complete the attachment below.

**PETTIS COUNTY 4-H FOUNDATION  
1012-A Thompson Blvd., Sedalia MO 65301**

Name of person in Honor (person still living)  
\_\_\_\_\_

Name of person in Memory (person deceased)  
\_\_\_\_\_

Amount of Donation \_\_\_\_\_ Donor Name \_\_\_\_\_

Donor Address \_\_\_\_\_  
\_\_\_\_\_



## Pettis County Extension Council

Council Members Impact Lives, Businesses and Communities. MU Extension's role is to make university research available to Missourians. Council members assist with that mission.



The Pettis County Extension Council works with the extension faculty and staff to:

- Advocate for MU Extension
- Identify local needs and issues
- Assist with activities and programming such as 4-H
- Assess program impacts and make recommendations
- Help manage local extension finances

Are you ready to serve your Community? Please contact the Pettis County Extension Office.

Did you know that the Pettis County Council meets the first Tuesday of the month at 7:00 p.m. in the CEO (County Extension Office)? Did you know that the meetings are public? Please come join us!



# Save the Date: Saturday, March 2nd, 2019 (tickets are on sale now)

Every March the Pettis County Extension hosts a Dinner and Silent Auction to support the programs of the Extension Office. Without the fundraising efforts of the Pettis County Extension Council we would not have the support for our programs, such as, 4-H Staff, Sherol or our meeting space.

Please consider donating baked goods, 4-H Projects or a service from a family business.

Last year we had some beautiful bird houses and feeders donated by a 4-H Family we also had a couple of photographs donated by a 4-H Photographer. Please call or e-mail Blake for ideas.

Most importantly buy a ticket for dinner and COME and eat with us.

Your support is greatly appreciated.!!!

UNIVERSITY OF MISSOURI  
**Extension** **Pettis County Extension**  
**8<sup>th</sup> Annual**

## **Dinner & Auction**

**Silent Auction ends @ 6:30 p.m. & Live Auction begins @ 7 p.m.**

**Sat, March 2, 2019**

**4:30 – 7:00 p.m.**

**Our Savior Lutheran**

**3700 W Broadway - Sedalia**



**Adult: \$8 in advance/\$10 at door**  
**Child(age 5-10): \$4 in advance/\$5 at door**

**~ ~ ~ Menu ~ ~ ~**



**Ham/Brisket**  
**Cheesy Potatoes**  
**Green Beans/Corn**

**Salad**  
**Roll**  
**Dessert**

***Proceeds to support ALL Pettis  
County Extension Programs***

**For tickets: Pettis County Extension Office**  
**1012A Thompson, Sedalia**  
**660-827-0591**

**MARCH**  
  
**INTO EXTENSION!**

**Election opens Jan 3, 2018 and closes at 3:00 PM on Jan 17, 2018**

**Purpose**

University of Missouri Extension offers educational programs addressing high-priorities in four broad areas: Agriculture and environment, Business and community, Health and safety, Youth and families. The Pettis County Extension Council is comprised of elected and appointed citizens who guide the local program. County Council members: 1) work with regional specialists to provide the educational program, 2) manage finances of the local extension operations, 3) provide personnel to carry out extension activities and 4) ensure organization of the local extension council. Council elections are conducted according to Missouri Revised statutes §262.577-262.603.

**Voter Eligibility**

All Pettis County residents of voting age (18 years or older) are eligible to vote, and vote one time in the County Extension Council election. The voting district is the entire area within Pettis County.

**How to Vote this Paper Ballot**

Vote by placing an X in the box below next to the candidate's name. You may vote for 1 to 7 candidates. Ballot must be certified by your signature below. Return your certified ballot to any of the locations listed below by 3:00 PM, January 17, 2018. See biographical information on reverse side.

- |   |   |   |  |
|---|---|---|--|
| <input type="checkbox"/> Dana Binder    | <input type="checkbox"/> Ken Danko      | <input type="checkbox"/> Kevin Gibbs      | <input type="checkbox"/> Matt Kahrs    |
| <input type="checkbox"/> Jane Henderson | <input type="checkbox"/> Josh Linderman | <input type="checkbox"/> Stacey Luttrell  | <input type="checkbox"/> Deanna Nelson |
| <input type="checkbox"/> Kevin Shireman | <input type="checkbox"/> Gretchen Sims  | <input type="checkbox"/> David Von Holten |  |

**Online Ballot Alternative**

An alternative to this paper ballot is to use the online ballot located at <http://extension.missouri.edu/pettis>

**Ballot Box Locations**

Pettis County Extension Center, 1012A Thompson Blvd., Sedalia | Pettis County Courthouse—County Clerk office | Boonslick Regional Library, Sedalia | MFA Agri-Service, Sedalia | Sedalia City Municipal Bldg. | Pettis County Soil & Water District | Green Ridge R-8 school—main entrance lobby | LaMonte Ag Co-op | Pettis County R-5 Northwest School—south main entrance, Hughesville | Smithton R-6 High School—west entrance from Myrtle Ave.

**Certification**

Ballots must have a signature and address to be counted. The signature block will be removed to protect privacy.

I certify that I am an eligible voter of Pettis County, 18 years or older, and I personally voted this ballot.

Signature \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_

For questions, please contact the Pettis County Extension Center, 660-827-0591 or [pettisco@missouri.edu](mailto:pettisco@missouri.edu).

Election results will be posted at <http://extension.missouri.edu/pettis>

## BIOGRAPHICAL INFORMATION 2019

**DANA BINDER** - Dana Binder is a lifelong resident of Pettis County. She and husband Fred reside on the family farm near Green Ridge. Their children, Fred and Jessica were active 4-H members both on the local and state level. Dana served many years as a project leader and club leader for the Manila 4-H club. She is a former member of the Pettis County Extension Council and the West Central Region Extension Council and has held offices on both councils. Currently, Dana is a member of the Pettis County 4-H Foundation, Green Ridge Chamber of Commerce, and the Pettis County Farm Bureau.

**KENNETH DANKO** – Ken is recently retired but has a lot to keep him busy. He and his wife, Marilyn, she is a Master Gardener, live on the farm in Hughesville. They have horses and adopt large canines. Ken enjoys teaching, woodworking and fishing. Ken Danko always supports Master Gardener activities such as, attending meetings and participating in the fundraisers. Ken also attends and helps 4-Hers with the preparation of project materials. Ken is a member of the Radio Control Club, Harley Owners Group, American Legion and is Board of Director and member of a KC based church. Supports Toys for Tots and March of Dimes.

**KEVIN GIBBS** - Is currently employed by Tyson Foods. He was in 4-H as a child. Parent of former 4-Hers. Attended/participated in trainings provided by Extension Office. Served on Chamber of Commerce-Ag committee, chairperson of Ag show. An elder and served on Board of Education at St Paul's Lutheran Church, past Sunday school and youth group leader.

**JANE HENDERSON** – After working for 5 years as a Nutritional Program Associate with Extension, Jane has retired. She is a member of Mt. Herman Baptist Church where she serves as treasurer and a Sunday School Teacher.

**MATT KAHRS** – Matt is married to Brittney Kahrs and they have 2 boys - Jackson 6, and Bennett 3. Matt Kahrs has sat on the extension council as a member, served as the Treasurer and the Chairman. He participated in all fundraising activities and committees while on the council. He has also acted as Pettis County Athletic Ambassador for extension after his time on council. Matt Kahrs continues to support extension and 4-H at local events and fund-raisers. Been privileged to volunteer for the Pettis County Jr. Livestock Show and Auction. Member of 1 Million Cups community organizer board, member of Missouri Cattlemen's Assoc., active in support of local and state 4-H and FFA programs, active supporter of Central Missouri Ag Club.

**JOSH LINDERMAN** – Josh Linderman is the Branch Manager for Ag Coop Services in Sedalia. He recently married Victoria, the Pettis County sewing leader. Josh has attended and bid on animals at the Jr. Livestock Auction for the last 6 years and he has attended the Pie Auction. He has made multiple donations to 4-H and other community events.

**STACEY LUTTRELL** – Stacey Luttrell is a Poultry Producer for Tyson. Stacey is married to Heather and they have 3 children, Stacia, Cole and Kiersten. The entire family is active in 4-H. Stacey is a member of the Pettis County Junior Livestock Committee.

**DEANNA NELSON** – Deanna Nelson is a wife, mother and optometrist with LensCrafters. She is married to Richard and they have two sons; Robert and Reed. As a youth Deanna was involved with Brown 4-H Club where she worked in the MO State Fair 4-H Building. Later in life her boys participated with the same club. Deanna is currently serving as Vice-Chair of the Pettis County Council. Deanna is a member of Mt. Herman Baptist Church where she teaches the youth Sunday school, participates with the special music programs and helps with vacation bible school. Deanna has been on the Children's Therapy Center board from 2008 to 2016. She is a member of the Model A Club. Deanna helps her husband with Noon Day Optimist. She is also a supporter of Birth-right and Vitae Society projects in Pettis County.

**KEVIN SHIREMAN** - Kevin Shireman is a husband, father and owner of Shireman Seeds LLC. He is married to his wife, Lora and they have three sons; Taylor, Wyatt and Drake. The Shireman family is actively involved in 4-H. All of the boys show swine and participate in other activities. Kevin has been a buyer at the sale of champions and strong supporter of youth in agriculture. Kevin is on the board of PWSD#1. He has been a sponsor of Central Missouri Ag Banquet and 4-H Junior Livestock Show. Kevin is a strong supporter in his community anything that promotes Agriculture and the future of our youth.

**GRETCHEN SIMS** - Gretchen Sims is a wife and mother who has lived in Pettis County her entire life and currently farms. She has been married to her husband Tim for 34 years and together they have one son, Benjamin. Gretchen was in 4-H as a youth. She presently serves as a 4-H Project Leader. She also is a member of the Pettis County Livestock Committee, currently serves as the Pettis County Dairy Goat Superintendent and as the Missouri State Fair Dairy Goat Superintendent. Gretchen Sims has previously served as a member of the Pettis County Extension Council.

**DAVID VON HOLTEN** - David Von Holten has been married to Brandy Von Holten for 13 years. David is self-employed at Von Holten Ranch – Trail Riding Facility located in Mora, MO. He has just started working with 4-H. He is active with the Military Affairs Committee providing support for Airmen in the State of Missouri. He also is a member of the Base Community Council (BCC) through Sedalia area Chamber of Commerce and Windsor Chamber of Commerce. He is a board member of Country Tough Trail Versatility. David also is a member and Auditor for the Lake Cree Fire Department.

# West Central

# 2019

Something for  
Everyone!!

Workshops will be  
offered for  
youth and adults.



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### Community Service Opportunity

Help us get started early! Get involved!  
Help fight hunger across Missouri!

**1 Million Meals!**

**That's our Goal!**

From February 1-28, 4-H'ers across Missouri will partner with Feeding Missouri in a friendly service competition.

Workshops include:

- ◆ Food preservation
- ◆ Canvas Painting
- ◆ Land Surveying Careers
- ◆ Sheep 101
- ◆ Ham/Bacon Curing
- ◆ Healthy Ways to Fuel Body
- ◆ Making Your Way to Payday
- ◆ Livestock Nutrition/ Reproduction
- ◆ Plant ID's
- ◆ Turning One Plant into Many
- ◆ Shooting Sports Opportunities
- ◆ 4-H Online Questions and Answers
- ◆ Planting Flowers

And Many, Many More!

## January 26, 2019

### Clinton Middle School

600 E Clinton St, Clinton, Mo 64733

9:00am– 3:00pm

Pre-Registration: \$10/person (includes lunch)  
by January 11

Day of Registration: 9 -9:30 am  
\$15/person (lunch not guaranteed)

Forms available at your local  
Extension Office or from your Club Leader





# WEST CENTRAL REGIONAL ENERGIZER

## SATURDAY, JANUARY 26, 2019

Clinton Middle School, 600 E Clinton St, Clinton, Mo 64733  
Pre-Registration: \$10/person (includes lunch) Due January 11  
Day of Event Registration: \$15/person (lunch NOT included)



**There will be no refunds on registration regardless of weather.**

Name: \_\_\_\_\_ 4-H Club: \_\_\_\_\_

Address: \_\_\_\_\_ County: **PETTIS**

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

*Please Circle As Many As Apply, For Youth Please Indicate Grade Level*

<b>Volunteer:</b>	Club Leader	<b>Youth:</b>	4-H	<b>Grade Level:</b> _____
	Project Leader		FFA	
	Parent		Clover Kid	

### Community Service Project Opportunity:

West Central Regional 4-H invites you to participate in collecting and bringing personal care items to be dispersed to the Veteran's Home in Warrensburg. **Wish List**

Deodorant stick, Shaving Cream, Shampoo, Conditioner, Dental Floss, Body Wash, Body Spray, Book of Stamps, etc.

### Demographic Information

**Race:**

- American Indian or Alaskan Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White
- Two or More Races
- Some Other Race
- Unknown

**Gender:**

- Male
- Female

**Disability:** Do you consider yourself a person with a disability?

Yes  No

### Ethnicity:

Are You Hispanic/Latino  Yes  No

### Do you have special dietary considerations?

Yes \_\_\_\_\_

No

**Reservations are due to the Pettis County Extension office by Friday, January 11, 2019**  
**Checks can be made payable to Pettis County 4-H Council and mailed to 1012A Thompson Blvd Sedalia, Mo 65301**

# Recipe Submission Form

Recipe submission form for the INSERT COOKBOOK NAME HERE by Pettis County 4-H to benefit Pettis County 4-H SPIN Clubs! Anyone can submit recipes for the cookbook. There is no limit on the number of recipe submissions.

*Recipe categories are as follows:*

\*Appetizers, Relishes, & Pickles

\*Vegetables

\*Beverages, Microwave, & Miscellaneous

\*Soups, Salads, & Sauces

\*Breads, Rolls, & Pastries

\*Meats & Main Dishes

\*Cakes, Cookies, & Desert

Your recipe will be printed directly from this form. Please print clearly or type your recipe and make sure it is complete and as you want it to appear in the cookbook. Photocopied recipes attached to this form will also be accepted.

**Recipe Contributor:** \_\_\_\_\_ **Affiliation:** \_\_\_\_\_

*(4-H Club Name, Extension Title, Etc.)*

**Recipe Title:** \_\_\_\_\_ **Serves:** \_\_\_\_\_

**Ingredients:** \_\_\_\_\_





\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Instructions, cooking time, and temperature:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*(Continue on additional sheet of paper if needed)*

# January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b>  Happy New Year Office Closed	<b>2</b>	<b>3</b>	<b>4</b> Scrapbooking 6:00 p.m.	<b>5</b>
				Extension Council Elections Start →		
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b> Energizer Registrations DUE	<b>12</b> Clover Sprouts 10:00 a.m.
						→
<b>13</b>	<b>14</b> Jr. Livestock Committee 7:00 p.m.	<b>15</b>	<b>16</b>	<b>17</b> Pre Game 5:30 p.m. 4-H Council 7:00 p.m.	<b>18</b>	<b>19</b>  Photography 9a.m.  Rabbits 9:00a.m.  Central MoAg Club Pie Auction 4:00p.m.
			Extension Council Election Ends 3:00 p.m. →			
<b>20</b>	<b>21</b> Martin Luther King Day - Office Closed	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> WC Energizer in Clinton 9:00 a.m.
<b>27</b>	<b>28</b> COC 6:00 CWF - El Tap 5:00—7:00 pm	<b>29</b> Exec. Council 5:15 p.m. Shooting Sports Instructors 6:30pm	<b>30</b>	<b>31</b>	<b>READY SET, GO</b> 