Faculty and Staff Serving Your County

Sarah Hultine Massengale  
County Engagement Specialist in Community Economic Development

John Langdon  
Livestock Specialist

Linda Shelton  
Youth Program Associate

Stephanie Wofford  
Nutrition Program Associate

Cary Terrill  
Administrative Assistant

Kim Cook  
Administrative Assistant

Brenda Jessen (retired December 2019)  
Administrative Assistant

Dustin and Drusilla Howard and family of Salem were among the families honored during the 61st annual Farm Family Day, Aug. 12 at the Missouri State Fair. Each year, the fair sets aside a day to recognize farm families from across the state that are active in their communities, involved in agriculture, and/or participate in local outreach and extension programs such as 4-H or FFA. The event showcases the impact Missouri Farm Families have on the economy and heritage of the state, said Missouri State Fair Director Mark Wolfe.

Financial Report

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Amount</th>
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<tbody>
<tr>
<td>County Commission</td>
<td>$40,000.08</td>
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<tr>
<td>City of Salem</td>
<td>$5,800.00</td>
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<tr>
<td>Judson Young Foundation</td>
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<tr>
<td>Reimbursements</td>
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<tr>
<td>Grants/Contracts</td>
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<tr>
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<td>Salary and Payroll</td>
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<td>Office Expenditures</td>
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Howard Family chosen as 2019 Missouri Farm Family for Dent County

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Total

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About Dent County Extension

Location: 112 East Fifth Street, Suite 4, Salem, MO 65560
Hours: Monday-Friday, 8 a.m. – 4:30 p.m.  
Phone 573-729-3196
Web: extension.missouri.edu/dent  
Facebook.com/dentcountyextension
Dear county commissioners and friends of MU Extension,

The past year has been extremely productive for University of Missouri Extension and Engagement. With the launch of our county engagement specialist model, which is the centerpiece of a long-overdue restructuring, we are better positioned to serve Missourians.

Most county engagement specialists are now in place and the formal training for this new position rolled out this fall. By January 2019, we expect our CESs to be well on their way to success. I see a great future for them and the communities they serve.

At the MU campus, we have been busy putting in place online resources that will benefit Missouri communities. In particular, the All Things Missouri web portal is an exciting tool that can help community leaders search for valuable data. I encourage you to check it out at https://allthingsmissouri.org/.

When 2018 began, we set out to meet with every county’s administrative body. This effort provided valuable insight and helped strengthen relationships; and as a result, we will engage in a similar effort in 2019. Meeting stakeholders and deepening county relationships is something we truly enjoy.

As you read your county’s annual MU Extension report, I am confident that you will be pleased with the results accomplished through county-based University of Missouri faculty. Our faculty take pride in their efforts to respond to local extension council input.

At the state level, we have committed to a goal of doubling the economic impact of MU Extension over the next decade. This goal of $2 billion in public value is ambitious — but, by meeting this challenge, we will help a great many Missourians.

Your support of MU Extension and our efforts in your community are greatly appreciated. As always, I welcome your input on how the University of Missouri can better serve your community and its people.

Sincerely,

Marshall Stewart

Mu Extension Tax Schools. The training included updates on the Tax Cuts and Jobs Act legislation, rulings and cases, individual taxpayer issues, agricultural and natural resources topics, IRS rules and regulations, business issues, retirement issues, cybersecurity, limited liability companies, trusts and estates, religious organization tax issues, and ethics. There were seven participants from Dent County. Local county residents benefit when local tax preparers have the opportunity to gain knowledge, which benefits their clients and communities. The schools are a program of the ag business and policy program of MU Extension.
Economic Opportunity

The Small Business Development Center (SBDC) worked throughout the East Central region with the following impacts:

- Business clients that our office supported with counseling secured $9.884 million in new loans, grants and equity in FY19.
- Helped 15 businesses get started in the region.
- Held 17 trainings attended by 388 people in the region.
- Nancy Major, owner of “I Can Too Learning Center” in Salem was selected Rural SBA Person of the Year.

Community Food Systems

By supporting efforts to increase the production and consumption of locally produced food in Missouri, communities a) increase the economic viability of Missouri farmers, processors, retailers and restaurants who are featuring locally and sustainably produced foods; b) increase the interaction of community members around food thereby building long-standing community ties and their community economic viability. Visit www.extension.missouri.edu/foodsystems to find a range of resources to help grow our food system.

Private Pesticide Applicator Training

Farmers who wish to purchase or apply restricted use pesticides must go through training to obtain or renew a private pesticide applicator license. 18 farmers participated in private pesticide applicator training in Dent county in 2019. Farmers who participate in the training learn about pesticide labeling, personal protective equipment, environmental concerns, pesticide mixing and application, principals of pest control and pesticide formulas. The Missouri Department of Agriculture issues private pesticide applicator licenses.

Show-Me-Select Heifer Program

This program aids producers in raising and marketing high-quality heifers in terms of genetics and management. Producers are also given the opportunity to market their heifers in various sales across the state of Missouri. Dent county producers participated in the Show-Me-Select program in 2019. Twenty-two producers sold 228 heifers in the two Show-Me-Select Heifer sales held in Farmington, Missouri drawing buyers from 28 counties in Missouri and the states of Illinois and Kentucky. The economic impact of the 228 heifers selling in the sales is estimated to be $185,600 for the local community.

Dear Friends of Dent County Extension,

First, thank you for your support! MU Extension has continued to provide practical education to Dent County and Missouri residents for over 100 years, and we continue to adapt to better respond to changing educational needs in our communities by focusing on the three grand challenges of Educational Excellence, Economic Opportunity, and Healthy Futures. When you support MU Extension, Dent County benefits.

This report provides highlights of our 2019 accomplishments to provide research-based education and services to Dent County. The success of University of Missouri Extension in Dent County depends upon the dedication and support of our Extension Council members, faculty and staff, and the community. A sincere thank you goes out to the Dent County Commission, City of Salem, and Judson Young Memorial Education Foundation for your continued financial support, and to the organizations, businesses and individuals who support our programs each year with financial donations and volunteer time. We thank you for your continued support and look forward to 2020.

Sincerely,
Chris Welch
Extension Council Chair

2019 Dent County Extension Council Members

Janelle Blair  Karin Casper
Mike Dunn  Jim Freeman (Farm Bureau)
Mark Freeman  Thom Haines
Chris Holliday  Lane Howard
Alan McBride  Gary Larson (County)
Kendra Mobray  Brad Nash (City)
Bob Parsons  Stevie Patterson
Patty Paul  Dan Riley
Krystal Sims  Jason Stotler
Tracy Strange  Chris Welch
Kay Wortman  MFA Representative Open

County Council Executive Committee

Chris Welch, Council Chairman
Thom Haines, Vice Council Chairman
Krystal Sims, Council Secretary
Lane Howard, Council Treasurer

County Commissioners

Darrell Skiles, Presiding
Gary Larson, Associate
Dennis Purcell, Associate
Educational Excellence

Dent County 4-H clubs offer long-term educational experiences in which members learn life skills such as decision making, public speaking and working with others. Members 'learn by doing' under the guidance of adult volunteers, who teach projects ranging from computer science and arts to animal science and healthy living. Clubs also involve youth in community service, camping and educational trips. 4-H youth are engaged in programs anchored in science and equipped with the knowledge, skills, attitudes and health for the 21st century workforce.

Local, regional and state 4-H attendance:
- 4-H Summer Camp — 19
- Washington Citizenship Focus – 1
- 4-H Counselor Camp – 6
- State Shooting Sports Contest — 5
- Shooting Sports Camp — 1
- State Teen Conference – 2
- Dent County Shoot – 7
- 4-H Day w/STL Cardinals — 13
- Move Across Missouri — 1
- MO Equine Trip – 1
- Club Officer Training — 4
- MO Show-Me Quality Assurance – 51
- Dent County 4-H/FFA Expo — 148
- Missouri State Fair — 6
- Recognition Night – 74
- Meats Judging Contest – 1

2019 Dent County 4-H
171 youth participants
51 adult volunteers
9 youth leaders

Young people in 4-H are more likely to develop leadership and initiative skills and make connections that will better prepare them for the future. Communities reap long-term benefits by supporting programs like 4-H.

Photo captions:
- Bottom left—Rachel Counts participated in the MO State Shooting Sports Contest in Columbia.
- Right—Dent County 4H Campers and Counselors at Camp Clover Point

What participants are saying...

"I learned a lot about diabetic diets and shopping better."
- Salem Cooking Matters at the Store Participant, After Store Tour

Healthy Futures

2019 welcomed a new Nutrition and Health Specialist to Dent County. Rachel Buenemann, a Franklin County native, collaborated with health service agencies to target chronic disease and preventable hospitalizations.

Cooking Matters Classes

This summer, Rachel practiced healthy shopping and meal planning with 5 low-income residents of Salem during grocery store tours at Country Mart.

Opioids and the Workforce Conference

In Cuba and Salem, Rachel and the Community Health Department of MU partnered with the Your Community Cares Rural Health Coalition to host 70+ conference attendees in education of the science of addiction, local resources and corporate opportunities to improve addiction recovery outcomes.

Food and Nutrition Education Programming

Dent County Nutrition Program Associate Stephanie Wofford shared the following impacts of her efforts in 2019 in Dent County. Locally, in Dent County, 1,198 Youth and 5,947 Adult contacts were made for a total of 7,145 contacts. "While teaching Show Me Nutrition - Choosing Foods for Me, to a 4th grade classroom, we learned about food labels. One of the things we took note of was sugar hidden in the ingredients of the foods. We discuss how many different ways sugar, as an ingredient, is hidden in the list. The kids found it fascinating how many different foods have sugar in the ingredients and you wouldn’t even expect it to be in that particular food. The students learned how to read labels, which they said before they “didn’t really know what they were looking at”. One little girl raised her hand and said, “I learned that my granola bar has some whole grains, but isn’t really healthy at all with all the added sugars that’s in it. I am just so surprised, because I usually eat one every day and thought they were a healthy snack. I am gonna have to talk to my mom about us finding a different snack to pack that’s healthier for me.” Those who practice healthy eating and activity behaviors are more likely to enjoy a high quality of life as an adult and into old age. A healthy labor force is critical to attracting and keeping jobs in Missouri.

Look for these programs in 2020
- Tai Chi for Arthritis and Health, in March at the Salem Community Center.
- The Kinship Care Conference in March to foster resources for grand-families, foster families, and kinship placements.
- Serve Safe Managers Certification, in April to train safe food handlers at the supervisory level with the National Restaurant Association.

Panel and attendees at the September Opioids and the Workforce Conferences.