

Dade County 4-H Newsletter



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Dear 4-H Families,

Especially in this time of this pandemic with its uncertainty, distress and dismay being enthusiastic is kind of difficult. However, as I work with young people, I am always impressed as I watch them work and play and I see the boundless energy they invest in the things they like to do. This boundless energy may also be called enthusiasm and enthusiasm is an important element in the success of every opportunity we undertake.

The word *enthusiasm* is derived from the Greek word, *enthousiasmos*, which means to be inspired. Enthusiasm is a powerful tool to create momentum. Enthusiasm can help to combat fear and nervousness and can even create temporary energy and willpower. Being enthusiastic gives us an overall feeling of happiness and well-being that makes whatever we do worthwhile.

True enthusiasm comes from doing things that we really care about. If you have a passion for raising beef animals, gardening, or public speaking then you will be enthusiastic about the time and effort that you spend on this activity. You will want to spend time on this activity and you will feel good about the time you invest. Pride in accomplishment is enthusiasm that pushes us to achieve at greater heights and gives us the momentum to meet our goals.

The momentum we feel when we are successful produces a special type of energy. Passion provides the fuel that lights the fire of enthusiasm. In all that we do, it is easier to “give it our best” when we feel good about it and we are enjoying positive results. The thrill of competition and the joy of accomplishment cause us to strive and soar to new and higher heights. Whether you are leading a young animal around a show ring for the first time, creating your own piece of art in the kitchen or the wood shop, or giving a demonstration at a club meeting the energy and momentum of enthusiasm can give you the strength to overcome nervousness and display the confidence of a winner.

You can be a winner. As you choose and begin work on your 4-H projects for this year, find something that you really like or something that you really want to learn. You will find that the desire to learn and grow in your experience will give you the momentum and the energy to achieve and meet your goals. If you find yourself in a project that you are not motivated in, remember that the cure for procrastination is ACTION.

As I try to be positive in this time of these unfamiliar times, even though it might be difficult, we should try to be enthusiastic and not let the circumstances of the condition of the world cause us to lose hope, but to carry on until we get through these interesting challenging times. As we learn new life skills in 4-H, we may have to try over and over to get things right. The encouragement of caring adults guides 4-H members to not give up on meetings, projects, even themselves. With their help we can get through these times and being enthusiastic about what we have and can do instead of concentration on what we don’t have or can’t do we will have a wonderful 4-H experience that will help with our enthusiasm!

Have a great October!

Bob

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4-H Club Kick Off Meeting(s):

Dadeville 4-H, Sunday October 11, 2020 at 3:00 pm, Dadeville Community Building
Busy Bee 4-H, Sunday, October 11, 2020 at 6:30 pm, DCYF Fair Building in Lockwood
Greenfield 4-H, Thursday, October 22, 2020 at 6:00 pm, Extension Office in Greenfield



Spotlight on Frank Graham Leadership Awardee

Michelle Kleeman of the Busy-Bee 4-H club has been described as the “perfect volunteer” by her nominator(s). A 4-H volunteer of 10 years, she is always there when she is needed, always available to assist with any Dade County 4-H activities and is always quick to step up when asked. A busy-bee herself, Michelle is the project leader for Agronomy, Dairy, Dog, and Film Making, a project she was instrumental to establishing for Dade County. She has demonstrated tremendous leadership in securing land and initiating a building program for the Dade County Youth Fair. Taking leadership to the next level, she has been both a county and a state Extension Council member. Even with all she is involved with as a MU Extension volunteer, Michelle makes the time to serve in her church and church school.

Go to [here](#) to learn about volunteer recognition.

Give us a quote

If you have something great to say about 4-H, please share it with us! We are in need of quotes from Missouri 4-H'ers and

volunteers to use to convince others to join the 4-H family. You might see these on social media, our website, our Annual Report, or other places. We will only identify you by your first name, age and county when using your quote. For example: Megan, age 13, Your County.



Help Us Celebrate

Do you love 4-H? Join 4-H'ers across that nation in celebrating all things 4-H! This is a great time to show everyone out there what 4-H is all about and invite them to join in the learning and fun! While we know your local county and club will be celebrating this special week in a variety of ways, here are a few ways ALL Missouri 4-H'ers can celebrate.

- Wednesday, October 7 is **4-H SPIRIT DAY** Wear your Clover to work or school to show off your 4-H pride!
- Use a **4-H Zoom Background** while working or going to school online? Use one of the 4-H backgrounds on Zoom or other platforms!
- Show your **4-H PRIDE** by print this flyer and tape it into your window at home to show your 4-H pride.

A Proud 4-H'er Lives Here
Happy National 4-H Week!



New Resource

We are excited to introduce Missouri 4-H Project courses on Canvas. **Canvas** is an online learning system that allows us to create modules for multiple project areas in one place. Project areas will have videos, lesson plans and opportunities to connect on discussion boards to extend our project learning beyond our face to face meetings. This additional format can be used to supplement local meetings; fill in when project leaders cannot be found; and allow meetings to happen if you cannot gather due to restrictions or weather. Find more information on page 8 of [the Clover](#).



2020-21 4-H Clover Magazine Available

Each year we produce the 4-H Clover magazine, which lists all of our projects, opportunities and much, much more! This year, the Clover has been given a massive overhaul to make it more user friendly. On pg. 4 you will find an alphabetical listing of all our projects. The opportunities list has also been expanded to include all statewide opportunities and, in the digital version, these will link you to the appropriate page on our website for more information. Please remember that there are many more local opportunities available and you will receive information about those from your local county Extension offices.

The Clover has been printed and is currently making its way to the county Extension offices for distribution as normal and is also available online [Missouri 4-H Clover](#)

If you are viewing the Clover on your phone or tablet, you may want to utilize the Reading View—see the red circle. This will allow you to view the Clover in a more readable fashion and scroll through it.

You will also notice the digital version has some terrific videos!

Different this Year

To provide more consistency in our program, projects will either have 1 level, meaning these are simply exploratory projects that are not meant to be taken for multiple years, or 3 levels (novice, intermediate, and advanced), that will take several years to complete. For those projects that had 4 or more levels previously, they were condensed. This means it will take a bit longer to get through some of the levels. Find more information on page 16 of [the Clover](#).

4-H Online 2.0

Re-Enroll using 4-H Online 2.0 starting October 1, 2020. In case you haven't heard, 4-H Online has upgraded to version 2.0 for the new 4-H year. When you re-enroll, you will be directed to use the new version—[step by step guide](#)

4-H Online 2.0 is a major switch for all of us, please be patient as we learn with you. You will find this new version is much more mobile device friendly and intuitive to use. Your profile data will be transferred into the new version and you will review it as you re-enroll.



Online Pollinator Classes

Bee & Me, a part of 4-H Science Matters in St. Louis County, is centered around educating youth about the benefits of home gardening and the importance of pollinators.

Pollinators Classes

Open to youth ages 10-14. Join us for a fun, interactive class about native bees and what they do! Learn about pollinators and how important they are to our environment. 4-H teens from St. Louis County will be teaching a session about native bees on three different dates, October 7th at 5:00 PM, Oct. 19th at 4:00 PM, and Oct. 26th at 7:00 PM. Both sessions will be held on Zoom. Please register for our free class at the link below.

[Register here](#)

4-H STEM Challenge

October is the kickoff for this year's 4-H STEM Challenge! The race to land humans on Mars is on! The 2020 4-H STEM Challenge (formerly the National Youth Science Day) will explore sending a mission to Mars with the activity, Mars Base Camp. Developed by Google and Virginia Cooperative Extension, Mars Base Camp is a collection of activities that teaches kids ages 8-14 STEM skills like mechanical engineering, physics, computer science, and agriculture. Featuring four hands-on activities, the kit can be enjoyed with or without internet access and individually or all together.

There are teens around the state who requested a kit to teach younger kids. Another new option this year is the family kit for 1-4 youth to do the activities at home. There are counties who will be getting kits to teach youth locally, so I encourage you to reach out to your local Extension office if you want to participate. The [Insight from Mars activity](#) is also available online on the 4-H website for no cost.

The kits are also on sale at [Shop 4-H](#). They are currently \$5 off (not sure how long that lasts).

We want to hear from you! After you've done any of the 4-H STEM Challenge activities, please [take our youth survey](#).





Make a pet toy with PALS (Preventing Animals from Living on Streets)

Join St. Louis County 4-H'er Abi to learn how to make a toy that your cat or dog can play with out of recycled fabric! There are three dates to choose from - September 5th, October 3rd, or November 7th at 4:00 PM. Please register at the link below, and you will receive an email with the Zoom link prior to the session. Register for the free workshop [here](#).

Materials needed for the Pet Toy session:

- . old t-shirts or fabric
- . a parent/guardian to supervise cutting (with younger youth)
- . a scissors that cut through fabric

If you want to add extra flair for a cat:

- . fabric scraps, feathers, bells, or fun things to attach
- . tacky glue or stronger.
- . twine, strings, or other material to tie with



From the Missouri 4-H Foundation - America's Farmers Grow Communities

Now through Nov. 1, eligible farmers can enroll in the Bayer Fund's America's Farmers Grow Communities program for the chance to direct a \$2,500 donation to a local eligible nonprofit of their choice. Since 2010, the America's Farmers programs have awarded \$57 million to thousands of nonprofits, schools and Ag students across rural America. To enroll for a chance to direct a donation, farmers can visit [here](#) or call 1-877-267-3332 toll-free.



Missouri Bicentennial Poster Contest Reminder

Due date is October 31, 2020

Students MUST have a sponsor to submit their poster. All 4-H clubs can sponsor up to four people – two from the elementary grades (3-6) and two from the secondary grades (7-12). Contest and submission details are [here](#).



Citizenship Washington Focus 2021

Tentative Dates: June 25 – July 6, 2021

Cost: \$2,600

- Registration, with a payment plan, will be available when 4-H Online 2.0 goes live in October. (reminder: you must have an active account to register for any event in 4-H Online)

- Installments of \$650 will be due by December 1, 2020; January 15, 2021; February 15, 2021 ; April 15, 2021
- More info to come in future EYCs.

What is it?

- Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 14-19 and is the preeminent 4-H citizenship and leadership experience for 4-H youth.
- Missouri 4-H takes it a step further, adding extra stops along the way in historic places like Colonial Williamsburg, Gettysburg, and Monticello.

Have questions?

- Samantha Brandeberry, brandeberrys@missouri.edu - Becky Simpson, simpsonre@missouri.edu
- Bob McNary, mcnaryrl@missouri.edu

Global Education Updates

Outbound Exchange Programs

Plans are being made for Missouri to offer the Outbound Exchange Programs for summer of 2021. Please see informational flyers on the website for country-specific information. When you're ready to apply, the application process is posted to our [website](#).

The applications will be done this year through an on-line application process. You should read the information on the flyers first for the countries available and the deadlines, costs, dates, etc. Then [use this link](#) to start the application process.

States' 4-H will notify me when you have completed your application. I would also like to have you contact me TaylorJL@missouri.edu of your interest in applying so that I can provide you with additional forms that Missouri requires for scholarships, etc. **The Missouri Deadline is November 1st.**



Inbound Programs

Missouri will be hosting 12 Japanese youth (ages 12-15) and 1 Chaperon starting mid-July through mid-August. The host family application is also available on the [States 4-H website](#).

Please consider hosting and contact me TaylorJL@missouri.edu with questions. We like to get our host families identified by March 1st so we can have in-home interviews, background checks completed, and references contacted for a host family orientation in early May.



Missouri Crunch Off

In collaboration with MU Extension, Missouri Department of Agriculture, Missouri Department of Elementary and Secondary Education, and Missouri Department of Health and Senior Services.

WHAT? In celebration of Farm to School Month, states in the Mountain Plains Region are (CO, MT, MO, KS, NE, ND, SD, WY) are competing to see which state can get the most “crunches” into a local apple or other produce.

WHO? All MO 4-H members! We are encouraging you to join other youth and adults in Missouri in celebrating the wonderful produce Missouri has to offer, participating in healthy eating, and offering support to local agriculture.

WHEN? October 19-23 or any date in October that works best for you!

Steps to Get Started

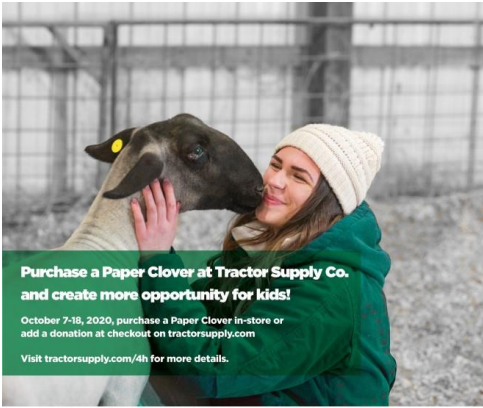
1. Register! If you would like to host a Crunch event, register your event [here](#). When you register for your event, please select other and specify that you are a 4-H Club/County.
2. Create a Crunch Team! Gather your 4-H friends and their families, even invite those who are not yet 4-H members to be a part of your team!
3. Decide what you will crunch and where you will get it from! Crunch into an apple – even better - make it a Missouri apple! Local producers can be found at [Missouri Grown USA](#) and [Missouri Food Finder](#).
4. Create your Crunch plan! Create a plan that works best for your group and that follows [University guidelines](#) regarding gatherings. Consider doing activities that take the apple from tree to table or from production to you! Resources are listed below to help you plan your event.
5. Promote your Crunch event! Share your event on social media, print media, newsletter, etc. There are template social media posts and an announcement to families at the end of this guide for your use.

Events can be held virtual or in-person (must follow current university guidelines). To be included in the state count, they will need to be registered through the link in the attached document. Each club/county program can be as simple or complex as you would like to make it.

Help us create a VIDEO!

Print off this flyer (from the toolkit above) and write what opportunity means to YOU on the line. Have someone take your photo holding your sign and send it to 4hyouth@missouri.edu.

By sending us a photo, you are giving us permission to use it in our 4-H promotional video.



Tractor Supply Paper Clover

The Fall Paper Clover Campaign will be held October 7-18, 2020. Due to COVID-19 crowd restrictions, TSC has asked 4-H programs to not participate in-person this fall. Customers and supporters can make a donation both in-store, [on the app, and on the TSC website.](#)

JoAnn Discount and Curriculum

JOANN offers members 15% discount and JOANN stores will give 2.5% of eligible transactions to 4-H. Lastly, 4-H fabric is on sale in several JOANN stores nationwide, including stores in Missouri be sure to check that out and look for national promotion of the fabric to coincide with the launch of the Clovers for Kids campaign. Enroll in the rewards program at <https://www.joann.com/4-h/>



VIRTUAL QUILT auction

CALLING ALL QUILTERS! The Missouri 4-H Foundation will host a statewide quilt show and auction this fall 2020. We are currently seeking donations of handmade quilts. All proceeds will benefit county and state 4-H programs.

WANT TO DONATE?
Contact Ms. Chris Willow at 573-882-2680 or willowc@missouri.edu.

Community Service Grants

More than ever helping your community is a vital part of being a 4-H member. Whether making masks or establishing a community garden, Missouri 4-H Foundation can help by offering grants of up to \$1,000 to match funding for a 4-H Community Service project. Visit the [Missouri 4-H Foundation website](#) today for more information and let us help you make an impact in your community today!

Missouri 4-H Foundation Quilt Auction

We will be hosting a quilt show and auction the week of November 16-22. We are currently seeking all size handmade quilts, either machine or hand quilted. We encourage you to reach out to clubs and members to donate quilts. Proceeds from individual quilts can benefit county state or 4-H programs. Quilts must be received by November 9th at the Missouri 4-H Foundation office or Missouri 4-H Center. 4-H Clubs, friends and family can contact me directly for donation arrangements. Please see the attached flyer to share with clubs and members.

Missouri 4-H Updates

Current and future registering events: We are continuing registration as normal for future events. Credit cards will not be charged until we hit the “accept” button. This will not happen until we are certain these are events are a go. [Click here.](#)



MISSOURI 4-H FOUNDATION

Event/Opportunity:	Status:	Date:	Notes:
Sportfishing SLAM	Online		Deadline EXTENDED through August 31.
STEM Challenge		Deadline to register Aug. 31	Please see article for details.
MO 4-H Computer Science Pathways Prof Dev Opportunities Series	Moved all ONLINE	September 2	Topic: Incorporating National Youth Science Day activities and toolkits Register through 4-HOnline
MO 4-H Chicken BBQ Contest	Online	September 1-30	See article for details.
Pollinator Class	Online	Sept. 2nd at 7:00 PM Sept. 3rd at 4:00 PM (same content both dates)	Register here: https://forms.gle/CwykQXSCj4T9Cg9KA
Make a pet toy with PALS	Online	Nov. 7th at 4:00 PM (same content all dates)	Register here: https://forms.gle/NJfPW2Am9nPbGD7G9

Livestock Judging	Online	September 12	Registration closed.
State 4-H Public Speaking Contest	Online	September 26	Registration Closes in 4-H Online Aug 30.
2020 State Team Tryouts (Shooting Sports)	In person	Varies per discipline: see chart above	
State 4-H Fashion Revue	Online	October 10	Registration Closes in 4-H Online Aug 30.
4-H Shooting Sports Fall Leader Certification Workshop	Cancelled		We are working on alternative solutions. Please stay tuned.
2020 Missouri State Shooting Sports Contest	Online	Submissions accepted Sept 1—20. No late entries will be accepted.	Registration: August 1--31 st at: http://moshootingsports.fairentry.com
Citizenship Washington Focus 2021	In person	Tentative Dates: June 25th – July 6th, 2021	Registration and payment plan begins in October.

Clover Kids Corner

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.



This fall children can be anything they want to be behind their very own mask.

Source: Home Sewing Association, http://www.sewing.org/enthusiast/html/eo_mask.html

Masquerade

With this activity children can make their own masks.

Supplies:

- Mask pattern — Children can make their own
- Decorations such as rhinestones, pom-poms, feathers, etc.
- Glue
- Foam paper for mask and attachments, such as ears or noses
- Hole punch
- String or elastic cord
- Scissors

Directions:

1. Cut out mask shape from foam paper
2. Punch one hole on each side
3. Attach string or elastic cord
4. Add decorations

University of Missouri, Lincoln University, U.S. Department of Agriculture & Local University Extension Councils Cooperating

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