

2017-2018 Caldwell County 4-H Family Handbook

(The *4-H Family Handbook* and the *Missouri 4-H Clover* are “companion resources”)



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Welcome to 4-H!

Welcome to Caldwell County 4-H! As your 4-H staff, we are here to provide oversight and management to our 4-H programs, training and support for our volunteers, and collaborate with our communities for great opportunities for our 4-H youth! We have created this family handbook as a resource for our county families to navigate through the 4-H year.

4-H is encouraged to be a family organization with youth members, parents, leaders and staff having great fun in learning and working together! Locally, your family will participate in your community club with youth members assuming the leadership roles. Adults take a supportive role in 4-H helping youth develop life skills. Youth develop leadership skills as leaders of the monthly club meetings. Major life skills of responsibility, communication, compassion are woven throughout the 4-H experience.

Adults....parents, guardians, community volunteers, and 4-H staff....work together to create the learning and fun opportunities for the youth. There are MANY ways in which parents/guardians can help! Perhaps the most important job for a parent is to say "YES!" when the 4-H'ers need you!

An important role for parents/guardians is to stay informed of the club, county, regional and state opportunities available to your family. How? Listen closely at club meetings. Closely read the monthly newsletter, CLOVER CONNECTION, either electronically or mailed as indicated in your 4HOnline profile to stay informed of 4-H happenings. Refer to this handbook and The Clover as your 4-H guides. Bookmark and use the Missouri 4-H website: <http://4h.missouri.edu/>. Become comfortable using the 4HOnline enrollment and event registration system. Your local 4-H information can be located at: <http://extension.missouri.edu/Caldwell>

If you have questions, please feel free to contact us or our office!

Debbie and Steven

4-H COLORS

The official colors of 4-H are Kelly Green and White. The white symbolizes purity and the green represents live, springtime and youth.

4-H MOTTO

'To make the best better' is the aim of each member in improving project work and in building better clubs and communities.

4-H SLOGAN

'Learning by doing' is the 4-H member's way of acquiring new skills working with the hands and learning how to get along with others in work and play.

MISSOURI 4-H MISSION

4-H is....creating environments in which young people are valued contributing members of their community.



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Caldwell 4-H

Annual Happenings 2017-18

Refer to the 2018 Clover, pages 63-66, for dates and information for MO and National 4-H Events

October

Beginning of new 4-H Year!

- 1 Enrollment opens 4HOnline
- 1-7 National 4-H Week
Clubs find ways to celebrate and promote 4-H in their community
- 2 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- 3-6 4-H Week Member Interviews 8 AM
Breakfast Club, KKWK 100.1 FM
- 6-7 Shooting Sports Leader Certification

Clubs elect officers and county council reps

November

- 5 Annual Caldwell Recognition Dinner, 6 pm,
Hamilton Federated Church
- 6 County Council Meeting, 7 pm, Kingston
Community Building, Election & Installation
Officers
- 6 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- 19 Officer Training Workshop, Cameron Veterans
Home, 2-4 pm
- 24-26 National 4-H Congress, Atlanta, GA
- 23-24 Office Closed

December

- 4 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- 15 Legislative Academy Application Due
- 25 Office Closed
- 31 4HOnline Enrollment Deadline

January

- 1 Office Closed
- 8 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron

February

- 3 NW Regional 4-H Energizer, Cameron
Veterans Middle School, All Day
- 5 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- 6 County Council Meeting, 7 pm, Kingston
Community Building
- 12-13 State Robotics Leader Training, Tan-Tar-A
- 19-21 State Legislative Academy, Jefferson City

March

- 2-4 Youth Civic Summit, Windermere, Lake of Ozarks
- 5 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- Spring Contest Day, Date and Location TBA
- 24-25 State Teen Conference, Columbia, Ages 11-13

April

- 5 County Council Meeting, 7 pm, Youth Building
- 2 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- 7-12 National 4-H Conference

May *Congratulations 4-H Graduates!*

- 7 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- 21-28 MO 4-H Equine Tour, NE, WY, Co
- 30-June 1 State Congress, MU

June

- 4 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- 4-7 NW Regional 4-H Camp, Crowder State Park,
youth 8-13 (First Session)
- 11-14 NW Regional 4-H Camp, Crowder State Park,
youth 8-13 (Second Session)
- 24 Small Animal Show, Clinton County Youth
Building 2:00 PM,
- 24-29 National 4-H Shooting Sports Invitational,
Grand Island, NE

July

- 2 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- 14 Achievement Day, Kingston Nazarene Church
- 19-21 Tentative Livestock Shows, Kingston
- TBA Caldwell County 4-H Horse Show
- 17-19 Aerospace Camp, MO S&T Campus, Rolla
- 27-29 State Fair 4-H Horse Show, Sedalia

August

Clubs plan end of summer gatherings/activities

- 6 County Council Meeting, 7 pm, Youth Building
- 6 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- 9-19 **Missouri State Fair, Sedalia**

September

- 6 County Council Meeting, 7 pm, Youth Building
- 10 Monthly Radio Breakfast Club 8 AM
KKWK 100.1 FM Cameron
- 15 **All year end reports award applications due**



4-H Participation



4-H is open to anyone between the ages of 5-18 on December 31st of the current program year (we call this 4-H age). 4-H youth and volunteers annually enroll through 4HOnline beginning October 1.

CLOVER KIDS - This project introduces 4-H to 5 to 7 year olds. (Children must be 5 on December 31st of the program year.) Clover Kids may enroll in Project 481, 482, or 483 only. Clover Kids do not participate in any competitive events, contests, or shows. 4-H Clover Kids do participate in all activities, fairs and contests just like a regular 4-H member; however, they are not judged (1st, 2nd, 3rd, blue, red, white, etc.) instead all Clover Kids receive recognition for participating. Clover Kids may not participate in Large Animal projects (for example Horse, Beef or Goats) or Shooting Sports projects.

4-H CLUB MEMBERSHIP- For youth ages 8 to 18 on December 31st of the program year. Youth participate in organized 4-H clubs and enroll in projects. Clubs elect officers and plan club programs that include health, recreation and community service.

ENROLLMENT—The 4-H program year is from October 1 through September 30 with enrollment or re-enrollment beginning October 1 through 4HOnline. Detailed information for enrolling is found in the Clover or at the 4-H State website; <http://4h.missouri.edu/join-4h.asp>
The enrollment website is: <https://mo.4HOnline.com/>

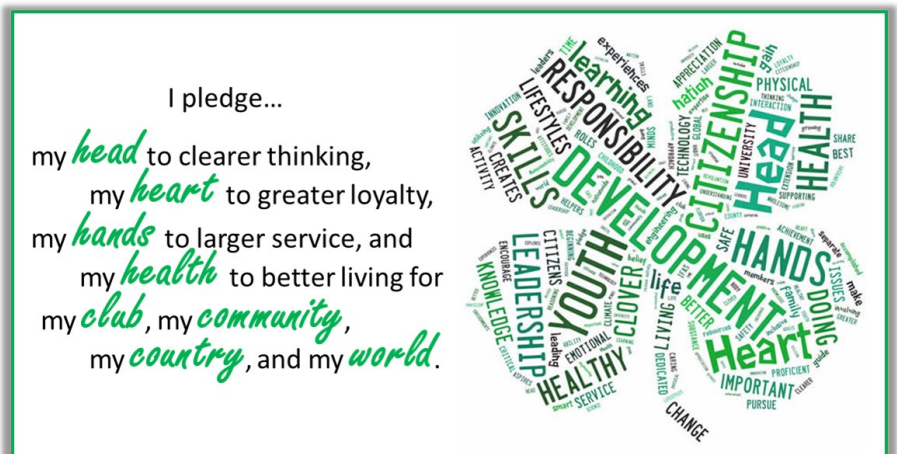
COST TO JOIN 4-H—In Caldwell County, the cost to join 4-H is \$25.00 per year. This includes \$20.00 state dues, and \$5.00 County Dues due by December 31. **County dues increase to \$15 after December 31.** The state dues includes the fee for accident insurance for all members of 4-H. Some projects and activities have an additional participation fee. Also several insurance companies pay for 4-H Membership for its members and a current list of companies is usually found with the enrollment information. If you or someone you know may be interested in these options, please contact the youth specialist.

PARTICIPATING IN 4-H- Participation in 4-H is voluntary, but youth who are able to attend the majority of club and project meetings, county events, and participate in community service are rewarded at the end of the year. Logging 4-H activities on a calendar makes it easy to complete year end award forms.

4-H NEWS AND INFORMATION- The monthly county 4-H newsletter, The Clover Connection will arrive in your mailboxes, delivered electronically and be available by the first of each month. Additional forms of communication will be via email, Caldwell County Facebook, and our county website.

4-H Breakfast Club is a live program on KKWK 100.1 FM, Cameron, 8:00 AM, with 4-H staff and 4-H youth sharing 4-H news and special interest interviews.

YOUTH WITH SPECIAL NEEDS - Adaptations for youth can be made at all levels of the 4-H program with leaders and staff working with the family and youth to set goals and modify expectations to meet the child's needs.



CLUB MEETINGS

4-H Club meetings include a business meeting with youth providing the leadership. Youth are the elected officers and voting decision makers. Parents and volunteers may give advice and suggestions allowing youth to develop their leadership skills. Meetings provide opportunities to build friendships through all the variety of club activities. Club meetings also usually include a fun or educational activity after the business meeting and some clubs have snacks. Besides business meetings, clubs may also have activities in the following areas:

Fundraising – members are responsible for planning and implementing any fundraisers that the club decides to do. Committee members look for ways to raise money for the activities of the club.

Recreation – members present ideas to the club about what, where, and when to do recreation

Community Service – members create a list of community service activities for the club to do throughout the year, then the club will decide which to do.

CLUB OFFICERS

Club officers are members that are learning more about leadership roles. The Club Constitution and By-laws provide guidance for club leadership structure. Officers typically have at least one year of membership, are elected prior to the beginning of the new year. A fall Officer Training Workshop provides opportunities for youth to learn about the officer responsibilities. Typically, clubs elect a President, Vice-President, Secretary, Treasurer, Historian (keeps a scrapbook of member activities for the year) and Song and Game Leaders.

4-H PROJECTS



A 4-H “project” is a set of learning experiences in one area, such as foods, woodworking, or robotics.

Whatever projects the club members chooses they are sure to have fun learning with people interested in the same thing as they are. Check out “The Clover” magazine for project choices. Also on-line: <http://4h.missouri.edu/projects/projects1.htm>

Youth are given the opportunity to sign up for projects when you enroll on-line and can add and delete projects until April 1.

Project meetings are usually held at another time and place than club meetings. 4-H projects are educational, practical and enable youth to learn facts and skills useful in everyday life; learn how to communicate, work and play with others; learn more about educational and career opportunities; learn to be a leader and make new friends; to name a few.

Project leaders determine the type of activities, place and time of meetings, age of participants (can be limited depending on the safety requirements of the activities) and maximum number of participants (usually groups are small, less than 12, so that youth have a maximum opportunity for hands on learning).

There are several ways that youth can complete projects:

- Project Group- some youth from a club work with a volunteer from the club on a project.
 - County-wide projects – some youth from several clubs work together with a volunteer to complete a project in a determined time period. For example, welding, photography and robotics.
 - Single project clubs – some clubs work together to compete a project (such as beef, shooting sports, horses, or dogs). These groups are on-going and like a regular 4-H Club, they have officers, do community service projects and have a treasury. Youth can join only the single project club or they can have another club as their primary club and also join the single project club.
 - SPIN Clubs —Special Project INTERest opportunities to meet for a limited number of hours focusing on one project.
 - Club based projects – some clubs are small and so the group decides together which projects they will do. Then clubs work on the project at club meetings all together.
- Family led projects – If there is not a volunteer in the club or county willing to lead the project, youth can work with a parent or guardian on the projects.

A good guideline for first-year members to choose a maximum of three projects, and older youth take up to 6 projects. Choose projects to build skills over several years.



TIPS, THINGS TO REMEMBER, AND OTHER INFORMATION

The following tips are to help you and your family get the most out of 4-H membership, hopefully making your years less confusing and more enjoyable.



1. Participation is the key to 4-H. The more that a member does the more that the member and their family will get out of the program. As a 4-H family you are invited to participate in all county and club activities, along with other activities offered at the state and national level.
2. 4-H is a family affair; you will get more out of it if your whole family is involved. Parents are invited to attend meetings with their kids. Both adults and youth will learn a lot.
3. Each 4-H member should plan to give a demonstration, illustrated talk, or speech at some time during the 4-H year. Some clubs give project demonstrations while others give individual demonstrations. This experience will allow members the chance to grasp skills such as public speaking, organization, preparation, etc.
4. Not one person can do everything. Work as a team to get paperwork in, meet deadlines, and do projects. Remember it takes parents and leaders who are willing to volunteer to get the job done.
5. Take pictures of everything you do. Not only will these become nice mementos to remember 4-H, but you will also need them when filling out the end of the year paperwork.
6. To complete the year ask your club leader for a recognition form. This form will assist you in capturing your experiences and will also be used for awards.
7. 4-H business meetings usually follow Robert's Rules of Order. This allows meetings to run smoothly and most of the time without problems.
8. In June you are encouraged to participate in the County Fair. You are encouraged to take at least one, but there is no limit, indoor projects that tell about or show what you have learned throughout the year. Start planning at your first project meeting items you might make and take to the fair.
9. Be sure and ask questions, we are excited about your interest in 4-H and want you to have a rewarding and successful experience.

10. HAVE FUN!!

4-H IS A FAMILY ORGANIZATION

The 4-H member needs the support and encouragement of the family. Parents and other family members can contribute in many ways to the 4-H program. They may help members:

- Determine project goals
- Obtain necessary project supplies
- Carry out work at home
- Maintain records
- Evaluate project work
- Attend meetings
- Participate in events
- Choose to become project leaders

4-H volunteers are parents or guardians of 4-H members, grandparents, relatives, 4-H alumni, and community members with the desire to teach and inspire youth to develop life skills. Parents are not required to be a screened volunteer but are welcomed!



4-H Member Expectations

Club Members

To successfully complete the 4-H year, a 4-H club member must:

1. Complete enrollment including payment of dues on 4HOnline before the December 31 deadline. <https://mo.4HOnline.com>
2. Be a member in good standing. This requires attendance at a majority of club meetings.
3. Follow the 4-H Code of Conduct as described in your 4HOnline profile.

You are the face of 4-H!

4. Complete at least one project. (Work at least 6 hours with parents or other volunteers).
5. Exhibit at least one exhibit at the county fair (Members are encouraged to exhibit 3 or more items, in each of their projects.).

Independent Members

(Independent members are not affiliated with a club, but adhere to all county deadlines and rules, as well as the following).

To enroll and complete the year, Independent members must:

1. Complete enrollment on 4HOnline by December 31.
Enroll on [https:// mo.4HOnline.com](https://mo.4HOnline.com).
1. Develop and submit a plan to the 4-H Council, before the January Council meeting.
2. Member must perform two leadership or community service projects before county fair
3. Must support and be involved in a county fund raiser or activity.
4. Must present a project report or demonstration to a Caldwell County 4-H club, 4-H council, or project group during the current 4-H year.
5. Submit a report to 4-H Council at the May Meeting (should include details of community service and /or leadership projects and information about their project presentation). This is required to be a Member in Good Standing to participate in any 4-H event (camp, local, regional or state livestock shows).
6. Participate in the Fair and/or Contest Day.

Learn and Live the 4-H Pledge!



I pledge my HEAD to clearer thinking
My HEART to greater loyalty,
My HANDS to larger service, and
My HEALTH to better living,
for my club, my community, my country and my world.

Missouri 4-H Youth Code of Conduct

All youth who participate in Missouri 4-H Youth Development programs, which are planned, conducted, and supervised by University of Missouri Extension, are responsible for their own conduct. Youth participating in 4-H programs are expected to demonstrate the character traits of trustworthiness, respect, responsibility, fairness, caring, and citizenship. Specifically, 4-H youth are expected to abide by the following behavior guidelines.

1. Be courteous and respect others.
2. Obey all rules established by the University of Missouri Extension 4-H Youth Development program and those of the local club/group as well as local and state laws.
3. Treat all people fairly and animals humanely.
4. Respect the property of others.
5. Respect the authority of adult or youth volunteers, paid Extension staff, and others in leadership roles.
6. Use appropriate language and wear acceptable clothing at 4-H activities and events.
7. Show kindness to others and give assistance when needed.
8. Be honest and honor commitments.
9. Strive for personal best and keep trying to improve.
10. Accept responsibility for personal choices.

Livestock and Animal Registration Deadlines

can be found in THE CLOVER and are required for all animals to be eligible for exhibiting in any local, regional or state 4-H show. Be responsible and observe the deadlines.

- Head stands for decision making, planning, organizing, problem solving and using knowledge throughout life.
- Heart stands for strong personal values, positive self-concept, concern for others, cooperation and communication.
- Hands stands for volunteering, community service, preparing for the world of work, science and technology literacy, and useful skills.
- Health stands for healthy lifestyles, character, ethics, stress management and disease prevention

Volunteer Leader Requirements

The 4-H program is dependent upon its volunteers to deliver the positive youth development program to our youth! And we hope you will consider volunteering! Being a 4-H volunteer is satisfying and can positively influence youth ages 5-18. Becoming a 4-H volunteer is not hard; however, it is important to start and complete the steps in a timely manner so that youth are engaged in the 4-H activities they signed up for as soon as possible. Applicants should strive to complete all volunteer application steps by 12/1/17.

Please review all information regarding volunteers at:

<http://4h.missouri.edu/volunteer.aspx>

New Volunteer

Build your profile on 4HOnline.

Complete the one-time 4-H volunteer orientation, if you are a brand new 4-H volunteer applicant. The orientation helps new applicants learn basic terms, organizational structure and safety practices and is available at: <http://4h.missouri.edu/volunteer.aspx>

Complete the background screening application and when approved, you will be an active volunteer for the 2017-18 program year. The application includes being screened for criminal background, and child abuse and neglect.

Returning Active Volunteers from 2016-17

Update your 4HOnline profile **October 1**.

No Background screening required this year.

You are ready to begin working with our 4-H Youth!

As a 4-H Volunteer you have an official relationship with the University of Missouri. You are protected by University of Missouri liability insurance, which covers volunteers as long as they are acting according to the 4-H guidelines. 4-H also provides accident insurance for volunteers.



Volunteer Leader Requirements

Activity/Resource/Parent Volunteer: These volunteers are available occasionally when needed for group activities. They are ready to step up and help other project and club leaders when ready, but do not have a time commitment. It is very valuable to have as many 4-H volunteers at youth activities as possible. Volunteers can help supervise youth, help with activities and take care of emergencies.

Project Leaders: These leaders lead individual project groups, such as cake decorating, woodworking, or beef. Instead of being an expert in the area of the project, project leaders have to be willing and interested in learning about the project. Project leaders can use our project literature, which provides fun hands-on, age appropriate activities. Books can be reviewed and copied at the Extension Office, or purchased (usually less than \$6 per book) OR Leaders can use their own ideas and resources. We recommend that project leaders spend at least 6 hours with youth during the project. This could be for example: 6 one hour meetings, 4 one and a half hour meetings or 2 three hour meetings.

Club Leaders: These leaders are responsible for the club and help youth to lead club activities. One person is the main contact between the University of Missouri Extension Center and the club, while other leaders may take care of paperwork, support project leaders, be in charge of communications, and/or help youth plan activities at meetings.

Youth are also part of our leadership team. Teens need leadership opportunities and to have an opportunity to help others and direct their clubs and projects. Youth can assist project leaders and help other members in the projects in which they are enrolled.

For more information : <http://4h.missouri.edu/volunteer.aspx>

Mark your busy calendars for October 5th, November 2nd and December 7th. These are the dates for the 2017 National 4-H Volunteer e-Forum

MISSOURI 4-H YOUTH PROTECTION POLICY STAFF AND VOLUNTEER CODE OF ETHICS



Provide a Safe Environment

- Treat all youth and adults equally, without discrimination. This includes providing equal access to participation for all youth and adults, regardless of race, creed, color, sex, national origin or disability.
- Avoid harming youth or adults, whether through sexual harassment, physical force, verbal or mental abuse or neglect.
- Obey the laws of the locality, state and nation. This includes abstaining from alcohol or any illegal substance use while working with, or responsible for youth; neither will I allow youth to do so while under my supervision.
- As an Extension representative, fulfill my obligation as a mandated reporter if I believe there is or has been child abuse or neglect or I take a report of child abuse or neglect. I know I should contact the Missouri Child Abuse/Neglect Hotline at 1-800-392-3738 (TDD 1-800-669-8689), the MU Extension staff person who directly supervises my 4-H volunteer service and, if I believe it is warranted, local law enforcement. Provide a Supportive Environment
- Treat all youth with respect, caring and acceptance.
- Honor my volunteer commitment. I will live up to my volunteer commitment by working the hours necessary to fulfill my role.
- Keep records, distribute materials and support the 4-H system. I will share 4-H materials to youth and adults. I will keep and submit required records on time. I will help youth and adults with enrollment, active participation and recognition. Provide an Interactive and Engaging Environment
- Work as a “team player” for the good of all persons. I will work cooperatively with others for the good of all in the program.
- Strive to be a positive role model at all times by consistently demonstrating respect, cooperation, honesty and fair play.
- Use a democratic approach when working with youth, as they are valuable and capable of helping others and their community. Work within the University of Missouri Extension 4-H system
- Seek training for my volunteer role which will help me work more effectively with youth and adults.
- Contact the county youth specialist if my legal status changes.
- Be accountable for my actions to the county 4-H Council [or similar policy setting body], county University of Missouri Extension Council, Missouri 4-H Youth Development Programs, and University of Missouri Extension. If my personal conduct is deemed by these bodies to violate this agreement or if I fail to meet any of the stated policy statements, I know I may be relieved of my 4-H duties.

Caldwell County Events and Beyond

Regional Energizer (February 3)

Great day of fun and project focused workshops at the Cameron Veterans Middle School for youth and adults.

MU Extension Legislative Day (Late February)

4-H Members and volunteers are invited to learn about our state capitol and represent our county as they visit with legislators in Caldwell City.

Contest Day (March Date TBA)

Members are judged on their demonstrations, public speaking, personal appearance, working demonstrations in classroom settings. Clover Kids are not judged but encouraged to participate! County Fair royalty are also selected. Awards presented to top presenters. See Pages 13-14 for additional information.

Demonstration contest is designed to encourage 4-H members to organize a topic and teach it to a group. The 4-H member may choose any topic. Winners are invited to present at the Missouri State Fair in August.

Public Speaking Contest includes prepared speech, drama, technology assisted speech and video contest. Winners are invited to participate in the state contest held in Columbia in September.

Personal Appearance provides the member the opportunity to visit with the judge about their personal grooming habits and their clothing selection for the day.

Participants must pre-register. Watch communications for information in February.

4-H Camp Crowder June 4-7; June 11-14

Camp is always the first two full weeks of June at the Group Residential Camp at Crowder State Park, Trenton, MO. Each week is identical programming giving families an option for participation. Campers are ages 8-13. Teen counselors, 14-18, are selected in early spring through a regional counselor selection workshop process. Watch in your 4-H communications for the application process. Counselors are trained to conduct camp activities with volunteer and staff supervision. Some of the camp activities include canoeing, leather crafts, outdoor recreation, fun learning workshops, swimming, campfire and an evening group dance.

Camp cabin chaperones are approved 4-H volunteers who add a level of supervision in the cabins and can choose to help with the camp programming. Applications are available by April 1.

Camp fills quickly. Applications are usually available in late February or early March.

NW Regional Ron Walker 4-H Camp Crowder Scholarship

A partial camp scholarship to 4-H is annually awarded to youth attending 4-H Camp Crowder through an application process. Please watch for the application information in the spring 4-H communications.

Caldwell County Fair– mid-July (Dates TBA)

The Caldwell County Livestock shows and Achievement Days are held in Kingston. The Horse Show has typically been held at the Polo Stagecoach Park. It provides an opportunity for youth to showcase their completed project items, participate in the county shoot, and exhibit their animal projects. Community sponsors provide funds for all livestock show participants to receive a Fair t-shirt. Also, the sponsorships provide awards and premiums for livestock shows.

Achievement Day (Exhibit Day) Kingston Nazarene Church

Youth prepare their completed projects following project and State Fair Exhibit guidelines for conference judging with community judges. Youth present their project to the judge and visit about the five questions provided in the fair book which are also on the absentee form (pg 16). If absent, members can still participate and have their project judged by submitting their project with the absentee form. Top blue ribbon exhibits are selected to be sent to the Missouri State Fair for exhibition (not judged).

County Shooting Sports Contest

Shooting sports members participate in their discipline contest planned by the Shooting Sports Leaders.

Fashion Revue at Achievement Day

4-H Fashion Revue is a competitive event for 4-H youth. Although it is preferred that youth be enrolled in 4-H clothing, textile, knit, or crochet projects, the Revue is open to any 4-H member. During county and state 4-H Fashion Revues, youth have the opportunity to demonstrate what they've learned about clothing construction, consumerism, appearance, grooming habits, clothing selections and more. Top County winners are invited to participate in the State Fashion Revue in September.

Small Animal Show (Clinton County Youth Building)

4-H members bring their small animal projects (rabbits, chickens, dogs, cats, amphibians) for judging. Must be UTD with vaccinations/health requirements.

Livestock Shows (Kingston Park/Show Pavilion)

Open (4-H members from other counties may participate) Sheep, Goat, Swine and Beef Shows. Judged on quality and showmanship. UTD Health Requirements.

County Horse Show

Open show at the Polo Saddle Club Grounds at Stagecoach Park, south of Polo on Highway 13, usually in mid-July.

Contest Day includes the judging of demonstrations. The top blue ribbon winner advance to the State Fair.

DEMONSTRATIONS

General and working demonstrations are not judged at the State Fair.

1. Demonstrations must have earned a blue ribbon at a county achievement event and have been selected for State Fair.
2. 4-H Staff must approve general and working demonstration in 4HOnline as close to July 15 as possible.
3. A member is limited to ONE DEMONSTRATION in the 4-H Building.
4. Team Demonstrations may consist of no more than three (3) members. An exception is made for skits presented in Theatre Arts project. Theatre Arts may consist of no more than seven (7) members. Please refer to specialty contests which may have stricter rules.
5. Demonstrations involving firearms, live animals, open flames or other unusual circumstances must call Patty at 573-882-1441 in the State 4-H Office for pre-approval.
6. Each 4-H member eligible to demonstrate will need to select date preference in 4HOnline. The demonstration schedule is posted on the Missouri 4-H website (<http://mo4h.missouri.edu>) after August 1.
7. Demonstrators must provide their own ingredients, equipment, extension cords and props. A three-prong electric outlet, demonstration table and easel will be provided by the State Fair 4-H Building staff.
8. The Missouri Sheep Producers will provide special monetary recognition for demonstrators presenting a general or working demonstration about lambs, wool or sheep. The title of the demonstration must include the word sheep to qualify. May be enrolled in any project.

4-H Electric Theatre Demonstrations - Sponsor: Missouri 4-H

Number of entries per county: Eight (8)

Judging Criteria: Not applicable

Age: Any age 4-H member

Length of time: Should not exceed 10 minutes

Project enrollment: May be enrolled in any 4-H project.

Other: Demonstration must be done inside Electric Theatre and use electricity.

4-H General Demonstrations - Sponsor: Missouri 4-H

Number of entries per county: Eight (8)

Judging Criteria: Not applicable

Age: Any age 4-H member

Length of time: 5-10 minutes

Project enrollment: May be enrolled in any 4-H project.

Other: General demonstrations are those where the 4-H member shows and tells others how to do something. They are more formal than working demonstrations; therefore, require the use of a microphone.

Working Demonstrations - Sponsor: Missouri 4-H

Number of entries per county: Four (4)

Judging Criteria: Not applicable

Age: Any age 4-H member

Length of time: Approximately 30 minutes

Project enrollment: May be enrolled in any 4-H project.

Other: Working demonstrations are more casual than General Demonstrations. Working demonstrators do not use a microphone or stage. Youth work on a project while responding to fairgoers questions. A poster giving the topic of the demonstration and the 4-H member's name can be displayed on the table during the working demonstration.

State Fair Judged Demonstrations with Awards and National Opportunities for Senior 4-H

Cooking with Honey Contest - Sponsor: Missouri State Beekeepers

Association - Date: August 18, 2017

number entries per county: 3 per county (1 from each age division; 8-10, 11-13 and 14 and older)

Judging criteria: The demonstrator must use honey grown or made by a Missouri honey producer or company; provide the honey producer or company's name; give nutrition information; the health benefits of honey and the benefits of pollinators. The demonstrator must present a finished product for judges' sampling and a recipe handout for the judges.

Age: Any age 4-H member (8-10, 11-13, 14 and older)

Length of time: 20 minutes, including prep, demo and clean up

Project enrollment: Any project

Sample required: A sample of the food and a copy of the recipe should be given to judges

Other: 1st-3rd place will receive Missouri State Bee Keepers products. Awards will be presented in the Electric Theater 30 minutes after the last demonstration. The Missouri Beekeeper's web site <http://mostatebeekeepers.org> includes a list of regional beekeeper associations.

SPECIALTY CONTESTS

Missouri Grown Foods Contest - Sponsor: Missouri Department of Agriculture - Saturday, August 19

Number of entries per county: Three (3), one from age group 8-10, one from age group 11-13 & one from age group 14 & up.

Judging Criteria: The demonstrator must use a food product grown or made by a Missouri producer or company; provide background information on the producer or company, nutrition and preparation information, and the economics of the food product and the final dish. The demonstrator must present a finished product for judges' sampling and a recipe handout for the judges.

Age: Any age 4-H member (8-10, 11-13, 14 and older)

Length of time: 7-10 minutes

Project enrollment: May be enrolled in any 4-H project.

Sample required: A copy of the recipe and sample of the food should be given to judges.

Team: No team demonstrations allowed

Other: All contestants will receive Missouri Grown products. Awards will be presented in the Electric Theater 30 minutes after the last demonstration. A list of Missouri grown and/or made food products is available at www.agrimissouri.com. For more information, call 1-573-522-6715.

Chicken Bar-B-Q Contest - Sponsor: Missouri 4-H - Monday, August

14 - cooking area assignment and set-up 8:30-9:30 a.m., East side of the 4-H Building, Jesse Lyons - Chair - 573-474-8257

Number of entries per county: Four (4)

Judging Criteria: Contestant's barbecue skills as demonstrated while preparing/cooking the chicken, and by judges' sensory evaluation of the finished product.

Age: Age 14-18 as of January 1st of current program year.

Length of time: 2 1/2 hours time limit. Cooked product must be turned in by 12 Noon.

Project enrollment: May be enrolled in any 4-H project.

Sample required: Two (2) barbecued chicken halves should be presented to the judges on provided plates without garnishes.

Other:

1. Pre-registration and barbeque grill request, if desired, due to Jesse Lyons no later than July 1.
2. Contestants may have one adult (leader or parent) as a coach supervising and assisting during set-up, although cooking and product handling is restricted to the contestant.
3. Date of event information:
 - a. Monitors provide participants with charcoal and lighter fluid, if desired.
 - b. Contestants may bring their own lighter fluid and non-self-starting charcoal.
 - c. Contestants may use their own grills if it does not exceed 350-400 square inches. Baskets may not be used for turning.
 - d. Monitors provide participants four (4) 1 1/4 to 1 1/2 pound chicken halves and a plate. The contestant may not inject fluid or sauce into the chicken.
 - e. Contestants must furnish all other equipment and supplies, including sauce (commercial or private recipe).
 - f. Contestants use charcoal barbecue grilling techniques and present two barbecued chicken halves to judges on plates, without garnishes, at or before the end of the 2.5 hour period. In addition, the youth should give the judges a standard recipe card with information about sauce (brand or major ingredients) and key cooking instructions.
4. Ribbons will be awarded. Winning contestant who is 14-18 years old as of January 1 of the current year will qualify for the National 4-H Chicken Barbecue Demonstration Contest in Louisville, Kentucky in November. Website for the national contest is <http://www2.ca.uky.edu/national4hpoultry/>. An additional contestant may qualify to cook turkey in the Turkey BBQ Contest at the national meeting. Travel assistance and lodging will be furnished for national contestants.

International Topic Demonstrations - Sponsor: Missouri 4-H Global Education Program - Saturday, August 12

Number of entries per county: Three (3) demonstrations, with one from ages 8-10 and one from ages 11-13 and one from ages 14 and over

Judging Criteria: The best demonstration will include a lot of information about the place where the item originates and the people who use the item.

Age: Any age 4-H member (see age brackets above)

Length of time: 7-10 minutes

Project enrollment: May be enrolled in any 4-H project.

Sample required: If the item made is a food item, a copy of the recipe, nutrition information and a sample of the food should be given to judges.

Team: Team demonstrations are allowed.

Other: Members must earn a blue ribbon at the county level on any demonstration that relates to an international topic. Demonstrations can be about an item that is made in another country, used in another country, or originates from another country. Winners from previous years may compete again.

Egg Contest - Sponsor: Missouri Egg Council - Sunday, August 13
 Number of entries per county: Two (2) per county – 1 from ages 8-13 and 1 from age 14 and older
 Judging Criteria: Each contestant prepares an egg dish and also presents information that reflects the contestant's knowledge about eggs, including: nutritional value, preparation, storage, function, grading-sizing, versatility and economics of cooking with eggs.
 Age: 8-13; 14 and older
 Length of time: No more than 12 minutes
 Project enrollment: May be enrolled in any 4-H project.
 Sample required: Present a finished product for judges' sampling and a recipe handout for the judges.
 Team demonstrations: Not applicable.
 Other: 1. Recipe must contain 1 whole egg per serving if a salad or main dish, ½ egg per serving if an appetizer, snack, dessert or beverage.
 2. The event is held in the Electric Theatre in the State Fair 4-H Building.
 3. National contest opportunity: The winner in the 14 or older division may represent Missouri at the national contest in Louisville; travel and lodging will be available. Specific rules apply. Learn more by contacting Dr. Jesse Lyons, UMC Animal Science Extension, S-133 Animal Science Center, UMC, Columbia, Missouri 65211, lyonsj@missouri.edu, 573-474-8257 or Jo Manhart, Missouri Egg Council, 1000 West Nifong, Building 1, Columbia, Missouri 65203, jmanhart@4jumbo.com, 573-874-3138. They will provide critique and encouragement for the Missouri winner to help perfect a winning demonstration for the national level. Additional recipes, criteria and score sheets available at <http://www2.ca.uky.edu/national4hpoultry/>

Pork Contest - Sponsor: Missouri Pork Association - Thursday, August 10
 Number of entries per county: Six (6) demonstrations per county, with two from age 8-10, two from age 11-13, and two from age 14 or older. Three places are awarded in each age category.
 Judging Criteria: Demonstration may be on any facet of pork, including food, nutrition, production practices, or by-products. Demonstration topics should be challenging and exhibit contestant's knowledge as well as presentation skills.
 Age: Any age 4-H member (8-10, 11-13, 14 and older)
 Length of time: 20 minutes, including preparation, demonstration and clean up.
 Project enrollment: Members must be enrolled in Foods/Nutrition or Swine projects.
 Sample required: A sample of the food and a copy of the recipe should be given to judges.
 Team: Teams of two are allowed only in the 8-10 year division.
 Other: Animals may not be used. First-place winners may not enter in the same age category two years in a row. Three places are awarded in each age category.



State 4-H Public Speaking Contest Competition categories



Junior (ages 8-10), Intermediate (ages 11-13) and Senior (ages 14-19) contestants compete in one of the following categories:

Prepared speaking

This is the noble, "traditional" category from past Missouri State 4-H Public Speaking Contests. Speeches may be on any topic of the participant's choice that are in good taste for a group of peers and adults.

Extemporaneous speaking

When you give an extemporaneous speech at a public speaking contest, it will differ from a traditional ("prepared") public speech in that you will not plan the speech until shortly before you deliver it.

Technology assisted speaking

Technology assisted speeches are subject to the same rules and guidelines as prepared speeches but allow for the use of presentation software (such as PowerPoint). This is another 4-H experience with excellent workforce preparation benefits.

Interpretation

Interpretations are memorized performances that take place without music or other external sound effects. You can choose from three of the following sub-categories:

Dramatic

An oral interpretation of a serious selection of narrative or dramatic work. The source material may come from literature, a monologue, a theatrical production or poetry. This can be a great fit for youth in 4-H Theater Arts clubs!

Humorous

A memorized oral interpretation of a humorous selection (or a humorous interpretation of an oral selection. Source material may come from plays, prose, literature, poetry, or other performance pieces.

County Contest Day includes Public Speaking Categories and blue ribbon winners may compete at the State Contest in September on the MU Campus. Refer to the State 4-H website for complete registration details and enter through 4HOnline.

<http://4h.missouri.edu/state-public-speaking/public-speaking-competition-categories>



4-H Leadership Opportunities



4-H alumni repeatedly identify the most important thing learned through the 4-H Club experience is leadership skills. Through experiences and trainings that teach youth how to run a meeting, deal with conflict, understand the public policy process, understand other cultures, work collaboratively with people of various leadership styles and personalities and more. 4-H youth begin developing leadership skills by serving on committees and officers in the local community club, county 4-H council and state 4-H council.

Officers work closely with club/council leaders, but it is the member's and officer's responsibility to plan and carry out activities. Officers take the lead in planning and carrying out club/council activities and in helping to make sure all members have a chance to contribute. Please take time to research additional sources that maybe be helpful at <http://4h.missouri.edu/resources-and-forms/#Officers>. Especially the resource "So You're an Officer Series."

Officer candidates should be members in good standing and be familiar with the 4-H program, club, county, regional and state events and opportunities & their Officer Roles. See list of materials available in Clover. Additional officer positions are encouraged. Appointed offices for your club could include, but not limited to photographer, recreations/game leader, historian, and health and safety leader. Specific club officer requirements and responsibilities are outlined in the club's constitution and by-laws. Club officers and leaders can use the Standards for Club Seals (pg 5 Secretary's book) to set goals for the club.

PRESIDENT

- Prepare an agendas with leader/officers collaboration
- Conduct meetings using parliamentary procedure
- Guide meetings in a courteous, tactful way
- Pilot the club!

VICE PRESIDENT

- ♦ Serve as **Awards Coordinator** for the club. Be familiar with award and scholarship applications. Encourage members to participate in the awards program.
- ♦ Fill out and submit by September 15:
 - ♦ **State Youth Service Awards**
(found in The Clover)
 - ♦ **County Community Service Report**
Can use the State Youth Service Form or submit a list of projects
Winning Club name on traveling trophy
 - ♦ **Caldwell County 4-H Service Award**

SECRETARY

Members' attendance and completion pins, club seals, and leader recognition all depend on the club secretary book. Club Secretary book can be found at <http://www.4h.missouri.edu/doc/sec-book-cover-and-instructions.pdf>

- **Submit copy of meeting attendance after April and June meetings to 4-H Office to verify members are in good standing, for shows and fair exhibits**
- Submit secretary book with end of year report to office, by September 15.

YOUTH TREASURER/ADULT TREASURER

- ♦ Use Club Federal Identification number on checking account and update signature card at bank.
- ♦ Write a check for county and state dues:
Caldwell County 4-H
- ♦ Complete and submit by September 15
4-H Annual Financial Report
(Treasurer's book or available at <http://www.4h.missouri.edu/doc/treasurer-club-leadership-info.pdf>)

REPORTER

Send a small report and picture to Debbie at least 4 times a year to be shared in County newsletter. Reports can be emailed or shared on Facebook. Debbie's email is da-visdd@missouri.edu.

HISTORIAN

As historian, you keep a record of your club's accomplishments and activities for the year. Your records should be meaningful to members and future members. This is traditional captured in a club or council scrapbook.

COUNCIL REPRESENTATIVES

Each 4-H club elects two youth and two adult voting representatives to the County Council for each 4-H year. They represent the interests of the club and determine county 4-H programs and activities.

The County Council sets the new year's meeting schedule at the September meeting. Meeting schedule is outline in the council by-laws. The meeting is open to all 4-H members and adults with decision making reserved for voting delegates

Regional Representative State 4-H Council Leadership Opportunities

All Missouri 4-H'ers are represented at the state level by the State 4-H Council. Elected from each region at State 4-H Congress, Missouri's State 4-H Council works with county youth liaisons, assists in planning and implementing statewide 4-H programs, gives young people input on 4-H program and policy issues, and works to address the issues and concerns most important to Missouri 4-H youth.

Regional representative candidate applications are submitted to county 4-H staff January 1. Regional interviews are held at the Energizer for all applications to determine who will be candidates to be elected by the regional delegation at State Congress. Representatives serve for a one year term and can be re-elected. State council officers are elected at Congress.

For applications and more information:
<http://4h.missouri.edu/missouri-4h-council.aspx>

CONSTITUTION OF CALDWELL COUNTY 4-H COUNCIL

Revised February 2017
and October 2017

ARTICLE I: NAME

Section I: This organization shall be known as the Caldwell County 4-H Council.

ARTICLE II: PURPOSE

The purpose of this council shall be to promote and strengthen the county 4-H program by giving guidance to programs, designating awards and programs, establishing policies, maintaining communication between Extension staff and 4-H Clubs, coordinating activities, securing financial support, and providing information needed to clubs, and individuals regardless of race, color, creed, sex, age, national origin, religion, geography or residence in the Caldwell County, economic circumstances, cultural or ethnic background, education or physical and intellectual capabilities.

ARTICLE III: MEMBERSHIP

Section I: Council membership shall be open to any Caldwell County Community Club 4-H leader or 4-H member regardless of age, sex, race, creed, or national origin.

Section II: This council's voting membership shall be composed of:

Two adult 4-H leaders, (the club leader and one additional adult)

Two 4-H members from each club. A member of the club Executive

Committee is automatically one of these members. (The Executive

Committee consists of the President, V. President, Secretary and Treasurer.) The other shall be designated by the club.

In the event there is a county representative to the State 4-H Council,

He shall be a voting member.

Section III: Ex-Officio non voting members shall consist of:

County Extension 4-H Staff

Two representatives of the Caldwell County Extension Council

ARTICLE IV: OFFICERS AND EXECUTIVE COMMITTEE

Section I: Officers shall be:

Elected from Council members by a majority vote of those attending

The first meeting of the 4-H year.

The officers of the council shall be: President, Vice-President,

Secretary, Adult and Youth Treasurer not related or living in the same household, & Reporter.

There shall not be more than one leader or two 4-H members per club as an

Officer in any given year.

Term of office is one year, not to exceed two years in the same

Position.

Section II: The Executive Committee shall be composed of

Five elected officers

ARTICLE V: Dues

Section I: In Caldwell County, the cost to join 4-H is \$25.00 per year. This includes \$20.00 state dues, and \$5.00 County Dues due by December 31. ***County dues increase to \$15 after December 31.*** The state dues includes the fee for accident insurance for all members of 4-H. Some projects and activities have an additional participation fee. Enrollment process is completed through 4HOnline.

ARTICLE VII: VOTING

Voting will be restricted to 2 adult votes and 2 4-H members per 4-H Club. Council members unable to attend a Council meeting shall have the right to vote by proxy through a representative of their club. At the beginning of each club meeting, it shall be established who are the voting members at the meeting.

ARTICLE VIII: BY-LAWS STANDING COMMITTEES

Standing committees other than the Executive Committee shall be appointed by the President and shall consist of: Contest Day, Achievement Day, Recognition Night, Fun Night, Finance & Fund Raising and other committees authorized by the Council. Members may include people other than 4-H Council Members.

ARTICLE IX: ROSTER

There shall be a roll call roster at all times for the 4-H Council.

ARTICLE X: FUNDRAISING

Section I: All 4-H Council Fund Raising events should be approved by the 4-H Council before the event.

Section II: Before all 4-H Club Fund Raising events occur, the Club should Submit to the Extension Office the following information:
How the money is being raised.
What Company and address the club is working with for this project.
What educational use is the money being used for.
What Club leader is in charge of this event/effort?

BY-LAWS

ARTICLE I: DUTIES OF OFFICERS

Section I: **President** – The President shall preside at all meetings of the Caldwell County 4-H Council and all countywide 4-H events and appoint all special committee members. (With the approval of the Council).

Section II: **Vice President** – The Vice President shall perform the duties of the President in the absence of the President.

Section III: **Secretary** – The secretary shall call the roll of the council at each meeting, keep an accurate record of all Council proceedings, shall read the minutes of the previous sessions at each meeting, and shall-after their approval by the council-provide a copy of the minutes to the University Extension Center in Kingston. The Secretaries book will be kept at the Extension Center.

Section IV: **Treasurer** – Both the Youth and Adult treasurers shall be the official persons to sign all checks for the 4-H Council. The treasurer shall present for the yearly audit of the books. The audit shall be conducted by people outside of the 4-H Council and Extension Staff. The Extension staff shall make a written report of all transactions conducted and provide a copy of this at each council meeting. The Treasurer's records and account books shall be maintained by the Adult Treasurer or stored at University Extension Center in Gallatin. Three additional 4-H Council members shall also be authorized to write checks. These three additional signatures are to be voted on by the 4-H Council.

Section V: The **Reporter** shall write a news release following each council meeting and submit to newspapers in the county.

ARTICLES II: ELECTION AND TERMS OF OFFICERS

Section I: The Council-at the first meeting of the new 4-H year (October)—shall elect the officers. The new president will preside from the point of election. The Vice President, Treasurer, Secretary, and Reporter will take office immediately upon election.

Section II: Term of the office is one year, not to exceed two years in the same position.

ARTICLE III: MEETINGS

Section I: The Caldwell County 4-H Council will meet 6 times a year as follows: The first Monday, 7:00 pm of October, November, February, April, June and August.

Section II: Additional meetings may be called by the President with the knowledge of Extension staff, or meetings may be called by the Extension Staff.

Section III: The Executive Committee shall meet "on Call" between regular meetings of the full Council. They are empowered to pay bills for program which where previously approved.

Section IV: All Council meetings shall be open to the public.

ARTICLE IV: QUORUM

Section I: A majority of the members present constitutes a quorum for the Caldwell 4-H Council.

Section II: A majority of members present constitutes a quorum for the Executive Committee. (Executive Committee consists of the officers and the Extension staff).

ARTICLE V: AMENDMENT

Section I: These by-laws may be changed by two-thirds vote of those present at any meeting of the County 4-H Council, provided that the proposed change has been discussed at a previous meeting, or a notice of such a change has been sent to Council members ten days prior to the meeting.

ARTICLE VI: MEMBERS IN GOOD STANDING/EXHIBIT, SHOW ELIGIBILITY

Section I: Eligibility to show and exhibit at countywide, area, regional and state 4-H events is limited to members in good standing. Good standing during the 4-H year constitutes having a minimum of six contact teaching hours with the project leader in each project in which a member plans to exhibit or show, plus attending at least one-half of the club meetings. This is a minimum requirement. It is expected that members will exceed the minimum.

Section II: The Club leader should contact the 4-H member that is ineligible and notify the Extension Office with this 4-Her's name. This club leader should use reasonable judgment when there are extenuating circumstances. The Extension Staff will be notified of these circumstances.



CALDWELL COUNTY AWARDS AND RECOGNITION

Member Awards



Name of Award	Who May Participate	Entry Requirements	Award
Completion Pins	All members, age 8 – 18	Member in good standing reported by the club secretary and exhibit at County Fair	Year Pin to members who complete the 4-H year.
Project Medals	All members, ages 8-18	Member in good standing. Submit Project Record for each project <u>OR</u> MRF*.	Receive project medal for first year of reporting on the project
Clover Kid Completion Pin	Clover Kids	Member in Member in Good Standing	Clover Kid Pin for First, Second, and Third Year
Rookie of the Year Boy	First year boy members, ages 8-18	Nomination from Club Leader	4-H Clover Chenille
Rookie of the Year Girl	First year girl members, ages 8-18	Nomination from Club Leader	4-H Clover Chenille
Carrie McBee Award Boy	13 & younger boy	Nomination from Club Leader	4-H Clover Chenille or 4-H Hat
Carrie McBee Award Girl	13 & younger girl	Nomination from Club Leader	4-H Clover Chenille or 4-H Hat
Toomay Dedication Award	Non-rookie ages 12-13-14	Nomination from Club Leader	4-H Clover Chenille or 4-H Hat
Caldwell 4-H Spirit	All Active Members	Nomination from 4-H Staff	4-H Clover Chenille or 4-H Hat
Top Level I MRF	Ages 8-10	Submitted Level I MRF	Plaque
Top Level II MRF	Ages 11-13	Submitted Level II MRF	Plaque
Top Level III MRF	Ages 14-18	Submitted Level III MRF	Plaque
"I Dare You" Award	4-H member 14 and over	Nomination from Club Leader	Recipients receive certificate and <u>I Dare You</u> book.
Key Award	For ages 14-18; work & report on Leadership, Community Service, Project Excellence, and Personal Growth.	Missouri 4-H Key Award Application, with documentation by September 15. (Form # 2300)	Medallions awarded for each section; Key award with 4 completed.
Outstanding Club Treasurer	Club Treasurer	Submitted Club Treasurer Book	Officer Pin
Outstanding Club Secretary	Club Secretary	Submitted Club Secretary Book	Officer Pin
Outstanding Club Historian	Club Historians	Submitted Club Scrapbook	Officer Pin
Outstanding Club Reporter	Club Reporters	Submitted Reporter Form	Officer Pin
Caldwell County 4-H Alumni Award	4-H Alumni/Current 4-H Hall of Fame Nominee	Nominated by 4-H County Council	Marble Caldwell 4-H Paperweight
Caldwell Friend of 4-H	Community Volunteer supporting Caldwell 4-H	Nominated by 4-H County Council	Marble Caldwell 4-H Paperweight
Club/Project Leaders			Special Award
Volunteers	All approved volunteers enrolled in 4HOnline		Special Recognitions



Missouri 4-H Foundation Scholarships



There are many scholarships available only to 4-H members for college education. 4-H State scholarship applications are **due to Caldwell County office by March 25**. Refer to *The Clover* for more information.



State Excellence Awards Missouri Recognition Forms



Members must complete Missouri Recognition Forms Levels 1, 2, or 3. Top county forms are judged regionally. Regional Level 1 winners receive a \$50 camp scholarship. Regional Level 2 winners will receive a scholarship to attend State 4-H Teen Conference or State Congress if they have aged out of Teen Conference. Level 3: Through a regional and state judging of top forms and interviews, 20 Missouri applicants are selected to be delegates to the National 4-H Congress, Atlanta, Georgia in November.



Caldwell County Club Awards



Name	Award	Entry Requirements
<i>Club Seals</i>	Bronze, Silver, Gold	Club Secretary Book, due September 15
<i>Community Service</i>		Youth Service to Communities Form submitted online by September 15



Caldwell County Volunteer Leader Awards

Name	Award	Requirements
<i>First Year Volunteer</i>	Receives National Pin, Certificate	Complete year as approved volunteer
<i>Five-Year Leader Award</i>	National pin & certificate	Completed five years as approved volunteer
<i>Ten-Year Leader Award</i>	National pin & certificate	Completed 10 years as approved volunteer
<i>15-20-25-30 Year Leader Award</i>	National pin & certificate	Completed respective years of volunteer service as an approved volunteer

Caldwell County 4-H Fair Absentee Exhibit Form

One form must be completed and submitted with exhibit.

Name: _____ **Project** _____ **Level** _____

Year in this project area: _____

Years in 4-H: _____

My goals for this project were:

What I completed & accomplished in this project:

What skills did I learn by completing this project:

What would I do different next time:

Number of hours worked in this project: _____

Time spent on exhibits: _____

Additional Comments:

If applicable & applies to this project:

Total costs: _____

Total income (or cost saved): _____

Profit: _____ **Loss:** _____





PROJECT MEETING REPORT



(To be turned into the 4-H club's Secretary at your next regular meeting)

PROJECT: _____ DATE: _____ PLACE: _____

NAME OF CLUB MEMBERS PRESENT: _____

WORK DONE AT MEETING: _____ HOURS WORKED: _____



PROJECT MEETING REPORT



(To be turned into the 4-H club's Secretary at your next regular meeting)

PROJECT: _____ DATE: _____ PLACE: _____

NAME OF CLUB MEMBERS PRESENT: _____

WORK DONE AT MEETING: _____ HOURS WORKED: _____



PROJECT MEETING REPORT



(To be turned into the 4-H club's Secretary at your next regular meeting)

PROJECT: _____ DATE: _____ PLACE: _____

NAME OF CLUB MEMBERS PRESENT: _____

WORK DONE AT MEETING: _____ HOURS WORKED: _____



PROJECT MEETING REPORT

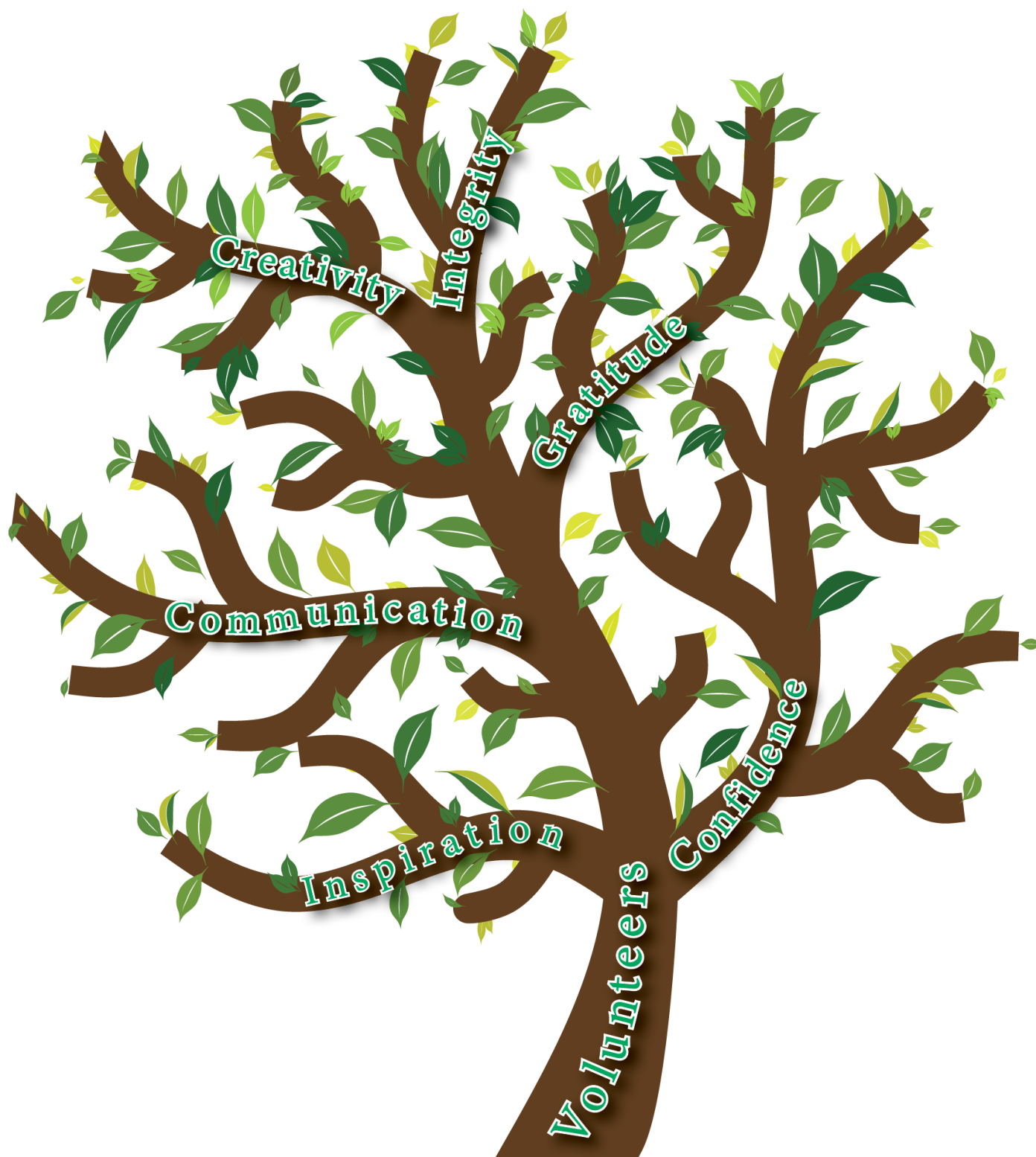


(To be turned into the 4-H club's Secretary at your next regular meeting)

PROJECT: _____ DATE: _____ PLACE: _____

NAME OF CLUB MEMBERS PRESENT: _____

WORK DONE AT MEETING: _____ HOURS WORKED: _____



Let the Good Times
Grow

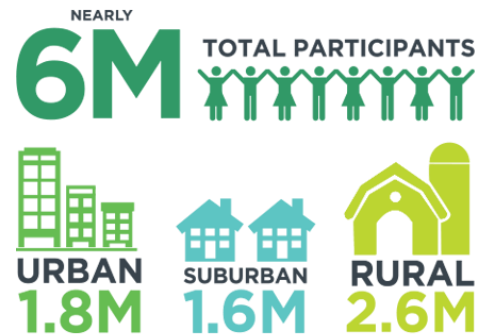
4-H Talking Points

About 4-H

4-H, the nation's largest youth development organization, grows confident young people who are empowered for life today and prepared for career tomorrow. 4-H programs empower nearly six million young people across the U.S. through experiences that develop critical life skills. 4-H is the youth development program of our nation's Cooperative Extension System and USDA, and serves every county and parish in the U.S. through a network of 110 public universities and more than 3000 local Extension offices. Globally, 4-H collaborates with independent programs to empower one million youth in 50 countries. The research-backed 4-H experience grows young people who are four times more likely to contribute to their communities; two times more likely to make healthier choices; two times more likely to be civically active; and two times more likely to participate in STEM programs.

4-H Way

4-H empowers young people with the skills to lead for a lifetime. It's a research-based experience that includes a mentor, a hands-on project, and a meaningful leadership opportunity



4-H'ers participate in



National Reach, Local Programs

4-H's reach and depth is unmatched. Through our community of 100 public universities, 4-H reaches kids in every corner of America - from urban neighborhoods to suburban schoolyards to rural farming communities. Our network of 500,000 volunteers and 3,500 4-H professionals provides caring and supportive mentoring to all 6 million 4-H'ers, helping them grow into true leaders today and in life



Missouri 4-H is a community of **229,957** young people from across Missouri learning leadership, citizenship and life skills. One out of every five Missourians between the ages of 5 and 18 participated in a MU Extension 4-H program in 2016.

Missouri 4-H has no geographic boundaries. While it has its beginnings in rural America, 4-H projects and activities today appeal to all young people.



9,138

VOLUNTEERS

Volunteers create, support and are part of the 4-H community. Missouri volunteers report they contribute 200 hours per year. Valuing their time at \$21.31 per hour, the contribution of Missouri 4-H volunteers was worth nearly \$39 million in 2016!

Top 4-H project areas in 2016



30,189
AGRICULTURAL, FOOD,
BIO, VET SCIENCES



7,615
SCIENCE, ENGINEERING,
TECHNOLOGY



9,863
ENVIRONMENTAL,
EARTH SCIENCES



14,461
CITIZENSHIP, LEADERSHIP,
COMMUNICATIONS

21,795

CLUB PARTICIPANTS

4-H clubs offer long-term educational experiences where members learn life skills such as decision making, public speaking and working with others. Members learn by doing under the guidance of adult volunteers who teach projects ranging from aerospace and arts to veterinary science and sport fishing. Clubs also involve children and teens in community service, camping and educational trips.

183,823

SPECIAL-INTEREST PROGRAM PARTICIPANTS*

4-H special interest programs include conferences, distance learning programs, day camps and other educational activities such as school-age care. They often reach kids with special needs, such as those living in group homes or youth who are physically or mentally challenged.

25,130

SCHOOL PROGRAM PARTICIPANTS*

4-H school enrichment programs are short-term educational experiences that supplement learning in the classroom.

**Duplicates not removed*

