



The **SOUTHEAST** **4-H SUN**

Missouri 4-H website: <http://4h.missouri.edu/index.htm>
LIKE and SHARE our Facebook Pages
Butler/Carter/Wayne County 4-H

4-H Clubs

Carter County 4-H

Horsemanship

Meets regularly on the 1st and 3rd Wednesday of each month from 6pm-8pm at the Harvey Reynolds arena

4-H Explore and 4-H Sure Shot Archery

Meets the 3rd and 5th Monday from 3:30-4:45 at the VB Elementary Library

Ellsinore Club

Meets on the 3rd Thursday at 6pm in the FEMA building

Wayne County 4-H

Piedmont, Williamsville and Greenville. Like the Facebook page for more information coming soon!

Butler County 4-H

Royal Riders

2nd & 4th Wednesdays @ Qulin Lions Club & Qulin Elementary Cafeteria at 3:15 pm

Neelyville 4-H

1st & 3rd Wednesdays at Independence Baptist Church at 4:00 pm

Rombauer Rascals

2nd Saturday at Rombauer General Baptist Church at 10 am

Steppin' Up

3rd Thursday at First United Methodist Church Poplar Bluff at 5:30 pm

Oak Grove STEM Club

2nd and 4th Tuesdays at Oak Grove Elementary at 4:00 pm

Horsebowl/Hippology

Meeting dates TBA

Homeschool Club

Meeting dates/times TBA

Deadlines & Events

January 7- 4-H Council Meeting at 4:30 pm in Poplar Bluff

January 18 & 19- Ag Expo

January 21- Regional Rep Applications due

February 1- Youth Civic Leaders Summit due

February 16- Meats Judging Contest, Columbia

February 18-20- Legislative Academy

February 23- State Horse Judging Contest

March 1-3- Youth Civic Leaders Summit

March 16-17- Teen Conference

Regional Energizer-

It will be held on Saturday, February 9 at **Advance Elementary School in Advance** for youth ages 8-18 and adult volunteers. The day will have workshops, games, food, dancing, and networking with 4-H members and volunteers from the Southeast region. The theme this year is the 3rd H – Hands to Larger Service. Flyer and registration form for youth and adults will be available soon. Registration deadline will be **January 22, 2019.**

Reminder for Volunteers-

If you are planning to chaperone any 4-H overnight event you *must* fill out a volunteer background screening every year. If you have questions please contact the office at 686-8064.

Butler County 4-H Council Meeting-

This is a reminder that the 4-H council will meet on Monday, January 7 at 4:30 pm at the Extension office. Each club should send a representative.

Southeast Regional Representative to State 4-H Council-

Any 4-H participant, age 14-17 on

January 1 of the election year, may apply to be a candidate for Regional Representative. The 4-H'er must meet the age requirements listed above, must be currently enrolled in a 4-H program, in good standing in their local 4-H club or unit, and have completed the previous year of 4-H work. Candidates should be selected by their region on the following basis: 40% 4-H experience; 50% personal interview; 10% recommendation by county 4-H staff.

Application and Cover Letter due January 21 to the extension office. Interviews will be held February 9 at the Regional Energizer. Application and information can be found at <http://4h.missouri.edu/missouri-4hcouncil.aspx>

4-H Feeding Missouri-

The goal is to raise one million meals the month of February in a first-of-its kind statewide food drive, and every 4-H club in the state can contribute to its success! From February 1-28, 4-H'er's across Missouri will engage in a friendly service competition to see which clubs can contribute the greatest amount of food, donations and volunteer hours. They will have an opportunity to organize and/or participate in food drives, fundraising, volunteerism and educational outreach to

learn about hunger and food insecurity. Stay tuned for more information! Included on the 4-H Feeding Missouri webpage is a resource section that features a "4-H: Empowering Youth to End Hunger in Their Communities Toolkit" with ready-made activities for youth to learn about this topic.

AG EXPO-

This year's Ag Expo will be January 18-19. All 4-H members/volunteers who are interested may come and help at the 4-H booth. There will be many youth activities for ALL! Adults cost to attend is \$1 and students get in free! For more information, contact 686-8064. Butler County Clubs- The office or I have spoken with you recently regarding working at Ag Expo. This is a great chance for your club to fundraise and help the community. The Ag Expo work schedule is below. Please look for the time(s) your club has been assigned to work. If there is any problem with scheduling please call the office at 686-8064. All your help is *greatly* appreciated.

Friday

4:00pm-8:00pm 4-H Steppin' Up Club,
Oak Grove & Royal
Riders Elementary Clubs

Saturday

9:00 am- 1:00 pm Neelyville 4-H Club
10:00 am- 2:00 pm Rombauer Rascals Club
11:00 am-3:00pm Royal Riders Clubs

4-H Move Across Missouri (MOVE)-

MOVE promotes physical activity and encourages youths and adults to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more. Youth and adults can enroll in the Move Across Missouri (MOVE) project (HF775) in 4-H Online. Using a paper tracking system found on the 4-H website, youth and their families can "log" the number of minutes they accumulate throughout the year and during the competitive component of the MOVE. Record keeping through the



paper tracking system is important because the competition period will be from February 1 to April 30. Youth and families will submit their total number of minutes logged and activities throughout the 12-week competitive period between May 1 - 15 in 4-H Online. 4-H'ers and adults can register for the competitive event as individuals and/or as part of a team. For more information about 4-H MOVE visit

<http://www.4h.missouri.edu/4hmove/main#gsc.tab=0>

State 4-H Congress-

If you are interested in attending in 2019 please contact the office. We have scholarship forms you can fill out. State Congress is May 29-31 for ages 14-19.

Your State 4-H Council Invites You to Make Your Move!

Come join the game of leadership at the 2019 State 4-H Teen Conference, March 16-17 in Columbia! The State 4-H Council is planning another "don't miss" event that you'll be talking about all year. Teen Conference begins at 12:30 p.m. on Saturday and ends by noon on Sunday. Registration is \$189 for youth (sharing a bed with a friend you select) and for chaperones. For youth who would prefer their own bed, registration is \$239.

Registration through 4HOnline is open and extend through February 1, 2019. Late registration is open February 2-10 with an additional \$50 late fee. For more info on Teen Conference, please visit

<http://4h.missouri.edu/teen-conference>

4-H Robotics Training for volunteers-

Who: Missouri 4-H Adult Volunteers and Staff interested in learning more about using the LEGO MINDSTORMS EV3 Robotics Kit. It isn't necessary to be currently enrolled as a project leader in robotics.

What: A hands on session for adults who lead 4-H robotics projects. The workshop will start with the basics and also include advanced features of the EV3.

When: Saturday, January 19, 9 am to 2 pm. Lunch break at 12 noon.

Where: Tan-Tar-A Resort, Osage Beach, MO

Why: The LEGO MINDSTORM EV3 is the most widely known and utilized robot for youth STEM education. This model is used in the FIRST Lego League, Robofest, Best Robotics, as well as 4-H in challenges for young people who are interested in robotics.

How: Registration due by January 14, 2019 with a 20 slots available. No registration fee, but travel and lodging expenses on your own. Cancellations must be made by January 5 for a full refund. 4-H robotics volunteers register in 4HOnline. MU Extension 4-H staff register through C-Vent and will receive a separate email for this process. Both systems will be available after December 17.

For questions or more detailed information contact Lynna J. Lawson, 4-H Youth Specialist, at lawsonl@missouri.edu or by phone at 573-631-6467.

Meats Judging State Contest/Workshop-

This program has two options for participation. For those who have more experience in meats evaluation and would like to compete, the judging contest is the

option for you. If you are less experienced in meats evaluation, there will be a learning track workshop. The workshop will walk you through how to evaluate judging classes, provide you with the basics of good note taking, and give you tips on retail identification. Participants must choose either judging or workshop options. Registration for the Meats Judging State Contest/Workshop is available through <https://mo.4honline.com>

A help sheet to register is available at <http://4h.missouri.edu/doc/MOEventRegistration.pdf>

Registration deadline is February 1.



Missouri 4-H T-Shirts-

Youth, families, faculty and staff may once again purchase a Missouri 4-H t-shirt through 4HOnline. The cost of the shirts are \$11 each. Orders will be placed through the event registration system in 4HOnline. You may pay by check or credit card. If paying by check, please make your check out to your local extension office. Once payment is received in the local county extension office, your 4-H faculty/staff will approve the registration and the order will be processed.

The t-shirts are black with short-sleeves and a green and white design. Sizes available include youth sizes small-large; adult sizes small-3XL. If your size is currently out of stock, you will be contacted directly by someone from the Daviess County Extension office. Any out of stock sizes will be replenished in a timely manner and your order processed. If you have any questions

please contact Becky Simpson at simpsonre@missouri.edu or 660-663-3232.

Missouri 4-H Foundation Scholarships-

College is expensive but 4-H can help! 4-H participation and involvement leads young people to explore various careers and educational options. The Missouri 4-H Foundation offers college scholarships that help 4-H members pursue their educational dreams.

In 2019 thanks to generous donor support, the Missouri 4-H Foundation will offer over 60 college scholarships (\$500 - \$2,500/scholarship). 4-H'ers who are current high school seniors and former 4-Hers who are college students are eligible to apply. The scholarship guidelines and application is available on the Missouri 4-H Foundation website at

<https://extension2.missouri.edu/programs/missouri-4-h-foundation/scholarships>

Applications are accepted after January 1, 2019 and are due in the Missouri 4-H Foundation Office (109 Whitten Hall Columbia, MO 65211) by March 1, 2019. Due to your local office by February 15.

****Please note that the scholarship application has been updated this year, do not use an older version of the scholarship application form; the current form will have Revised Dec 2018 on the bottom of the application form.**

Youth Civic Leaders Summit-

Statewide event for 4-H members ages 14-18 and adult leaders who are involved in service and want to have a positive impact on their communities. It is held at Windermere at the Lake of the Ozarks. The dates are March 1-3, 2019. You can register for it online at <http://mo.4honline.com> and deadline to register is February 1. Cost is \$170 per person. Information is available at <http://www.4h.missouri.edu/YCLS/main>



Missouri Agribusiness Academy-

MABa is an opportunity for high school sophomores to explore career opportunities in agribusiness, government, and production agriculture. Information and applications can be found at:

<http://agriculture.mo.gov/connect/youth/agribusacademy.php> Applications are due

February 1st

Equine Tour-

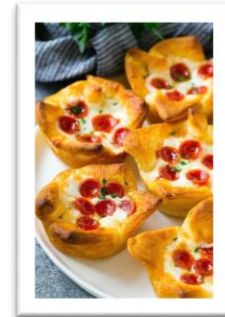
Do you dream of combining your equine passion with a future career, love to learn more about the horse industry, and enjoy making new 4-H friends who share your love of horses? The University of Missouri Extension 4-H Annual Equine Career Tour may be just for you! The 2019 tour, May 20-28, will be exploring the horse industry in Missouri, Illinois, Wisconsin, Michigan, Indiana, Ohio and Canada and is open to Missouri 4-H teens, ages 14-18. Tour highlights will include collegiate equine education departments, harness racing, visiting a variety of equine farms, meeting 4-H youth, and touring Mackinac Island. Participants will learn from leading equine professionals in the fields of equine therapy, dressage, entertainment, training, art, harness racing, equine facility management and equine welfare. The \$650 tour fee provides charter bus transportation, 4-H staff chaperones, and most all travel related expenses.

Applications are available at <http://4h.missouri.edu/equine-tour> and are due before **March 1, 2019**. Specific travel information with detailed tour itinerary will be available to participants after March 1.

For additional information, contact Debbie Davis, 816-866-9880, davisdd@missouri.edu

4-H GROWS HERE

"Keep your face always toward the sunshine, and shadows will fall behind you." - Walt Whitman



Pizza Muffins-

Ingredients

- refrigerated biscuits
- pizza sauce
- shredded mozzarella cheese
- your favorite pizza toppings optional

Instructions

1. Unroll biscuits and separate the layers in half so that you have 16 half-biscuits. Place biscuits in muffin tins.
2. Spoon pizza sauce over biscuits.
3. Cover with cheese.
4. Add additional toppings, if desired.
5. Bake at 350 degrees for 16-18 minutes, until biscuits are golden brown and cheese is melted and bubbly. Serve immediately.

Source

<https://www.livingwellspendingless.com/2014/05/28/pizza-muffins/>

To get pictures or information in the newsletter email milnersn@missouri.edu by the 15th of the month

Butler, Carter and Wayne Counties

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