



April 2019

Volume 2, Issue 4

April 1, 2019

Pettis County Connection 4-H News

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What happens when two Clover Kids get lost in the woods?

Well, they put what they have learned in their 4-H meetings to work. The first weekend of March 2019, 8-year-old Leia and 5-year-old Car-

oline Carrico followed a deer trail and wandered away from their home in Humboldt County, California. The girls soon realized they were lost. They did not recognize any of the paths or trees that they had seen before when their parents were with them.

Thanks to 4-H, the Carrico sisters knew how to stay hydrated by licking moisture off leaves. They also sought shelter under the thick huckleberry brambles and stayed in place as soon as they realized they were lost. They stayed there until they were found. 44 hours later.

The girls are safe and sound and have an exciting adventure to tell.

Just Stop!

- **Stop:** Stop, stay calm, don't panic. Don't rush off in the wrong direction before you've had a think about how to get back.
- **Think:** Retrace your steps in your head and make a good plan. Don't move anywhere unless you have a good reason to move. If you're unsure, just stay put.
- **Observe:** Get out your map and compass or GPS and figure out which direction you need to go. Don't wander aimlessly or go off trail. Don't have one of those. Just stay put.
- **Plan:** Think through a plan to get back to the trail or trailhead. If you're not confident, or if you're injured, just stay put.



I was always told to STOP and Hug a tree.

Points of Interest:

Read about Sunshine on page 16.

Monarch Mini-Grants on page 13.

4-H Council

County Council meeting March 22, 2019

The meeting was called to order by president Kailee. Roll call was taken Madalyn, she also gave a report over the Ringen Brushy upcoming community service project for the month. Kailee gave a report over upcoming fundraisers and a bake sale the Eagles club. The minutes were not available at the time of the meeting. The treasures report was given, there was a motion to approve the minutes and it was then seconded.

Old business

There were several reports given over events that have happened since our last meeting. Pettis

county council is helping the Sedalia Parks and Recreation stuff eggs for their annual Easter egg hunt those dates are Friday April 5th and Monday April 8th from 5-8 we would love to have help with this community service. The Easter egg hunt is on April 13th. Clover kid day camp is Saturday April 6th registration is open online. Camper applications for early bird are due by April 19th. The 4-H SPIN club is still accepting recipe submissions and they would appreciate any that you can send in. There is a free swimming pool party on Wednesday July 24, from 6-9pm at Liberty pool.

New business

The council has talked about changing the reimbursement policy and how much money the council will help pay for trips. The reimbursement policy was changed and everyone will be required to pay for all trips in full and the county will reimburse you after the trip has happened. This will now allow you to pay for things with a credit card. County will not pay more than 50% of trips and will not pay more than \$80. Kids going to camp and CWF trip will be different from this rule. People who needed help paying for the that whole trip will be required to do community service hours in order to receive the money. For every hour an individual works it will pay for \$10 towards your trip. There will be a sign off

Clover Kids

Painted Flowerpot

Materials (per child)

- Unglazed clay (terracotta) flowerpot
- Acrylic paint
- Paintbrushes
- Optional - pack of flower seeds or a young plant and potting soil
- Optional - cellophane and ribbon to wrap the plant pot and plant

Directions

Using acrylic paints, each child decorates a clay plant pot. Butterflies, flowers, geometric shapes, or polka pots are decorations to consider. Let dry completely.

Optional: Children can fill the plant pot with potting soil and plant the seed of a fast growing flower (i.e., Marigold) or put in a small plant. Wrap with cellophane and tie with a ribbon.



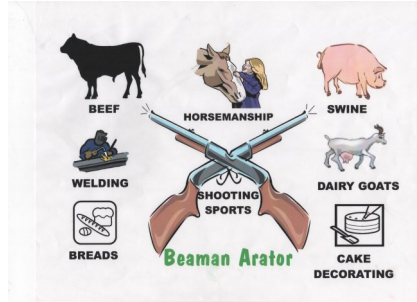
Beaman Arator 4-H Club

Club Secretary send your meeting minutes to Sherol at

bores@missouri.edu

The only exhibitor you should try to be better than...

Is the exhibitor you were yesterday!



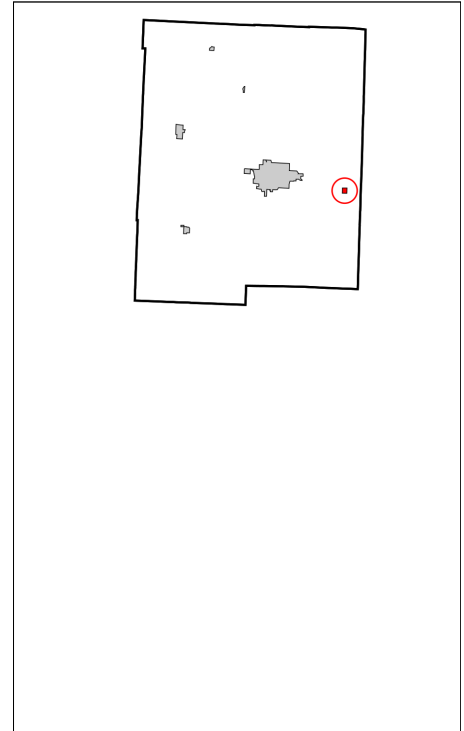
Brown 4-H Club



County Liners 4-H Club

Did you make some images at your meeting then please

E-mail your report to Sherol
boeses.missouri.edu



Dresden 4-H Club

For membership roll call, "What is your favorite candy bar?"

Dresden 4-H Club held their meeting, Sunday, March 17, 2019 at the LaMonte United Methodist Church. The meeting was called to order by Theo Rieckhoff, president, at 5:04 p.m. with twelve members, six guests and two leader present.

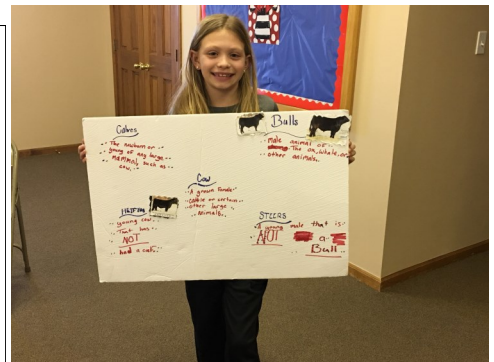
American and 4-H pledges were led by Reagan and Rhett Sneed.

February 24, 2019 minutes were read by Peyton Bruner, parliamentary, and approved as read. Treasurer's report was given by Cole Cave, vice-president, and approved as presented.

Under Old Business: Dresden Club placed first in food items and money donated for the Pettis County 4-H Feeding Missouri Food Drive service project. Every-

one was thanked for their part with this service project. A special thanks to all who donated to the Pettis County Extension Council Fundraiser which helps fund 4-H and other programs that Extension does.

Under New Business: Nan Hutcheson, Pettis's YPA, resigned from her position as of March 22, 2019. We wish her well and thank her for all she has done for us. Eli Dehan made a motion to collect books for a service project for 2019-2020 4-H year so we can watch for book sales and take part in Boonslick Library book donations/sales this spring and fall. Seconded by Laney Pace. Motion passed. Project meetings that 4-H'ers attended were discussed: Laney Pace & Tinlee Jones (Beef),



Eli Dehan (Dog), and Theo and Shane Rieckhoff (Shooting Sports).

Announcements were read about different county project meeting times and other events 4-H'ers can attend with their deadline dates.

Next meeting, April 14, 2019 at 5:00 pm at LaMonte Methodist Church. Cole Cave will bring Healthy

Continued on page 5

Eagle 4-H Club

The Eagle 4-H club met at the Boonslick Regional Library on Wednesday, March 6th, at 2:00pm.

Secretary Abigale called the roll. Members responded with their favorite 4-H project when she called their names. There were ten members and four clover kids present. Then she read the minutes.

Sunshine officer Isaiah gave Abigale and Zoe birthday cards. Everyone singed another birthday card for Isaiah. Then they sang happy birthday.

Health officer Jacob announced the goal for March: take a walk with a buddy at least once a

week.

President Kailee talked about the spin club: "The Sky's the Limit." It involves making and flying your own kite. It starts March 14th and lasts four weeks.

Pettis County council is making a cookbook. Fill out a form and return to the Extension Office by June 1st.

Registration deadline for 4-H camp is April 19th.

The club decided to do roller skating instead of ice skating for their recreation goal.

There will be a garage sale on Saturday March 23d at the Ex-

tension Office to fund CWF.

In April The Eagle 4-H club wants to have a bake sale at Orschlen's and Liberty Park. Kailee will head the committee. The money will help her go to CWF.

After the meeting was adjourned, they played a game called "The Human Knot." Then they had a snack and went home.

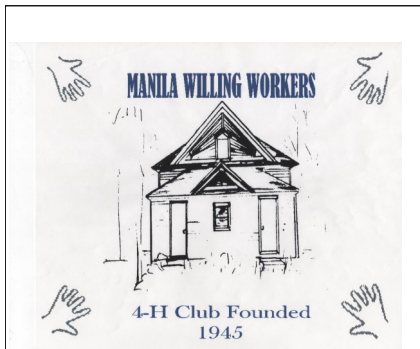
Reporter: Corina Rider



Manila 4-H Club

Austin Hawkins opened the meeting, Megan Rice lead pledges. Discussed livestock and SMQUA. Camp sign ups/ mid April. Ava Burkhalter and Megan Rice gave project reports on quilting and showed their table runners they have been working on.

Next meeting April 14th at 5pm. Respectfully submitted, Kaley Burkhalter



Dresden 4-H Club

(continued from page 4)

Snacks/Drink and do a demonstration.

Tinlee Jones did a demonstration on the "Differences between heifers, bulls, and steers".

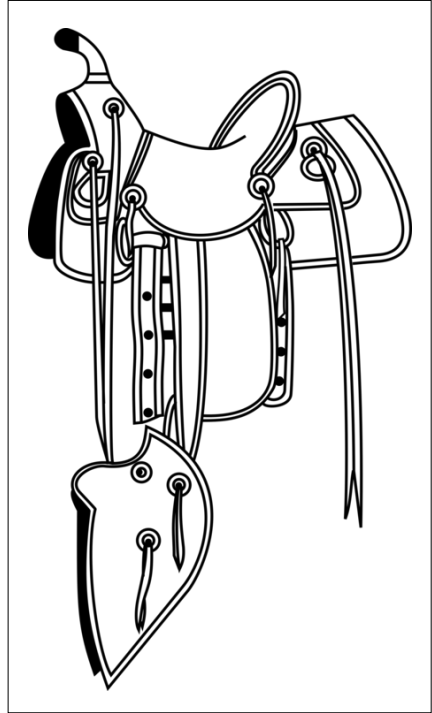
Hadley Bruner made a motion to adjourn the meeting, seconded by Reagan. Meeting adjourned.

Respectfully submitted,
Eli Dehan, Dresden 4-H Club Reporter

Muddy Creek Saddle 4-H Club

Please send minutes to Sherol
bores@missouri.edu

Where is the jockey?



Prairie Ridge 4-H Club

E-mail your report to Sherol
bores@missouri.edu



Ringgen Brushy 4-H Club

The meeting was called to order by president Summer K.

Zack C. lead the pledges. Roll call was taken and 35 members where present. the clover kids where dismissed.

The secretary minutes where read and approved as read.

The treasures report was read and approved as read.

We had a guest speaker Lisa Chapman. She talked to the club about succulent flowers.

Grant A. did a demonstration on his Lego creations. Buzz H. did

a brown bag demonstration on how to measure flower.

Kiersten L., Buzz H. with Grant A, and Chase S. will do a demonstration at our next meeting.

Buzz gave a report on wood-working. Hanna gave a report on county wide poultry.

The service project for our next meeting will be a gift bag for the Open Door Food Pantry, please bring cake icing, sprinkles, and candles to the next meeting.

We discussed Achievement days. Zack C. made amotion to

have the June meeting as a end of the year celebration . The Officers will be elected in May.

Zack C. made a motion to adjourn the meeting and Kole K. 2nd the a motion.

The next meeting will be on April 10,2019

Respectively submitted, Chase Stone.

Show-Me Horse 4-H Club

Remember to get your news in.

Sherol bores@missouri.edu



Van Natta 4-H Club

3/10/19

Meeting was called to order at 4:35 by President, Trent Scotten. Pledges were recited.

Secretary's report was read by Gage DeVorss.

Treasurer's report was read by Gabe Burkhalter.

Old Business- None

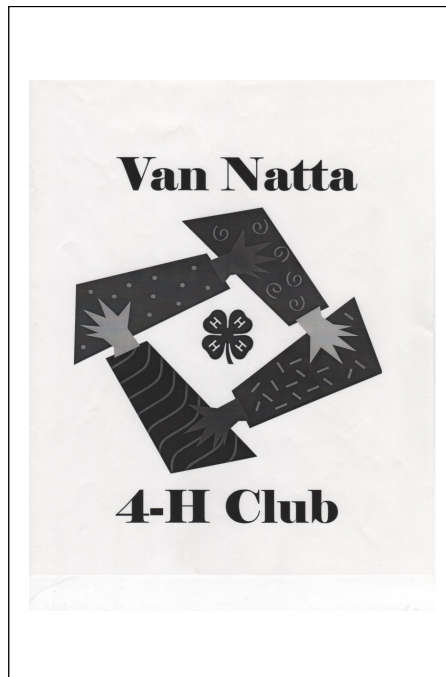
New Business- Upcoming 4-H Camp was brought up. Please have registration done by April 19 for early bird price and by April 26 for regular price. 4-H Day with the Cardinals is on May 11. Gave out registration forms for anyone interested.

Read upcoming Shooting Sports dates. Reminded everyone of the Green Ridge Park Egg Hunt next month. We will fill our eggs at our next meeting.

Had guest speaker, Lonnie DeVorss, RN at Golden Valley Hospital ICU talk to the group about the correct way to wash our hands and demonstrate CPR in an emergency.

Stetson Mahin brought in his model plane he made in Aerospace and showed how far it could fly.

Gabe made a motion to adjourn meeting, Kensey DeVorss 2nd. Meeting was adjourned at 5:50



Spring Paper Clover Campaign

The **Spring 2019 Paper Clover Campaign** is coming **March 27 – April 7, 2019**. As many of you know, this is a wonderful opportunity for 4-H clubs to partner with their local Tractor Supply Co. stores to hold in-store fundraising events. Last spring, participating clubs raised \$11,134 for 4-H in Missouri counties. Nationally the program raised over a million dollars for 4-H'ers across the country!



New this year, the top five states that increase their funds (based on % increase over last Spring) will be awarded an additional \$2000 to go towards their state 4-H Programs!

Following the Paper Clover promotion, 90% of the funds go back to the State 4-H program, of which 80% will be disbursed to the counties. **The funds need to be used for scholarship support for 4-H'ers to attend camps or other leadership activities. This can include ambassador trainings, 4-H Teen conferences, Legislative Academy, and several other leadership opportunities. Ribbons and supplies may no longer be purchased with the funds. Be sure to let the office know the date and times of your participation at Tractor Supply. If we do not know that you participated, then we can not pass the bucks down to your club.**

County Council continued from page 2

sheet required to be signed by the adult you did the hours with and there will be a list provided of different places that the community service hours can be done at. The tractor supply money will be held at the county council and when a leader would like to use that money they will have to talk to Blake and let him know exactly what they are using it for before he will allow the money to be used. There was a motion made by Abigail for these changes and Ella seconded the motion. The motion passed all changes made will be in effect on October 1st at the begging of the new year.

The council talked about having a county family book. This book would include a few of the following and more, it will have all the policies including the new policies, activity or event dates, talk about everyone's role in the county, include information regarding scholarships and awards that are available, and talk about the recognition banquet. there was a committee formed to help with the process of the new county family handbook. The Rick Ball Ford fundraiser is Saturday May 4th with more details to be announced. Tractor supply clovers dates are March 27th - April 7th. State 4H Congress is May 29th - 31st the deadline to

sign up is April 15th.

Health Report

The health officer gave a report over sunshine and that you should try to get 20-30 minutes of it every day. The sun has vitamin D and it's very important for your health.

President Kailee called for a motion to adjourn the meeting Shelbi made a motion to adjourn the meeting and Mallory seconded the motion Meeting was adjourned.

County Council Secretary,
Madalyn Amos

Heits Point 4-H Camp



IMPORTANT INFORMATION to read - Please chose PAY BY CHECK

As of 2019, University of Missouri is requiring the use of online registrations, creating service fees and credit card fees thus causing our fees to rise. To keep fees at the lowest possible minimum it is very important to select pay by check and pay cash or check at the office level. Most of our Registrations will be done via

4

-HOnline.

If you have a voucher to use, wish to take advantage of the Early Bird Special, or use the discount that 4-H Council offers then it is very important that you select and pay by check. You must bring your payment, cash or checks made out to Pettis County 4-H Council to the office. If you pay by credit card then you will be paying the entire fee and we will have no way to reimburse you.

Registration is open on 4-HOnline.

Camper Early Bird Registration **DEADLINE** is **APRIL 19, 2018**

Fee: \$110.00

4-H Council Discount Fee: \$90.00

April 20 to April 26 **Fee: \$130.00**

Register first then pay the office by cash or check in a timely fashion (within a few days).

Pay attention to Deadlines.

Camp is June 3, 2019 - June 6, 2019

Camp Counselor Training

Part 2 April 27, 2019

9:00 a.m. to 2 p.m. at the Saline County Fairgrounds, Marshall

State 4-H Congress Registration

Registration ends April 15
late registrations will not be accepted.

May 29-31, 2019



[Youth Civic Leaders Summit \(YCLS\)](#)

[National 4-H Conference](#)

[Hunting & Outdoor Skills Leader Certification Workshop](#)

[State 4-H Robotics Conference](#)

[Horsebowl](#)

[Hippology](#)

[Western Heritage Leader Workshop](#)

[4-H Day with the Cardinals](#)

[Missouri 4-H Equine Tour](#)

[State 4-H Congress](#)

[Sportsfishing](#)

[Clover Classic \(Golf Tournament\)](#)

[State Poultry Day](#)

[Public Speaking Academy](#)

[Kids & K9 Camp](#)

[Citizen Washington Focus Trip](#)

[Shooting Sports Nationals](#)

[Summers@Mizzou](#)

[Youth Futures Conference](#)

[FilmFest](#)

[Missouri State Fair](#)

Shooting Sports Day at the State Fair

Dairy Judging Contest (during the State Fair)

[State Skeet Shoot](#)

[State Trap Shoot](#)

[State Archery 300](#)

[Western Heritage State Shoot](#)

[State Shoot](#)

State Livestock Judging Contest

State 4-H Public Speaking Contest

State Fashion Revue

[Fall Shooting Sports Leader Certification Workshop @ El Dorado Springs](#)

Rescheduled for April 5-7, 2019

April 6-11, 2019

April 12-14, 2019

April 13, 2019

April 27, 2019

April 28, 2019

May 3-5, 2019

May 11, 2019

May 20-27, 2019

SEE Above

June, 1, 2019 *Tentative*

June 4, 2019

June 8, 2019

June 12-13, 2019

June 20-22, 2019

June 22-July 1, 2019

June 23-28, 2019

July 14-18, 2019

July 15-18, 2019

Aug 3-7, 2019

Aug 8-18, 2019

Aug 10, 2019

Aug 17, 2019

Aug 17, 2019

Aug 24, 2019

Aug 24 & 25, 2019

Sept 7-8 *Tentative*

Sept 21-22, 2019

Oct 4-6, 2019



Pettis County 4-H T-Shirts

\$10.00 Get 'em while they last

JOANN stores are helping 4-H bring more hands-on programs to local communities across the nation to inspire kids to lead lives with their heads, hands, and hearts. Between March 1 – April 30, 2019 visit your local JOANN store and purchase a clover tear away at the register for either \$1 or \$4. More information coming soon.



Looking Ahead a Month or Two

Jr. Livestock Meeting	Apr 1
Pettis County Extension Council	Apr 2
Sewing Project	Apr 4
Pettis County 4-H Foundation	Apr 4
Clover Kid Day Camp	Apr 6
Egg Stuffing (Community Srvs)	Apr 8
UM Science on Wheels	Apr 11
Sewing Project	Apr 12
Scrapbooking	Apr 12
Clover Sprouts	Apr 13
Aerospace	Apr 13
Parks/Rec Easter Egg Hunt	Apr 13
DEADLINE —Camp Early Bird	Apr 19
Sewing Project	Apr 18
Pre-Game	Apr 18
Gardening	Apr 25

Photography	Apr 27
Aerospace	Apr 27
Horse Committee Meeting	Apr 30
Sewing Project	May 2
Scrapbooking	May 3
Pettis County Extension Council	May 7
Sewing Project	May 9
Clover Sprouts	May 10
DUE - DNA Cards to CEO	May 11
DUE - DNA Cards to StateFair	May 15
Pre Game	May 16
Gardening	May 23
Memorial Day - Office Closed	May 27
Pettis County Extension Council	June 4
Clover Sprouts	June 8

Missouri 4-H Project Horse Enrollment Form

Horse People, gather round!

The annual Horse Enrollment Form is due on **May 1, 2019**. This form is necessary for anyone showing in the Pettis County 4-H & FFA Horse Show, any other county's Horse Show and the Missouri State Fair 4-H Horse Show. Turn in the form to the Pettis County Extension Center with all necessary signatures, and have fun preparing for the upcoming horse shows this year.

Visit <http://extension.missouri.edu/pettis/documents/4h/Horse/HorseEnrollmentForm.pdf> .

Participants can use the fillable form, but still need signatures when turning in an electronic form. Contact us with any questions! 660-827-0591.



Jr. Livestock News

DNA Cards are in the Extension Office \$3.00 each - Return them here by May 11th.

Get them at the State Fairgrounds for the same price but return (May 15th) them to the State Fair.

Swine Ear Notch form is on the Pettis County 4-H webpage. They are due May 15th to this office.

[Jr. Livestock Show](#)



To all the Pettis County 4-H Families for donating all of the deliciousness to the Pettis County Extension Fundraiser on March 2nd. YUM!

Monarch and Pollinators Mini-grants

Find a space, grab a shovel, and become part of the effort to save the Monarch butterfly! Missouri 4-H is proud to continue Monarch Habitat Demonstration Project Mini-grants, a cooperative effort of Missouri Department of Conservation, *Grow Native!* retailers and Missouri 4-H; funded by the Missouri Conservation Heritage Foundation. This project provides \$50 mini-grants to 4-H Clubs or members across the state **to plant and maintain monarch habitat gardens on highly visible public properties** such as county courthouses, city parks, fairgrounds, school grounds, highway right-of-ways, etc.

4-H clubs/project leaders/members will be issued \$50 vouchers by the state 4-H office that can be redeemed at *GrowNative!* plant retailers covering up to ½ of the cost of landscape plantings **for each 100 square feet of habitat** (~the footprint of a large SUV). Some *GrowNative!* retailers offer additional discounts to 4-H Clubs. For program specifics, applications, and other materials visit: <http://4h.missouri.edu/monarchs>



Recipe for Disaster—NOT

Pettis County 4-H needs your help! Our 4-H Council has decided to assemble and sell a self-produced cookbook as a fundraiser for our Pettis County 4-H SPIN Club Program.

We are looking for submissions of all types of recipes to fill our cookbook. Our cookbook will feature recipe categories as follows:

***Appetizers, Relishes, & Pickles *Vegetables *Breads, Rolls, & Pastries *Meats & Main Dishes**
***Cakes, Cookies, & Desert *Soups, Salads, & Sauces *Beverages, Microwave, & Miscellaneous**

Please complete the Recipe Submission Form and return no later than June 1, 2019, to be included in this edition of our cookbook.

Cookbooks will be available for purchase in the fall. Funds raised will go to support the Pettis County 4-H SPIN Club Program.

After the cookbook is completed, we will offer a new 4-H SPIN Club, entitled “Taste Testing Kitchen,” where our youth will have the opportunity to learn cooking skills and taste test many of the cookbook’s recipes!

Did we mention we are also searching for a SPIN Club volunteer to lead this ready made venture 😁

Recipe Submission Form

Recipe submission form for the INSERT COOKBOOK NAME HERE by Pettis County 4-H to benefit Pettis County 4-H SPIN Clubs! Anyone can submit recipes for the cookbook. There is no limit on the number of recipe submissions.

Recipe categories are as follows:

***Appetizers, Relishes, & Pickles**

***Vegetables**

***Beverages, Microwave, & Miscellaneous**

***Soups, Salads, & Sauces**

***Breads, Rolls, & Pastries**

***Meats & Main Dishes**

***Cakes, Cookies, & Desert**

Your recipe will be printed directly from this form. Please print clearly or type your recipe and make sure it is complete and as you want it to appear in the cookbook. Photocopied recipes attached to this form will also be accepted.

Recipe Contributor: _____

Affiliation: _____

(4-H Club Name, Extension Title, Etc.)

Recipe Title: _____

Serves: _____

Ingredients: _____

Instructions, cooking time, and temperature:

(Continue on additional sheet of paper if needed)

University of Missouri
Pettis County
Extension Office
1012-A Thompson Blvd
Sedalia, MO 65301

Phone: 660-827-0591
Fax: 660-827-4888
Email:
pettisco@missouri.edu

▶ "To make the best better"

[http://
extension.missouri.edu
/pettis](http://extension.missouri.edu/pettis)



If you would like to give a donation to the Pettis County 4-H Foundation in honor or memory of someone, please call the office at 660-827-0591 or complete the attachment below.

**PETTIS COUNTY 4-H FOUNDATION
1012-A Thompson Blvd., Sedalia MO 65301**

Name of person in Honor (person still living)

Name of person in Memory (person deceased)

Amount of Donation _____ Donor Name _____

Donor Address _____

Pettis County Extension Council

Council Members Impact Lives, Businesses and Communities. MU Extension's role is to make university research available to Missourians. Council members assist with that mission.



The Pettis County Extension Council works with the extension faculty and staff to:

- Advocate for MU Extension
- Identify local needs and issues
- Assist with activities and programming such as 4-H
- Assess program impacts and make recommendations
- Help manage local extension finances

Are you ready to serve your Community? Please contact the Pettis County Extension Office.

Did you know that the Pettis County Council meets the first Tuesday of the month at 7:00 p.m. in the CEO (County Extension Office)? Did you know that the meetings are public? Please come join us!

Health Report: Springtime and Sunshine

by Alayna “Laney” Brosch, Pettis County 4-H Health Officer

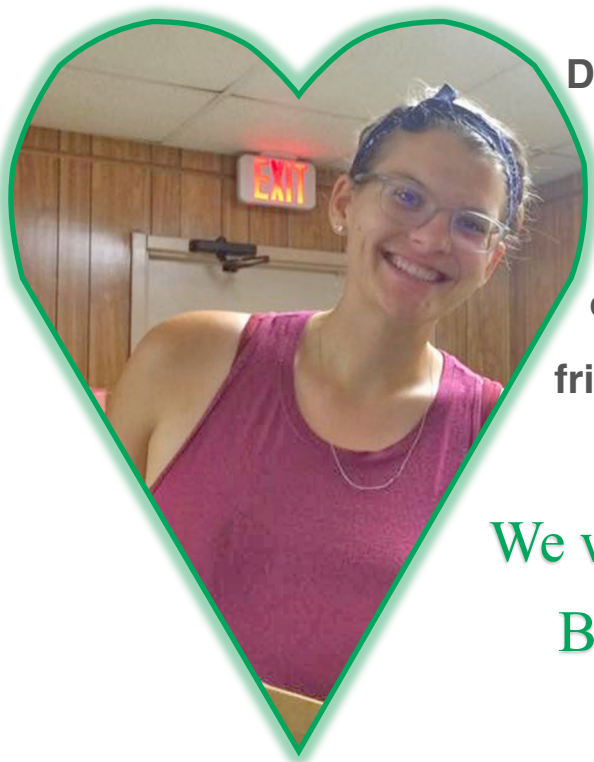
Being in the sunshine is fun but did you also know its good for you? Being in sunshine at least 20 to 30 minutes a day helps to activate Vitamin D levels in you body.

You might be wondering why Vitamin D is good for your boy. It helps keep up your immune system. Vitamin D helps your extract calcium out of the food you eat.

Calcium is important and it keeps your muscles and bones strong, protects you from gum disease and improves heart health. It can also boost brain function.

Low levels of Vitamin D have been linked to heart disease and dementia.

Your body is meant to be in the sun. And sunlight during the day is very important to your health.



Don't be dismayed at good-byes. A farewell is necessary before we can meet again and meeting again, after moments or a lifetime, is certain for those who are friends. ~ *Richard Bach*

**We will miss you around here, Nan.
But we will see you around.
Best wishes to you!**

I spied her around town just last week.



April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Jr. Livestock 7:00 p.m	2 Extension Council 7:00p.m.	3	4 Sewing 6:00 p.m. Large Conf Rm 4-H Foundation 5:00 p.m. Small Conf Rm	5	6 Clover Kid Day Camp 9:30 a.m. SSFC
7 Poultry 2 p.m.	8	9	10	11 UM Science on Wheels 6:00 p.m.	12 Scrapbooking 6:00 p.m. Sewing 6:00 p.m. Large Conf Rm	13 10::a.m. Clover Kids 10aam Easter Egg Hunt Liberty Park Aerospace 2-4 p.m.
14	15	16 6:00 p.m. MG Meeting	17	18 Sewing 6:00 p.m. Large Conf Rm Pre-Game 5:30pm	19	20
21 Poultry 2 p.m.	22	23	24	25 6:00 p.m. Gardening	26	27 Aerospace 2-4 p.m.
28	29	30 7:00p.m. Horse Committee Meeting				