

# Dade County 4-H Newsletter

## **BOB MCNARY**

University of Missouri Extension

Dade County

2 N. Main Street

Greenfield, MO 65661

417-637-2112

<http://extension.missouri.edu/dade>

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More info: [4h.missouri.edu](http://4h.missouri.edu)

Dear 4-H Families,

Through the course of a year, I usually have several opportunities to be present in an interview situation where 4-H members share their learning experiences, 4-H goals, and plans for the future. I am always impressed with their ability to express their thoughts before a panel of judges. What do these 4-H members tell us? I thought I would share just a sampling of what I hear; I am sure that parents, Club Sponsors and Project Leaders will be pleased with these 4-H members and with what they have to say.

“I am a 4-H member because at one time someone told me about 4-H and took me to a club meeting. I am a 4-H member because someone cared enough to discover what I might be interested in and helped me to enroll in a project. I am a 4-H member because my parents and other adults helped me with that first project. I had fun, I worked hard, I learned new things and met other people. I met other young people like me, and I met older kids and adult volunteers who all worked together. We worked on our projects, and we worked together as a club.”

“I was scared the first time that I had to give a project demonstration, but I watched others do it, and I was encouraged to try. It really wasn’t that difficult. It gets easier as you gain experience.”

“I didn’t think I could fill out report forms. Papers are so confusing, but after I worked through these a couple of times, with some help, I figured out that they weren’t so hard after all.”

“4-H has taught me to accept responsibility, help others, share my ideas, speak in front of a group, volunteer, prioritize my activities, make plans and think about my future. Showing my projects has taught me how to use my time wisely, explain my decisions, (whether in caring for an animal or constructing an item) and I have also learned how to budget my expenses and income.”

“When I was a Clover Kid, I decided that someday I wanted to be an officer in my club. After a few years I got to be an officer. Then I went to Leadership Training.”

“When someone says “tell me about yourself,” I tell them I am a 4-H member. 4-H has affected every part of my life. 4-H has helped to make me what I am and who I am.”

This, I believe, is one of the most important life skills we help our 4-H members develop. When someone can express their thoughts in a concise, coherent, comprehensible and complete way, it impresses everyone to which they speak.

Have a good March!

**Bob McNary 4-H Youth Specialist**

Community Engagement SPECIALIST IN 4-H Youth Development [MCNARYRL@MISSOURI.EDU](mailto:MCNARYRL@MISSOURI.EDU)

## **RATT to Northwest Arkansas April 18, 2020**

**What:** the RATT is the Regional Action-Packed Trip for Teens

**Who:** Southwest Missouri 4-H members ages 12 and up by January 1, 2020

**Cost:** \$60

**Where:** Bentonville, Rogers, and Springdale Arkansas  
See attached flyer for registration information.

**Schedule:**

1. Crystal Bridges Museum of America Art
2. Lunch
3. Walmart Museum/Walton's 5-10
4. Shopping at Pinnacle Hills Promenade shopping center
5. Northwest Arkansas Naturals baseball game

**Registration and payment are due in your county office March 31, 2020.**

## **4-H – Zootopia**

Camp dates have been set for June 2020.

**June 13-14** Counselor Training,

**June 14-17** Member Camp 1,

**June 17-20** Member Camp 2,

**June 20-21** Clover Kids Camp,

**June 21-25** Teen Camp.



Camp is held each year at Camp Smokey, a group facility in beautiful Roaring River State Park in Cassville, Missouri. Counselor Training is an overnight for all teens who are selected to serve as a counselor to the younger members at Clover Kids or members camps. Members Camps are for 4-H'ers ages 8-12, Clover Kids Camp is for members ages 5-7 (with a parent) and Teen Camp is for members ages 13-18. Teens must apply and be accepted to work as a counselor. Counselors work with 4-H Staff to develop and facilitate camp. Counselor applications and camp registrations will be available sometime in April. Put the dates into your 2020 calendar and plan to come to camp! Members young and old say 4-H camp is the best part of their summer! We hope to see you there!!!

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## **Project Records**

Members - get a head start on completing your end-of-year project forms. A video is available to view -

<https://www.facebook.com/watch/?v=400900313770949> . Forms can be found at:

<https://extensiondata.missouri.edu/Pro/4h/Docs/GetInvolved/ClubManagement/ProjectLeader/Y620-project-record.pdf> and the scoring guide - [https://extensiondata.missouri.edu/Pro/4h/Docs/4-H-Y620-scorecard\\_projectrecord.pdf](https://extensiondata.missouri.edu/Pro/4h/Docs/4-H-Y620-scorecard_projectrecord.pdf)

Remember to take pictures all year of your project work too!

# 4-H Day with the Cardinals

Saturday May 9, 2020 at St. Louis Busch Stadium

4-H members, alumni, families and their friends are invited to join us for 4-H Day with the St. Louis Cardinals. The Cardinals will be playing the New York Mets in a 1:15 p.m. game in Busch Stadium. Prior to the game, 4-H members and their parents/leaders can take part in a parade around the ball field—that's right, participants will actually get to go down on the field and march one time around the stadium behind their state or county 4-H banner. Everyone who orders a ticket through 4HOnline will receive a specially designed t-shirt featuring the 4-H and Cardinals logos to commemorate the day. Note: Groups of families or county groups that wish to sit together must submit on one order. Register through 4HOnline. Games tickets are \$28 each. All orders must be submitted by March 23rd. Tickets and t-shirts will be mailed on April 27.



**Raffle:** You could throw out the first pitch of the game, get an autographed baseball, or win other great prizes! 4-H members who participate in the 4-H raffle will have a chance to be selected to throw out the first pitch, and other family members, alumni, and guests can win other great prizes. Each person who completes Section B of the registration process will receive one chance to be selected for every \$1 they donate to the 4-H Day with the Cardinals Raffle Fund. You must order tickets during registration process to participate in the raffle. Check out the list of prizes on the 4-H Day with the Cardinals website. For more information call (636) 528-7038 or check out the [website](#).

Payment by credit card only. **EVENT CANCELLATION AND REFUND POLICY:** All sales are final. No refunds will be granted. **Registration Closes March 23, 2020.**

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## State 4-H Congress Registration

This year we are celebrating the 75th Anniversary of 4-H State Congress on May 27-29! Any youth 4-H age 14-18 is invited to attend. The cost is \$200 and includes:

- Networking with 4-H'ers from across the state
- Career preparedness workshops
- Meeting & interacting with the 2020-21 State 4-H Council members that represent your region
- A banquet celebrating the 75th Annual Congress


### Registration:

- March 1 to April 15 in 4-HOnline



*Chaperones & CURRENT State Council Members may register NOW until April 15*

#MissouriCounts



2020  
MISSOURI  
CENSUS  
YOU count  
Extension

**Call to ALL 4-H'ers:**  
**Be counted in the 2020 Missouri census**

In Missouri 4-H, we take civic engagement seriously and one of the ways to be a good citizen is to make sure you are counted in the 2020 Census! Please use [this information](#) to educate yourself, your family, your friends, and your 4-H club about why they should be counted in the census.

## Wildlife Habitat Education Program

WHEP is coming back! Volunteers and participants needed!

If you are interested in participating in this hands-on environmental education program aimed on growing wildlife knowledge and teaching wildlife and fisheries habitat management contact your county 4-H extension office or [laurabrowning@missouri.edu](mailto:laurabrowning@missouri.edu).

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## 2020 National 4-H Forestry Invitational

Looking to grow your knowledge and challenge yourself in the importance of conserving forestland? Interested in Tree Id and other forestry skills? Consider joining the State 4-H Forestry team in a bid for the National 4-H Forestry Invitational! Ages 14-18. If interested please contact [laurabrowning@missouri.edu](mailto:laurabrowning@missouri.edu)

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## Introducing the Missouri 4-H Sportfishing Slam

Like to fish? Already in the sportfishing project? Not in our sportfishing project? Join Missouri 4-H's new sportfishing challenge – open to all in 4-H! The “Sportfishing Slam” challenges members to stretch their knowledge and skills while learning more about the variety of fishing opportunities in Missouri! Catch a variety of fish from different Slam Categories (e.g. Pan Slam, Bass Slam, Lake Slam, River Slam) and enter your catches to compete regionally and state wide! Rules, forms, and leader board can be found on our Missouri 4-H Sportfishing website starting March 1! Happy Fishing!



## JOANN Fabric & Crafts “Pay it Fourward”

JOANN stores re helping 4-H bring more hands-on programs to local communities across the nation to inspire kids to lead lives with their heads, hands and hearts. *Between March 1-April 30, 2020 visit your local JOANN store to support Missouri 4-H.*



## Log those MOVEMENTS

Missouri 4-H is in the competitive period of the MOVE program (Feb 1—April 30). Don't forget to log your MOVEMENTS! For more information about MOVE go to

<https://extension2.missouri.edu/programs/missouri-4-h/4-h-opportunities/4-h-prog/4-h-move-across-missouri>





## Missouri 4-H Shooting Sports Ambassador Program Applications now being accepted

Missouri 4-H Shooting Sports Ambassador Program is designed to promote 4-H and 4-H Shooting Sports. Youth selected to serve as Ambassadors will receive training that will allow them to return to their home counties and advocate for the program at the county, regional, and state level. Ambassadors provide public relations support at special events such as donor/sponsor functions and also serve as spokespersons for the 4-H Shooting Sports Program, helping to make 4-H and the 4-H Shooting Sports Programs more visible. The Ambassador's further develop their skills in leadership, public presentation, citizenship, community service, public relations and team building.

Applicants must be at least 12 years of age by January 1, 2020 to apply. It is recommended that the candidates also have at least one year left in 4-H. This Program will serve as a gateway to becoming a National 4-H Shooting Sports Ambassador. Application packets are available on the Shooting Sports Ambassador [web-page](#). Application deadline is May 1, 2020.

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## 1st Time Youth Livestock Exhibitor Grant

The Missouri State Fair Foundation is on a mission to cultivate the next generation of Missouri agriculture. Our members recognize the important life lessons learned by exhibiting livestock. They also understand exhibiting livestock at the Missouri State Fair can be costly. Due to the generosity of our members and friends, we are offering approximately twenty \$500 scholarships to first-time livestock exhibitors at the 2020 Missouri State Fair. This grant is an effort to encourage more youth exhibitors to show for the first-time at the Missouri State Fair. It is our hope that by offsetting some of the costs incurred by exhibiting livestock, more young people will be able to benefit from this invaluable learning experience. Due March 20, 2020



## 4-H Feeding Missouri Social Media Challenge



Plan to take part in our 4-H Feeding Missouri social media challenge from March 1st to March 8th. You can participate by posting on *your* Facebook page a photo, video, or description of what YOU and your club/county are doing for the 4-H Feeding Missouri effort. Mention us @missouri4h AND use #4HFeedingMO to enter. Make sure to tell your followers how they can help by telling them about your food drive or sharing the link so they can donate monetarily (that link is <https://feedingmissouri.org/4h/>). A winner will be chosen at random from entries and announced on March 9th.

*Don't forget to report your 4-H Feeding Missouri Efforts as you go.*



**APRIL 18: COME to CAMPUS**  
**EXPERIENCE ALL THINGS BLACK AND GOLD AND GREEN**

As part of MU's Show-Me Mizzou Day on April 18, 2020, MASN and Missouri 4-H are hosting three separate events to showcase youth skills! Sign up to participate in one of these events OR just come to campus and explore!

Where to Find 4-H: Conley Avenue in front of Jesse Hall  
4-H Ag & Natural Resources Booth  
4-H Shooting Sports Booth  
All Things 4-H Booth

Gwen Hall  
4-H Commodity Carnival Booth

Memorial Union: North side; 2nd floor

### **Young Entrepreneurship Pitch Challenge**

The Young Entrepreneur Pitch Challenge is a fun and exciting youth business idea pitch contest open to ALL K-12 afterschool students and 4-H'ers throughout Missouri. The pitch challenge supports young people in developing 21st Century workforce readiness skills. By developing a mindset and skill set of an entrepreneur, young people have an edge for ANY career path they choose. Educators and families: download this free toolkit to help students create and prepare their pitch presentation! The event will be held from 10 a.m. to noon. More information will be available at www.moafterschool.org near the end of February. The deadline to register will be April 3.

### **4-H STEM Extravaganza**

Come showcase your teamwork, engineering, programming and problem-solving skills at the Missouri 4-H STEM Extravaganza. There will be a few contests: Autonomous tennis Ball Collector (AtBC), Robot Exhibition, Scratch Google Doodle, and STEM Projects Exhibition. There will be STEM workshops and activities for youth and adults.

This is an individual or team challenge: youth may be part of a team of 2-5 youth in the same age division. There is a participant fee of \$10 per youth; with \$5 entry fee per youth per challenge entered. For more details click here.

4-H'ers register in 4-HOnline beginning March 1 through April 10.

Afterschool programs may register here.

Contact Amanda Meek, 314-400-7386, meeka@missouri.edu with questions.

### **Chess Tournament**

Afterschool youth are invited to compete in a statewide chess competition held at the University of Missouri campus as part of Show-Me Mizzou Day. All youth are guaranteed at least two rounds.

## Missouri State Fair Nose Print Reminder

The deadline for providing a legible nose print on a card with proper identification is March 15<sup>th</sup> for steers and market heifers and June 15<sup>th</sup> for lambs and meat goats. The nose prints must have the correct postmark date on them, and also be received within 10 days following. (Faxes are not acceptable; postmarks must meet deadline dates; metered mail is not preferred, but if used, please allow sufficient time for delivery.) Below you will find a copy of the rules surrounding nose prints from the state fair premium guide for reference.

### **NOSE PRINTING STEER, MARKET HEIFER, MARKET LAMBS AND MEAT GOATS**

- A. Each Agriculture Teacher and Extension Agent will be responsible for mailing or delivering ALL cards to the Missouri State Fair by the deadline specified in this premium catalog. Nose print cards will only be mailed to and received from Agriculture Teachers and Extension Agents. No nose prints will be accepted from individuals. There will be no exceptions.
- B. The deadline for providing a legible nose print on a card with proper identification is March 15 for steers and market heifers; and June 15 for lambs and meat goats. The nose prints must have the correct postmark date on them, and also be received within 10 days following. (Faxes are not acceptable; postmarks must meet deadline dates; metered mail is not preferred, but if used, please allow sufficient time for delivery.)
- C. Nose prints must be on the card provided by the Missouri State Fair and show the date, exhibitor name, county, and animal ID number. The ID number may be a tattoo or ear tag.
- D. The nose print card is for file reference only and does not constitute an entry into any class. Normal entry procedures must be followed per the Missouri State Fair 2018 premium guide.
- E. Each exhibitor may nominate a total of six (6) steers and six (6) market heifers. These may be the same or different breeds. Steers and Market Heifers may be purebred, crossbred or a combination to be nominated.
- F. Each exhibitor may nominate a total of ten (10) market lambs. A given animal may be nominated by brother or sister on separate forms.
- G. Each exhibitor may nominate a total of ten (10) meat goats. A given animal may be nominated by brother or sister on separate forms.
- H. An exhibitor may enter an animal in the Missouri State Fair that does not have a nose print or barrow DNA card on file, but such animal will not be eligible for breed champion or Grand Champion in that division.

## Community Improvement Grants Available to 4-H and FFA Youth

Developing a thriving rural Missouri is important to FCS Financial. The Shaping Rural Missouri grant program offers Missouri 4-H and FFA organizations \$500 grants to implement projects that will benefit their rural communities and youth development.

“Providing opportunities for rural community development is important to FCS Financial because our employees and customers live in these same areas,” said Scott Gardner, Vice President, Sales & Marketing. “These grants not only strengthen our rural communities but allow our youth to work as a team to accomplish a goal.”

Funds are awarded to assist club or chapter members in bringing positive change by establishing projects that make their local communities better places to live. FCS Financial encourages applicants to collaborate with other community organizations to develop and complete their improvement project.

Last year, FCS Financial funded 44 projects across Missouri. Youth built picnic tables, planted trees and landscaped school grounds to improve their local communities.

Since the grant's inception in 2012, more than \$140,000 has been distributed across Missouri. Applications are online and due April 1, 2020. Apply or find more information about the Shaping Rural Missouri grant program at [www.myfcsfinancial.com](http://www.myfcsfinancial.com), click on the About Us tab and then select Community Giving or call 1-800-369-3276 ext. 1173.

## State Fair Demonstration Registration Opens 3/1/2020

Registration for State Fair demonstrations will open in 4-H Online on March 1<sup>st</sup>. Some general information regarding demonstrations is below and can also be found in the 4-H Building Guidelines.

1. Demonstrations must have earned a blue ribbon at a county achievement event and have been selected for State Fair.
  2. 4-H Staff must approve general and working demonstration in 4HOnline as close to July 15 as possible.
  3. A member is limited to ONE DEMONSTRATION in the 4-H Building.
  4. Team Demonstrations may consist of no more than three (3) members. An exception is made for skits presented in Theatre Arts project. Theatre Arts may consist of no more than seven (7) members. Please refer to specialty contests which may have stricter rules.
  5. Demonstrations involving firearms, live animals, open flames, or other unusual circumstances must call Patty at 573-882-1441 in the State 4-H Office for pre-approval.
  6. Each 4-H member eligible to demonstrate will need to select date preference in 4HOnline. The demonstration schedule is posted on the Missouri 4-H website (<http://mo4h.missouri.edu>) after August 1, 2020.
  7. Demonstrators must provide their own ingredients, equipment, extension cords, and props. A three-prong electric outlet, demonstration table, and easel will be provided by the State Fair 4-H Building staff.
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## 4-H Shooting Sports Leader Certification Workshop

**April 3-5, 2020** at Pinecrest, Fredericktown, MO. **Check-In:** 6:00- 7:15 pm Friday, April 3 for ALL participants. **First Session:** 7:30 pm – Friday and **Final session concludes:** 3:15 pm – Sunday. **COST:** \$100 - includes 5 meals, overnight lodging (1 or 2 nights), and workshop materials. **REGISTRATION:** Required no later than March 15. *All participants must attend Friday night session. Volunteer orientation is a separate requirement that cannot be completed at workshop.*

**Registration is limited and will close when a discipline class reaches maximum number; or when the camp is full.** All registrations accepted on a first-come, first-served basis when accompanied by fee. Workshops usually fill up before the deadline, so don't delay!

**Registration must be done via 4HOnline** and payment can be selected as credit card or check. Family members already in the 4-H Online system should access their family profile to register. *If new to 4-H, you are asked to go to the internet and use either Chrome or FireFox browser (not Internet Explorer) at <https://mo.4honline.com> and follow the instructions on creating a family and adult profile.*

The workshop will be composed of 18-20 hours of training. Twelve hours of that time will be for a specific discipline (project). Training will include covering the curriculum and lesson plans from the National 4-H Shooting Sports program, opportunities to teach to your peer group, and a range practicum. The philosophy and principles of working with 4-H youth is a critical part of the training.



# Hunting & Outdoor Skills Leader Workshop

**March 27-29, 2020** at 4-H Center for Youth Development at 1110 S College Ave. in Columbia, Mo. **Cost:** \$30 per person; includes 3 meals (2-Sat & 1-Sun); **lodging NOT provided. Pre-registration:** deadline is March 15 in 4-H Online.

Here is your chance to become certified to teach the 4-H Hunting & Outdoor Skills project of the Shooting Sports program. Participate in active learning as you become acquainted with this challenging, yet FUN project. Learn first hand from the state instructors on how to lead a local/county Hunting Skills program. Experience various teaching activities that have proven effective for youth. Receive answers to your questions. And become part of a network of other Hunting Skills volunteer instructors.

## Pre-requisites:

- Completed Missouri 4-H Volunteer application/screening process.
- Complete mandatory Volunteer Orientation (or do so in near future)
- Willing to work with local 4-H members.
- Previous Shooting Sports certification is **REQUIRED**.

**Lodging notes:** Lodging will not be provided for this workshop. Attendees will need to secure their own accommodations. Please indicate on your registration form whether you are arriving Friday evening or Saturday morning.

**To Bring:** Bring clothing & accessories appropriate for a variety of weather. It can be cool or warm, it might be wet. There is not a lot of outdoor activity, but be prepared. You will need notebook and pen/pencil.

This workshop is dedicated entirely to the Hunting & Outdoor Skills (SS749) project. There will be no other disciplines taught, no general sessions...just Hunting and Outdoor Skills stuff all weekend. Do not miss it!

## National Volunteer Week is Coming

April 19-25 is National Volunteer Week and 4-H has MANY volunteers! We would like to highlight a few of our volunteers, and we need YOUR help! If you know an awesome volunteer we want you to send an email to Sherry Grace at [gracesk@missouri.edu](mailto:gracesk@missouri.edu) with a short blurb about how they volunteer in 4-H, what makes them awesome, and a photo or 2 of them in action. Make sure to include their name and county. Thanks for your help!

## Missouri 4-H Calendars

At [4h.missouri.edu](http://4h.missouri.edu), you will find an icon that looks like this one. Click it and it will take you to the Missouri 4-H Google Calendar. You can add it to your own Google Calendar! Remember, these are *state* dates only. Your county will have its own calendar.

## AmazonSmile Program

Did you know that when you shop for the holidays at [smile.amazon.com/ch/43-6044367](https://smile.amazon.com/ch/43-6044367), AmazonSmile donates to Missouri 4-H Foundation? Help Missouri 4-H this holiday season while you shop.

# Clover Kids Corner



Through Clover Kids clubs, children learn how to get along, share and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five-to seven-year olds to the 4-H concept of learning by doing.

## **Bread in a Bag**

### Ingredients

2 cups white flour  
1 cup whole wheat flour  
3 tablespoons powdered milk  
3 tablespoons sugar  
1 teaspoon salt  
1 envelope or 1 Tablespoon rapid rise yeast  
3 Tablespoons vegetable oil  
1 cup warm water (120°F to 130°F)  
Extra Flour for kneading



### Directions

Combine white flour, whole wheat flour, yeast, sugar, salt, and powdered milk in a 1-gallon heavy duty Ziploc freezer bag. Squeeze upper part of bag to force out the air. Shake and work bag with fingers to blend ingredients. Add hot water and oil to dry ingredients. Reseal bag. Mix by working bag with fingers until the dough is completely mixed and pulls away from the bag. On floured surface, knead dough 5 minutes or until smooth and elastic. Put dough back into bag and let it rest 10 minutes. If working in teams, divide dough in half and shape. Let rise until double in size. Bake at 350 degrees for 20 to 30 minutes until golden brown. Remove from pan and cool on wire rack or dish towels. If time is limited and a stove is unavailable, children can take dough home to bake.

Source: <http://www.montana.edu/wwwpb/yuth/recipe.html>

## **Butter**

### Ingredients

Heavy cream  
Jar with a lid



### Directions

Pour heavy cream into a jar with a lid. Screw the lid on tight and begin to shake it. The cream has “globs” of fat and protein. By shaking the jar, the fat and protein move around in the cream and stick together. Keep shaking the cream back and forth until it thickens. It takes about 10 minutes to turn to butter. The leftover liquid is buttermilk.