NEWTON & MCDONALD COUNTY 4-H ACHIEVEMENT DAY

APRIL 30, 2016
Neosho High School- Cafeteria
Neosho, Missouri

Updated: February 2016
Achievement Day is being held at Neosho High School Cafeteria, Neosho

NEWTON & McDonald COUNTY 4-H ACHIEVEMENT DAY
SATURDAY, APRIL 30, 2016

8:00    Registration
8:45    Opening Ceremonies
9:00 – 12:00  Clover Kids Activities (4-H Pledge, Demonstration, Member Judging)
9:00 – 12:30  Member Judging
10:00 – 12:00  Demonstrations (ANIMALS)
9:00 – 10:30  Demonstrations (NON ANIMAL PROJECTS)
9:00 – 10:00  Public Speaking (Extemporaneous, Technology Assisted, PSA, Prepared, Interpretation)
11:00- 12:00  Creed Speaking
10:00 – 11:00  Personal Appearance (Development)
12:00-1:00  Lunch & Share the Fun!
1:00    Awards Ceremony

GENERAL ACHIEVEMENT DAY RULES

1. **Mandatory Pre-Registration Due:** APRIL 22- No Late Entries will be allowed
   Mail to: Newton County Extension Center, 18728 Hwy 59, Neosho, MO 64850.

2. There are no limits on the number of events entered; however, only one entry can be made in a particular category, except Demonstrations with a maximum of 2.

3. An awards ceremony will be held at Achievement Day. All ribbons will be given out at this time. Plaques and trophies will be awarded at Awards Night in November.

4. A member can participate in only two of the events at Regional 4-H Achievement Day, which will be held in Springfield in July, date and location TBD. **A member judging area and a speaking area may be entered at the regional event.** Members should decide which Regional events they will participate in if they are eligible for more than one event.
MEMBER JUDGING
County Pre-registration is required by April 22, 2016

Decision making skills and the ability to clearly express oneself are great attributes in many careers today. The 4-H judging activity can help members develop these skills. Judging is making a decision and then telling why you made it based on what you have learned in your project area. Through this experience youth will learn to appreciate standards, to observe closely, to develop their reasoning ability and how to express an opinion clearly.

AGE DIVISIONS:
Junior Event Ages 8-13 on or before December 31, 2015.
Senior Event Ages 14 and over on or before December 31, 2015.

COUNTY RULES:
1. Members may judge in any project area in which they are enrolled.
2. A member must be enrolled in the project in which he/she judges.
3. Each member will give reasons in one or two classes.
4. The top three individuals in each event will be given recognition.
5. Members earning blue ribbons for judging may have the opportunity to compete at Regional 4-H Achievement Day.
6. Member Judging contests will be held in the following projects: **Shooting Sports, Beef, Horse, Photography, Arts & Crafts, Swine, Foods, Cake Decorating, Sewing, Poultry, Gardening**

MEMBER JUDGING AT REGIONAL 4-H ACHIEVEMENT DAY
1. Judging contests will be held in the following projects, **ONLY**: **Shooting Sports, Beef, Horse, Photography, Arts & Crafts, Swine, Foods, Cake Decorating, Sewing, Poultry, Gardening**
2. Each county may send eight members in each age division in each project.
3. Participants are selected from blue ribbon winners at county achievement days or fairs.
4. Members may compete in one judging contest and one speaking event at Regional 4-H Achievement Day.
DEMONSTRATIONS
County Pre-registration is required by April 22, 2016

Have you ever shown someone how to take a picture, groom a horse, peel a carrot or weed a garden? If you have, you have given a demonstration, because a demonstration is simply showing and telling how to do something. A demonstration is words in action.

AGE DIVISIONS:
Clover Kid Ages 5-7 on or before December 31, 2015.
Junior Event Ages 8-13 on or before December 31, 2015.
Senior Event Ages 14 and over on or before December 31, 2015.

COUNTY RULES:

1. A MEMBER MUST BE ENROLLED IN THE PROJECT IN WHICH HE/SHE DEMONSTRATES.

2. Demonstration Divisions offered will be: Live-Animal (Video), Animal, and Non-Animal.

3. Blue ribbon demonstrators may have the opportunity to demonstrate at the Regional 4-H Achievement Day, Newton County Fair, Ozark Empire Fair and/or the Missouri State Fair.

4. Members will be limited to 10 minutes for their demonstration.

5. Set up for demonstrations must be done by the 4-H member. Set up will be evaluated as part of the demonstration. Members should try to keep set up time to a minimum.

6. Members must furnish all needed equipment such as hot plate or electric skillet, container for water, ice chest for refrigeration, etc. Tables and electrical outlets will be available.

7. Use 22”x28” poster board for your demonstration visuals.

8. Live Animal Demonstrations (horse, cattle, sheep, swine, dog, cat, poultry, rabbit and veterinary science) will be accepted on video only. Please indicate live animal video on registration. It will be your responsibility to bring equipment to play demonstrations.

COUNTY FAIR PUBLIC SPEAKING & DEMONSTRATIONS
July 6-9, 2016
Newton County Fair

Pre-registration is required by July 1st with the Newton County MU Extension Center, 4-H Youth Specialist Mike Coffey.

No competition at Achievement Day is required, all public speaking options are invited to participate. Your time will be scheduled before the event.

All participants receive a participation prize.
Demonstrations at Regional 4-H Achievement Day

1. Participants are selected from blue ribbon winners at county achievement days or fairs within the Southwest Region.

2. Demonstrators are limited to 15 minutes for their presentations and are responsible for all equipment and supplies needed for their demonstrations.

3. Live animal demonstrations via videotape will be accepted.

4. Each county is limited to two demonstrations in each project.

5. Demonstrations at the regional event will be grouped as follows:

   - Animal Science (no live animals) – Beef, Dairy, Horse, Goats, Poultry, Sheep, Dog, Cat, Rabbit, Amphibians & Reptiles, Swine, Vet Science.
   - Animal Science (video tape of live animal demonstration at county, presented by member) – Same projects as above.
   - Communications and Creative Arts – Cakes, Clowning, Crochet, Exploring, Leadership, Knitting, Photography, Public Speaking, Arts & Crafts, Making the Point, Theatre Arts
   - Home Economics – Breads, Child Development, Clothing, Financial Champions, Food Preservation, Foods/Nutrition, Home Environment, Meats
Leisure Education – Bicycle, Citizenship, Conservation, Exploring 4-H, Global Education, Healthy Lifestyle, Outdoor Adventures, Shooting Sports, Sport Fishing, Wildlife

Mechanical Sciences – Aerospace, Computers, Electricity, Small Engines, Welding, and Woodworking wonders

Natural and Plant Sciences – Entomology, Environmental Science, Forestry, Geology, Horticulture, Gardening, Soybeans, Self Determined.

Demonstrations and/or Illustrated Talks at the Missouri State Fair

General, Working and Electric Theatre demonstrations are not judged at the State Fair.

1. Demonstrations must have earned a blue ribbon at a county event and have been selected for State Fair.

2. Nominations must be made by 4-H personnel on the form provided and received in the State 4-H Office as close to July 15th as possible. The County 4-H Staff must sign the form.

3. A member is limited to ONE DEMONSTRATION in the 4-H Division.

4. Team Demonstrations may consist of no more than three (3) members. An Exception is made for skits presented in Theatre Arts project. Theatre Arts may consist of no more than seven (7) members. Please refer to specialty contests which may have more stringent regulations. Complete one (1) form per team demonstration. List the primary contact under the pertinent information section of the form and then include the other team members' names and complete mailing addresses in the space provided. The entire team will be assigned a date and time.

5. Each 4-H members selected to demonstrate at the State Fair will be asked to give date preferences. The demonstration schedule is posted on the Missouri 4-H website (http://mo4h.missouri.edu) after August 1.

6. Demonstrators must provide their own ingredients, equipment, extension cords and props. A three-prong electric outlet, demonstration table and easel will be provided by the State Fair.

7. General demonstrations should not exceed 10 minutes in length.

8. Any youth presenting lamb related demonstrations will receive a monetary award from The Missouri Sheep Producers, a statewide organization of sheep producers and others interested in the sheep industry.

DEMONSTRATIONS AN/OR ILLUSTRATED TALKS GUIDELINES FOR STATE FAIR

4-H Electric Theatre Demonstrations
Sponsor: Missouri 4-H
# of entries per county: Eight (8)
Judging Criteria: Not applicable
Age: Any age 4-H member  
Length of time: Should not exceed 10 minutes  
Project enrollment: May be enrolled in any 4-H project.  
Other: Demonstration done inside Electric Theatre. All demonstrations must use electricity.

4-H General Demonstrations and Illustrated Talks  
Sponsor: Missouri 4-H  
# of entries per county: Eight (8)  
Judging Criteria: Not applicable  
Age: Any age 4-H member  
Length of time: 5-10 minutes  
Project enrollment: May be enrolled in any 4-H project.  
Other: General demonstrations and illustrated talks are those where the 4-H member shows and tells others how to do something. They are more formal than working demonstrations; therefore, are done on the 4-H Show-Me Stage or other designated area with the use of a microphone.

Working Demonstrations  
Sponsor: Missouri 4-H  
# of entries per county: Four (4)  
Judging Criteria: Not applicable  
Age: Any age 4-H member  
Length of time: Approximately 30 minutes  
Project enrollment: May be enrolled in any 4-H project.  
Other: Working Demonstrations are more casual than General Demonstration and Illustrated talks. Working demonstrators do not use a microphone or stage. Youth work on a project while responding to questions that fairgoers might have. A poster giving the topic of the demonstration and the 4-H member’s name can be displayed on the table during the demonstration.

SPECIALITY DEMONSTRATION CONTESTS AT MISSOURI STATE FAIR

Egg Contest Demonstration

Pork Contest Demonstration

International Topic Demonstration

Agri-Missouri Foods Demonstration

Soy Foods Contest

For additional information about the listed specialty demonstration contests you can go to this link. Special rules and guidelines apply to each category: [http://4h.missouri.edu/go/events/statefair/demoguidelines.html](http://4h.missouri.edu/go/events/statefair/demoguidelines.html)
PUBLIC SPEAKING
County Pre-registration is required by May 15, 2016

Whether it is sharing an important thought with some friends, to nailing that first big job interview, public speaking skills matter. Although public speaking is the most common of fears, every 4-H member can learn to do this well and even enjoy it! Building public speaking abilities allows you to challenge yourself, make friends and succeed in developing a very important life skill.

AGE DIVISIONS:
Junior Event Ages 8-10 on or before December 31, 2015.
Intermediate Event Ages 11-13 on or before December 31, 2015.
Senior Event Ages 14 and over on or before December 31, 2015.

RULES:
1. All members are eligible to participate. Enrollment in the Public Speaking project is not required. Topic must be related to 4-H or a project you are enrolled.
2. Categories provided for public speaking are Prepared, Extemporaneous, Technology Assisted, Interpretive and Public Service Announcement.
3. For all speaking categories speeches should be 5-7 minutes in length for Sr. Division, 4-6 minutes in length for Intermediate Division, and 3-5 minutes for Jr. Division. Negative points will be given to those shorter or longer.
4. One member in each age division, in each category will be selected to attend Regional 4-H Achievement Day and then go to the State Public Speaking Contest, in Columbia, MO.

PUBLIC SPEAKING AT REGIONAL 4-H ACHIEVEMENT DAY
1. Participants are selected from blue ribbon winners at county events.
2. Top three individuals in each age division will receive certificates of recognition

Prepared Speech
Prepared Public Speaking is the art of communicating information in a clear, organized and effective manner to an audience. Prepared speeches may be on any topic of the participant’s choice that is in good taste for a group of peers and adults. Speeches should be 3-5 minutes long for Juniors, 4-6 minutes for Intermediate and 5-7 minutes long for Seniors. Note cards may be used, although are discouraged. Support material for this category is "Making Your Point" Building Public Speaking Skills (PDF)

Extemporaneous Speech
Extemporaneous is the art of quickly organizing your thoughts and communicating to an audience effectively. Speakers will draw three topics, select one to speak on and will have thirty minute to prepare.

Support material for this category is "Making Your Point" Extemporaneous Speaking (PDF)

All Public Speaking resources and scorecards can be found at http://4h.missouri.edu/go/events/publicspeaking/support.html
Public Service Announcement (PSA)
A PSA is a video or audio spot seeking to share information on any subject to the community. PSA’s must be 60 seconds in length or shorter, created entirely by the contestant, and use the voice of the contestant. Youth will introduce themselves and their PSA to the group, play the PSA, and answer questions from the audience. PSA’s may be about 4-H, but may be on any appropriate subject matter.

Support material for this category "Making Your Point" General Videography Tips for PSA's (PDF)

Interpretation Seniors Only (ages 14-19)
Interpretations are to be memorized and take place without music or other external sound effects. Special makeup and clothing may be worn as the contestant deems appropriate to the content of the interpretation. Interpretation consists of three sub-categories:

- **Dramatic**: An oral interpretation of a serious selection of narrative or dramatic work. The source material may come from literature, a monologue, a theatrical production or poetry. This can be a great fit for youth in 4-H Theatre Arts clubs!
- **Pantomime**: A physical and emotional interpretation. Source material may be original or inspired from other performers work. This is a natural fit for any youth in 4-H Clowning clubs!
  
  A helpful support material for this category is "Making the Point" Communicating through Pantomime (PDF)
- **Humorous**: A memorized oral interpretation of a humorous selection (or a humorous interpretation of an oral selection). Source material may come from plays, prose, literature, poetry, or other performance pieces.

Technology Assisted
Technology assisted speeches are subject to the same rules and guidelines as prepared speeches, but allow for the use of presentation software (such as PowerPoint). This is another 4-H experience with excellent workforce preparation benefits.

Support material for this category is "Making the Point" Communicating with PowerPoint (PDF)

All Public Speaking resources and scorecards can be found at http://4h.missouri.edu/go/events/publicspeaking/support.htm

STATE PUBLIC SPEAKING CONTEST – Columbia, MO
The State Public Speaking Contest is open to two junior and two senior contestants per county. Individual awards are presented to both age level contestants. www.mo4h.missouri.edu/events/publicspeaking/

- Prepared Speaking
- Extemporaneous Speaking
- Public Service Announcement (PSA)
- Technology Assisted Speaking
- Interpretation: Choose from the following sub-categories:
  - Dramatic
  - Pantomime
  - Humorous
Personal Development (Appearance)
County Pre-registration is required by March 15, 2016

Personal Appearance competition is about how you present yourself and showcase making healthy decisions you make. A great introduction to public speaking, Personal Appearance is a combination of a 1-2 minute presentation on an etiquette, health or fitness, a brief interview and an etiquette test.

AGE DIVISIONS:
Junior Event: Ages 8-10 on or before December 31, 2015.
Senior Event: Ages 14 and over on or before December 31, 2015.

RULES:
1. The top two (blue ribbon) participants from each group will be selected to attend Regional 4-H Achievement Day.

2. Each participant will be scored in three categories:

   Informal talk, demonstration or presentation – 30% of score. Each participant will give a brief 2-3 minute talk on a topic of personal appearance. Example topics are: “How Food Affects You”, “Standing Tall with Good Posture”, “Proper Way to Brush Your Teeth”, etc.

   Interview and self-evaluation with judge -- 40% of score. Each participant will have a personal interview with the judge, telling how they prepared for the event in the way of personal grooming – polished shoes, practiced correct posture from walking and sitting, etc. They may be dressed formal, dressy or casual. They should discuss the occasions the garments or accessories are appropriate for.

   Written Quiz – 30% of score. Each participant will take a written quiz. An oral test will be read to younger members participating in the event. Questions will be true/false. (Example: exercise is important to keep your body in good working order; you do not need to wash your comb and brush regularly; a friendly person likes other people; you should never say “thank you” for a gift unless you really like it; iron helps build blood)

Personal Development at Regional 4-H Achievement Day

1. Participants are selected from blue ribbon winners at county achievement days or fairs within the Southwest region.

2. Each county may send two participants in each of the three age divisions.
CREED SPEAKING

County Pre-registration is required by March 15, 2016

Creed Speakers will memorize the 4-H Creed and give a presentation that conveys the meaning the passage and will answer questions about the meaning.

AGE DIVISIONS:

<table>
<thead>
<tr>
<th>Division</th>
<th>Ages</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clover Kid</td>
<td>5-7 on or before December 31, 2015</td>
<td>Present the Pledge</td>
</tr>
<tr>
<td>Junior Event</td>
<td>8-10 on or before December 31, 2015</td>
<td></td>
</tr>
<tr>
<td>Intermediate Event</td>
<td>11-13 on or before December 31, 2015</td>
<td></td>
</tr>
<tr>
<td>Senior Event</td>
<td>14 and over on or before December 31, 2015</td>
<td></td>
</tr>
</tbody>
</table>

Rules:

1. Points will be deducted per word out of place, exact memorization is important. Points will be deducted for use of notes.

2. Questions will be on the member’s interpretation of the 4-H Creed and how their 4-H experience relates to the 4-H Creed.

3. Clover Kids will be able to participate in a non-competitive recitation of the 4-H Pledge.

Creed Speaking at Regional 4-H Achievement Day

4. Blue ribbon participants will be asked to present at the Regional event to show other counties this new event.

CREED SPEAKING SCORE CARD

- Total 100 Points

RECITATION (40) – Delivery accurate, showed the appropriate emotion, powerful delivery, conveying the strength of their conviction, with pleasing presentation.

QUESTIONS (30) – Well answered and pertinent, showing a understanding of the 4-H Creed

APPEARANCE (15) – Pleasant, courteous, poised, dressed appropriately, posture

VOICE (15) – Natural, clear, distinct, words well chosen
4-H Creed
(Adopted nationally in 1918)

I believe in 4-H Club work for the opportunity it will give me to become a useful citizen.
I believe in the training of my HEAD for the power it will give me to think, plan and to reason.
I believe in the training of my HEART for the nobleness it will give me to be kind, sympathetic and true.
I believe in the training of my HANDS for the ability it will give me to be helpful, skillful, and useful.
I believe in the training of my HEALTH for the strength it will give me to enjoy life, to resist disease, and to work efficiently.
I believe in my country, my state, and my community and in my responsibility for their development. In all these things
I believe, and am willing to dedicate my efforts to their fulfillment.