CHECK IN WITH AMANDA

It was wonderful to see so many of you at our 2015 Achievement Night! Our new 4-H program year is off and running and we keep getting more inquiries from families interested in joining Jackson County 4-H. Keep us posted if we can help you with enrollment or your club with any organizational planning for a successful year. Be sure to check out the many regional and state opportunities highlighted in the newsletter below. Stay tuned for updates about a February Urban Regional Energizer. Finally, our reoccurring monthly meetings are taking December off so we’ll see you for Equine Council, Fair Committee, and 4-H Council in January. Please let Jessie and I know when we can visit your club meetings, and turn in those Fair Book cover designs by November 16.

ATTENTION CLUB LEADERS – JESSIE WILL BRING SCIENCE TO YOUR CLUB

The 4-H office has several science kits that can be used during club meetings, or we can come teach them during club meetings too! This fall we are highlighting the National Youth Science Day experiment kit which explores the science of motion through the relationship of speed and stopping distance. The activity extends to real-world investigation on reaction time and safety, making connections to the dangers of distracted driving. If you’re interested in this kit or exploring another kit please contact Jessie at furnishj@missouri.edu.

JACKSON COUNTY 4-H HIPPOLOGY TEAM PLACES 3rd AT NATIONALS!

Our team just returned from Louisville, KY where they represented Missouri in the national competition. Here is the update from coach Cynthia Calbert. I am so proud of our 2015 Missouri National Hippology Team!!! They have worked hard over the last two years and I will miss them! The final results were:

Written Phase: First Place Team at Nationals; Claire first place individual, Elisabeth fourth place individual, and Sarah fifth place individual
Stations Phase: Third place team at Nationals; Elisabeth second place individual and Claire tenth place individual
Problem Solving Phase: Third place team at Nationals
Judging Phase: Seventh place team at Nationals
Overall Hippology Finals: Third place team at Nationals; Elisabeth third place individual, Claire fifth place individual. Great job girls!! You are awesome!!

JACKSON COUNTY 4-H STAFF
4-H Youth Specialists
Amanda Quance
Beth Rasa Edwards
4-H Youth Educators
Susan Smith
Jessie Furnish
Youth Education Associates
Lucinda Carr
Naomi Reynolds
4-H Secretaries
Karen Colby
Whitney Kirchoff
Crystal Lutgen

JACKSON COUNTY EXTENSION
Blue Springs Office
1600 NE Coronado Drive
Blue Springs, MO 64014
Phone: (816) 252-5051

Kansas City Office
105 E. 5th Street, Ste, 200
Kansas City, MO 64106
Phone: (816) 482-5850
http://extension.missouri.edu

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### 4-H Council Meeting Notice

The next County Council meeting will be on **Monday, November 16 at 6:45PM**. Every club can help shape the direction of the Jackson County 4-H program by having at least one 4-H member from your club attend and vote at the 4-H Council meetings. In honor of Martin Luther King Jr. Day, we will move our January meeting to January 25, 2016 at 6:45PM. We want to have your VOICE guide these meetings so please come and help us continue to improve how we do youth leadership.

### Equine Council Meeting Notice

The next Equine Council meeting will be on **Thursday, January 7 at 7PM**. At this meeting the Equine Council will continue planning 2016 events. If your club has a focus on the equine project, please make sure you have at least one youth and one adult representative at each Equine meeting.

### Equine Council Report

The Equine Council met on October 1 at the Blue Springs Office. They discussed Achievement Night which will be held on October 24 at Moreland Ridge Middle School. The theme is “We’re Out of the Box.” The council then held officer elections for the new 4-H year. The Equine Council chairperson is Kate Davis, the vice chairperson is Kylie Maize, the secretary is Sarah Eliason, the treasurer is Jackie Davis, and the reporter is Erin Roberts.

Enrollment for the new 4-H year opened on October 1! All enrollment is on 4-H Online. The 2016 Trade Day will be on the weekend of March 12 and 13. The 2016 Levels Horse Show will be on June 11 at Sunset Trails Stables. The next Equine Council meeting is Thursday, November 5 at 7PM at the Blue Springs Office.

### 4-H Council Meeting Report

The Jackson County Council meeting was on October 19 at 7:00PM at the Extension Office. The Council roll call was taken. Minutes was read and approved. Treasurer report was approved. Achievement Night expenses was approved. Foundation reported the meeting was postponed for the month of October, and will reschedule for November. The fair for this year will be June 11 & 23-25, 2016. Fair theme is ‘4-H Hearts Connect Like Stars’. Each member will be required to raise $40.

More information is coming out on the website, and distributed to club leaders. There will be a fair book cover contest due on November 16. Each member may submit one design. Report outs were made on the American Royal Parade, National 4-H Week, and TSC Paper Clover Campaign. We received the Kenyan cultural package from the 4-H Kenyans. We looked and shared the items from them. Elections took place. The new officers for 2015-2016 are:

- **President:** Veronica Webb, Classy Clover
- **President Elect:** Joshua Johnson, Home’s Cool
- **Vice Presidents & Fair Chairs:** Andrew Duong, Classy Closers & Aimee Johnson, Home’s Cool
- **Secretary:** Elisabeth Renander, Home’s Cool
- **Treasurer:** Selinda Ramsey, Classy Closers
- **Reporter:** Caleb Johnson, Home’s Cool
- **County Youth Liaison:** Michaela McMillan

The next County Council meeting is Monday, November 16 at 7PM at the Blue Springs Office.

*Caleb Johnson, 4-H Council Reporter*

### Countywide Shooting Sports

The next Countywide Shooting Sports club meeting will be **Tuesday, December 8, 7:00pm**, at the Blue Springs Extension Office. **Adult leaders and interested volunteers will meet at 6pm**. Anyone interested in participating in any of the shooting sports projects (740-749) must be led by a state certified instructor, and MUST attend the countywide meetings.

We also have two important upcoming events all happening at the Blue Springs MU Extension Office:

- **Gun parts review with Carl Smart** on Tuesday, December 15 at 7:00pm. Come learn about all the parts of a gun and how it works by taking some apart and putting them back together.

- **REQUIRED Shooting Sports 740 safety training.** This 6 hour training is mandatory for all Missouri 4-H shooting sports members who are participating for the first time. It is strongly suggested that 8- and 9-year-old members repeat the safety instruction a second year. **Hunter’s Education is no longer accepted as a substitution for our 4-H safety training.** (For more information, see [http://4h.missouri.edu/shooting-sports/safety-require.](http://4h.missouri.edu/shooting-sports/safety-require.))

**January 17, 1:00-4:00PM:** Archery and Shotgun

**January 24, 1:00-4:00PM:** Air Rifle/Pistol and .22

Questions about shooting sports – contact Jessie at furnishi@missouri.edu
**WANTED: COUNTY-WIDE PROJECT LEADERS**

We agree – creating more county-wide projects in Jackson County will strengthen and deepen available opportunities for youth. Ideas include photography, outdoor adventures, public speaking and more. Are you willing to help make it happen in the new 4-H year?

- If you are a project leader who is already leading meetings, are you willing to open your project meetings up to youth from outside your club?
- Are you interested in being a project leader for a project, but there aren’t any youth in your club interested in that project?

If so, contact Amanda at guancea@missouri.edu.

**CULTURAL EXCHANGE UPDATE**

For those of you who weren’t at our October county 4-H Council meeting, we have received our return box from Kenya. The county leaders have been working hard to assemble a box and send it to Kenyan 4-K members. They in return sent a box to us. We opened it up at the October meeting. We received some interesting things such as some candy, fire rocks, a shaker, magazines, and many other things. All of these things will be displayed at our county and fair meetings.

Pictured: Lydia Kaume from Jackson County MU Extension gives our cultural exchange box to Janet in Nairobi. Any other clubs or groups who want to send a box to another 4-K group in Kenya should bring their completed box to the November 16 council meeting.

**2016 JACKSON COUNTY FAIR BOOK COVER DESIGNS DUE NOVEMBER 16**

The Fair Book Cover Contest Deadline is next week by the start of 4-H Council meeting! This year’s fair theme is ‘4-H Hearts Connect Like Stars’. All eligible designs must be submitted by an active Jackson County 4-H member (one per member).

Designs must...

- Be on 8½ x 11 paper with a 1 inch margin all around.
- Include the fair dates (June 11 and 23-25, 2016).
- Include the 4-H clover, and follow all rules for use of the clover.

Then come to 4-H Council to vote for your favorite!

**RESPONSE NEEDED! ANNUAL FAMILY SURVEY**

Each year at Achievement Night event, we always ask families to complete a survey so we can learn more about how our Jackson County 4-H program is working (and not working) for you. In an effort to save paper and your time, the annual family survey has moved online! Find it at:

Please take 5 minutes (or more) out of your busy schedules to complete the survey. We’ll leave it open through November. If would instead prefer a paper copy of the survey, just let our office know and we’d be happy to mail you one.

**ACHIEVEMENT NIGHT – THANKS**

At our 2015 Achievement Night we celebrated all of our ‘Out of the Box’ accomplishments from the past 4-H program year. Members, volunteers, clubs, and community partners were all recognized and celebrated for your contributions and accomplishments - well done! Huge thanks to our 2015 Jackson County 4-H Royalty for planning and hosting the event.
ATTENTION GRADUATING SENIORS!
The Jackson County 4-H Foundation is proud to be able to provide scholarships to qualified graduating seniors. To learn more about this scholarship, visit our website at jackscountymo4hfoundation.com and click on Scholarships then application information. Application information can also be found in the Clover on page 63 and is available on-line at http://4h.missouri.edu.clover.aspx. Applications on this website will be available after January 1, 2016. For first year applications, the entire state scholarship form needs to be completed. In order to meet State Foundation deadlines, please submit your application documents to the Jackson County 4-H office by the end of business on March 7, 2016. If you have questions, please contact the Foundation at 816-875-6251 or jacksoncountymo4hfoundation@gmail.com.

Michaela McMillan, current Jackson County 4-H Queen, is recognized at our 2015 Achievement Night for being a college scholarship recipient by Jackson County 4-H Foundation secretary Eric Ramsey.

2016 JACKSON COUNTY FAIR UPDATES
The Fair Committee & Equine Council have been working hard to start planning our 2016 Jackson County fair events. Here are some updates:

- Fair theme: ‘4-H Hearts Connect like Stars’
- Horse Show & Livestock Show – June 11
- Fair & Contest Day events – June 23-25
You should have received the Jackson County 4-H Council fundraising packet for the new 4-H year in the mail last week. The packet is also posted online here.

TRADE DAY: MARCH 12, 2016
Save the Date! The annual Trade Day event organized by our Equine Council will Saturday, March 12, 2016 at Sunset Trails Stables. Be sure to share your ideas for vendors and participants to plan this event.

FIND THE HIDDEN SYMBOL
Where will it be? What awesome new prizes are in the office for you to win? No one found October’s hidden symbol. This month’s symbol is: 🧵
Be the first to e-mail Amanda with its location to win a prize.

MISSOURI 4-H T-SHIRT SALE
Missouri Association of Extension 4-H Youth Workers is selling 4-H t-shirts to support professional development opportunities for 4-H YPA’s, Educators and Specialists! They are navy blue with green lettering and cost $10.00 each. Available sizes are: YS, YM, YL, AS, AM, AL, AXL, A2XL, A3XL. Let Amanda know if you’re interested in ordering a shirt.

TSC PAPER CLOVER CAMPAIGN & NATIONAL 4-H WEEK
Huge thanks to our two local TSC stores in Independence and Lee’s Summit for promoting the fall campaign to support Jackson County 4-H! We had several clubs out promoting our programs and doing a bit of fundraising of their own. Thanks! Consider continuing to use the awesome ‘4-H Grows Here’ National 4-H Week promotional materials throughout your upcoming events: http://www.4-h.org/resource-library/4H-marketing-online-resourcecenter/4H-campaign-assets/
CONGRATULATION CLOVERS TO:

 Veronica Webb and her exchange sister Mimiri from Japan, who are semi-finalists in the States’ 4-H Inbound Photo Contest. You can vote for them by liking their picture on Facebook by at http://www.facebook.com/states4hexchange

Our 2015 Jackson County 4-H Family of the Year – the Johnsons! Grace, Joshua, Aimee, Caleb, Rachel, Isaac, Esther, and Ken (in absentia) were recognized at our Achievement Night.

The newly elected 2015-16 4-H Council officers!

(Re)Enrollment For 2015-2016

(Re)enrollment for the new 4-H year began on October 1. If you are a returning member, the process will be extra easy – you just need to update your existing profile and add this year’s 4-H projects. Step-by-step info about how to enroll is at p.6 of this year’s 4-H Clover publication. Your club leader picked up your family’s copy of the Clover at our annual Club Leader meeting in August. The publication is also available online http://4h.missouri.edu/clover.aspx. Contact Amanda or Karen with any questions.

NEW 4-H Online Tips for 2015-16

There are changes to enrollment questions for the current 2015-16 4-H program year that have been tripping people up. As you enroll...

- Make sure all signature dates match the date you are completing your enrollment.
- Add in what school each member attends.
- Check out the new medication permissions section on the health form page and let us know what you (don’t) approve.
- Review AND sign the Shooting Sports project waiver to let us know each member’s plan.
- Update project enrollment for the new year.
- Submit all check payments to our office so that we can approve your enrollment.

Thanks for being a part of Jackson County 4-H!

Membership Assistance

Did you know that three health care companies in Missouri will pay annual membership dues for their insured youth to participate in one youth organization – like 4-H – each year?! If you or any members in your club are covered by Aetna, HomeState, or MissouriCare, talk to your club leader or our 4-H office about how to request and submit the voucher from your insurance company. Many leaders and members in Jackson County already know how to utilize this awesome opportunity.

Newsflash!!!

Please have all of your information for the December newsletter sent to Amanda by November 20. Please make sure the information is 4-H related.
CONSERVATION PHOTO CONTEST

Here is your opportunity to enter the Jackson County Soil and Water Conservation District’s Conservation Photo Contest. This year there are two ways to enter: (1) submit printed photos for the local contest and/or (2) send electronic photos for the national contest. For the local contest, entries can be in any of five subject categories: conservation, education, trees and plants, wildlife, and landscapes. Youth and adult entries will be judged separately. Digital or film photography may be entered. See below for entry form. Deadline for the local contest is December 31, 2015.

Jackson County Soil and Water Conservation District

Local Photo Contest Entry Form

Name: ____________________________
Address: ____________________________
City: ______ State: ___ Zip Code: ______
Phone Number: ____________________________
Photo Title: ____________________________
Category: ____________________________
Division: Youth ___ Adult ___

Please complete this form and attach the back of photo. Photocopy if additional forms are needed. Deliver photos to Jackson County SWCD, 1974 NW Copper Oaks Circle, Blue Springs, MO 64015-8300.

Directions, rules, and categories for the national contest can be found at the Website http://nacdnet.org/education/contests/photo. Deadline for the national contest is December 1, 2015

Awards and certificates will be presented and winning entries displayed at the District’s Ag Appreciation Night in February 2016.

OFFICER TRAINING WITH MIZZOU 4-H – NOV 18

Mizzou collegiate 4-H members are coming to Kansas City to teach you how to be the most awesome 4-H officer ever. They’ll bring officer guidebooks (for you to keep) and fun activities; your 4-H staff will bring a pizza dinner and drinks. You’ll get to hang out with college kids who care about your success AND meet other officers (or aspiring officers) from across Clay, Platte, & Jackson counties. See the flyer below for all the details. Register online at http://tinyurl.com/MizzouOfficerTraining

STATE EVENTS & OPPORTUNITIES

2016 MISSOURI 4-H EQUINE TOUR

They’re off and running...to the horse capital of the world, Lexington, Kentucky! 4-H teens dreaming of an equine related career will want to participate in the tenth annual Missouri 4-H Equine Tour, May 23-29, 2016. The tour begins watching the pre-dawn ‘breezing’ of the race horses at the Keeneland track and spending the day at the Kentucky Horse Park, the premier international equestrian facility. Participants will explore the wide range of equine industry opportunities in the Lexington area with visits to world renowned equine medical and research facilities. The itinerary will include tours of famous Thoroughbred and Saddlebred horse farms, visits to higher education institutions, and additional opportunities to meet nationally recognized leaders in the equine industry. Make your plans now to be in the winner’s circle! The $600 tour fee includes charter bus transportation, tours, hotels, most meals, tour t-shirt, travel bag and other associated costs. Applications are available: http://mo4h.missouri.edu/equine-tour/main The fifty tour seats typically fill prior to the March 1 deadline. To avoid disappointment, submit complete application packet early. Questions? Debbie Davis, davisdd@missouri.edu or 816-539-3765.

REGIONAL EVENTS & OPPORTUNITIES

“HEART OF BELONGING” VOLUNTEER E-FORUMS

Get energized as you network with volunteers, county-based staff and state specialists from the 12 states in the North Central Region! The Urban Region west is organizing shared sessions for all volunteers across Clay, Jackson, Platte counties so that you can leave with new ideas you can use to infuse heart into your 4-H programs. See the full flyer below for more information. The next session will be on Thursday, December 3 at 5:30pm. To register, fill out the online registration form here: http://tinyurl.com/4HVolunteereForum. Cost is $5
4-H CAMP FOOD AND FITNESS
4-H Camp Food and Fitness is December 5-6, 2015 on the MU campus! Here’s cool stuff youth get to do:
- Learn culinary skills and practices
- Learn about food/nutrition and healthy eating
- Engage in hands-on food science activities
- Increase physical activity
Youth enrolled in 4-H foods projects are the primary audience but young people associated with any Extension program are eligible to attend if they are 12-14 years of age. **The camp is limited to the first 40 registrants so register right away!** Registration will be accepted on a first-come, first-served basis. Registration is done through 4HOnline until November 15.

CITIZENSHIP WASHINGTON
FOCUS TRIP 2016
4-H Specialists Kay Sparks and Becky Simpson are planning the next Missouri 4-H Citizen Washington Focus Trip to Washington D.C. and have selected the dates of June 26 through July 5, 2016. Citizenship Washington Focus (CWF) is a 4-H leadership program for high school youth ages 14-18 from across America. Thousands of young people come to the National 4-H Youth Conference Center, near Washington, D.C., every summer to participate in a week-long program that enriches the lives of young people through activities that broaden their appreciation and respect for themselves and others. **Register by December 1st** at: [http://4h.missouri.edu/events/cwf](http://4h.missouri.edu/events/cwf)

APPLY FOR THE MISSOURI YOUTH INSTITUTE
This year will kick off the first Missouri Youth Institute, an annual all-day leadership program hosted by the University of Missouri-Columbia’s College of Agriculture, Food, and Natural Resources and the World Food Prize. The youth institute empowers students to solve some of the greatest challenges we know on the planet today. This year will be very special as the Institute will take place in conjunction with the 11th Annual Universities Fighting World Hunger Summit. To participate in the Missouri Youth Institute, students write a short essay about a global food security challenge. Registration information and essays are due to Amanda at the Blue Springs Extension office by Friday, January 8, 2016. Contact Amanda for more information about this “life-changing opportunity”.

NATIONAL EVENTS & OPPORTUNITIES
FEED, NOURISH, THRIVE
National 4-H Council is proud to join STEMConnector on its new campaign, **Feed, Nourish, Thrive**, to encourage young people to join the STEM, food and ag workforce. Check out our profile at FeedNourishThrive.org where youth trustees Lazarus Lynch and Tess Hammock share how they are contributing to these growing fields through education, service and entrepreneurship.

2015 4-H NYSD Recap
October 7 was a big day for 4-H STEM as the eighth annual 4-H **National Youth Science Day** was in full effect. This year’s national event welcomed youth and guests in downtown Washington, D.C. to celebrate STEM education and experiences. Here’s a recap of the exciting events that took place: [http://www.4-h.org/4-H-Today/2015-4-H-National-Youth-Science-Day-Recap/](http://www.4-h.org/4-H-Today/2015-4-H-National-Youth-Science-Day-Recap/)

4-H CLUB REPORTS
HOME’S COOL
On October 2, our club had committee meetings. The activities discussed how we wanted to decorate the box for Achievement Night. Our finance committee discussed how we will raise money for our club. The community service is looking for ways for our club to serve. Each committee reported what they discussed at the business meeting. We also began to plan for the project classes to start that day. On October 16, project meetings officially started. The project leaders for the fall are Rebecca Singletary and Katherine Nelson leading Small Engines, Ann Weiss and Lynn Renander leading Veterinary Science, Tammy Egelston and Angela Brown teaching Arts and Crafts. Our Clover Kid leader is Beth Cox. Every member is excited to be involved in a project class this fall.

Caleb Johnson, Home’s Cool Reporter

PEACEDALE
The Peacedale 4-H Club met Sunday, November 8 at Ann Bohnert’s house at 2PM. Porsha called the meeting to order. The roll call and Secretary’s Report was given. The Treasurer’s Report was given and we made $130 from our October bake
sale at Tractor Supply. The next Tractor Supply Clover Campaign will be in March. A partial election of officers was held; Porsha is President and Alex is Secretary. Ann's church is having a clothing drive and that will be our service project for November. Our December service project will be the Angel Tree at Ann's church. Next meeting will be Sunday, January 10 at 2PM. Alex motioned to adjourn the meeting and Porsha seconded it. Ann served delicious refreshments.

Alex Harvey, Peacedale Reporter

SILVER SPURS
At the October Silver Spurs 4-H meeting, we discussed:
- Enrollment
- Adopt A Family
- Equine therapy service project
- Holiday bell ringing
- Attendance policy

We had tasty Halloween treats and beverages provided by Christy Higgins.

Mallie Crutchfield, Silver Spurs 4-H Reporter

ALL OUR OTHER CLUBS
We missed hearing from you for this newsletter! Be sure to have your reporters get back in touch with us with updates from your first events of the new 4-H year.

Thanks to Celeste Tilley for compiling this newsletter.

JACKSON COUNTY 4-H CALENDAR OF EVENTS

NOVEMBER
1  Study abroad application deadline
5  Equine Council Meeting, 7PM, Blue Springs Office
7  Missouri 4-H Foundation Trivia Night, 7PM, Knights of Columbus Hall, Columbia, Mo
9  4-H Fair Committee Meeting, 7PM, Blue Springs
10 Volunteer e-Forum, 6:30PM, Kansas City office
11 Registration deadline for Officer Training
15 Registration deadline for Camp Food and Fitness
16  4-H Council Meeting, 6:30PM, Blue Springs Office
18 Officer Training w/Mizzou 4-H, 6:30PM, Kansas City
20 Articles due to Amanda for December Newsletter
25-27 Extension offices closed for Thanksgiving

DECEMBER
All regular monthly meetings are canceled for Dec.
1  Deadline for MRF Levels 1 & 2 to be resubmitted to Blue Springs office for Regional competition
1  Registration deadline for 4-H Citizenship Washington Focus trip
1  Deadline for national Conservation Photo Contest
3  Volunteer e-Forum, 5:30PM, Kansas City office
5-6 4-H Camp Food and Fitness, MU Campus
8  Shooting Sports Committee meeting, 6PM Blue Springs Office
8  Countywide Shooting Sports Club meeting, 7PM
10  Food Challenge Workshop, 6:30-8PM, Kansas City
15  Shooting Sports workshop: gun parts review, 7PM, Blue Springs Office
20 Articles due to Amanda for January Newsletter
23- Jan 4: Extension offices closed for winter holidays
31  Deadline for local Conservation Photo Contest

JANUARY
1-3 Extension offices closed for winter holidays
4  Deadline for MRF Level 3 to be resubmitted to Blue Springs office for Regional competition
7  Equine Council meeting, 7PM Blue Springs Office
11  *Fair Committee meeting, 7PM Blue Springs Office Tentative proposal for the Fair Committee to meet at 5:30pm on January 7 ahead of Equine Council
17  Shooting Sports Safety Training, 1-4:00PM, Blue Springs Office
24  Shooting Sports Safety Training, 1-4:00PM, Blue Springs Office
25  *4-H Council meeting, 6:45PM, Blue Springs Office (moved back one week in honor of MLK Jr. Day)
31  Shooting Sports Safety Training backup date

SAVE THE DATE IN 2016!
March 12 – Trade Day (organized by Equine Council), Sunset Trails Stables, Lee’s Summit
June 11 – Jackson County 4-H Horse Show & Livestock Show, Sunset Trails Stables, Lee’s Summit
June 23-25 – Jackson County 4-H Fair & Contest Day events, location pending
2015 North Central Region 4-H Volunteer e-Forum

Get energized as you network with volunteers, county-based staff and state specialists from the 12 states in the North Central Region! Leave with new ideas you can use to infuse heart into your 4-H programs!

The heart of Belonging

Learn how to guide youth in developing a list of club or group expectations that accommodates all members, to support youth with special needs, and discover resources to help you in your role as a caring adult. Leave with activities that will help you foster positive behavior, belonging, and inclusion in your club!

- October 13, 2015.......6:30-8:30 p.m. (CST)

The heart of Community

Volunteers in this session will be prepared to help youth find their voices as they become actively engaged in their communities. The session will include resources and models to incorporate mastery, belonging, generosity, and independence as you include citizenship activities in 4-H settings.

- November 10, 2015.....6:30-8:30 p.m. (CST)

Encouraging the heart of Leadership

Young people do not magically become leaders at age 13! Leadership is nurtured from their first 4-H experience. You’ll receive tools to help inspire youth of all ages to discover and develop independence and mastery.

- December 3, 2015.....5:30-7:30 p.m. (CST)

Find the heart of 4-H at:

[MU Extension Kansas City Office 105 E 5th St. KCMO 64106]

To register fill out the online registration form here: http://tinyurl.com/4HVoluteereForum

Cost is $5 for one session, or $10 for all three.

The 2015 4-H Volunteer e-Forum has been developed and provided by the 12 states of the North Central Region.
Food Challenge Workshop

Food Challenge is a fun, challenging, and delicious competition in the Foods Project. Similar to TV shows Master Chef or Chopped, in this competition teams of 4-H’ers have 40 minutes and a pantry of ingredients to create a delicious, nutritious dish, as well as prepare a short presentation for the judges. Come to this hands-on workshop to learn more and test your culinary skills!

Thursday, December 10th
6:30-8:00pm
Kansas City Extension Office, 105 E. 5th St., KCMO

Cost is $5 per youth to cover the cost of supplies; volunteers and parents are free. Checks should be made payable to Clay County 4-H Council and sent to the Clay County Extension Office: 1901 NE 48th St., KCMO 64118. Please note: Your registration will not be counted until we receive your payment.

If you have questions, please contact Emily Reiersgaard at reiersgaarded@missouri.edu or 816-407-3490.

Space is limited, so register soon!
Register here: http://tinyurl.com/FoodChallengeWkshp
URBAN WEST REGION

CLUB OFFICER

TRAINING

COME JOIN US!

Mizzou Collegiate 4-H
will be presenting and bringing their “box of tricks” to
教 the 4-H Officers of Clay, Jackson, and Platte
Counties about their elected position.

Wednesday, NOVEMBER 18, 2015
6:30PM—8:00PM
River Market Extension Office
105 E. 5th St.
Kansas City, MO 64106

$5.00 To Register
Supper Provided!!!
Please Register by November 11
http://tinyurl.com/MizzouOfficerTraining

For More Info Contact
Amanda Quance
Quancea@missouri.edu
Clover Kids Activity: Apple Taste Testing

Apples come in a variety of flavors and textures. Find out which one people like best!

**Supplies**
- 6 different apple varieties (Tart varieties include McIntosh, Jonathon, Empire, Ida Red, Granny Smith and Braeburn; sweeter varieties: Red Delicious, Winesap, Fuji, Gala, Jonagold and Golden Delicious)
- Knife
- Paper plates
- Pencils

**Directions**
1. Wash each apple. Cut the apples so that each child has one slice of each variety. Assign each variety a number.
2. Give each child a paper plate and pencil. Children should number their plates like the face of a clock.
3. Give each child a slice of each variety and tell them to put the slice at the corresponding number on the plate.
5. Repeat the questions for each apple slice.

**Reflection**
Tally up the likes and dislikes. Which apple did everyone like the most? Which one did they like the least? Why?

*From the Clover Kids Corner Activity book*

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