## Reaching Out Report



#### February 2020 \* Vol. 13 Issue 2

Extension
University of Missouri

## **Council Meetings**

Monday, Jan. 27 at noon inside the Botanical Center. Lunch is provided by \$5. No guest speaker. Council review of specialists.

Monday, Feb. 10: Mizzou Founders Day and County Extension Annual Meeting, 6 p.m. at Relics Event Center, Springfield. \$10 per person. Registration online required.

Monday, Feb. 24: at noon inside the Botanical Center. Lunch is provided by \$5. Election of officers. Guest speaker: David Burton on the "Art of Neighboring."

**Dual Council Meeting:** Tuesday,
April 21. TBA

#### **KOLR-10 Spots**

Extension specialists are on KOLR-TV10 mid-day TV show as follows:

Monday, Feb. 3
David Burton
Monday, Feb. 17
Eldon Cole
Monday, March 2
Amy Patillo
Kelly McGowan:
every Thursday.



MU Extension is an equal opportunity/ access/affirmative action/ pro-disabled and veteran employer.

#### **Cover Photo Story**

## Featured Programs in 2020 Reaching Out Report

Each monthly issue of the *Reaching Out Report* will focus on one MU Extension specialist or educator serving Greene County. Their programs and impacts will be featured that one month. The following is the planned list.

**February 2020** – Nutrition program—Terri Fossett

March 2020 – SBDC Report for 2019 – Chrystal Irons

**April 2020** – Kelly McGowan, horticulture

May 2020 - Andy McCorkill and Eldon Cole (livestock)

June 2020 – Kelsa Ferguson, nutrition education

July 2020 – Amber Allen, human development

**August 2020** – Sherri Hull and Marty Wood and Myra Dickensheet, nutrition educators

October 2020 – Tim Schnakenberg, agronomy

**November 2020** – Karla Deaver 4-H programming

**December 2020** – Amy Patillo, workforce development

January 2021 — David Burton, community development

**February 2021**— Justin Kastning, 4-H

Participants in the Family Nutrition Education Program become more aware of nutrition, make healthier meal and snack choices, are more willing to try new foods, increase their physical activity and in general make healthier food choices. During 2019, 4,449 youth and 29,120 adults in Greene County (total of 33,569) were served through schools, community groups and agencies by MU Extension's Family Nutrition Education Program. The following is a list locations where Greene County participants were served:

Schools	Agencies
Douglas Head Start	Regional Girls Shelter
Campbell Small Wonder	Boys & Girls Club of Springfield – Sertoma & Stalnaker Unit
Early Childhood Center	The Fairbanks
Macedonia Baptist Preschool	Pregnancy Care Center
Reed Middle School	Victory Mission – Family Ministry
Meadowbrook Head Start	Northview Senior Center
Ash Grove Elementary	Greater Springfield Farmer's Mar- ket
Strafford Elementary	Southside Senior Center
Horrace Mann Elementary	Good Samaritan Shop
McGregor Elementary	Southside Senior Center
Jeffries Elementary	Price Cutter 52
Bois D'Arc Elementary	Alternative Opportunities – Carol Jones
Walnut Grove Elementary	Mercy Employee Child Develop- ment
Willard South Elementary	Greene Co. Juvenile Justice
Weaver Elementary	Crosslines - Springfield
Logan Rogersville Elementary	Midtown Library
McCulloch Elementary	Central Assembly of God
Robberson Elementary	Strafford Senior Center
Westport Elementary	Grow to Know
Study Middle School	YMCA – Ward Branch
Williams Elementary	Greene Co. Food Stamp Office
Grant Head Start	Northview Senior Center
Stewart Head Start	Weller Community Four Square "Living Hope" Food Pantry
Bissett Elementary	Lifehouse Crisis Maternity House
Central High	Ash Grove Senior Center
Fremont Elementary	Shady Dell Early Childhood Center

#### **Cover Photo Story**



Missouri For more information, contact the Family Nutrition Education Program at the regional headquarters in Greene County, (417) 886-2059.

## **Nutrition Educators Go Where the Need Exists**

Nutrition specialists and program associates with University of Missouri Extension make a habit of doing their teaching at the place where the need exists.

For example, in Greene County, nutrition assistants, associates and specialists can be found teaching about nutrition in public elementary schools, at the Pregnancy Care Center, the Parenting Life Skills Center, Greene County (WIC) and area Headstarts and many different schools.

Special outreach efforts are made when opportunities present themselves according to Terri Fossett, director of the MU Extension Family Nutrition Education Program in southwest



On the Cover: Sherri Hull, a nutrition education associate with University of Missouri Extension, shows the proper way to cut an onion during a Cooking Matters program at the Greene County Juvenile Office.

**ABOVE:** NPA Marty Woods works in the garden with some students at the Dream Center.

#### Lawn Improvement Program

Springfield city limits & portions of the Wilson's Creek watershed

Free soil test and 3-year maintenance plan



Eliminate the guess work and find out exactly what your lawn needs. Think of it as a prescription for your lawn. Organic recommendations available.

Apply Online: www.JamesRiverBasin.com/lawn-steward









## Art on the Move

#### Comes to the Springfield Botanical Center

Digital Storytelling work from students in the School of Visual Studies at Mizzou

#### **Opening Reception and Night of Art (Free)**

When: Friday, Feb. 7, from 6 p.m. to 9 p.m.

Cost: Free, thanks to support from the Greene County Extension Council and the University of Missouri.

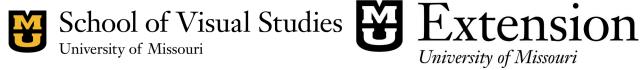
Where: Springfield Botanical Center, 2400 S. Scenic Ave., Springfield, Mo.

What: Students will produce and display digital storytelling art at the botanical center during our reception. Some of the art will be one-of-kind creations specific to the event and space.



**Display:** Also starting Feb. 7, student digital art will be on exhibit in the lobby of the Springfield Botanical Center throughout the month.

Registration is requested for the purpose of planning and can be done online at http://extension.missouri.edu/greene under events.





FOR MORE INFORMATION CONTACT THE **GREENE COUNTY MU EXTENSION OFFICE AT** Phone: (417) 881-8909 or email county engagement specialist David Burton at burtond@missouir.edu.

#### **Briefs**

#### National Experts on Sports Analytics Speaking in Springfield Feb. 10

Presentation is part of Mizzou Founders Day and Greene County Extension Annual Meeting

Mizzou alumni, supporters of Greene County MU Extension and interested members of the public are invited to attend the second Mizzou Founders Day and Greene County Extension Annual Meeting Dinner starting at 6 p.m., Monday, Feb. 10 at Relics Event Center, 2015 Battlefield Road, Springfield, Mo.

Reservations are required for the event (due to limited seating) and can be made online at http://extension.missouri.edu/greene under "events." There is a cost of \$10 per person. Registration is needed no later than Feb. 6.

The direct registration link is <a href="https://extension2.missouri.edu/events/mizzou-founders-day-and-greene-county-extension-annual-meeting">https://extension2.missouri.edu/events/mizzou-founders-day-and-greene-county-extension-annual-meeting</a>

This special event is in partnership with MU Extension, the Mizzou Alumni Association and Mizzou Athletics.

The evenings featured presentation is "Data in Motion: How Sports Analytics is Changing the Game," by Dr. Chris Wikle and Dr. Erin Schliep, College of Arts and Science at the University of Missouri. Their research focuses on the difference sports analytics is making on games.

Other guest speakers will include Todd McCubbin, director of alumni at Mizzou, Lynn Kruel, president of the Alumni Association Student Board at Mizzou and a graduate of Republic High School, and David Burton, county engagement specialist for Greene County MU Extension.

Greene County Clerk Shane Schoeller will swear in new members of the Greene County Extension Council and MU Extension partners Carl Redmon and Tom Kissee will both be recognized with the "Leaders Honor Roll" awards.

Greg Cole, president, Greater Ozarks Chapter of Mizzou Alumni Association, David Burton, county engagement specialist for MU Extension, and Mollie Landers, with the Mizzou Alumni Association, are coordinators of this event.

The University of Missouri was founded February 11, 1839 by the Geyer Act. This year we are celebrating the 181st birthday of Mizzou, of which MU Extension is a part.

#### "Presenting Sponsors" for Greene County Extension

These partners have contributed an annual sum in support of local MU Extension programs and services in four impact areas: agriculture & environment, youth & families, business & community development, nutrition & health.

Contact David Burton at (417) 881-8909 to add your logo as a sponsor!

















#### **Briefs**

#### **Pesticide Applicator Training**

The in-person private pesticide applicator training is March 3 from 2 p.m. to 5 p.m. at the Springfield Botanical Center. Details on our website. Registration for this event is required.

#### **Introduction to High Tunnels**

Date: Feb. 29, 2020 Time: 8:30 am - 4:00 pm

Place: Springfield Botanical Center2

Fee: \$25.00

This course will cover topics such as soil heath, supplemental heat, irrigation, and crop options. The day concludes with a tour of a local working high tunnel. Contact: Kelly McGowan at mcgowank@missouri.edu or 417-881-8909. Details on our website. Registration for the reception will be required.

## **Newly Elected County Extension Council Members**

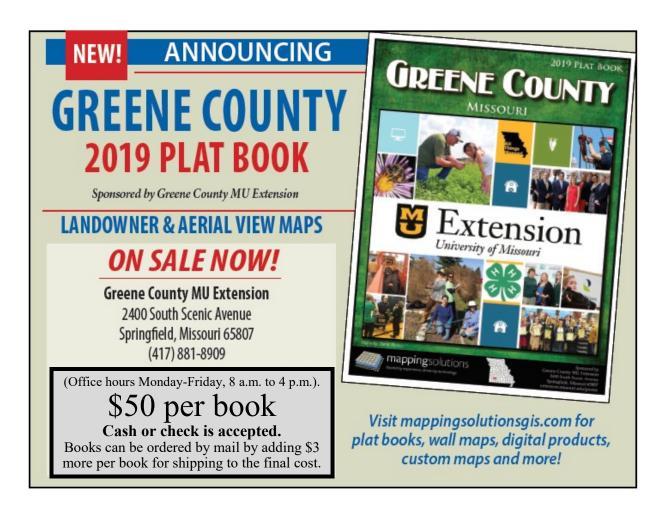
Eight candidates ran for eight open seats on this years county extension council.

Council members to be sworn in at the annual meeting include: Larry Adams, Greg Boehne, Karen Dowdy, Brandon Hebbert, Ray Meyer, Chris Schulze, Rick Stenberg, and Eric Sutton.

Only Eric Sutton and Ray Meyer are new to the council.

Sutton is the city clerk for the City of Walnut Grove and is experienced in community development and managing political subdivisions.

Ray Meyer is a 1976 Mizzou grad with a degree in journalism. He has had various jobs but some may know him best as the "voice" of the Drury Panthers basketball on radio.

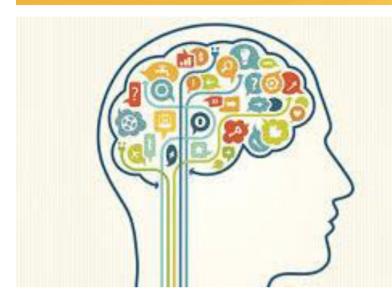


# Boost Your Brain & Memory Brain Fitness Class

Our aim is to help participants implement new habits to maintain cognitive health while also practicing new skills for better memory performance.

February 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, & 27<sup>th</sup>
(4 session class)
9:00 am to 11:00 am

Greene County MU Extension Office 2400 S. Scenic Avenue Springfield, MO 65807



The class uses a whole-person approach that helps you form new habits to live a healthier lifestyle, remember things better, be more organized, pay closer attention and regulate your emotions. Each participant will receive a workbook including memory exercises, tips on nutrition and exercise, and summaries of evidence-based research on brain health.

To register for this class

at: <a href="https://extension2.missouri.edu/events/boost-your-brain-and-memory-springfield\_or">https://extension2.missouri.edu/events/boost-your-brain-and-memory-springfield\_or</a>

call 417-881-8909 Registration Fee: \$40



#### **Briefs**





# Leadership Ash Grove & Leadership Republic

Leadership Ash Grove and Leadership Republic expose participants to the people, issues, and opportunities in their respective communities while also providing practical opportunities to develop leadership skills for the benefit of their family, neighborhood, community and employer.

Programs meet once a month for nine months.

#### Ash Grove Class

Begins March 26, 8:30 a.m. to 1 p.m. (runs to November)

#### Republic Class

Begins March 3, 8:30 a.m. to 1 p.m.. (runs to December)

Enroll online at http://extension.missouri.edu/greene



For more information, David Burton, (417) 881-8909 or email at burtond@missouri.edu

an equal opportunity/ADA institution



#### 36th Annual

**Southwest Missouri Spring Forage Conference** 

Tuesday, February 25, 2020

Location: Oasis Hotel and Convention Center

2546 N. Glenstone, Springfield, Missouri

For additional information and to pre-register:

www.springforageconference.com

417-532-6305 ext.101

USDA is an equal opportunity provider, employer, and lender.

#### Mizzou Community & Leadership Network

### **Dan Reiter**

Q&A: Feb. 13 | 12 p.m. to 1 p.m.

- Vice President/General Manager of the Springfield Cardinals
- Has been with the Springfield Cardinals since 2004.
- Worked in ticket and corporate sales, marketing and leadership for the Cardinals.
- Seventh Double-A Field of the Year award (2019).
- Mizzou alum: 2003, Marketing





**Menu:** Chef Salad Barwith a mix of Romaine and baby greens, selection of dressings, tomatoes, cucumbers, black olives, carrots, shredded cheddar and swiss, croutons, hard boiled eggs, and chopped ham, turkey and chicken.

NEXT: May 14, 2020 lunch guest: Laura Farmer, Mizzou alum, executive director of CASA



## People You Need to Know LIVE INTERVIEW with David Burton County Engagement Specialist, MU Extension

Network with community minded people and learn about a Mizzou alum who is making a difference.

#### PRE-REGISTRATION ONLINE REQUIRED

Pre-register online at http://extension.missouri.edu/greene (search for program)

Cost of \$15 per person includes meal. Seating is limited.

Event Location: Springfield Botanical Center, 2400 S. Scenic Ave., Springfield, Mo 65807 \* Call (417) 881-8909 for Details



#### **Extension Council**

#### **Commissioner Bengsch to Retire**

Greene County Commissioner Harold Bengsch announced his retirement at the end of this year after 16 years of service as a County Commission. When the announcement was first made, the editor of the Ozarks Independent asked David Burton for his comment on the retirement and this is what David submitted:

"Commissioner Bengsch has been very involved with the county extension council as a Commissioner. State law requires a Commissioner to be named to the county extension council. But Commissioner Bengsch did more than just meet the letter of the law. He attended monthly meetings, served on committees, and provided input and ideas. He listened to speakers, attended

special programs, and learned about what MU Extension can offer the community. When budgets were tight he offered ideas to pursue. When our finances were reviewed he helped with the internal audit. When new people were hired to key positions he helped with interviews and added input. When events and programs ideas



Photo: Commissioner Bengsch answering questions during the county portion of the graduation ceremony for Leadership Ash Grove 2019.

were discussed he shared about needs and opportunities. In fact, his efforts helped to bring about the new partnership between 4-H and the juvenile center that we are celebrating. I appreciate Commissioner Bengsch's legacy of public service. But I especially admire the humble way in which he served county residents on the extension council. There is no fanfare for this work, no special perks, no special awards. But every community organization could use more humble, hardworking leaders like Harold Bengsch."

#### Greene County Extension Council Members

Jason Whitesell *Chairman* 

Greg Boehne *Vice-chair* 

Morgan Ash Secretary

Lisa Bakerink Treasurer

Harold Bengsch County Commissioner

Vacant Farm Bureau

Jordan Miller *MFA* 

Vacant City of Republic

Samuel Snider City of Willard

Joseph Hoffman City of Springfield

Lauren Waterman 4-H Youth member

Members at large
Tony Ahart
Missy Hayward
Tyler Gunlock
Ann Hall
Scott Smith
Chad Courtney
Karen Dowdy
Chris Schulze
Rick Stenberg
Alex Greiwe
Larry Adams
Ray Meyer
Eric Sutton

Mike Lofaro Tiger Ambassador



## **Quality Soil Testing Services**

- Grow healthier plants
- Protect our environment
- · Avoid frustration of poor growth
- · Save money in the long run
- · Achieve optimal growth
- Personalized recommendations

Bring two cups of soil to

Greene County Extension
Inside the Springfield Botanical Center
2400 S. Scenic Ave.
Springfield, Mo. 65807

Office open Monday-Friday 8 a.m. to 4 p.m.

A fee of \$30 per sample applies.

For more info call (417) 881-8909 or see "soil testing central" online at http://extension.missouri.edu/greene for details and how-to videos.

#### **MU Extension Staff Headquartered in Greene County**



Kelly McGowan
Horticulture Specialist
mcgowank@missouri.edu

Started: 2012

**Responsibilities**: Coordinates the Core Training for the Greene County Master Gardeners, assists the Master

Gardener chapter, and develops and plans educational opportunities and events for the public.



#### **David Burton**

County Engagement in Community Development burtond@missouri.edu

Started: 2001

**Responsibilities**: Engages residents through leadership development, neighboring, heritage tourism, arts, and media

relations. Works with council to fund and administer the office and to plan local programs.



Amber Allen
Human Development

Started: October 2019

Responsibilities: Programs that focus on the improvement of families and senior adults like "Boost Your Brain and Memory," "Focus on Kids" and Greene Dot

violence prevention programs.





Kelsa Ferguson
Nutrition Specialist

**Started**: February 2019

**Responsibilities:** Nutrition and health education programs including classes on chronic

disease management, food preservation, stay strong-stay healthy and more.



Amy Patillo
Workforce Development

patilloa@missouri.edu

Started: November 2011

**Responsibilities:** Working across the state to coordinate the Universities high priority

commitments and identify projects where Extension can grow Missouri's workforce.



**Justin Kastning** 

4-H Youth Associate

Started: January 7, 2019

Responsibilities: Develop and expand current 4-H programming in the county and grow new clubs with a primary focus on 4-H

programming at Greene County Youth Academy.



Maggie Black

Office Manager

Started: May 2015

**Responsibilities**: Manage office financials, soil tests, event registrations, council relations, and customer service. She also works to develop local

funds for programs and presenting sponsorships.

#### **MU Extension Staff Serving Greene County**



Sherri Hull Nutrition Associate Joined 2008



Marty Wood Nutrition Associate Joined 2000



M. Dickensheet Nutrition Associate Joined 2018



Myrna Stark FNEP Program Manager



Terri Fossett Program director Joined 2000

**Family Nutrition Education Program** 2160 W. Chesterfield Blvd. F200, Springfield, Mo Tel: 417-886-2059

#### **Southwest Region Directors Office**

1845 S. National, Ste. 100, Springfield, Mo.

Tel: (417) 865-0707

Jay Chism, Regional Director, email: chismj@missouri.edu

Sarah Grubaugh, Assistant, email: GrubaughS@missouri.edu





#### Karla Deaver

4-H Youth specialist **HQ: Lawrence County** Tel: (417) 466-3102 deaverk@missouri.edu



Agronomy specialist **HQ**: Stone County Tel: (417) 357-6812





Sarah Havens Natural Resources specialist **HQ: Laclede County** Tel: (573) 458-6260 havenss@missouri.edu



Andy McCorkill Livestock specialist HO: Laclede County Tel: (417) 532-7126 mccorkilla@missouri.edu



Patrick Byers Commercial Horticulture **HQ: Webster County** Tel: (417) 859-2044 byerspl@missouri.edu



Kyle Whittaker Ag and Environment **HQ**: Webster County Tel: (417) 859-2044 kyle.whittaker@missouri.edu



Dr. Pam Duitsman Community Development **HQ: Christian County** Tel: (417) 581-3558 duitsmanp@missouri.edu







Missouri Procurement Technical Assistance Center

At Missouri State 405 N Jefferson Springfield, MO 417-837-2612 waldoaj@missouri .edu



Allen Waldo



#### **Contact:**

- Chrystal Irons
- Lance Coffman
- Sandra Smart



Irons



Smart

Coffman

Robert W. Plaster Free Enterprise Center, 405 N. Jefferson Ave., Springfield | 417-837-2617 | https://sbtdc.missouristate.edu/

#### **Featured Impact of the Month**

For more examples follow the Greene County Extension Council on Facebook.

A few graduates of Leadership Ash Grove Class 1 gathered today to assemble welcome bags for new

residents that come in to City Hall and sign up for water service. Jennifer Martin spearheaded the project and local businesses provided items and certificates and information for the 100+ packets.





#### **About MU Extension in Greene County:**

Since 1914, Greene County and area residents have sought help from MU Extension in areas related to agriculture, gardening, 4-H youth, nutrition, families, business and community development. MU Extension programs focus on the high-priority needs of Missourians to improve lives, communities and economies with relevant, responsive and reliable educational solutions. Each county extension center, with oversight by elected and appointed citizens, is your local link to practical education. Our local office is located inside the Springfield Botanical Center.

