

Dade County 4-H Newsletter



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Dear 4-H Families,

As we come to my favorite holiday, Thanksgiving, which is sometimes lost in the hustle and bustle of the season, let's take a moment and look back over the past year and think about all of those things we are thankful for. We that live in America, too often forget to be thankful, especially for those who help us so much. I am extremely thankful for all of you who have helped me in the past 3 years to get established and take my place in Dade County Extension. I could not have accomplished all that we have without your acceptance of me, and without all the valuable help that you have given me.

There's story about a woman living on a farm who brought to her minister five hundred dollars. As she laid down the money she said: "In former years I have had to pay about this amount in medicine. This year there has been no sickness in our family. I want to show my gratitude to God in this way." A few weeks later the same woman brought her minister one hundred dollars explaining that many of her neighbors had suffered some losses in a recent tornado, but that her farm had be spared, "I bring this to the church as an offering of thanks"

I hope that we all will take time to think, and then thank. True appreciation results when thinking precedes thanking. When we are presented with a gift, it is because we think of its significance and meaning that we are led to express our appreciation. We need to think about all of the love, care and goodness that surround us, not about those little things that irritate us. We need to remember how insignificant the shortcomings of others are in light of our own frailty and failures. In the light of those thoughts, we should recognize our responsibility to be thankful, and from our lips there should come a constant song of thanksgiving.

Why is it, then, that we are not more thankful? The truth most often is that we don't stop to think. The cares and riches and pleasures of this life can choke the plant of gratitude, and our lives may become unfruitful.

Thanksgiving is thus really the product of careful cultivation. It is the fruit of a deliberate resolve to think about those who are good to us. By giving thanks we make known the fact that our lives are not controlled by the cares and concerns of this life. We give testimony to the fact that material things do not dictate the horizons of our soul.

Each 4-H member has numerous people to be thankful for. Don't forget your Club leaders, Project leaders, other 4-H members, your parents, and the helpful, supportive parents of other members who are always there to assist with each 4-H activity. Remember the business people and others who support the County Fair and other activities with their time, energy, and resources.

In this time of the pandemic, we often times think about all the things that have went wrong, or things that we cannot do. We tend to forget what we have and all the activities that we are privileged to do. As we think about each of these, and how we appreciate them, we need to take a moment and say thanks.

Have a great November and Happy Thanksgiving!

Bob

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More info: 4h.missouri.edu

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4-H Online 2.0

Re-Enroll using 4-H Online 2.0 starting October 1, 2020. In case you haven't heard, 4-H Online has upgraded to version 2.0 for the new 4-H year. When you re-enroll, you will be directed to use the new version— [step by step guide](#)



4-H Online 2.0 is a major switch for all of us, please be patient as we learn with you. You will find this new version is much more mobile device friendly and intuitive to use. Your profile data will be transferred into the new version and you will review it as you re-enroll.

2020-21 4-H Clover Magazine Available

Each year we produce the 4-H Clover magazine, which lists all of our projects, opportunities and much, much more! This year, the Clover has been given a massive overhaul to make it more user friendly. On pg. 4 you will find an alphabetical listing of all our projects. The opportunities list has also been expanded to include all statewide opportunities and, in the digital version, these will link you to the appropriate page on our website for more information. Please remember that there are many more local opportunities available and you will receive information about those from your local county Extension offices.



The Clover has been printed and is currently making its way to the county Extension offices for distribution as normal and is also available online [Missouri 4-H Clover](#)

If you are viewing the Clover on your phone or tablet, you may want to utilize the Reading View—see the red circle. This will allow you to view the Clover in a more readable fashion and scroll through it.

You will also notice the digital version has some terrific videos!

Different this Year

To provide more consistency in our program, projects will either have 1 level, meaning these are simply exploratory projects that are not meant to be taken for multiple years, or 3 levels (novice, intermediate, and advanced), that will take several years to complete. For those projects that had 4 or more levels previously, they were condensed. This means it will take a bit longer to get through some of the levels. Find more information on page 16 of [the Clover](#).



New Resource

We are excited to introduce Missouri 4-H Project courses on Canvas. **Canvas** is an online learning system that allows us to create modules for multiple project areas in one place. Project areas will have videos, lesson plans and opportunities to connect on discussion boards to extend our project learning beyond our face to face meetings. This additional format can be used to supplement local meetings; fill in when project leaders cannot be found; and allow meetings to happen if you cannot gather due to restrictions or weather. Find more information on page 8 of [the Clover](#).



Career Exploration Zoom Class

Mizzou Education student Riley Siebert is hosting a Career Explorations Zoom class. Activities are posted on the **4-H Canvas** for students to complete at their leisure, along with weekly Zoom meetings to discuss the activities and to practice speaking together. Classes start Wednesday, October 28th.



National Conference

National Conference is a once in a lifetime trip that focuses on Civic Engagement: learning, practicing and applying their skills in our nation's capital. This all-expense paid trip is sponsored by the Turner Family through their gift of an endowment to the Missouri 4-H Foundation. Only 3 Missouri 4-H'ers, ages 15-19 are selected each year.

2022 applications will be due on April 1, 2021 to the State Office. More to come with an updated application!

VERSUS



NATIONAL 4-H CONFERENCE

NATIONAL 4-H CONGRESS

PURPOSE

National Conference is the pinnacle experience in 4-H Civic Engagement providing the opportunity for young people to connect, learn, engage, lead, and impact their communities, their nation, and their world. Delegates actively participate in civic engagement by presenting briefings on important societal topics to federal officials in Washington, D.C.

National 4-H Congress is the premiere nationwide 5-day event for 4-H'ers to network with others from around the country. Youth engage while at the event in leadership, citizenship, global awareness, and inclusion. Delegates participate in educational workshops, perform community service, attend International events, go on educational tours, and much more.

WHEN & WHERE

TYPICALLY held in Washington, DC in April.

In 2021: virtual event

TYPICALLY held in Atlanta, GA in November.

In 2021: TBD

THE DELEGATES

Ages 15-19 may apply. 3 youth are chosen.

In 2021: delegates have been selected for the 2021 event. Delegates from the cancelled 2020 event, who did not age out, will attend as well.

Ages 14-18 may apply. 20 youth & 3 alternates are chosen.

In 2021: delegates chosen for 2020, who did not age out, will go with 2021's delegation.

APPLICATION PROCESS

Application (for 2022):
Essay question & video

Judging Process (NEW THIS YEAR):
applications will come directly to the state office by April 1.

Applications are judged at the state level and 3 are chosen.

Delegates are announced at State 4-H Congress.

Application: Missouri Recognition Form Level 3 (Y2200)

Judging Process:

- Applications are first judged in region in the fall/winter.
- Each region chooses up to 8 applications to forward to the state office by **APRIL 1**.
- Forms are judged at state level and 30 are chosen for interviews in May right before State 4-H Congress.
- Delegates & alternates are announced at State 4-H Congress.

Regional Representative Updates

Due to changes passed by the 2020 State 4-H Council Constitution & Bylaws, Regional Representative and State Officer Elections will look a little bit different for the upcoming year. Regional Representative processes will still follow the same guidelines, but only one Regional Representative and one Alternate Regional Representative will be selected per region. Attached you will find an application and the updated Constitution and Bylaws. These documents and more resources can also be found on our website [here](#).

All youth ages 14-18 will be eligible to run for the State 4-H Council Executive Committee, regardless of their previous involvement with the Council. More information and a new application for this process will be available soon!

Global Education Updates

Outbound Exchange Programs

Plans are being made for Missouri to offer the Outbound Exchange Programs for summer of 2021. Please see informational flyers on the website for country-specific information. When you're ready to apply, the application process is posted to our [website](#).

The applications will be done this year through an on-line application process. You should read the information on the flyers first for the countries available and the deadlines, costs, dates, etc. Then [use this link](#) to start the application process.

States' 4-H will notify me when you have completed your application. I would also like to have you contact me TaylorJL@missouri.edu of your interest in applying so that I can provide you with additional forms that Missouri requires for scholarships, etc. **The Missouri Deadline is November 1st.**



Inbound Programs

Missouri will be hosting 12 Japanese youth (ages 12-15) and 1 Chaperon starting mid-July through mid-August. The host family application is also available on the [States 4-H website](#). Please consider hosting and contact me TaylorJL@missouri.edu with questions. We like to get our host families identified by March 1st so we can have in-home interviews, background checks completed, and references contacted for a host family orientation in early May.

Kids Helping Kids Grants

Did you know that the State 4-H Council partners with the Missouri 4-H Foundation to give back to 4-H members and their families in times of need? If you know a 4-H family who has been affected by an emergency or disaster, consider recommending them to your local youth specialist or program assistant. Grants are limited to \$100 for an individual and \$300 for a family. *There is no deadline to apply.* Applications must be submitted electronically to Samantha Brandeberry (brandeberrys@missouri.edu). More information [here](#).

Grant applications available for community service projects

Missouri 4-H and FFA chapters planning community improvement service projects can now apply for grant funding through the [Missouri Department of Agriculture](#). Applications for the annual [Building Our American Communities Grant \(BOAC\) Program](#) are available online and being accepted until Dec. 1, 2020.

Missouri 4-H and FFA members are helping their communities grow and prosper every day," said Director of Agriculture Chris Chinn. "The BOAC grants help our young leaders build upon the needs of their communities and be a part of the solution for future generations."

The Building Our American Communities Grant Program awards grants of up to \$500 to support youth-driven service projects. Since the 1970s, 4-H clubs and FFA chapters throughout Missouri have submitted proposals for specific projects within their communities for consideration for the grants.



For a Building Our American Communities grant application or more information about this grant opportunity, [click here!](https://agriculture.mo.gov/connect/youth/boac.php?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=)

Ag Contest & Event Dates

Below you will find the list of dates for the 2020-2021 4-H program year Ag Contests/Events. We are hopeful that in-person events will be possible, but will continue to monitor and follow University guidelines as we approach the contest dates. If an in-person event is not possible, we will look to hosting a virtual alternative. As always, we will notify you of any changes as soon as possible.

2020-21 Ag Contests/Events		
Event/Contest	Date	Registration dates
State Meats Judging Contest	Saturday, February 20, 2021	Jan 1 – Feb 1
State Horse Judging Contest	Saturday, February 27, 2021	Jan 15 – Feb 15
Sportfishing SLAM	March 1 – June 1	NA
State Horse Bowl Contest	Saturday, April 3, 2021	Feb 15 Mar 15
State Hippology Contest	Sunday, April 4, 2021	Feb 15 Mar 15
4-H STEM Extravaganza-- Investigate STEM Contest	Saturday, May 1, 2021	TBD
MO 4-H Week AGventure Event	June 2-3, 2021	Mar 1 – Apr 15
State Poultry Day	Saturday, June 12, 2021	May 1 – June 1
State Sportfishing Event	Saturday, June 26, 2021	May 15 – June 15
State Horse Public Speaking and Demonstration Contest	Thursday, July 29, 2021 (before the MO State Fair Horse Show)	June 15 – July 15
State Livestock Judging Contest	Saturday, September 11, 2021	Aug 1 – Sept 1

Make a pet toy with PALS (Preventing Animals from Living on Streets)



Join St. Louis County 4-H'er Abi to learn how to make a toy that your cat or dog can play with out of recycled fabric! November 7th at 4:00 PM. Please register at the link below, and you will receive an email with the Zoom link prior to the session. Register for the free workshop [here](#).

Materials needed for the Pet Toy session:

- . old t-shirts or fabric
- . a parent/guardian to supervise cutting (with younger youth)
- . a scissors that cut through fabric

If you want to add extra flair for a cat:

- . fabric scraps, feathers, bells, or fun things to attach
- . tacky glue or stronger.
- . twine, strings, or other material to tie with



Learn all about Spanish Language and Culture on the 4-H Canvas!



Spanish Language & Culture Activities

Mizzou Education student Ethan Welker is hosting Spanish Language & Culture activities. Students will learn about the cultures of Spanish-speaking countries, cuisine, and learn to speak and read Spanish! Activities are posted on the **4-H Canvas** for students to complete at their leisure, along with weekly Zoom meetings to discuss the activities and to practice speaking together.

[Zoom Link](#)

See instructions above for 4-H on Canvas.



Winner's Choice Raffle

Hungry for some award-winning meat? The Missouri 4-H Foundation is hosting a Winner's Choice Raffle. Three winners will be drawn. Only 200 tickets will be sold and each winner will choose from the following three items (or those that remain) in order that they are drawn:

- 2019 Missouri State Fair Grand Champion Ham
- 2020 Missouri State Fair Reserve Grand Champion Steer (1,325 pound steer processed and divided in half for two winners)

More information...

Missouri 4-H Foundation Quilt Auction

We will be hosting a quilt show and auction the week of November 16-22. We are currently seeking all size handmade quilts, either machine or hand quilted. We encourage you to reach out to clubs and members to donate quilts. Proceeds from individual quilts can benefit county state or 4-H programs. Quilts must be received by November 9th at the Missouri 4-H Foundation office or Missouri 4-H Center. 4-H Clubs, friends and family can contact me directly for donation arrangements. Please see the attached flyer to share with clubs and members.



VIRTUAL
QUILT
auction

CALLING ALL QUILTERS! The Missouri 4-H Foundation will host a statewide quilt show and auction this fall 2020. We are currently seeking donations of handmade quilts. All proceeds will benefit county and state 4-H programs.

WANT TO DONATE?
Contact Ms. Chris Willow at 573-882-2680 or willowc@missouri.edu.



Show Me Clovers

In 4-H, we believe in the power and future of America's youth. However, only one in three youth say they have the skills they need to handle what life throws their way. Together, we can change that! The Missouri 4-H Foundation is asking 4-H friends to "Show Me Clovers" by raising their hands for Missouri 4-H so that even more youth can benefit from lifechanging opportunities that 4-H provides. The five counties in Missouri with the most "Clovers" (alumni hands raised) will win \$100! Help us grow the next generation of True Leaders- vote for your county now!

[For more information or to vote](#)

Target Circle

Missouri 4-H Foundation is participating in the Target Circle program! Friends and supporters vote for Missouri 4-H Foundation and help direct Target's giving to benefit Missouri 4-H. Votes are earned by qualified purchases at Target. For full program details and restrictions visit Target circle. Help Missouri 4-H this holiday season while you shop. <https://circle.target.com>



JoAnn Discount and Curriculum

JOANN offers members 15% discount and JOANN stores will give 2.5% of eligible transactions to 4-H. Lastly, 4-H fabric is on sale in several JOANN stores nationwide, including stores in Missouri be sure to check that out and look for national promotion of the fabric to coincide with the launch of the Clovers for Kids campaign. Enroll in the rewards program at <https://www.joann.com/4-h/>

Creativebug

Through our partnership with JOANN Fabric and Crafts, 4-H'ers can expand their hearts, hands, and minds through new crafting projects on [Creativebug.com](https://www.creativebug.com) When you sign up for a JOANN 4-H Rewards Card, <https://www.joann.com/4-h/> not only will you save 15% off every purchase and have a portion of the sale go back to support 4-H, but you also will get free access to [Creativebug.com](https://www.creativebug.com). [Creativebug.com](https://www.creativebug.com) has thousands of award-winning arts and crafts video classes taught by recognized design experts and artists. Already have a rewards card. Go to <https://www.creativebug.com/lib/4-h> and use your rewards card number to sign up for free Creativebug access today.



Clover Kids Corner



Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.

Bread in a Bag

Ingredients

2 cups white bread flour	1 cup whole wheat flour
3 tablespoons powdered milk	3 tablespoons sugar
1 teaspoon salt	1 package Rapid Rise yeast
3 tablespoons vegetable oil	1 cup hot water (125 to 130 degrees F)
Extra flour to use during the kneading process	

Directions

Combine white flour, whole wheat flour, yeast, sugar, salt and powdered milk in a 1 gallon heavy duty Ziploc freezer bag. Squeeze upper part of bag to force out the air. Shake and work bag with fingers to blend ingredients. Add hot water and oil to dry ingredients. Reseal bag. Mix by working bag with fingers, until the dough is completely mixed and pulls away from the bag. On floured surface, knead dough 5 minutes, or until smooth and elastic. Put dough back into bag and let it rest 10 minutes. If working in teams, divide dough in half and shape. Let rise until double in bulk. Bake at 350 for 20 to 30 minutes or until golden brown. Remove from pan and cool on wire rack or dish towels.

Source: <http://www.montana.edu/wwwpb/yuth/recipe.html>

Butter

Ingredients

Heavy cream Jar with a lid

Directions

Pour heavy cream into a jar with a lid. Screw the lid on tight and begin to shake it. The cream has "globs" of fat and protein. By shaking the jar, the fat and protein move around in the cream and stick together. Keep shaking the cream back and forth until it thickens. It takes about 10 minutes to turn to butter. The liquid that is leftover is buttermilk.

University of Missouri, Lincoln University, U.S. Department of Agriculture & Local University Extension Councils Cooperating

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