

Dade County 4-H Newsletter

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Dear 4-H Families,

Being in youth development for almost forty years I have had a tremendous opportunity to hear many outstanding motivational speakers. I have all kinds of notes that I have saved from these various speakers. One of the opportunities that working at home has provided is that I have been tidying up my notes. I ran across one the other day, and I am not sure when it was or who said it, but it brings to light some insights on how to cope with what is happening now.

We have been encouraged by our Extension Director Marshall Stewart to do five activities as we move forward. These are to innovate, partner, communicate, lead and serve. While reflecting about these this week I believe it was fortuitous to come across this note, I scribbled a few years back. The points that I wrote down were Dare to Believe (innovate); Dare to Change (partner); Dare to Speak Up (communicate); Dare to Stand Strong (lead) and Dare to Trust (serve).

Dare to Believe (Innovate) – When we believe in ourselves it is easy to be innovative. If we believe in what we have and how to adapt it to what we are going through, then the end result will always be innovative. Over the years I have always tried to use the resources that are available to adapt them to what I need to do. Necessity, is said to be the mother of invention, whether it is using an old inner tube and baling wire to fix a pipe leak, so we can have water for overnight, or being adaptive to how we get club attendance and project hours in to complete our projects, we need to look at the big picture and at the spirit of law instead of the letter of the law.

Dare to Change (Partner) – There is a lot of truth in the old adage “two is better than one and a rope of many strands is not easily broken.” However, I find it very difficult to ask for help. Change, except from a vending machine, is inevitable. Reaching out to others, finding partners is challenging. You may have to change what you are doing a little to allow someone to help you. From my agriculture background I know that when you cross breed, the result is better than either of the parents. We also know from economics that businesses that complement each other and work together are better than those that compete. We just have to be willing to find that partner and change, not our missions, but tweak the differences so that both identities are better for the partnership.

Dare to Speak Up (Communicate) – Communicating is more than just talking. Speaking up is sometimes needed to communicate. A lot of times in a group and/or partnership it is easy to ignore a problem or an issue for the sake of “getting along”, not “rocking the boat”, not “wanting to cause a problem” when in fact the issue only gets larger. I refer to them as a “gorilla in the corner” or the “elephant in the room.” I’ve found out over

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More info: 4h.missouri.edu

the years, that everyone sees the problem and when it is brought out in the open everyone is usually relieved that someone was brave enough to breach the issue, to “speak up.”

Dare to Stand Strong (Lead) – It is said that leadership is getting people to go in the direction that they are supposed to go in and getting them to like it. Leadership along with integrity means standing strong for what you know is right, even when most everyone appears to be against it. I’ve found in most cases that they are not opposed to it, they are either misinformed or have the wrong information; that is why communication is paramount.

Dare to Trust (Serve) – Our whole system is based on trust. The major reason that we see our system breaking down is that we don’t trust one another. I believe that the major reason we don’t trust one another anymore is because we have lost our capability of serving one another. It is quite easy to isolate ourselves with the use of email and social media...it has been said that we are more connected and less attached than we have ever been. The basic way to trust one another again is to find ways to serve. The more we serve one another the more we will trust one another.

As we are going through this time of uncertainty let us rely on what we know, what we have accomplished in the past and how we have faced the challenges of our lives to move us forward. As we persevere we will come out of this better and stronger than we were before.

Have a good May!

Bob McNary 4-H Youth Specialist

Community Engagement SPECIALIST IN 4-H Youth Development MCNARYRL@MISSOURI.EDU

Dade County Extension Services Are Still Available

As we continue to work through this national health crisis, our primary focus is on the health and safety of all Missourians, especially our faculty and staff. Effective March 25, 2020, the Dade County Extension Office will be closed through May 3, 2020. Most of our services, like 4-H Training, Focus On Kids and Private Applicator Pesticide Training are available on line at www.Extension.Missouri.edu. The answering machine has an updated message and will be checked through-out the day. Bob McNary will be available via email (mcnaryrl@missouri.edu), office phone (417-637-2112) or Bob’s home phone (417-537-8628) if you have any questions.



Missouri 4-H LOVES our Volunteers!

4-H runs on the power of volunteers! Without YOU, we could not provide Missouri’s youth with caring mentors, passionate project leaders, and guiding club leaders who make 4-H what it is today. We cannot thank you enough for stepping up and being **TRUE LEADERS.**

Seeking Innovative 4-H Volunteer Leadership During the COVID-19 Season

We know 4-H must go on, but the postponement by MU Extension leadership of all face-to-face meetings for the current time means we need to get creative to continue the good work of 4-H. How have you navigated social distancing as a 4-H volunteer leader? Please [click here](#) to share your examples of innovative strategies you are using to deliver 4-H remotely. (These will be shared across the state.) Thank you for your assistance and dedication.

MFA Saddle Award

Complete the MO 4-H Level 3 Form and a short essay for a chance to be awarded a beautifully crafted saddle!

Applications due July 1



The MFA Saddle Award is a great opportunity for our members, ages 14-18, to share what they have learned in the 4-H Horse Program for a chance to be awarded a beautifully crafted saddle for their personal use! [More...](#)

Southwest Regional 4-H Camp Postponed



Missouri 4-H is committed to the health and safety of our members, our clubs, our communities, and our world. As we monitor the national and state response to contain the spread of COVID-19 and keep public health top priority, we have suspended meetings, programs, events and 4-H club gatherings through mid-May, and camps through August 2020.

Please Complete the Mandatory 4HOnline Core Volunteer Orientation

Unfortunate circumstances mean many of our volunteer groups cannot get together. This is surely frustrating as you are itching to get back into the swing of 4-H. **If you have not yet done so, please complete the 2020 4HOnline Volunteer Orientation.** This new orientation covers many updates to Missouri 4-H that were not covered in previous versions. **All 4-H volunteers must complete the 4HOnline 2020 Core Volunteer Orientation.** More than half of you have. We still have a long way to go. Thank you for your diligence! If you are unsure if you have completed the training, contact your local Extension office. **Internet Reliability an Issue?** Talk to your local 4-H staff to learn about “offline” options to complete this important training.

Report MOVEments SOON

The competitive period of the MOVE program ends on April 30th, 2020!

Reminders: *Reporting takes place in 4-HOnline from May 1st through May 15th*

Don't forget to enroll in the Move Across Missouri (MOVE) project (HF775) in 4HOnline by May 1st (If this is not done, you will not be given the option to report your participation.)

If you're reporting activity for a non-4-H member, you may email or mail in your activity log. Contact brandeberrys@missouri.edu for more information. For detailed instructions on how to complete the process, go [here](#).

4-H Computer Programming



Tuesday Evenings 4:30 - 5:45
Starting April 28 through May 26
Open to Anyone Ages 8-12
Free Registration on 4HOnline.com



Join a Zoom video conference class to learn how to use Scratch. This class is for those who have never tried computer programming or has little experience.

For more information email
[Kayce Amsden amsdenk@missouri.edu](mailto:Kayce.Amsden@missouri.edu)







We want you to know that while the world around us is out of routine, Missouri 4-H is still going STRONG! Our many members, volunteers, faculty, and staff have stepped up to keep 4-H going better than ever! Just because we can't meet together in person, doesn't mean the projects, activities, and learning stops! We are just finding new and different ways to get the job done!

Check our [website](#) and [Missouri 4-H Facebook](#) page frequently for updates! Make sure you are checking your county pages as well.

For even more resources, check out MU Extension's COVID-19 Resource [page](#).

Monday -- Friday Daily Facebook Schedule

Time	Opportunity	Description
10AM on Zoom	QuarantIME Challenge	Watch a short lesson and participate in the social media challenge for #MO4H.
11:30AM		Challenge is posted to the Missouri 4-H Facebook page for anyone to participate in. Winners will be selected the next morning at 10AM and sent a certificate.
10ish and 2ish	Teen Time with the State 4-H Council	The 4-H Council will post fun, learning activities on their Missouri State 4-H Council Facebook page (https://www.facebook.com/MO4HCOUNCIL/) and share them to the Missouri 4-H Facebook page.
11 AM	Cooking Connection	Join us for a healthy cooking segment put on by MU Nutrition and Health Extension.
1PM Wednesday and Friday	Show Me Your 4-H Demonstration	Find our Missouri 4-H Facebook post and comment with YOUR 1 to 5 minute demonstration. Show us what you can do #MO4H!
3:30PM	4-H Live: Online Learning	Each day there will be a project lesson—see the schedule for more details
5:00PM	Chick Watch	Join us on the Missouri 4-H Facebook page to learn about and watch the incubation and hatching of chickens.
Fridays	4-H Spirit Day	To participate, post a picture of you and your family in your 4-H gear to your social media pages and use #MO4HSpiritFriday so we can find you! You can also

post your photo in the comments of our weekly Friday post! GO #MO4H!



TENTATIVE Dates: June 26th – July 6th, 2021

For over 50 years, thousands of 4-H youth between the ages of 14 and 19 have traveled to Washington, DC to participate in Citizenship Washington Focus (CWF), a life-changing week that empowers 4-Hers to take their leadership skills to the next level for themselves and their communities. 4-H

youth are empowered to make a positive impact in their communities, their country, and their world.

For 2021, Missouri 4-H would like to take up to 50 youth to the National 4-H Conference Center in Chevy Chase, MD for an immersive leadership experience. Delegates will get to tour major landmarks in Washington, D.C., meet peers from across the country and develop their interpersonal leadership skills through event planning and execution. Missouri 4-H also adds a special extension to the trip to visit New York City's historic landmarks. During the 2021 CWF trip, delegates will have the unique opportunity to experience Independence Day in our nation's capital!

Cost to Attend: Approximately \$2500, made in 4 installments. This number is subject to change. Delegates will be responsible for raising their own funds, but delegation leaders will support the youth with ideas and some organized fundraising opportunities.

More information to come.... An application will be made available to families sometime in May 2020.

4-H State Fair Ambassadors August 13-23 – Missouri State Fairgrounds, Sedalia, MO

Is the Missouri State Fair at the 4-H Building a summer tradition for your family? Maybe the fair is a new experience for your family and you would like to learn more. Either way, have we got an opportunity for you!

We are looking for 4-H families who are willing to donate approximately 2 hours of their time to serve as “4-H Building Ambassadors” in the 4-H Building during the Missouri State Fair.

As a 4-H Building Ambassador, you will: 1. Greet people as they enter the 4-H Building. 2. Promote and answer questions about 4-H. 3. Help with the special activities held in the building.

Registration in 4-H Online: May 1 -- July 1.

If you have any questions, please contact Maria Calvert at calvertml@missouri.edu or 573-882-8835

Missouri 4-H Sportfishing Slam ends June 1

Like to fish? Already in the sportfishing project? Not in our sportfishing project? Join Missouri 4-H's new sportfishing challenge – open to all in 4-H! The “Sportfishing Slam” challenges members to stretch their knowledge and skills while learning more about the variety of fishing opportunities in Missouri! Catch a variety of fish from different Slam Categories (e.g. Pan Slam, Bass Slam, Lake Slam, River Slam) and enter your catches to compete regionally and state wide! Rules, forms, and leader board can be found on our Missouri 4-H Sportfishing [website](#)! Happy Fishing!





MISSOURI 4-H
FOUNDATION

Clover Classic Golf Tournament Postponed

As we monitor the national response to the COVID-19 pandemic and do our part to limit the spread of the virus, the Missouri 4-H Foundation has made the very difficult decision to cancel the Missouri 4-H Clover Classic Golf Tournament in June. Your safety and that of our greater community is our top priority. Instead, we will celebrate the *11th annual Missouri 4-H Clover Classic Golf Tournament in June 2021.*

College and Career Connections

These webinars will include sessions on college and career readiness, an invitation to attend the mini virtual 4-H Youth Futures College Within Reach Youth Conference, and presentations from various UM System schools on various majors and careers. The sessions offered will be appropriate for youth and adults who may be considering attending a higher education institution (tech school, community college, or a 4-year college/university) or considering a change in careers.

The first two sessions will begin:

April 30 at 2:00 PM (FAFSA, ACT, and Scholarships): register [here](#)

May 7 at 2:00 PM (Resume' Writing and Interviews): register [here](#)

Save the dates:

The 4-H Youth Futures College Within Reach Mini Conference will begin on June 22 from 11:00-1:00

The UM System schools presentations will be held on Tuesdays at 11:00 throughout the summer.

MO 4-H Computer Science Pathways Professional Development

These professional development opportunities are open to the public and are highly encourage for any professional working with youth. We would like you to encourage any interested parties to register for the webinars and trainings through 4-HOnline. We will send updates and reminders to all registrants.

Webinar Schedule

May 6, 2020 - Guest speaker, Destiny Eastep, Platte County R3 School District Project Lead the Way teacher

June 3, 2020 - Identifying and utilizing computer science curricula (Google CS, Scratch, Computer Science Playbook, Discover 4-H)

July 1, 2020 - Identifying and utilizing National resources and programs (AspireIT, National Inventors Hall of Fame, Girls Who Code)

August 5, 2020 - Collaborating with local and statewide partners (MU Extension, Missouri Afterschool Network, volunteers and other organizations)

September 2, 2020 - Incorporating National Youth Science Day activities and toolkits

For questions or more information, please contact Amanda Meek at meeka@missouri.edu or Laura Evans at evansla@missouri.edu.



2021 4-H Youth in Action Application deadline May 18

In the wake of COVID-19, the deadline for the 4-H Youth in Action Awards has been *extended to May 18!* You can share your story of developing passion, finding purpose, and inspiring others by [applying here](#) for the 4-H Youth in Action Awards for a chance to earn a \$5,000 scholarship and a trip to Washington, D.C.!

State Poultry Day Moving Online – June 13

After much consideration and out of an abundance of caution, it has been decided that we will not meet in person for the 2020 Poultry Day. However, we will be hosting a modified version of the contest this June. This modified version will consist of PowerPoint materials and Qualtrics forms (for scoring). We are also working on an option for those with limited access to technology and internet to still participate in this event.

Poultry Day will include: Judging Contest, Knowledge Exam, Educational Webinars and Resources

We will be providing more details at a later date. Registration is temporarily closed while we make updates for this new contest format.

As You Prepare for the Fair

Fair time is quickly approaching. Remember 4-H members must have 6 hours of project time to compete in fairs. If you are still showing pending in 4-Honline, it means we have not received your 4-H fee and therefore, you are not an active 4-H member. Please contact us ASAP so that we can get this resolved.

If you have any questions, sent us an email mcnaryrl@missouri.edu or give us a call and leave a message at 417-637-2112.

Project Records

Members - get a head start on completing your end-of-year project forms. A video is available to view - <https://www.facebook.com/watch/?v=400900313770949> . Forms can be found at: <https://extensiondata.missouri.edu/Pro/4h/Docs/GetInvolved/ClubManagement/ProjectLeader/Y620-project-record.pdf> and the scoring guide - https://extensiondata.missouri.edu/Pro/4h/Docs/4-H-Y620-scorecard_projectrecord.pdf Remember to take pictures all year of your project work too!

Missouri State Fair Cattle Barn Project

For the 2020 Missouri State Fair, the sand will be removed from the cattle barn stalls and will be replaced with mulch bedding. **A bedding fee of \$10 per head will be implemented for beef cattle exhibitors only. This fee will be collected along with beef cattle entries.** Dairy cattle, which show toward the end of the Fair, will still be allowed to bring in their own straw to place on top of the mulch bedding.

Missouri State Fair Swine DNA Cards

The deadline for Missouri State Fair exhibitor swine DNA cards to be postmarked has been *extended to June 15*. This extension is to assist exhibitors with meeting the requirements of the DNA cards.

Other important dates and deadlines for exhibitors will continued to be reviewed and modified if necessary as situations change. Information will be posted on the Fair's website, mostatefair.com, as it becomes available.

Missouri 4-H Updates

Due to the vast amount of changes in 4-H programming, we have compiled a list of opportunities/events and any details we have regarding them.

Postponed events: Refunds may be requested now by emailing the person listed in the notes column and giving your name and event. Refunds will be processed weekly on Fridays. MU's refund policy states we will refund money in the way it was received—for instance, if you paid by credit card, your credit card will be credited back. We will re-open the events for registration once we have a set date. If it is found an event must be cancelled, everyone will be refunded automatically.

Current and future registering events: We are continuing registration as normal for future events. Credit cards will not be charged until we hit the “accept” button. This will not happen until we are certain these are events are a go.

Event/Opportunity:	Status:	Original Date:	Notes:
MOVE Across Missouri	ON	Competition period is from Feb 1 to April 30. May 1-15 is the report period in 4-HO.	MOVE is primarily tracking your movements. It is important to still keep physically active at home! See ideas below!
4-H Feeding Missouri	ON	Jan 1 through April 30. All efforts should be moved online.	During this time, some families are in more need than ever. While 4-H volunteering and meeting is off for now, we can still use social media to ask for monetary donations. (see resources below)
MO 4-H Computer Science Pathways Professional Development Opportunities	Moved all ONLINE	March 28 & April 28 These face to face training are postponed.	Please see article for list of webinars.
Entrepreneur Pitch Challenge	Moving Online	Recognition will be by live Zoom session on MAY 18 .	May 3 registration deadline. See article for details.
National Volunteer Week	ON	April 19-25	We love our volunteers!
Western Heritage Leader Training Workshop	Postponed	April 24-26	Refunds (see note above): Patty at hudnutp@missouri.edu .
Horse Enrollment Forms (Y1440)	Extended	Deadline moved from May 1 st to June 1 st .	
4-H Day with the Cardinals	Cancelled	May 9	It will not be rescheduled. Refunds are being processed.
Shooting Sports Ambassador Applications	ON	May 15	
Missouri 4-H Equine Tour	Postponed	May 18-25	Looking for alternative dates. Refunds are being processed.
State Congress	Cancelled	May 27-29	The 75 th Congress will be June 2-4, 2020. Refunds are being processed.
Public Speaking Academy	Cancelled	June 16-17	
State Sportsfishing Contest	ON	June 20	Registering as normal.
State Poultry Day	Moved Online	June 13	Registration temporarily closed for rework for new format.
Aerospace Camp at Missouri S&T	Cancelled	July 14-16	
SMQA	Extended	Moved from June 1 to July 1	Please remember you can take this training online at http://agebb.missouri.edu/smqa/
College & Career Connections	Online	This series of webinars will connect young adults with the resources they need to prepare for college and beyond.	
FAFSA, ACT, and Scholarships		April 30 at 2:00	https://extension2.missouri.edu/events/look-forward-to-a-brighter-future-zoom-session
Resume' Writing and Interviews		May 7 at 2:00	https://extension2.missouri.edu/events/resume-and-interviewing-zoom-session
4-H Youth Futures College Within Reach Mini Conference		Begins on June 22 from 11:00-1:00	Details coming soon
UM System schools presentations		Tuesdays at 11:00 throughout the summer	Details coming soon

Clover Kids Corner



Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.

Plant a Garden

You don't need a huge patch of land to grow a garden. A small square of backyard or a flowerpot on a balcony or sunny windowsill will do just fine! With a little bit of care, you and your family can enjoy tomatoes or flowers that you grew together.

Supplies

- A seedling tomato, herb, or flower (look for these at supermarkets, garden centers, or farmers' markets)
- A trowel
- A flowerpot, window box, or sunny patch of backyard
- Potting soil (if you are using a flowerpot or window box)
- A watering can

Here's How Fill your flowerpot or window box about three-quarters full with potting soil. If you are planting in your backyard, select a site.

With your trowel, dig a hole deep and wide enough to hold the roots of your plant. Be sure your flowerpot will provide enough space for the roots to grow. Place the plant in the hole, then fill in the dirt around the roots. Pat the dirt down gently, but don't pack it down too tightly. Water your plant immediately after planting. A little water is best. If you are using a flowerpot or window box, place your plant in a sunny spot near a window. Water it every few days or if the soil is dry. When your tomatoes or herbs are ready for harvest, choose a recipe to make and share with your family.