

Dade County 4-H Newsletter

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More info: 4h.missouri.edu

Dear 4-H Families,

I have often heard it said, “If you want something done, ask a busy person.”

There was a time in my life that I did not understand the underlying concepts in that statement, but as I have grown older, I have come to appreciate what it means. Those who are busy, yet accomplishing the things they set out to do, are dependable people.

Have you ever wondered why some people are asked to do things and some are not? Have you ever not voted for someone because in the past they did not perform well in their elected office? Being dependable, whether it is as an employee, employer or someone that works for themselves, is vital. Our economic system depends on getting our work accomplished in a manner that everyone can rely on. We need to be trustworthy. Part of being dependable is not to take too many breaks or be unproductive on the job. You should not expect others to do your work for you, and you should perform your job to the best of your ability.

Part of being dependable is being punctual. Being punctual means you are regularly on time to work and for appointments. A dependable person will be on time, every time, or will have an extremely good reason that they are late. We all expect people to be where they need to be when they need to be, if they are not then that makes everything go wrong. If you are not where you are supposed to be, then you cannot complete your tasks and that makes everyone else suffer because you do not have your work accomplished. If you are punctual and get your assignments finished, then you can be depended upon.

Another trait that goes hand-in-hand with dependability is reliability. Most folks don’t like to accept excuses for tardiness. Most people will understand a flat tire, late bus, or other extenuating circumstances however, oversleeping, not setting an alarm clock or having a flat tire everyday is not acceptable. Don’t ever have the mistaken belief that any activity or job is insignificant, so that your absence won’t make much difference. By being absent you cause hardships for others that are depending on you to do your part. By being dependable you will understand the importance of how individuals add to the smooth working of an organization. Remember your reputation precedes you.

Through 4-H, members learn to accept responsibilities, and are expected

to be dependable. Participating in club meetings, and working on projects teaches members to meet deadlines, to be able to be relied on, and to do their jobs. In 4-H, with the help of a caring adult, members are taught the importance of being dependable.

Have a great January!

Bob McNary 4-H Youth Specialist

Community Engagement SPECIALIST IN 4-H Youth Development MCNARYRL@MISSOURI.EDU

MAKING THE BEST BETTER

The annual Making the Best Better annual energizer/workshop will be Saturday, January 25 at Neosho High School. See attached registration form.

Missouri State Fair Youth in Agriculture Scholarship Applications Now Available

The Missouri State Fair Youth in Agriculture scholarship [application](#) for Missouri High School seniors graduating in 2020 is now available. Applications should be submitted to the Missouri State Fair and must be postmarked by Feb. 4, 2020. Applicants must submit an original copy of their application and three additional copies.

These scholarships are possible thanks to the gracious contributions of many individuals and companies. One \$5,000 platinum scholarship sponsored by Youth in Agriculture supporters, one \$2,500 supreme scholarship sponsored by Sydenstricker John Deere/Sydenstricker Genetics, and 25 \$1,500 scholarships sponsored by Youth in Agriculture supporters are being offered.

Applicants must be high school seniors and active members of 4-H or FFA, and have participated at least once as a 4-H or FFA exhibitor at the Missouri State Fair. Selected students must enroll (fall and/or spring semester immediately following graduation from high school) in an accredited community college, college or university in the state of Missouri. Applicants are not required to pursue a degree in agriculture, however, a five point bonus will be given to applicants pursuing a degree in agriculture during the selection process.

Club Leader Tips

January is a great month to start encouraging hands-on activities at club meetings. The weather can be challenging this time of year, and hands-on activities can help members funnel some of their excess energy. This month consider the following suggestions and ideas as you work with club officers, members and other volunteers:

1. Continue to provide support to project leaders, club officers, and club committees coordinating activities and events.
2. Set up program to describe awards opportunities, both state and county Missouri 4-H Recognition Forms Y2000, Y2100 and Y2200 (National Congress application) and the Key Award Y2300.
3. Check on progress of project groups, make sure the different projects have already met or have a first meeting scheduled so that members can get started. Encourage members in each project to provide project reports at the meetings.
4. Plan Valentine Party and/or service project involving as many youth as possible in the decision-making and leadership roles.

5. Remind members of requirements for completion and eligibility for exhibiting at fairs and shows. Explain again the meaning of “member in good standing.”
6. Before the meeting, contact project leaders and confirm they have a skill-a-thon station prepared for the January club meeting. Junior leaders are a great resource for creating and working these stations, too.
7. Review club check-up responses with officers, together you may need to revisit plan of action to complete goals and activities for the year.
8. Work with project groups on gathering items for judging classes for February or March club meetings. Judging class resources can be found at <https://extension2.missouri.edu/programs/missouri-4-h>
9. Work with committees to recruit a member or project group for planned demonstrations at next month’s meeting.

Project Leader Tips

The 4-H slogan “learning by doing” is a great foundation for your project meetings. The greatest degree of learning occurs in the actual experience. The closer to real life a learning activity or experience is, the more effective it will be. Sometimes, though, it isn't practical to learn from the actual experience. In that case, you want your members to have as meaningful an experience as possible; There are a variety of methods that can be used to teach your members. This variety will help keep the members interested and enthused about project meetings and the content they are learning. Each method will also have an effect on how well they learn, because we all learn differently.

However, the level of involvement is important in how much is learned. Activities that are more like real life experiences and that involve members in listening, seeing and doing usually bring about the most learning. When possible, use hands on experiences, simulations, games, demonstrations or models. Try to avoid telling or asking members to read or listen in lecture style format as primary teaching models.

Also don’t forget about using other hands on teaching techniques like skill-a-thons and judging, these are very valuable as well. For more information and examples of skill-a-thons please visit the Missouri 4-H website and click on the project page. If you do not have computer access call your local extension office for assistance.

Remember, teaching skills and connecting with youth can happen in many ways, shapes, and forms. We value your commitment, dedication and motivation to work with the youth in the Missouri 4-H program. With your help we are providing many skills and improving the lives of our future leaders.

For additional information refer to MU Extension publication LG783, *Learning by Doing*, for a description of this effective model of teaching.

Teaching styles are as different as the students they serve. Be creative and have fun. The time you spend with the members in your project is priceless. The members will remember these experiences for a lifetime. Thank you for being a caring adult in their life and helping build skills that will help them in the future!

Missouri 4-H Calendars

At 4h.missouri.edu, you will find an icon that looks like this one. Click it and it will take you to the Missouri 4-H Google Calendar. You can add it to your own Google Calendar! Remember, these are *state* dates only. Your county will have its own calendar.





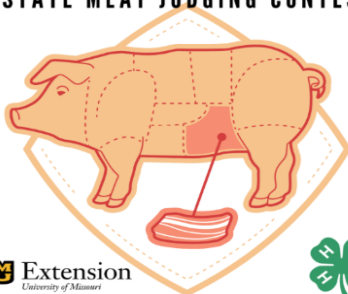
Youth Civic Leadership Summit

March 6-8, 2020

Learn leadership, civic engagement, experience service and make a difference!

Register between Dec 15 – Feb 1

Missouri 4-H STATE MEAT JUDGING CONTEST



February 15, 2020 in Columbia, MO

Develop skills and abilities needed to enter and advance a career in the meat industry. This event is designed to encourage the development of broader analytical skills, critical thinking, the use and understanding of appropriate meat terminology, and the evaluation of meat animal products to optimize economic returns not only as a producers, but as consumers as well.

Registration through 4HOnline Dec15-Feb 1.

[More info...](#)



YOUTH CIVIC LEADERS SUMMIT

MARCH 6-8, 2020 IN ROACH, MO



Civic engagement.
Service. Leadership.
Make a DIFFERENCE.



Saturday, February 22, 2020 at the

National Equestrian Center in Lake St. Louis, MO

Learn teamwork, effective communication skills, critical thinking, and build your confidence in defending your decisions. At the most basic level, horses judging consists of two primary components: 1) the ranking, or placing, of animals; and 2) orally justifying your decision (reasons). The activities you take part in expose you to more than just evaluating horses.

Registration through 4HOnline Dec15-Feb 1.

[More info...](#)

Aim for the Champion Drive



COMO ★ SWINE 2020

4th Annual Showmanship Clinic

Extension University of Missouri

14 MAR

8:30 am - 3:30 pm, Register by 2/28/20

Youth \$25 fee includes lunch, Parent lunch \$8

Trowbridge Livestock Arena

1024 Ashland Rd, Columbia, MO

Register on Facebook @COMOSwine

or text 573-228-8571

Teen Conference 2020

Would you like to be a better leader and meet new friends? If you are 11-13 years old, Teen Conference is for you!

Come learn about how to “lead with 20/20 vision” when a teenager, at the 2020 state 4-H Teen Conference on March 21-22 in Columbia! If you’ve been to Teen Conference before, you know that people will be talking about it all year. Teen Conference begins at 12:30 p.m. on Saturday and ends by noon on Sunday. Registration is just \$169, if you share a bed with a friend you choose. Registration is \$199 if you prefer a bed all to yourself, but you won’t have as many roommates sharing the Teen Conference experience.

Registration through 4HOnline will open on December 9, 2019, and extend through January 31, 2020. Late registration, with an additional \$50 late fee, will be open from February 1-9. For more info on Teen Conference, please visit <http://4h.missouri.edu>.

Community Service Grants

Did you know that the Missouri 4-H Foundation offers grants of up to \$1,000 to match funding for a 4-H Community Service project? Visit the Missouri 4-H Foundation [website](#) today for more information and let us help you make an impact in your community today!



Farm Service Agency (FSA) Loans for Youth

The Farm Service Agency (FSA) grants operating loans to individual rural youth to finance income-producing, agriculture-related projects of modest size in connection with their participation in 4-H clubs, FFA and similar organizations.

Each project must be part of an organized and supervised program of work. The project must be planned and operated with the help of the organization advisor, produce sufficient income to repay the loan, and provide the youth with practical business and educational experience in agriculture-related skills.

<http://ww.fsa.usda.gov/FSA/webapp?rea=home&subject=paca&topic=you>

Missouri 4-H Foundation Grants

The Missouri 4-H Foundation continues to award grants to support a wide range of 4-H programs, events, and facilities. Information about grant funds and application procedures may be found on the 4-H Foundation website at <http://4h.missouri.edu/foundation/>

Community Service

Through generous grants from Crader Distributing and Stihldealers.com, as well as DuPont Pioneer, the Missouri 4-H Foundation offers grants of up to \$1,000 to match funding for a 4-H community.

Kids Helping Kids is a program devoted to helping 4-H members and their families in times of need. Through donations made by 4-H families and friends, support is available to Missouri 4-H families that have been affected by an emergency disaster.

Doane Youth Center Through a generous endowment given by D. Howard Doane, one of the founding trustees of the Missouri 4-H Foundation, funds are available to improve facilities owned and/or controlled by Missouri 4-H.

Missouri 4-H Calendars

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Give us a quote



If you have something great to say about 4-H, please share it with us! We are in need of quotes from Missouri 4-H'ers and volunteers to use to convince others to join the 4-H family. You might see these on social media, our website, our Annual Report, or other places. We will only identify you by your first name, age and county when using your quote. For example: Megan, age 13, Your County.

4-H Feeding Missouri

It is that time of year! Please start planning what you, your club, and your county can do to fight hunger. You will find resources on our [website](#), such as:

- food drive planning tips
- short lessons on food insecurity
- volunteer ideas
- and more...

It is TIME...
PLAN to FIGHT HUNGER

You can help by:

- Educating others on hunger
- Volunteering your time
- Collecting food & monetary donations

HELP US FIGHT HUNGER
JANUARY - APRIL 2020
Learn more at 4h.missouri.edu

JoAnn Discount & Curriculum

JOANN offers members 15% discount and JOANN stores will give 2.5% of eligible transactions to 4-H. Lastly, 4-H fabric is on sale in several JOANN stores nationwide, including stores in Missouri be sure to check that out and look for national promotion of the fabric to coincide with the launch of the Clovers for Kids campaign. Enroll in the rewards program at <https://www.joann.com/4-h/>



AmazonSmile Program

Did you know that when you shop for the holidays at smile.amazon.com/ch/43-6044367, AmazonSmile donates to Missouri 4-H Foundation? Help Missouri 4-H this holiday season while you shop.

#1 holiday hack:
When you buy your gifts at smile.amazon.com, Amazon donates.
amazonsmile

4-H Feeding Missouri Partners with the Drive to Feed Kids

January 1, 2020 is the launch date for Missouri 4-H's second annual 4-H Feeding Missouri campaign and this year we are partnering with Missouri Farmers Care's Drive to Feed Kids. "The partnership of these efforts makes a real difference in the lives of children across Missouri," said Dan Cassidy, secretary of Missouri Farmers Care and chair of the Drive to Feed Kids. "All told in 2019, these efforts raised resources for 4.3 million meals for hungry Missouri families. We welcome 4-H Feeding Missouri to the Missouri Farmers Care Drive to Feed Kids collaboration. The biggest impact of serving others is the change that service makes in each volunteer leader."



"We are excited to partner with Missouri Farmers Care," said Lupita Fabregas, Director of Missouri 4-H. "It lets our 4-H family lend a hand and educate our communities about food insecurity. When Missourians help Missourians fight hunger, it fills a need in our local communities. We believe we are all one team in Missouri fighting hunger."

How does this partnership effect the plans you have made to volunteer and collect food and/or monetary donations? Not one bit—4-H Feeding Missouri goes on as planned. Our partnership simply allows each entity to help promote each other. This partnership has the potential to grow our reach and resources to help Missourians face food insecurities. Your donations will still stay in your communities.

We hope you have visited our [Resources page](#) dedicated to helping you contribute in whatever way you can! You will find new lessons about food insecurity that you can do in approximately 15 minutes at a club meeting. On January 1, you can start recording your donations in our survey. The link to the survey and the link to donate money online will be found on the page above. Please record as you go as once a month we will be posting a leader board. The drive ends on April 30th this year and the final results will be announced at 4-H State Congress.

Keep an eye at the beginning of January for our press release announcing our new partnership!



Are you 4-H Grown?

Want to show off your Missouri 4-H Alumni pride? [Shop now](#) with for all of your favorite Missouri 4-H Alumni gear!

Clover Kids Corner



Activities for our Clover Kids:

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five- to seven-year olds to the 4-H concept of learning by doing.

Football Pudding Supplies

- Spoons, markers and liquid measuring cup
- Quart size sealable bags – 1/participant
- Gallon size sealable bags – 1 for every 2 participants
- Instant pudding – one package (3.4 oz.) for every 2 participants
- Milk – 2/3 cup for each participant

Directions

Each youth puts ½ the package of instant pudding in a quart size sealable bag. Add 2/3-cup milk and seal bag WELL and mark with children's names. Two youth can place their WELL-SEALED quart bags into a gallon bag and close. Have children toss the bag to each other GENTLY (best done outside) until pudding is ready to eat. Pass out spoons and participants can eat from plastic bags.

(Source: Colorado State University Cooperative Extension 4-H Youth Development)

University of Missouri, Lincoln University, U.S. Department of Agriculture & Local University Extension Councils Cooperating

Equal opportunity is and shall be provided to all participants in Extension programs and activities, and for all employees and applicants for employment on the basis of their demonstrated ability and competence without discrimination on the basis of their race, color, religion, sex, sexual orientation, national origin, age, disability, or status as a Vietnam-era veteran. This policy shall not be interpreted in such a manner as to violate the legal rights of religious organizations or military organizations associated with the armed forces of the USA."