

Dade County 4-H Newsletter



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Dear 4-H Families,

As part of the 4-H Pledge says “I Pledge My Heart To...”

As we come to the month of February we cannot help but think of Valentine’s Day and its symbol, the Heart. We know that the heart is a very important part of the body, functioning as the pump which provides the body’s life giving and sustaining blood to all parts of the body. In addition to this physical function of the heart, the heart is also the symbol for the center of our emotional life as well.

As the heart represents the center of the emotional side of our life, I am reminded of the little chorus that I learned as a youngster which goes, “Listen to your heart beat pitter, pitter, pat. Your heart will tell you this; and your heart will tell you that. You better be careful what you put inside, for what you put in you cannot hide.” Also we are reminded that what we like and/or love to do is where our heart is, as in the phrase “put your heart in it.” Thinking about this side of our heart we need to be ever mindful of what we do and how we do it.

When we think about what we do and how we do it, we need to remember that we need to do our 4-H work not only by putting our “heart” into it, but also remembering that we need to do it so that it is something worthwhile. Just as the heart pumps the blood to every part of the body, each new life experience that we grow through, each project that we complete, has a tremendous effect on all aspects of our life. Our 4-H projects are not completed just for the rewards we earn at the fairs where we exhibit our projects, but also that this work will help us become a better person and that this better person might help others along the way. Through our projects we not only gain very valuable information, but we also practice important skills that will affect us throughout the rest of our lives.

It is through our projects that we learn very valuable life skills, with the help of a caring adult to do, reflect, and apply. Just as our Club leaders and Project leaders share their time and talents, each 4-H member can find ways to pass along to others what they have learned in 4-H. It is through learning these life skills that we can really put our heart into everything that we do.

Have a great February!

Bob McNary 4-H Youth Specialist

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Just a Reminder – If you received a gift certificate at the Dade County 4-H Banquet. You may combine your certificates and use your total to select your gift from the 4-H Shop. Please turn in your requests for items by March 1st to the Extension Office, so we can get your items ordered and help us save on shipping cost.

4-H Camp

Camp dates have been set for June 2020. June 13-14 Counselor Training, June 14-17 Member Camp 1, June 17-20 Member Camp 2, June 20-21 Clover Kids Camp, June 21-25 Teen Camp. Camp is held each year at Camp Smokey, a group facility in beautiful Roaring River State Park in Cassville, Missouri. Counselor Training is an overnight for all teens who are selected to serve as a counselor to the younger members at Clover Kids or members camps. Members Camps are for 4-H'ers ages 8-12, Clover Kids Camp is for members ages 5-7 (with a parent) and Teen Camp is for members ages 13-18. Teens must apply and be accepted to work as a counselor. Counselors work with 4-H Staff to develop and facilitate camp. Counselor applications and camp registrations will be available sometime in April. Put the dates into your 2020 calendar and plan to come to camp! Members young and old say 4-H camp is the best part of their summer! We hope to see you there!

4-H Day with the Cardinals

Saturday May 9, 2020 at St. Louis Busch Stadium

4-H members, alumni, families and their friends are invited to join us for 4-H Day with the St. Louis Cardinals. The Cardinals will be playing the New York Mets in a 1:15 p.m. game in Busch Stadium. Prior to the game, 4-H members and their parents/leaders can take part in a parade around the ball field—that's right, participants will actually get to go down on the field and march one time around the stadium behind their state or county 4-H banner. Everyone who orders a ticket through 4HOnline will receive a specially designed t-shirt featuring the 4-H and Cardinals logos to commemorate the day. Note: Groups of families or county groups that wish to sit together must submit on one order. Register through 4HOnline. Games tickets are \$28 each. All orders must be submitted by March 23rd. Tickets and t-shirts will be mailed on April 27.

Raffle: You could throw out the first pitch of the game, get an autographed baseball, or win other great prizes! 4-H members who participate in the 4-H raffle will have a chance to be selected to throw out the first pitch, and other family members, alumni, and guests can win other great prizes. Each person who completes Section B of the registration process will receive one chance to be selected for every \$1 they donate to the 4-H Day with the Cardinals Raffle Fund. You must order tickets during registration process to participate in the raffle. Check out the list of prizes on the 4-H Day with the Cardinals website. For more information call (636) 528-7038 or check out the [website](#).

Payment by credit card only. **EVENT CANCELLATION AND REFUND POLICY:** All sales are final. No refunds will be granted.



Wildlife Habitat Education Program

WHEP is coming back! Volunteers and participants needed!

If you are interested in participating in this hands-on environmental education program aimed on growing wildlife knowledge and teaching wildlife and fisheries habitat management contact your county 4-H extension office or laurabrowning@missouri.edu.



FOUNDATION FOR
THE PRESERVATION
OF HONEY BEES, INC.

2020 National 4-H Beekeeping Essay Contest: Call for Entries

Submission Deadline: February 15, 2020

to 4hyouth@missouri.edu or hard copy to Missouri State 4-H Office.

2020 Essay Topic: Overwintering: Bee Survival through the Cold Season

Honey bees have developed special skills to overwinter in the United States. Please discuss one of these skills and then include a discussion about what you do to prepare your hives for winter. Include a photo of one of your hives, either using infrared technology or showing winter wrap, hay bales, special feeders, etc. to demonstrate how you prepare your hives for winter.

Three cash prizes will be awarded in the 2020 National 4-H Beekeeping Essay Contest: First Prize \$750, Second Prize \$500, Third Prize \$250

Sportfishing

Like fishing but currently not participating in our Sportfishing projects? In our Sportfishing projects but not able to make it to our State Sportfishing Day?

Look for a new sportfishing contest to be announced mid-February – open to ALL in 4-H – only requires you to reach your local fishing hole!



MOVE Starts February 1

If you have not yet downloaded your [paper tracking system](#) to track your MOVEMENTS, it is time! Using this, youth and their families will log the number of minutes they accumulate during the competitive period of the MOVE program (Feb 1—April 30). Then May 1-10, you will report your numbers in 4HO—details coming in April.

Missouri 4-H Calendars

At 4h.missouri.edu, you will find an icon that looks like this one. Click it and it will take you to the Missouri 4-H Google Calendar. You can add it to your own Google Calendar! Remember, these are *state* dates only. Your county will have its own calendar.

April 4



Horse Bowl State Contest

The primary objective of Horse Bowl contests is to provide an opportunity for youth enrolled in 4-H horse projects to demonstrate their knowledge of equine related subject matter in a competitive setting where attitudes of friendliness and fairness prevail. It is also hoped that these contests will provide an educational experience for both participants and spectators. This year Horse Bowl will be open to all 4-Hers.

[More info...](#)

April 5

Hippology State Contest

The primary objective of the Hippology Contest is to provide an opportunity for youth enrolled in a 4-H Horsemanship and Horseless Horse projects to demonstrate their depth and breadth of their horse knowledge in competitive setting where attitudes of friendship and fairness prevail. The Hippology contest has four (4) phases: examination phase, station phase, judging phase, and team problems. Open to all 4-Hers. [More info...](#)



Aim for the Champion Drive

COMO ★ SWINE
2020

4th Annual Showmanship Clinic

Extension University of Missouri

8:30 am - 3:30 pm, Register by 2/28/20
Youth \$25 fee includes lunch, Parent lunch \$8

14 MAR

Trowbridge Livestock Arena
1024 Ashland Rd, Columbia, MO
Register on Facebook @COMOSwine
or text 573-228-8571



2020 National 4-H Forestry Invitational

Looking to grow your knowledge and challenge yourself in the importance of conserving forestland? Interested in Tree Id and other forestry skills? Consider joining the State 4-H Forestry team in a bid for the National 4-H Forestry Invitational! Ages 14-18. If interested please contact laurabrowning@missouri.edu

4-H Feeding Missouri

From January 1 through April 30, 4-H'ers across the state of Missouri will be collecting food and money donations and volunteering their time in places like their local food pantry to help fight hunger. This year 4-H Feeding Missouri is partnering with Missouri Ag's Drive to Feed Kids to further our reach! You will find a link below to the press release and other links to resources. Also, please share photos and videos of your food drive activities on social media and use the **#4HFeedingMO** hashtag.



2020 Shooting Sports Dates Set

Opportunity	Date of Event	Reg Opens	Reg Closes	Location
Hunting and Outdoor Skills Workshop	March 27-29	Feb 1	Mar 15	4-H Center, Columbia
Spring Shooting Sports Leader Certification Workshop	April 3-5	Feb 1	Mar 15	Pinecrest Camp, Fredericktown
Western Heritage workshop	April 24-26	Feb 1	Apr 1	TBD
National Championships	June 21-26			Grand Island, NE
State Shoot: Skeet	August 15	June 1	Aug 1	Gateway Gun Club, St. Louis
State Shoot: Trap	Aug 29	June 1	Aug 1	Linn Creek
State Shoot: Archery 300	August 29-30	June 1	Aug 1	Prairie Grove
Western Heritage National Championships	Aug 4-6	June 1	July 15	Branson
Western Heritage State Shoot	Sept 12-13	July 15	Sept 1	Marshall
State Shoot: Sporting Clays	Sept 20	June 1	Sept 1	TBD
State Shoot: Everything else	Sept 19-20	June 1	Sept 1	Prairie Grove
State Shooting Sports Award Ceremony	Nov 7			Mathewson Arena, State Fair Grounds, Sedalia

AmazonSmile Program

Did you know that when you shop for the holidays at smile.amazon.com/ch/43-6044367, AmazonSmile donates to Missouri 4-H Foundation? Help Missouri 4-H this holiday season while you shop.



Missouri 4-H Foundation Scholarships

College is expensive but 4-H can help! 4-H participation and involvement leads young people to explore various careers and educational options. The Missouri 4-H Foundation offers college scholarships that help 4-H members pursue their educational dreams.

In 2020, thanks to generous donor support, the Missouri 4-H Foundation will offer over 60 college scholarships (\$500 - \$2,500/scholarship). 4-H'ers who are current high school seniors and former 4-Hers who are college students are eligible to apply. More scholarship information can be found at the Missouri 4-H Foundation [website](#). Check with your local Extension office for the local application due date. **Applications are accepted after January 1, 2020 and are due in the Missouri 4-H Foundation Office (109 Whitten Hall Columbia, MO 65211) by March 1, 2020.**

JoAnn Discount & Curriculum



JOANN offers members 15% discount and JOANN stores will give 2.5% of eligible transactions to 4-H. Lastly, 4-H fabric is on sale in several JOANN stores nationwide, including stores in Missouri be sure to check that out and look for national promotion of the fabric to coincide with the launch of the Clovers for Kids campaign. Enroll in the rewards

program at <https://www.joann.com/4-h/>

Clover Kids Corner



Activities for our Clover Kids:

Through Clover Kids clubs, children learn how to get along, share and work in groups, explore their interest and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five-to seven-year olds to the 4-H concept of learn by doing. Below is a hands-on craft project that serves as a personalized storage container for papers and artwork.

Memory Boxes

Supplies needed:

- Glue
- Scissors
- Construction paper
- Markers
- Foam shapes
- Sequins
- 1 large pizza box (clean and empty) per child (check local pizza restaurants for donations)
- Other craft items

Directions:

Glue construction paper to the lid of the pizza box and decorate with craft materials. Children can add their photo or other items, too. Each child will then have a box to store artwork, important papers and other items. Idea submitted by Pat Forward, Rockbridge 4-H Clover Kids Leader, Boone County.