



UNIVERSITY OF MISSOURI EXTENSION

Carter County

2023 Annual Report

301 Oliver Street
PO Box 459
Van Buren, MO 65465
573-323-4418

**SERVE
MISSOURI.**

**DELIVER
MIZZOU.**



Extension
University of Missouri

an equal opportunity/ADA institution



Office of Extension
and Engagement
University of Missouri

OFFICE OF THE VICE CHANCELLOR
FOR EXTENSION AND ENGAGEMENT
108 Whitten Hall
Columbia, MO 65211
PHONE 573-882-2394
EMAIL: cchiggins@missouri.edu

December 2023

Dear county commissioners and friends of MU Extension and Engagement,

Thank you for your important partnership with the University of Missouri Extension this past year.

I want to highlight three areas that address needs you helped us identify.

You may recall that the FY 23 state budget provided a one-time \$5 million infusion to MU Extension for growth. Of that, we allocated about \$3 million for field faculty in the areas of agriculture, 4-H, health/human development and business and community development.

Through a dedicated hiring effort, and thanks to that allocation, we have hired 168 new employees since November 2022. That includes 72 academic/faculty members, most of whom are field specialists in a priority area noted above, and 96 staff members (e.g., office administrators, youth and food and nutrition associates, etc.).

We also returned more faculty to local program delivery that best serves your county's needs, while preserving the partnership and relationship building work you value. Our extension and engagement specialists focus full-time on that work as they serve their assigned multi-county groups. Currently, 19 have been hired, with two more in the pipeline.

Finally, we are prioritizing our work with county extension councils. In the new role of partnership and council development director, Lorin Fahrmeier focuses on strengthening council representation and governance. This role will build stronger links with regional, educational and campus leadership to better identify and address local priorities.

At the UM System level, our engagement work across four universities and with leaders across the state makes a difference in areas of greatest need: broadband, workforce development, health access, food security and healthy futures for our youth.

Your county annual report shows what we are accomplishing together as we Serve Missouri and Deliver Mizzou. We look forward to strengthening that partnership with county commissioners and community stakeholders in the coming year.

Sincerely,

Chad Higgins, PhD
Interim Vice Chancellor, MU Extension and Engagement
Chief Engagement Officer, UM System

Who we are

Faculty and staff



Jennifer R. Williams, JD
Extension Engagement
Specialist



Susan Miller
Office Manager



Diane Oesch,
Youth Program Associate



Cara Carswell,
4-H Youth Educator

Council members

Alonzo Bradwell, Chairman
Erik McSpadden, Vice-chairman
Sara Newberry, Secretary
Erica DeWolf, Treasurer
Nick Bratton
Sara Cooper
Mary Godsy
Sue Klaus Groves
Tammy Lindsay
Sara Newberry
Stashia O'Dell
Sara Sheedy
Susan Van Winkle

County commissioners

Ron Keeney,
Presiding Commissioner
Lynn Murdick,
Western District Commissioner
Tom Wilder,
Eastern District Commissioner
Debi Reynolds, County Clerk

Budget and more

Appropriations budget

Income

County Appropriations	11,000
Total Income	11,000

Expenses

Salaries/Benefits	18,954
Travel	3,972
Office Supplies/Service	3,000
Utilities	1,510
Insurance	714
Capital Repairs	1,573
Total Expenses	29,723

Carter County partners

Carter County Nutrition Center
Van Buren Youth & Community Center
Ellsinore Youth & Community Center
Van Buren Public Schools
Ellsinore Public Schools
City of Ellsinore
City of Van Buren
Carter County Commission
Friends of Carter County Courthouse
Carter County Health Department

Return on investment

Local Garden Grants	18,951
4-H SNAC Garden Grant	500
4-H SNAC Bulldog Grant	500
4-H SNAC Van Buren	
Bulldog Grant	500
Day of Service Grant	775

Total: 21,226

MU Extension is a unique funding partnership.

Extension funding is a three-way partnership of federal, state and county government. Federal and state money, through the University of Missouri system, pay professional staff salaries, training costs, computers and communication equipment. County funds support the local office, secretarial and youth assistant salaries, staff mileage and council expenses.

The Carter County Extension Council, faculty and staff would like to express our appreciation to the Carter County Commissioners for their continued support of extension programs.

Local Support

Did you know you can donate directly to Carter County Extension with a gift to be used immediately or as an endowment contribution for long term efforts. Monies put into the endowment are left forever to earn interest with the county office benefiting each year. You can also direct your donation to a specific program such as 4-H or Master Gardeners.



UM System County Impacts

2024 UM Systemwide Impact Data Sheets

Carter County



University of Missouri System
COLUMBIA | KANSAS CITY | ROLLA | ST. LOUIS

UM System Footprint in the county in 2023



FY23 county students

11 students

- 7 Undergraduates
- 4 Graduate and professional students
- 8 Full-time students
- 3 Part-time students



County employees and retirees

- 4 people employed by UM
- 4 Campuses



County alumni

Selected school alumni

- 1 Medicine
- 8 Nursing
- 12 Health Professions
- 1 Pharmacy
- 1 Optometry
- 1 Veterinary Medicine
- 12 Agriculture
- 7 Engineering
- 1 Law

Alumni teaching K-12

- 1 teacher
- 10% of all district teachers



County breakdown

MU

- 7 students
- 48 alumni
- 3 employees

UMKC

- 0 students
- 8 alumni
- 0 employees

Missouri S&T

- 3 students
- 8 alumni
- 1 employee

UMSL

- 1 student
- 7 alumni
- 0 employees



County properties and offices

MU Extension in Carter County



County population: 5,385



County services provided

Health care (FY23)

- 20 in-state patients seen at MU Health Care, with \$1,954 of uncompensated care
- MU Health Care's Missouri Telehealth Network recorded 22 visits to 7 patients having ZIP codes associated with the county

Extension (2022)

- 3,921 Total educational contacts from MU Extension to residents of the county, including:
- 150 contacts related to productive farming, better gardening, and managing natural resources
- 3,760 contacts related to healthy eating and aging, strengthening families, personal finance, or youth development
- 11 contacts related to starting businesses, developing community leaders, or renewing the local economy

UM System County Impacts

2024 UM Systemwide Impact Data Sheets

Carter County



University of Missouri System
COLUMBIA | KANSAS CITY | ROLLA | ST. LOUIS

UM System Statewide Footprint

Economic and Community Development Highlights

- In 2022, Business Development Specialists worked with small businesses and entrepreneurs statewide to create or retain 81,845 jobs.

\$3.1
billion

For every dollar invested from 2019 to 2021, the MU Extension Business Development Program has returned \$33 in economic impact for its clients by increasing sales more than \$1.8 billion. For a total impact of \$3.1 billion, the program has generated more than 27,000 jobs and attracted nearly \$451 million in capital investments and \$1.5 billion in government contracts.

- Between FY17 and FY22, UM System brought Missouri more than \$146 billion in federal and private research funds, funded primarily from outside the state, but spent within the state.



In FY23, UM System was issued 31 patents and filed 51 new U.S. patent applications.

- In FY23, the UM System awarded 806 design and construction project contracts throughout Missouri, for a total investment of \$279.2 million in the state.



In FY23, to improve access to medical and health related services, MU Health Care's Missouri Telehealth Network's Show-Me ECHO program provided 18,381 hrs of case-based instruction to 2,938 learners located in 112 of 114 Missouri counties and the city of St. Louis.

Education and Training Provided



41,992 police, fire fighters, and medical professionals attending continuing education (2022)



Agriculture and natural resource programs served 174,892 farmers and related businesses (2022)



311,749 youth and stakeholder educational contacts in 4-H clubs, schools, camps and other programs (2022)

Education Highlights

FY23 Financial Aid Awards

In FY23, 87.3% of the UM System's 80,702 students received financial aid totaling \$973.7 million.

MU		UMKC	
27,256	\$536.0M	11,859	\$217.3M
Students receiving financial aid	Financial aid awarded	Students receiving financial aid	Financial aid awarded

Missouri S&T		UMSL	
6,748	\$117.7M	8,489	\$102.8M
Students receiving financial aid	Financial aid awarded	Students receiving financial aid	Financial aid awarded



UM System's MOREnet (Missouri Research and Education Network) provides internet connectivity, access, support and training to 58 higher education institutions (230,000 students), 485 K-12 school districts (832,000 students) and 132 public libraries (serving nearly 3 million Missourians) in 2022.

- UM System awarded 50.5% of the 32,098 Bachelor's or higher degrees awarded by Missouri four-year public institutions in 2022-23.
- UM System awarded 36.6% of the 1,935 research doctorates and 26.9% of the 3,583 professional doctorates awarded by Missouri public and not-for-profit private institutions in 2022-23.
- In FY23, UM System's \$37.9 million in National Science Foundation (NSF) grants represented 88.3% of all NSF grants made to Missouri public colleges and universities.
- In 2023, over 10,900 Missourians accessed mrcoradband.org, part of the UM System Broadband initiative which helped the statewide build-out of high-speed internet infrastructure. MU Extension also supported residents in making individual challenges to the FCC that resulted in \$810,000 in additional funding for the state of Missouri.

Supporting the University of Missouri is an investment in the future of Missouri.

The University advances Missouri citizens and communities through its mission of teaching, research, public service, and economic development across our four campuses and University of Missouri Extension.

Prepared in December 2023 based on the best available and most recent data. Data sources include: Missouri Office of Administration's UM IR; MU Institute for Public Policy; Center for Applied Research and Engagement Systems (CARES); MU; UMKC; Missouri S&T; UMSL; UM System; UM Health Care; MU Extension; US Census Bureau; US Dept. of Health and Human Services; National Science Foundation.



Missouri Grand Challenges: Local Solutions



CARTER COUNTY

Knowing Missouri's Needs

MU Extension asked Missourians to share the greatest challenges they and their communities face.

We heard that feedback and made big changes in the way we work with council and local partners to improve lives. Locally, a network of county engagement and subject matter specialists now share MU's knowledge, research and engagement, targeting programs, information and assistance in:

- agriculture and environment
- youth and family
- business and community
- health and safety

For each grand challenge, MU Extension and Engagement targets a specific gain by 2023:



Economic opportunity

Increase MU Extension and Engagement's economic impact to the State of Missouri from \$1 billion to \$1.5 billion overall, and from \$88 billion to \$100 billion in agriculture, the top economic sector



Educational access and excellence

Increase participation in postsecondary education from 66% to 70%



Health and well-being

Improve Missouri's health ranking from 40th to 35th in the nation

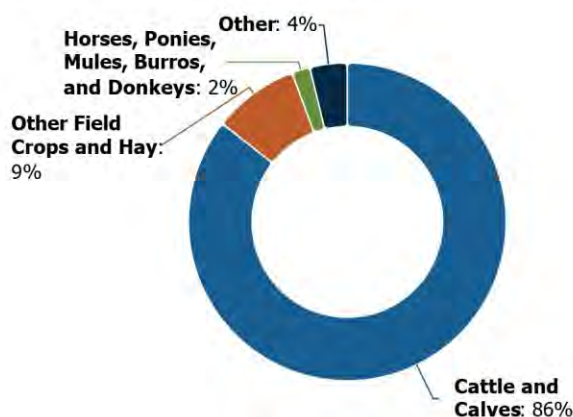
Knowing Local Challenges



CHALLENGE 1: Economic Opportunity: Agricultural Economics

Leading Agricultural Products

Total Commodity Sales: \$3,815,000



Data Source: US Department of Agriculture, National Agricultural Statistics Service, [Census of Agriculture](#). 2017.

Net Farm Income

Net farm income (total sales, government payments, and other farm-related income minus total farm expenses) reflects the strength of the local agricultural community and can be an important measure for lenders and policy makers. The report area had a combined net farm income of \$48,000 in 2017, an average of \$299 per farm. This is below the statewide average farm income of \$29,485.

Report Area	Total Farms	Average Farm Income
Carter	160	\$299
Missouri	95,320	\$29,485

Data Source: US Department of Agriculture, National Agricultural Statistics Service, [Census of Agriculture](#). 2017.

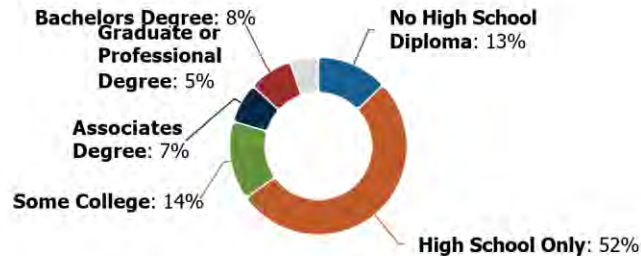


CHALLENGE 2: Educational Access and Excellence: *Educational Attainment*

Adult Educational Attainment

Educational attainment shows the distribution of the highest level of education achieved in the report area, and helps schools and businesses understand the needs of adults, whether it be workforce training or the ability to develop science, technology, engineering, and mathematics opportunities. Educational attainment is calculated for persons over 25 and is an estimated average for the period from 2017 to 2021.

In the report area, 14.4% of adults have at least some college education and 15.3% of adults have an associate's level degree or higher. However, 52.1% stopped their formal educational attainment after completing high school, and 13.0% of adults did not complete high school.



No High School Diploma

13.04%

Missouri 9.02%

Carter

Data Source: US Census Bureau, [American Community Survey](#). 2017-21.

Data Source: US Census Bureau, [American Community Survey](#). 2017-21.



CHALLENGE 3: Healthy Futures: *Healthy Aging*

Fall Injuries

Falls are the leading cause of injury-related fatality and hospitalization among older adults in the United States. Between 2013 and 2015, adults over age 65 in the report area had 173 hospital or emergency room admissions for fall and jump-related injuries. The rate of these injuries was 4,841 per 100,000 population, which is lower than the state rate of 5,396. Falls hospitalizations have increased since the 2001-03 time period when the rate was 4,723.

Rate per 100,000, 2019-2021

4,841

Missouri 5,396 😞

Carter



Data Source: US Department of Health & Human Services, [Missouri Department of Health & Senior Services](#). 2019-2021.

Primary Care Providers

Older adults make up a historically large percentage of the U.S. population, and meeting the healthcare needs of an aging population can be challenging. In the report area, there are approximately 1 primary care physicians (MDs and DOs) to serve the area's 1,207 residents over the age of 65. The patient-provider ratio in the report area is 1,207:1, which means there is 1 provider for every 1,207 older adults. The ratio of adults to providers in the report area is higher than the state average of 242:1, which means there are fewer providers per person in this area.

Ratio (Population to Providers)

1,207:1

Missouri 242:1

Carter

Data Source: US Department of Health & Human Services, Health Resources and Services Administration, [HRSA - Area Health Resource File](#). January 2024.



CHALLENGE 4: Agricultural Growth & Stewardship: *Soils Testing*

Recent public initiatives and USDA programs are putting a focus on producers to improve the health of their soil. The USDA-NRCS defines soil health as the continued capacity of the soil to function as a vital, living ecosystem that sustains plants, animals and humans. A variety of practices can improve soil health, including regular monitoring, sampling and testing protocols. The MU Soil and Plant Testing Laboratory provides testing and unbiased, research-based recommendations for economically viable and environmentally safe nutrient management practices across Missouri.

Report Area	Agriculture	Home and Garden	Community Areas	Research	Total
Carter	75	3	1	0	79
Missouri	11,785	4,192	315	3,708	20,000

Data Source: [University of Missouri Extension Soil and Plant Testing Laboratory Annual Summary](#). 2022.



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Missouri 4-H for ages 8 – 18



Community clubs are organized by volunteer club leaders and teams of recognized volunteers. Members attend club meetings, elect officers, enroll in projects and plan learning and community service activities. Some clubs opt to be single-project clubs, where all members focus on the same project.



4-H's College and Career Pathways program

emphasizes the pivotal role of education in attaining career goals, creating paths to success through exposure to project areas and mentorship. In addressing workforce challenges, 4-H strives to equip young people with financial literacy and basic skills for productivity.



4-H In-school clubs meet during the school day. Members participate in projects that supplement their existing lessons. Clubs may meet for short periods or span the full 4-H program year. Members can elect officers and plan learning activities with options of public speaking, community service and links to career readiness.

Legend



Agricultural Growth & Stewardship



Economic Opportunity



Educational Access & Excellence



Health & Well-Being

Carter County

Missouri 4-H

Local Impact





MU EXTENSION **Serves MISSOURI and Delivers MIZZOU**
 through credible statewide programs
Agriculture and Environment



Management-intensive grazing involves dividing large fields into smaller paddocks and systematically rotating livestock among them. Producers who attend grazing schools learn how to reduce costs through improved livestock, grazing and pasture management while getting insights into fencing, watering systems and grazing system design.

The annual impact of management-intensive grazing is estimated to be \$125 MILLION per year in Missouri.



The Missouri Master Gardener program

enables people of all ages to get in-depth horticultural training and then apply what they've learned to improve their communities and educate others about gardening.



In 2022, almost 4,000 Missouri Master Gardeners completed over 133,000 VOLUNTEER HOURS throughout the state.



The Missouri Integrated Pest Management Program,

funded by USDA grants, has been an important extension program for 30-plus years. Mizzou IPM distributes articles, pest monitoring data and publications on how to improve the application of integrated pest management strategies and systems.

The MU Soil Testing Program delivers research-based nutrient and lime recommendations to more than 32,500 customers annually.

Legend



Agricultural Growth & Stewardship



Economic Opportunity



Educational Access & Excellence



Health & Well-Being

2023 Update

Sarah J. Higgins
Field Specialist in Natural
Resources
314-971-4826
sarah.higgins@missouri.edu



Covering Bollinger, Butler, Cape Girardeau, Carter, Crawford, Dent, Dunklin, Howell, Iron, Jefferson, Madison, Maries, Mississippi, New Madrid, Oregon, Pemiscot, Perry, Phelps, Pulaski, Reynolds, Ripley, Scott, Shannon, St. Francois, Ste Genevieve, Stoddard, Texas, Washington, and Wayne Counties

About me & 2023 in review

Hello all! I started my position as a Natural Resources Specialist on July 5th, 2023. I am based out of Phelps County in Rolla, and I serve 28 other counties in southeast Missouri. I got the opportunity to work in this part of the Ozarks while pursuing my undergraduate degree Environmental Science from Mizzou and loved getting to explore the beautiful landscapes in this region. I moved back to Missouri after receiving my master's in Environmental, Soil, & Water Science from West Virginia University, and I feel so grateful to be back. I'm excited to work with the people in this region to conserve our beautiful natural resources.

Since starting in July, I've gotten the opportunity to meet many others in the area involved in natural resources, including private landowners, Missouri Department of Conservation employees, and Natural Resources Conservation Service employees, people involved in the timber industry, and other Extension professionals. I'm looking forward to developing these partnerships more in 2024 and collaborating on programs to deliver in southeast Missouri. Please contact me to talk more about what kinds of natural resource programming you'd like to see in your county. Looking forward to working more with you all in 2024!



Field site demonstrating the need for timber management at the MO Tree Farm Conference.



Invasive bush honeysuckle from an invasive species workshop in Versailles, MO. Other invasive species discussed included autumn olive, multiflora rose, wintercreeper, sericea lespedeza, princess tree, and eastern redcedar (a native field invader).

Looking at 2024

Here are a few programs to keep an eye out for in 2024. I also hope to visit more counties and attend some Extension council meetings, so please reach out if you'd like me to come!

- Restarting Women Owning Woodlands program. We hope to have social hikes and monthly virtual meetings.
- White Oak, Whiskey, and Wine webinar series at 12 pm on Mondays in January.
- Hybrid (virtual & in-person) Succession Planning workshop on February 29th.
- Invasive Species workshop in March.
- Forest health webinar series in early April, followed by a forest health field day on April 13th.

Please contact me for any details related to the programs above. I will send more information and updates on programs throughout the year. I'm eager to work with you all next year!

Carter County

Agriculture and Environment

Local Impact



On September 13, 2023, kids from Ellsinore and Van Buren were able to get a glimpse at farm life during the Carter County Soil & Water Conservation District's annual Ag Day.

Drought education course offered by Agronomy Specialist Haley Schwantz.

**Strategies for Dealing with Low Forage Supply
FREE WORKSHOP!**

Ongoing dry conditions have left many livestock producers with low forage and feed supplies. This workshop will outline strategies for managing this situation. Late summer and early fall is the best time to implement these management strategies. MU Extension Ag Field Specialists will discuss strategies for livestock and forage operations to utilize as they deal with low forage supply and recover from drought and build operation sustainability that will help deal with future droughts.

Space is limited so please register by August 9th.

Register online:
<https://extension.missouri.edu/events/strategies-for-dealing-with-low-forage-supply-shannon/carter-county>

August 10th
Thursday
Registration 2:30
Class begins 3:00 PM

Specific strategies covered:

- Repairing thin forage stands
- Diversifying forage platform and management
- Efficient feeding of livestock nutrition
- Reducing hay waste
- Market outlook

Twin Pines Conservation Education Center
20086 US-60 Winona, MO 65388

For registration or questions contact the Oregon County MU Extension Center at 417-778-7490

M Extension
University of Missouri
In your opportunity for AGA education

**SERVE MISSOURI.
DELIVER MIZZOU.**



Van Buren Community Garden: A collaboration between Van Buren students and their teacher – Mr. Crites, 4-H, and community volunteers.



MU EXTENSION **Serves MISSOURI and Delivers MIZZOU** through credible statewide programs **Business and Community**



Strategic Doing is a one-day workshop that guides community stakeholders through an inclusive, problem-solving approach to developing high-impact projects to address local development issues.

The city of Risco, Mo., lacked retail options for food. Risco's Strategic Doing workshop and follow-up activities resulted in a **GROCERY STORE OPENING in the community.**



The **Missouri Small Business Development Centers** (SBDC) provide professional training and customized one-on-one counseling to small businesses across the state. Working with the Missouri SBDC helps business owners make confident decisions.

FY2020-2022, Missouri SBDC ASSISTED 878 STARTUPS and helped Missouri small businesses earn more than **\$440 MILLION.**



Missourians from all walks of life celebrated the **2023 Missouri Good Neighbor Week**, Sept. 28 to Oct. 4, by completing and reporting neighboring acts and nominating others as the most engaged neighbors in their counties.

In 2023, the goal was to document 15,000 acts of neighboring. That goal was surpassed with 19,752 Missourians being positively affected during **MISSOURI GOOD NEIGHBOR WEEK.**

Legend



Agricultural Growth & Stewardship



Economic Opportunity



Educational Access & Excellence



Health & Well-Being

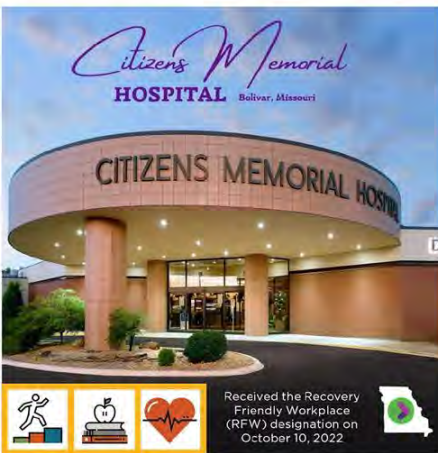


MU EXTENSION **Serves MISSOURI and Delivers MIZZOU** through credible statewide programs **Community and Professional Health Education**



The **Diabetes Prevention Program** is a CDC-recognized program provided by licensed lifestyle coaches to prevent type 2 diabetes. Through lifestyle coaching participants can achieve sustainable weight loss, increase in physical activity and learn coping skills to manage stress.

More than 1 IN 3 PARTICIPANTS
have reached the
5 - 7% WEIGHT LOSS GOAL.



Recovery Friendly Workplaces (RFWs) foster a workplace culture that promotes employee safety, health and well-being through strategies that support managers and employees, including reducing stigma and providing recovery resources related to the challenges surrounding substance use disorders. The framework was developed in partnership with MU Extension's Labor and Workforce Development Program.

As of 2023, 25 Missouri businesses have been designated recovery friendly workplaces, and 2,248 EMPLOYEES have been trained on addiction, stigma and naloxone distribution.



Strengthening Families Program: for Parents and Youth 10-14, is a seven-session series for parents or caregivers and their young teens to attend together to improve family communication, resolve conflict and improve parental skills.

A research study conducted by the Partnerships in Prevention Science Institute found a RETURN OF \$9.60 for every dollar spent implementing the Strengthening Families Program.

Legend



Agricultural Growth & Stewardship



Economic Opportunity



Educational Access & Excellence



Health & Well-Being



MU EXTENSION **Serves MISSOURI and Delivers MIZZOU** through credible statewide programs **Health and Human Sciences**

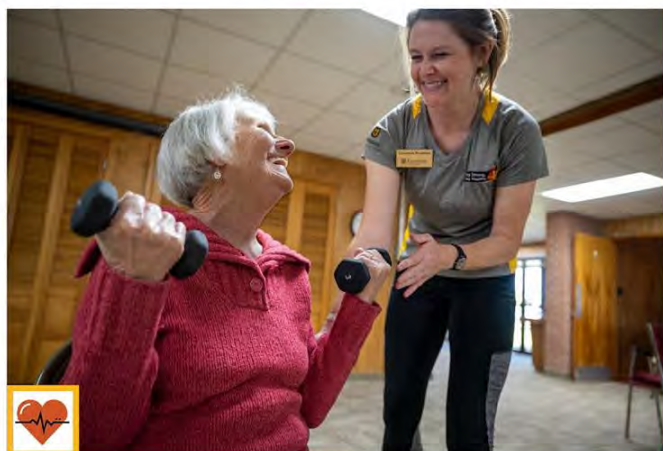


Mental Health First Aid equips people to recognize and respond to signs of mental illness and substance use disorders.

The youth version of the program is designed to support adolescents ages 12-17 facing mental health or addiction challenges, while the adult version focuses on adults age 18 and older. Participants learn how to offer initial assistance and guide individuals toward the care they need.

**In Missouri, approximately
1 MILLION ADULTS and 72,000 ADOLESCENTS
suffer from MENTAL HEALTH ISSUES.***

*Missouri Department of Mental Health 2020 Status Report



Stay Strong, Stay Healthy teaches older adults easy yet powerful exercises to boost strength, balance and daily life capabilities. Participants also gain insights into nutrition for healthy aging and active living.

**After eight weeks, Stay Strong, Stay
Healthy participants significantly
IMPROVED their STRENGTH,
BALANCE and SLEEP QUALITY.**



Divorcing or separating parents encounter distinct challenges when living apart. **Focus on Kids** guides parents in fostering effective co-parenting strategies to support their children through this process.

**“Understanding that divorce
doesn’t ruin children, but parents
can significantly influence
positive outcomes through good
communication, was invaluable.”**

Legend



Agricultural Growth
& Stewardship



Economic
Opportunity



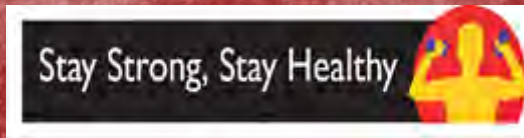
Educational
Access &
Excellence



Health
& Well-Being



MU EXTENSION **Serves MISSOURI and Delivers MIZZOU**
 through credible statewide programs
Health and Human Sciences



Carter County Education:

Matter of Balance Series – January – March, 8 weeks, 8 sessions, 5 participants

Tai Chi Series – April – May, 8 weeks, 2x week, 16 sessions, 9 participants

Ongoing Education and Engagement Efforts in Carter County and surrounding area:

- National Park Service Van Buren Area Trail Planning Initiative
- USDA Garden Grant MU Supplies to Van Buren Schools, Ellsinore Schools Total: \$18,951.87
- USDA Protein Distribution Events in nearby counties impacted 3,556 people and distributed \$36,158 of locally sourced beef and chicken.
- Actively participating in council meetings, planning meetings, boards, coalition, committees and community events, when available.
- Serving on the Missouri Highland Healthcare Board of Directors
- Serving on the Missouri Parks Association Board of Directors



Kelley L. Brent,
 Nutrition and Health
 Field Specialist,
 Southeast Region



Legend



Agricultural Growth
 & Stewardship



Economic
 Opportunity



Educational
 Access &
 Excellence



Health
 & Well-Being



MU EXTENSION **Serves MISSOURI and Delivers MIZZOU** through credible statewide programs **Health and Human Sciences**



Butler County Extension Office
614 Lindsay Ave, Ste 3
Poplar Bluff, MO 63901



John Fuller
Human Development
and Family Science

Impact Report

December 2023

Year in Review

Butler

5—Alzheimer's Association classes 22 people at \$50 per person = \$1100 (partnership)

1—Boost Your Brain & Memory 14 people attended at \$40 person (self-paid)

1—Youth Mental Health First Aid 7 people attended at a \$170 per person = \$1190 (grant)

5—Keep Your Keys for 47 people at \$50 per person = \$2350 (grant)

2—WITS Workout 7 people at \$50 per person = \$350 (partnership)

1—Communicating Suicide for Safer Homes for

1—Caregivers Conference for 46 people at \$50 per person = \$2300

No cost funding provided for programming total = \$4,990

Carter

1—Matter of Balance 9 people at \$50 per person = \$450 (grant)

Iron

Madison



Oregon

13— WITS Workout for 319 people x \$65 per person* = \$20,735 (partnership)

*This class would be \$5 per person per class.

1—Youth Mental Health First Aid for 13 people at \$170 per person = \$2,210

No cost funding provided for programming total = \$22,945

Reynolds

Ripley

1—Chronic Disease Self-management 9 people x \$50 person = \$450 (grant)

1—Keep Your Keys 10 people x \$50 = \$500 (grant)

2—Alzheimer's Association classes for 26 people x \$50 person = \$1300 (partnership)

1—Communicating Suicide for Safer Homes for

Shannon

Wayne

1—Keep Your Keys for 4 people x \$50 = \$200 (grant)

No cost funding provided for programming total = \$200

Total counties no cost funding provided for programming = \$30,835



Legend



Agricultural Growth
& Stewardship



Economic
Opportunity



Educational
Access &
Excellence



Health
& Well-Being



MU EXTENSION **Serves MISSOURI and Delivers MIZZOU** through credible statewide programs **Health and Human Sciences**



Butler County Extension Office
614 Lindsay Ave, Ste 3
Poplar Bluff, MO 63901

Goal update

Attend all 9 county council meetings (8 YTD)

<u>Still need to attend</u>	<u>Attended</u>	
Shannon	Butler	Carter
	Iron	Madison
	Oregon	Reynolds
	Ripley	
	Wayne	

Oregon - (WITS Workout on going)

2 - YMHA - (3 completed year to date)

1 - Adult MHFA (0)

4 - Boost Your Brain and Memory (1)

Video for 4-H camp (completed)

2 - Matter of Balance classes (1)

4 - Keep Your Keys (8 completed YTD)

2 - Weathering the Storm (1 completed YTD)

1 - Building Strong Families (0)

1 - PASTA series (0)

1 - Taking Care of You (completed)

Programming on a monthly basis at (6) nutrition centers (5 YTD)

Form a soccer club (completed)

Start a 4-H Nerf & Lego Club

Join the Poplar Bluff Booster Club (complete)

St. Jude's committee

Alzheimer's Walk committee (complete)

Alzheimer's Support Group (In Progress)

County Contacts YTD

Oregon County—332 participants

Butler County—276 participants

Wayne County—125 participants

Ripley County—89 participants

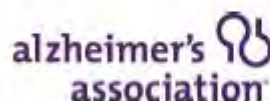
Iron County—37 participants

Carter County—25 participants

Madison County—2 participants

Shannon County—1 participants

Reynolds County—0 participants



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Health & Well-Being



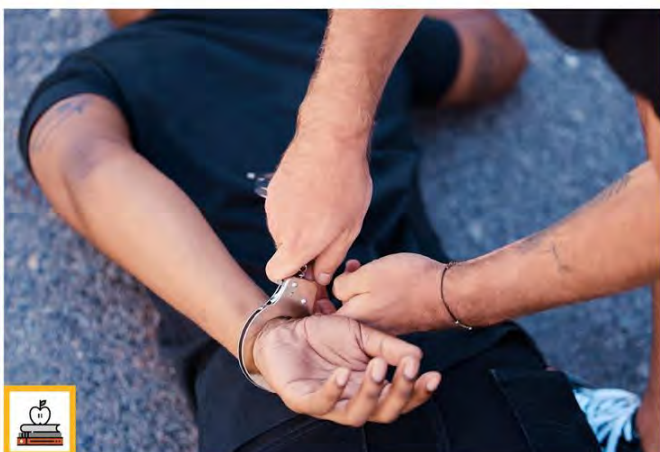
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 through credible statewide programs
First Responder Education



The **Missouri Extension Disaster Education Network** provides education and technical assistance to individuals and families, local governments, schools and organizations so they can prepare for and respond to natural and man-made disasters. Because of the unique relationship it maintains with each community, MU Extension is a key resource for the public, emergency services and public officials.



The programming from the **MU Fire and Rescue Training Institute** (FRTI) is available to all qualified fire and emergency first responders. Seventy percent of courses are held at the local departments or agencies. With most of the state's fire service personnel considered volunteer or part-time, this local access and flexibility assures training opportunities for all firefighters and emergency responders.



The **Law Enforcement Training Institute** (LETI) offers advanced training on a wide variety of topics, including defensive tactics, firearms, use of force and de-escalation. LETI offers customized programs for all required continuing education areas of concentration.

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