



# The **SOUTHEAST** **4-H SUN**

Missouri 4-H website: <http://4h.missouri.edu/index.htm>  
LIKE and SHARE our Facebook Pages  
Butler/Carter/Wayne County 4-H

## **4-H Clubs**

### **Carter County 4-H**

Wilderness SPIN –every Tuesday morning in June from 9:30am – 11:00am at the Wilderness community building in Wilderness, Mo. Activities will include photography, campfire cooking and archery.

Horsemanship - Meets every 1st and 3rd Monday from 6pm-8pm at the Harvey Reynolds Arena

Van Buren 4-H club meeting – Meets each 2nd Tuesday of the month from 6pm – 8pm at the Van Buren Nutrition Center

Ellsinore 4-H club meeting – Ellsinore 4-H meets each 3rd Thursday of the month from 6pm – 7:30pm at the Ellsinore FEMA Bldg.

### **Wayne County 4-H**

Piedmont and Greenville. Like the Facebook pages for more information!

### **Butler County 4-H**

Royal Riders 2nd & 4th Wednesdays @ Qulin Lions

*Club & Qulin Elementary Cafeteria at 3:15 pm*

*Neelyville 4-H 1st & 3rd Wednesdays at Independence Baptist Church at 4:00 pm*

*Rombauer Rascals*

*1st Saturday at Rombauer General Baptist Church at 10 am*

*Steppin' Up*

*1st & 3rd Thursdays at First United Methodist Church Poplar Bluff at 5:30 pm*

*Oak Grove STEM Club*

*2nd and 4th Thursdays at Oak Grove Elementary at 4:00 pm*

*House of SEMO Robotics*

*2nd & 4th Mondays at Faith Tabernacle Church at 4:00 pm*

## **Deadlines & Events**

**July 1-3** -4-H Camp at Pinecrest

**July 10-** SMQA Training, Jackson 6:00 pm; Youth Mental Health First Aid, Dexter

**July 14-18-** Summers @ Mizzou, Columbia

**July 15-** SEMO District Fair-Livestock Nominations Due

**July 16, 17, 18-** Focus on Photography, Poplar Bluff

**July 19-** 4-H Fun Day at Hydro Adventures

**August 3-7-** FilmFest, Columbia

**August 6-8-** Survival Camp, Wappapello Lake

**August 8-18-** Missouri State Fair, Sedalia

**August 12-** 4-H Council Meeting, Poplar Bluff

**August 24-25-** State Shooting Sports Contest, Columbia

## **A New Newsletter will be coming soon!**

Our office is switching to a new format of newsletter that will come in the next few months. There will be headings that you can click on for more information. The new newsletter will be mobile user friendly. Watch for more to come!

## **4-H at Hydro Adventures-**

Come join Butler County 4-H at Hydro Adventures on **Friday, July 19**. The day will start at 12 noon. Lunch is on your own, so plan to eat before coming. Snacks will be provided by the 4-H council but bring any extra spending money you may want throughout the day. The day ends at 5 pm for 4-H but if you come with a parent feel free to stay until the park closes at 9 pm. The water park, go-karts and all outdoor activities are included in the price! If you are in Butler County, the price is \$10 per member due to the 4-H council sponsorships. All other counties, siblings and parents are welcome to attend for the rate of \$16.99 per person. Please register no later than July 5 by contacting the Butler County Extension office at 573-686-8064. Return attached forms to University of Missouri Extension 614 Lindsay Ave Suite 3, Poplar Bluff, MO 63901 before July 5.

## **Last Chance! 4-H Survival Camp-**

Butler County University of Missouri Extension is providing a three-day camp for youth ages 8-18. Learn how to survive in the great outdoors! Skills include: knot tying, water survival, nutrition and hydration, fishing, packing your backpack, tent set up, outdoor identification, sterilizing water and foods, basic first aid, orienteering, animal survival, hiking and more! Lunch and snacks are provided and everyone will receive a t-shirt! Cost is \$60 for current members. To register contact University of Missouri Extension 614 Lindsay Ave Suite 3 in Poplar Bluff, MO 63901 or call 573-686-8064 or email [butlerco@missouri.edu](mailto:butlerco@missouri.edu)

## **Only a Few Spots Left! Focus on Photography SPIN Club-**

Want to learn how to become a professional photographer? Capture special moments, communicate your messages, and show how life appears through your lens with photography. Learn about cameras, lighting, and digital and

film media to be ready when you happen upon that great shot. Build skills and explore possible new careers. Classes are July 16, 17, 18 from 1pm-3pm at the Butler County Extension office. Cost is \$10 for current members. Call 686-8064 to register.

## **Nail Spa SPIN Club-**

Do you want to learn how to do professional manicures, pedicures and sugar scrubs? If so come to the Nail Spa SPIN club on July 16, 23, and 30 from 5:30pm-7:30pm at the Extension office. Pre-registration is required and limited spots are available. The club is open to ages 5-18 and cost is \$10 for current 4-H members so do not wait to register. Contact 686-8064 to register or for more details.

## **Last Chance! Grants Available for Fishing Programs-**

The Missouri Dept. of Conservation is offering grants to assist high school fishing clubs in providing quality fishing programs. Grants up to \$500 are available to clubs that participate in approved conservation activities, such as kids fishing clinics, fish habitat improvement projects, Stream Team cleanup, special fishing events & others. To apply interested schools or club leaders should submit an online grant application at <https://bit.ly/2RphowQ> highlighting the conservation activity they plan to participate in.

## **Last Chance! Missouri State Fair Entries-**

Livestock entries for the Missouri State Fair are due July 1. Entry information will be available online at [www.mostatetfair.com](http://www.mostatetfair.com). Paper entries must be signed by 4-H youth staff.

## **Don't forget SEMO Fair-**

Livestock entries will be due August 8, 2019. Late entries are accepted until August 20 with a \$50 late fee. Nomination forms do



not constitute an entry for the SEMO District Fair.

Youth are also required to complete Show Me Quality Assurance (SMQA). You can complete it online at:

<http://agebb.missouri.edu/smqa/> or attend an in person training. See flyer for dates and locations. If you are unsure if you need to complete it, call the Extension office. You will not be allowed to show if it is not completed.

If you will be exhibiting market swine, lambs, or goats at the SEMO District Fair, you will need to submit a nomination form in order to show and sell. They are due to the Cape County Extension office by **July 15**.

## Resources –

The [Missouri 4-H Service-Learning Website](#) offers many resources for clubs, junior councils, and other 4-H groups to lead and involve others in community service-learning this next year! A new series of Adult Leader Guide-sheets on service-learning include: [What Is It?](#), [Five Steps](#), [Core Elements](#), [Teambuilding](#), [Action Planning](#), [Goal Setting](#), [Building Partnerships](#), [Local Governing Officials](#), [Reflection](#), and [Continuing Support](#). Leaders will also find success stories and resources for service project funding, recognition, and evaluation on the site.

Some older project resources for 4-H groups (with a new look) include: [Service-Learning Ideas from A to Z](#), [Camo Coolers](#), [Carry On Suitcases](#), [Feeding Communities \(Hunger & Food Security\)](#), [Letter Writing Kits](#), [Make-a-Wish Scrapbooks](#), and [Weighted](#)

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The webpage will continue to be updated.

## ☘ 4-H GROWS HERE™

*"I can't change the direction of the wind, but I can adjust my sails to always reach my destination."*-

*Jimmy Dean*



## July 4<sup>th</sup> Yogurt Bark-

Ingredients:

- 3 small cartons Silk vanilla dairy free yogurt alternative
- 4 large strawberries, cut into stars
- handful of fresh blueberries
- handful of fresh raspberries

Instructions:

1. Empty out the yogurt cartons onto a small baking sheet lined with parchment paper. Smooth out with the back of a spoon.
2. Add the fresh fruit on top of the yogurt to make whatever design you wish. You

can even make an American flag if you want to get fancy!

3. Place in the freezer for several hours or until completely solid.
4. Slice and serve.

Source <https://www.forkandbeans.com/2016/06/12/july-4th-yogurt-bark/>



### **Learning by Doing Summer Programs Tree Planting at the Extension Office**

To get pictures or information in the newsletter email [milnersn@missouri.edu](mailto:milnersn@missouri.edu) by the 15<sup>th</sup> of the month

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