

Dade County 4-H Newsletter



BOB MCNARY

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Dear 4-H Families,

Being polite is all about being considerate and appreciative, but for many people, it remains a challenge. During this time of unrest, the pandemic, social upheaval and a political election. Some have no interest whatsoever in being polite, but most are wondering how you can improve your etiquette. At the very least, you might want to know how to avoid being rude, which can make the people around you feel offended, unwelcomed, taken for granted, uncomfortable, or even hurt.

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More info: 4h.missouri.edu

Be gentle, not forceful or insistent. This doesn't mean you need to act like a meek, quiet pushover. It means that when you do something, offer something, or make a request, you do it without pressuring the people around you and making them feel like they're being pushed into a corner. If you're having a conversation, it's one thing to ask a question or offer your opinion, but it's rude to push the matter when someone has expressed discomfort (verbally or non-verbally) about the subject. Even if you're trying to help, like offering to pay for lunch or wash the dishes, don't be too insistent. If the person says "No, thank you, I've got it" then say "Please, I'd really love to help." If they still say no, then let it go. They obviously want to treat you, so let them, and return the favor some other time.

When in doubt, observe others. How are they greeting and addressing each other? What are they doing with their coats? What kinds of topics are they discussing? Different settings require different standards of formality, and those standards often define what is polite and what is not. A work-related dinner, holiday gathering, a wedding, and a funeral will all demand a different tone.

Be nice. Treat everyone the same way, even if you are not fond of them. Never make any enemies. Always be courteous; you might meet this person again in another setting and wouldn't want to have caused negative memories that would give you a bad standing. If someone annoys or even insults you, don't get into an argument. Say "Let's agree to disagree" and change the subject, or simply excuse yourself from the conversation.

Start a conversation by asking questions about the other person. Try not to talk about yourself too much. Be confident and charming. Do not hog the conversation; that is arrogant. Look interested and listen to the answers. Don't look over the person's shoulder or around the room when he/she is talking. That implies you are distracted or not interested, i.e. he/she is not important to you.

Shaking hands, giving hugs, etc. are quite different in this time of the pandemic. Be polite and express whether or not you shake hand, give or take hugs and to what distance you are comfortable with concerning social distancing. Don't assume that everyone is like you, express your limits, but be polite.

Do not yell, or laugh at jokes or remarks you made yourself. A sense of wit should come naturally. When making a joke, do not be cruel, make it fun for everyone. Nobody likes being the butt of a joke, especially when they hardly know the speaker. If you want to use your wit to be charming, keep it clean and friendly. Never make vulgar remarks.

Know the proper dinner etiquette. For silverware, go from the outside, in. And put your napkin on your lap, and do not add anything to the table that was not there when you got there (cell phone, glasses, jewelry). Put your purse between your feet, under your chair. Women should not apply makeup at the table. It is rude and demonstrates a lack of refinement. If you want to fix your makeup or check if something is in your teeth, go to the restroom.

Have a laugh which shows you are having fun, without being loud. Loudness either indicates arrogance or insecurity. A charming polite person makes another person feel good. Keep this goal in mind; be considerate of other people's needs and opinions. Don't make derogatory remarks towards any kind of ethnic, political or religious groups under any circumstances.

Remember to say please and thank you. Tailor your behavior to the occasion. You can be looser at a family party than at a society dinner. This goes for clothing, too. If you are unsure what kind of event you will be attending, ask what kind of event so you can come prepared and dress appropriately. Nothing is more unpleasant than standing in the middle of a formal setting with the wrong attire. A good rule of thumb, is to over dress for an occasion. While picking what you are to wear be mindful of choosing items that can be taken off in order to dress down and fit into the other at the occasion.

Always consider being polite, there is never a time that it is okay to be rude.

Have a good September!
Bob

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County Notes:



End of Year Award Resources

How-to videos for State Excellence Forms Levels 1, 2 and 3 are now available on the 4-H Website. Thank you to Karla Deaver, Lawrence County 4-H youth specialist for creating these videos and making them available to everyone. You can find the videos listed at <https://extension2.missouri.edu/programs/missouri-4-h/4-h-recognition/4-h-awards> under each level.

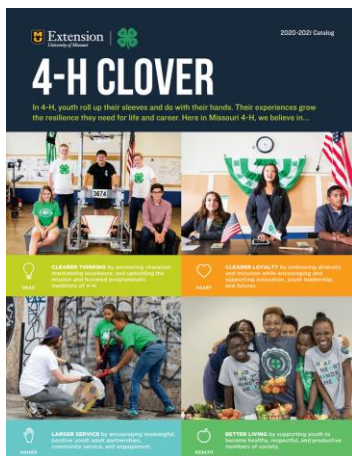
There is also a video on how to fill out your project record form. It is located under the project record form link at <http://www.4h.missouri.edu/resources-forms.aspx>. Project Forms are available, please contact the Dade County Extension Office for more information. Remember to include pictures and your 4-H story in your end-of-year report.

Youth Service to Communities - due by Sept 30, 2020

University of Missouri Extension 4-H Center for Youth Development

LG760 is an annual form 4-H clubs complete, by which Missouri 4-H tells the story of how young people are leading and giving back to communities through service. Results are shared with MO 4-H Foundation, MO Dept of Ag, and FCS Financial who support community service.

Please report your 2019-20 club service results any time between now and end of September! There are two ways to report: Clubs can complete LG760 online survey at https://missouri.qualtrics.com/jfe/form/SV_1O1vJY7RBURJyMI. by Sept. 30, 2019 or Clubs can print and turn in LG760 PDF form <https://4h.missouri.edu> to the Dade County office by Sept. 15, 2020.



2020-21 4-H Clover Magazine Available

Each year we produce the 4-H Clover magazine, which lists all of our projects, opportunities and much, much more! This year, the Clover has been given a massive overhaul to make it more user friendly. On pg. 4 you will find an alphabetical listing of all our projects. The opportunities list has also been expanded to include all statewide opportunities and, in the digital version, these will link you to the appropriate page on our website for more information. Please remember that there are many more local opportunities available and you will receive information about those from your local county Extension offices.

The Clover has been printed and is currently making its way to the county Extension offices for distribution as normal and is also available online [here](#).

If you are viewing the Clover on your phone or tablet, you may want to utilize the Reading View—see the red circle. This will allow you to view the Clover in a more readable fashion and scroll through it. You will also notice the digital version has some terrific videos!

4-H Online 2.0

In case you haven't heard, 4-H Online is upgrading to version 2.0 for the new 4-H year. As normal, 4-H Online will be unavailable to families for the month of September. When you re-enroll in October, you will be directed to use the new version— instructions [here](#).

4-H Online 2.0 is a major switch for all of us, please be patient as we learn with you. You will find this new version is much more mobile device friendly and intuitive to use. Your profile data will be transferred into the new version and you will review it as you re-enroll.



Registering Now (or very soon!)

Remember, your 4HO account must be in active status before you can register.



4-H Shooting Sports Fall Leader Certification Workshop - CANCELLED

Per University restrictions on events, this Leader Certification workshop has been cancelled. We are currently working on providing this opportunity in alternative settings and will have more details in September. If you have already registered, please know that we did not process any payments. For members moved from the Spring training to the Fall training, payments will be refunded ASAP.

2020 State Team Tryouts

The selection process for the nine state shooting teams begins this fall after the completion of the state shoot. 4-H youth selected for the state shooting teams will represent Missouri 4-H at the National Invitational Match to be held **June 20 – June 25, 2021 in Grand Island, Nebraska**. Any 4-H Shooting Sports member who is in good standing with their county program, enrolled in the appropriate project number and at least 14 years old (must be 14 years old by December 31, 2020) may participate in the selection process. If numbers and space allow, 13-year-olds may participate for the experience, but are not eligible for the state team. Nearly all of the team selection process is comprised of multiple try out dates. Each team has a unique process. All pre-registration will be done in 4-H Online (<https://mo.4honline.com/>), so read carefully. *Telling the state instructor does not qualify for pre-registration.*

2020 Missouri State Shooting Sports Contest Information

COVID-19 has certainly changed our world and our 4-H programming across the state. 4-H educators and volunteers have made great efforts to find creative and safe ways to keep our youth engaged in 4-H learning. As we look ahead, we must keep in mind that there is no “one size fits all” timeline or method to reopen our state and our 4-H programs. Our State Shooting Sports Contest is one of the events that has been affected. As you know, this contest has typically been a very large event with high numbers of participants and spectators. The decision has been made that the 2020 Missouri 4-H State Shooting Sports contest will be held as virtual/postal matches. This includes all shooting sports disciplines and contests, plus we have added some new options for this year. [For more details...](#)



Citizenship Washington Focus 2021

Tentative Dates: June 25 – July 6, 2021

Cost: \$2,600

- Registration, with a payment plan, will be available when 4-H Online 2.0 goes live in October. (reminder: you must have an active account to register for any event in 4-H Online)
- Installments of \$650 will be due by December 1, 2020; January 15, 2021; February 15, 2021 ; April 15, 2021
- More info to come in future EYCs.

What is it?

- Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 14-19 and is the preeminent 4-H citizenship and leadership experience for 4-H youth.
- Missouri 4-H takes it a step further, adding extra stops along the way in historic places like Colonial Williamsburg, Gettysburg, and Monticello.

Have questions?

- Samantha Brandeberry, brandeberrys@missouri.edu
- Bob McNary, mcnaryrl@missouri.edu
- Becky Simpson, simpsonre@missouri.edu



Missouri 4-H Chicken BBQ Recipe Contest - Contest runs: September 1-30, 2020

Instructions:

- Select your favorite cut of chicken.
- Create an original recipe featuring that cut. Be creative!
- Prepare your recipe and document the steps you take to make it.
- Submit your recipe as one file (PDF preferred) using this [Qualtrics link](#).

Minimal pieces to include in your submission:

- Your name, county, and club
- Recipe name
- Story/description about your recipe
- Ingredient list
- Step-by-step instructions
- Photo of each step

A top recipe will be selected in each age division and winners will have their recipe shared in the October edition of the Missouri 4-H Electronic Youth Connection (EYC) newsletter, on Missouri 4-H's Facebook page, and be included in the Missouri 4-H Bicentennial Cookbook.

If you are excited about this opportunity, consider competing in the 2021 Missouri 4-H Chicken BBQ Contest at the Missouri State Fair!



Resources from the National Chicken Council: [Safety and Handling Tips](#) [Health Benefits](#)



From the Missouri 4-H Foundation - America's Farmers Grow Communities

Now through Nov. 1, eligible farmers can enroll in the Bayer Fund's America's Farmers Grow Communities program for the chance to direct a \$2,500 donation to a local eligible nonprofit of their choice. Since 2010, the America's Farmers programs have awarded \$57 million to thousands of nonprofits, schools and Ag students across rural America. To enroll for a chance to direct a donation, farmers can visit [here](#) or call 1-877-267-3332 toll-free.



Missouri Bicentennial Poster Contest Reminder

Due date is October 31, 2020

Students MUST have a sponsor to submit their poster. All 4-H clubs can sponsor up to four people – two from the elementary grades (3-6) and two from the secondary grades (7-12). Contest and submission details are [here](#).

Give us a quote

If you have something great to say about 4-H, please share it with us! We are in need of quotes from Missouri 4-H'ers and volunteers to use to convince others to join the 4-H family. You might see these on social media, our website, our Annual Report, or other places. We will only identify you by your first name, age and county when using your quote. For example: Megan, age 13, Your County.





Make a pet toy with PALS (Preventing Animals from Living on Streets)

Join St. Louis County 4-H'er Abi to learn how to make a toy that your cat or dog can play with out of recycled fabric! There are three dates to choose from - September 5th, October 3rd, or November 7th at 4:00 PM. Please register at the link below, and you will receive an email with the Zoom link prior to the session.

Materials needed for the Pet Toy session:

- . old t-shirts or fabric
- . a parent/guardian to supervise cutting (with younger youth)
- . a scissors that cut through fabric

If you want to add extra flair for a cat:

- . fabric scraps, feathers, bells, or fun things to attach
- . tacky glue or stronger.
- . twine, strings, or other material to tie with

Register for the free workshop [here](#).

Online Pollinator Classes

Bee & Me, a part of 4-H Science Matters in St. Louis County, is centered around educating youth about the benefits of home gardening and the importance of pollinators.

Pollinators Classes

Open to youth ages 10-14. Join us for a fun, interactive class about native bees and what they do! Learn about pollinators and how important they are to our environment. 4-H teens from St. Louis County will be teaching a session about native bees on two different dates, September 2nd at 7:00 PM and September 3rd at 4:00 PM. Both sessions will be held on Zoom. Please register for our free class at the link below.

[Register here.](#)

Gardening Survey

4-H Science Matters, a club in St. Louis County, is asking for people who have gardening experience to complete the survey below as part of their project. This survey is a part of our Healthy Bee & Me initiative, which seeks to educate the community about the importance of pollinators (bees) and the benefits of home gardening. With the responses, we will be able to provide firsthand accounts and unbiased data about the benefits of gardening and the correlation between one's experience with gardening and the impact it has had on one's life.

We will use this quantitative and qualitative data to write an article and have classes about our findings relating to how home gardening can improve lives. Please complete the survey by September 6th. [Take the survey here.](#)

Thanks for your help!

KidTalk: Language Scrapbooking for Science

KidTalk Language Scrapbooking for Science is a Citizen Science project investigating the effects of social distancing on child development launched by Yi Ting Huang at the University of Maryland at College Park and Joshua Hartshorne at Boston College. We are recruiting parents of children ages 1-8 from all over the US. Participants will use our app to answer survey questions and upload short recordings of their child's speech, which are shared anonymously with researchers. For more information about the project and to access the app, visit our [website](#).

Missouri 4-H Updates

Current and future registering events: We are continuing registration as normal for future events. Credit cards will not be charged until we hit the “accept” button. This will not happen until we are certain these are events are a go.



MISSOURI 4-H
FOUNDATION

Event/Opportunity:	Status:	Date:	Notes:
Sportfishing SLAM	Online		Deadline EXTENDED through August 31.
STEM Challenge		Deadline to register Aug. 31	Please see article for details.
MO 4-H Computer Science Pathways Prof Dev Opportunities Series	Moved all ONLINE	September 2	Topic: Incorporating National Youth Science Day activities and toolkits Register through 4-HOnline
MO 4-H Chicken BBQ Contest	Online	September 1-30	See article for details.
Pollinator Class	Online	Sept. 2nd at 7:00 PM Sept. 3rd at 4:00 PM (same content both dates)	Register here: https://forms.gle/CwykQXSCj4T9Cg9KA
Make a pet toy with PALS	Online	Sept. 5 th at 4:00 PM, Oct. 3rd at 4:00 PM Nov. 7th at 4:00 PM (same content all dates)	Register here: https://forms.gle/NJfPW2Am9nPbGD7G9
Livestock Judging	Online	September 12	Registration closed.
State 4-H Public Speaking Contest	Online	September 26	Registration Closes in 4-H Online Aug 30.
2020 State Team Tryouts (Shooting Sports)	In person	Varies per discipline: see chart above	
State 4-H Fashion Revue	Online	October 10	Registration Closes in 4-H Online Aug 30.
4-H Shooting Sports Fall Leader Certification Workshop	Cancelled		We are working on alternative solutions. Please stay tuned.
2020 Missouri State Shooting Sports Contest	Online	Submissions accepted Sept 1—20. No late entries will be accepted.	Registration: August 1--31 st at: http://moshootingsports.fairentry.com
Citizenship Washington Focus 2021	In person	Tentative Dates: June 25th – July 6th, 2021	Registration and payment plan begins in October.

Fundraiser(s):

Fourward Fund



Young people need us now more than ever. And we need them. The **FOURWARD Fund** will support Missouri 4-H’s capacity to create and deliver engaging, hands-on learning opportunities for all young people, continuing to guide them in mastering the skills necessary to navigate life and help their communities thrive even in the most difficult times. Your investment supports the power of 4-H and the power of young people across Missouri. [Give here.](#)



VIRTUAL QUILT auction

CALLING ALL QUILTERS! The Missouri 4-H Foundation will host a statewide quilt show and auction this fall 2020. We are currently seeking donations of handmade quilts. All proceeds will benefit county and state 4-H programs.

WANT TO DONATE?
Contact Ms. Chris Willow at 573-882-2680 or willowc@missouri.edu.



Shooting Sports Calendars Sales EXTENDED

After discussions with our Friends of the NRA representative, we will be extending the calendar sales through the end of September. This means no drawings will take place until the first Monday in October. Calendars that have been sold through 4-H Online will be mailed to purchasers prior to the first drawing. You may still purchase calendars through 4-H Online until mid-September. There is a limit of one order submission per member. In person sales can continue and we will be taking orders for county delivery. Contact your county shooting sports coordinator for details.



Missouri 4-H Calendars

At 4h.missouri.edu, you will find an icon that looks like this one. Click it and it will take you to the Missouri4-H Google Calendar. You can add it to your own Google Calendar! Remember, these are *state* dates only. Your county will have its own calendar.



Clover Kids Corner

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.



Penny Boats

Supplies: a partner, 12" X 12" piece of aluminum foil, Pennies, a tub of water

Procedure I:

1. With the sheet of foil, design and create a boat that will hold the most pennies.
2. After you make your boat, estimate (guess) how many pennies your boat can hold before it sinks.
3. On a piece of paper (science journal) draw a picture of your boat and write down your estimate or guess.
4. Put your boat in the water and see how many pennies your boat can hold by adding pennies one at a time before the boat sinks.
5. Write down the number of pennies it held.

Questions to Consider

1. How many pennies did you think your boat would hold (your estimate)?
2. How many pennies did it hold?
3. Did it hold MORE or Less than you thought it would?
4. If you could remake your boat what would you do differently?

Procedure II:

Get another piece of aluminum foil and create a new boat to see how many pennies your new boat design will hold before sinking. Draw a picture of your new boat. Write down you estimate (guess).

Questions to Consider

1. What did you do differently? Did you change your design?
2. What did you learn about sinking and floating? What shapes hold the most weight? Why do you think that made a difference?
3. What do you wonder?
4. Why are different boats shaped in different ways? (canoes, ships, barges, etc.)