

# Dade County 4-H Newsletter

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Dear 4-H Families,

As I travel through Dade County, across Missouri, and to various points within the United States, I am always proud of the 4-H members that I travel with and those I meet in the course of my days. It is inspiring to see these young people learn from the opportunities that 4-H makes available to them. 4-H members and young leaders of today will be the citizens and community leaders of tomorrow. 4-H members make me very proud.

Pride can be a good thing, and pride can be bad. The overwhelming sense of accomplishment and success that I share with 4-H and 4-H members comes from the pride that successful members demonstrate and share with all of us. This “p-r-i-d-e” can be described as: **P**oliteness, **R**espect, **I**ntegrity, **D**iscipline, and **E**xcellence.

**Politeness** is a characteristic that should describe all of us. Parents teach us to speak when spoken to, “don’t interrupt”, hold the door for others, and don’t push in line. As we practice these common courtesies, at home or in 4-H, they become a part of us. This isn’t just how we act, this is how we are. I see this in 4-H members as I visit club meetings, as we take trips, and even in interview situations when a 4-H member thinks to smile at a judge and help the judge to be relaxed in the situation. Politeness shows that we care.

**Respect** for ourselves and others is another courtesy that comes from practicing politeness and caring.

**Integrity** is the practice of making the hard choices, doing what is right, and showing those around you that you can be counted on to be honest and fair.

**Discipline**, or more correctly self-discipline, is the strength and ability to do the right thing, and to do what needs to be done. It takes discipline to set a goal and meet that goal. It takes discipline to finish projects on time, and it takes discipline to take the time to finish things correctly, not giving in to the temptation to “cut corners”, but putting your best effort into your work.

**Excellence** is the result of a conscious commitment to politeness, respect, integrity and discipline. In 4-H as we strive to “make the best better” we encourage excellence. We may never be perfect, but we can always strive to excel.

Through participation in a variety of projects, activities and responsibilities, 4-H members learn life skills that equip them with the experiences and the “tools” they need for life. Wherever they go in their lives, 4-H members can share their pride.

Have a great March!

Bob

**Bob McNary 4-H Youth Specialist**

Community Engagement SPECIALIST IN 4-H Youth Development [MCNARYRL@MISSOURI.EDU](mailto:MCNARYRL@MISSOURI.EDU)

## Mark your Calendar

4-H STEM Extravaganza	May 1, 2021
R.A.T.T. Trip	May 29, 2021
State 4-H Teen Conference (Virtual)	June 1-2, 2021
Dade County Youth Fair	June 23-26, 2021
Dade County 4-H Achievement Day	June 26, 2021
SW Regional Achievement Day	July 20, 2021
Ozark Empire Fair	July 29-August 7, 2021
Missouri State Fair	August 12-22, 2021

**2021 4-H Camp Update:** With much discussion, there will be a 4-H Camp this year, but no overnight stays. The dates and locations have not been determined, at this time. Stay tuned.



STUDY OF POSITIVE  
YOUTH DEVELOPMENT

Youths grades 6-11

SHARE YOUR  
EXPERIENCES!

Participants will be entered into a raffle  
giveaway for multiple prizes!

## R.A.T.T trip to... Northwest Arkansas!



### Schedule:

1. Bentonville Farmer's Market and historic Bentonville Square
2. Walmart Museum/Walton's 5-10
3. Northwest Arkansas Naturals baseball game



**What:** the RATT is the Regional Action-Packed Trip for Teens

**Who:** Southwest Missouri 4-H members ages 12 and up by January 1, 2021

**Cost:** \$60

**Where:** Bentonville and Springdale, Arkansas

**When:** May 29, 2021



- Registration and payment are due by April 30.
- Register through the 4-H Online event
- Pay by check or cash only. You may bring payments to your county office and make checks payable to your county 4-H.
- After registrations are received, confirmation letters and bus schedules will be sent out.
- Bus space is limited; first come, first served.
- Bring a face covering.

**"If you are early, you are on time. If you are on time, you are late. If you are late, you are LEFT!"**



GET READY FOR

4-H MOVE  
ACROSS  
MISSOURI

An annual program to encourage youth  
and the adults in their life to get active!

Record your active minutes from  
February 1st - April 30th

Win prizes, learn new ways to be active and share  
your healthy habits with other youth!

sponsored by:

Healthy Blue



HELP FEED MISSOURIANS  
OUT OF THE KINDNESS  
OF YOUR HEART

TEXT 4HFM2021 TO 44-321 TO GIVE!



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**Date Change:** State 4-H Fashion Revue has been moved to **OCTOBER 9, 2021.**

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### **LAST CALL: MSF 4-H Building Youth Leader Program**

Are you wondering what you will do this coming summer? Do you like planning hands-on activities and interacting with people? Do you want to learn more about the MO State Fair, 4-H, and youth development? Have you ever wanted to work in the 4-H Building at the Missouri State Fair?

As a Youth Leader you will:

- Work closely with 4-H Building Superintendents to plan and facilitate hands-on learning opportunities
- Learn more about the State Fair and planning programs
- Interact with fairgoers and 4-H'ers during the Missouri State Fair

Consider applying to be a Youth Leader in the 4-H Building at the Missouri State Fair! More details and application will be on the Missouri 4-H website soon.

\*Youth should be between the ages of 14 and 20 to apply.

## **MSF Deadlines and Procedures**

### **Nose Prints**

The Missouri State Fair has settled on how to handle nose prints for the 2021 Missouri State Fair. This year's process will be similar to how nose prints were taken and submitted for sheep and goats for last year. Below you will find instructions from the Missouri State Fair Entries Office on how nose prints for steers, sheep, and goats are to be taken and submitted to the state fair.

**Update for nose prints for Steers, Sheep and Goat exhibitors for 2021.** A system for completion of these prints has been established for 2021 to assist in the safe practices associated with COVID-19.

#### **Action item 1:**

Extension Youth Specialists and Vo-Ag Instructors should instruct youth exhibitors should use a 3"x5" or 4"x6" index card for the nose print. In addition to the print, the card also needs to include the following information:

- Exhibitor's name
- Steer, Lamb or Goat
- Ear tag number
- Name of Extension Youth Specialists and Vo-Ag Instructors

These cards must be sent in a sealed envelope to the Fair and postmarked by the deadline. Please send to:

Missouri State Fair  
Attention: Nose Prints  
2503 W. 16<sup>th</sup> St.  
Sedalia, MO 65301

#### **Action item 2:**

Extension Youth Specialists and Vo-Ag Instructors need to email the list of the nose prints that they approve. List should include the exhibitors' names and animal identification number. Emails should be sent by 5 pm, on the deadline to [Edna.Vollmer@mda.mo.gov](mailto:Edna.Vollmer@mda.mo.gov).

#### **Due Dates for Nose Prints and Swine DNA Cards**

- Nose prints for steers: March 15
- Nose prints for sheep and goats: June 15
- Swine DNA cards: May 15

### **Swine DNA Cards**

If any counties, or individual exhibitors, are in need of more swine DNA cards for the Missouri State Fair, please use the attached form for placing an order. Order forms are to be sent to Edna Vollmer with the Missouri State Fair Entries Office.



## 4-H Feeding Missouri update

We have kicked off our 3<sup>rd</sup> 4-H Feeding Missouri Campaign! This year works the same as last year except we have added matching mini grants! The mini grant is a matching grant, which means your group is to provide the initial contribution totaling the amount you are requesting (no more than

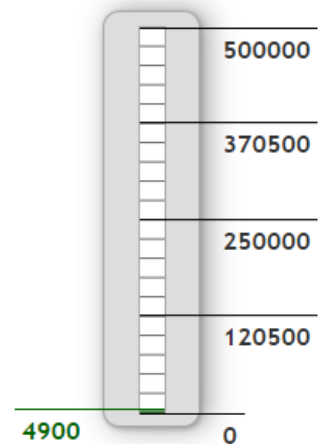
\$300). Your initial contribution can include funds collected from fundraisers, cash donations, food donations, in-kind (volunteer hours), costs to host event related to project, etc. Match funds can also be used to further your 4-H Feeding Missouri donation by donating to a local food pantry or bank; or used to offset expenses group occurred from hosting fundraising events/efforts. Mini-grant applications are due no later than March 31. For details, please visit the website (link below).

Our goal is to raise 500,000 meals through monetary and food donations, as well as volunteer hours. Please make sure clubs, groups, families, etc. are updating the reporting survey as we go. We plan to give monthly updates toward our total!

Here are links to useful information:

- For monetary donations use:
  - Text 4HFM2021 to 44-321 to give
  - [Direct link to give](#)
- [4-H Feeding Missouri Webpage](#)
- [News Release](#)
- To log volunteer hours and pounds of food donated use this [link](#).
- For the mini grant:
  - [Instructions and application](#)
  - [Example application](#)

Meals donated so far



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## Missouri 4-H STEM Extravaganza

Saturday, May 1, 2021

The Missouri 4-H STEM Extravaganza will allow 4-H members in the Robotics and Computer Science projects an opportunity to showcase the skills they have gained in teamwork, engineering, programming, and problem solving. There will be a few contests: RoboPet Challenge, Robot Exhibition, Computer Science contest, and STEM Projects Exhibition. Robot platforms include Lego Mindstorms, VEX IQ/EDR/V5, or any other appropriate robot meeting the requirements of the challenges. Interviews are part of the challenges. Participants may also have an educational display and/or demonstration.

### STEM Extravaganza Challenges

Registration: Jan. 1--April 26 in 4-H Online

The challenge is open to Missouri 4-H members. There is no requirement to qualify at a local robotics event.

This is an individual or team challenge: youth may be part of a team of 2–5 youth in the same age division. There is a participant fee of \$10 per youth; with \$5 entry fee per youth per challenge entered.



## Shooting Sports Updates

### *Shooting Sports Safety*

The 740 Shooting Sports Project which is a mandatory, one-time project for all shooting sports members is ideally held in person. However, we recognize that this is impossible in some counties at this time. This project has been revamped and will be available through Canvas with approval of County 4-H specialists to those counties that cannot currently hold face to face meetings due to Covid. You will register through 4-H Online as you would for any event in the 740 Shooting Sports Safety training at a cost of \$5.00 per family. Registration will open January 15 and will stay open through April.

This class will not be approved for any county that is holding in person classes.



### *Instructor Certification*

Leader Certification will be starting back up in the spring in a modified format. Until further notice, workshops will be held in a 2-part format.

- Part 1 will be an online training provided by the National Shooting Sports Committee that **MUST** be completed **BEFORE** the in-person portion of the training. The cost is \$20 per person and you can complete the training [here](#).
- Part 2 will be a 1 day, in person training held in various locations across the state. The trainee is to attend the training closest to you. The cost will vary depending on location.

Both portions **MUST** be completed before certification will be granted. *We are currently solidifying locations and dates for these trainings. Information about trainings near you will come via email in early March and be posted on the Missouri Shooting Sports Facebook page and in March's EYC.*

### **Save the Dates**

Please save these dates, just in case we can have these events in person.

Opportunity	Date of Event	Reg Opens	Reg Closes	Location
State Shoot: Skeet	August 7	June 1	Aug 1	Gateway Gun Club, Hazelwood
State Shoot: Trap	Aug 28	June 1	Aug 1	Missouri Trap shooters Assoc, Linn Creek
State Shoot: Archery NFAA 300	August 28-29	June 1	Aug 1	Prairie Grove, Columbia
Western Heritage State Shoot	Sept 11-12			Dysart Range, Marshall
State Shoot: Everything else	Sept 18-19	June 1	Sept 1	Various locations TBD

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## **Sportfishing SLAM**

### **Contest runs March 1 to June 1**

The *Sportfishing Slam* contest was created to challenge **all** 4-H members to stretch their skills and knowledge surrounding fishing in the State of Missouri. The *Sportfishing Slam* contest encourages members to learn more about and determine the appropriate fish species, habitat, and bait that will allow for the completion of a slam category. Each Sportfishing SLAM category has different requirements based on the participating youth's 4-H age division.

Participants must have a verifying parent, guardian, or 4-H volunteer with them at the time of the catch. Since this contest is outside of the Missouri 4-H Sportfishing project, the verifying parent, guardian, or 4-H volunteer also takes responsibility for safety. Sportfishing project members that want to participate in the Slam may use their certified leader if applicable. **Contest categories and rules**



**New this year-** Members will need to register for the event in 4-H Online to participate. There is no fee to register. Upon completing their registration, they will automatically be sent an email with contest details and submission information. We are encouraging all submissions be turned in electronically using the Qualtrics link provided in the registration email. However, a file of the paper form is available upon request by the county.

### Sportfishing Volunteers

Do you love fishing? Are you a 4-H volunteer or looking to be one? Being a Sportfishing project leader or volunteer is a great way to help youth experience this great outdoor activity! Volunteers who lead this project are required to complete a basic sportfishing certification. Resources and the sportfishing leader application can be found [here](#).

Once certified, leaders do not need to complete the training again. There is no fee associated with this training.

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## Missouri 4-H's Bicentennial Cookbook needs YOU

Another piece to our bicentennial celebration will be a cookbook created from recipes from our 4-H'ers. Since the bicentennial is a celebration of Missouri's history, we would love to include recipes that represent YOU. It could be your favorite cookie recipe handed down by your grandma, a meal that your family enjoys, or a recipe that you created.

Since last month, we have discovered a much better way to create a professional cookbook through Morris Press, so our directions are changing just a bit. Don't worry, if you already submitted a recipe, we will include it, in fact the example shown is one of those submissions.

### To enter a recipe for our cookbook:

Please read our [recipe writing tips](#) so we have a uniform cookbook.

- Go to <https://www.typensave.com/>
  - User name: **Missouri 4-H**
  - Password: **plate316**
- Type in your recipe
- Please note there is a place for the submitters name, 4-H Club, and county
- When finished, hit save. You will NOT be able to go in and edit.
- If you made a huge error, please email [4hyouth@missouri.edu](mailto:4hyouth@missouri.edu) with the correction, and we will fix it.

**The recipe submission deadline is April 30, 2021**

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### CHOCOLATE SHEET CAKE WITH MISSOURI PECANS ON TOP

*Grant and Blaine Owen  
Bosworth Fireballs 4-H Club  
Carroll County*

#### Cake

2 c. flour	1 c. water
2 c. sugar	½ c. buttermilk
4 Tbsp. cocoa	2 eggs
½ c. Crisco	1 tsp. vanilla
1 stick oleo or butter	

Sift flour and sugar in a large bowl. In a saucepan, put cocoa, Crisco, oleo and water. Bring to boil over low heat. Remove from heat. Add to dry ingredients and mix well. Add buttermilk, eggs, soda, salt and vanilla. Mix well and pour into a greased and floured 10" by 15" baking pan. Bake at 350 degrees for 12 minutes.

#### Topping for Cake

3 Tbsp. cocoa	1 tsp. vanilla
½ c. oleo or butter	¾ c. powdered sugar
½ c. milk	½ c. Missouri pecans

Bring cocoa, oleo, and milk to boil in a saucepan. Remove from heat and add vanilla and powdered sugar. Beat well until thick enough to spread. If desired, top the cake with ½ cup chopped Missouri pecans. Spread them over the cake while the cake is still hot. Let cool before cutting.



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## You're invited to the Virtual 75<sup>th</sup> State Congress!

### Join us and enjoy:

Networking with 4-H'ers from all around Missouri  
Career preparedness workshops  
Keynote Speaker: Kent Julian  
Special Presentation: "Draw Your Future with Agilities"  
Recognition of our 2020-2021 State 4-H Council members  
Election of our 2021-2022 State 4-H Executive Officers  
Installation of our 2021-2022 State 4-H Council members

### Registration:

Opens March 1, 2021 and closes April 15 in 4-H Online  
\$50.00 registration fee  
Must be at least 14 years of age before January 1, 2021

<https://extension.missouri.edu/programs/missouri-4-h/4-h-projects-opportunities/4-h-opportunities/state-4-h-congress>

## Missouri Century Farms

### Applications open now through May 1.

If your farm has been in your family since Dec. 31, 1921, you can apply to have it recognized as a Missouri Century Farm. University of Missouri Extension, the MU College of Agriculture, Food and Natural Resources, and Missouri Farm Bureau sponsor the program.

Details and online application are <https://extension.missouri.edu/programs/century-farms>.

Deadline is May 1. Contact your local MU Extension center with questions.

*Please note: This is different from the Missouri 4-H Foundation's Century Family award. You can find more information about that program <https://extension.missouri.edu/programs/missouri-4-h-foundation/volunteer-recognition/century-family-award>*

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## Clover Kids Corner

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five- to seven-year-olds to the 4-H concept of learning by doing.



### Garden Stones

#### Supplies:

- Model Magic Clay or any pottery clay that will dry hard (one tennis ball size amount per child)
- Flat gem stones and shiny beads (can be found in discount stores)

#### What to do

1. Shape model magic into a ball and flatten it to a half inch shape (circle, square, etc.).
2. Place gem stones and beads on the shape and let it dry overnight. The model magic dries hard so the garden stone will withstand outdoor weather.
3. Once dry, place the garden stone in a garden or yard.

*Source: Donna Garcia and CHOICES 4-H program in St. Louis County*

University of Missouri, Lincoln University, U.S. Department of Agriculture & Local University Extension Councils Cooperating

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