CHECK IN WITH AMANDA

Happy 2016! I hope you all enjoyed a restful and adventurous holiday season. We are starting this year with a bang in Jackson County 4-H with a return to our usual monthly meeting (be sure to pay attention to some rescheduled dates) AND gearing up for some upcoming big events. Read below for a ‘Ready, Steady, Strong’ workshop on disaster preparedness and flyers for Urban Regional Energizer on Saturday, February 20. We need your presentation proposals ASAP and your registrations soon. Remember, the enrollment deadline to be eligible to participate in all 2016 Fair events is January 31. Let us know if we can do anything to support your enrollment process. I look forward to seeing many of you at this Saturday’s in-person volunteer orientation or at an upcoming meeting.

READY, STEADY, STRONG: PRESENTED BY AMERICORPS NCCC

Thursday, January 21 - 6:30-8PM - Kansas City MU Extension Office - 105 E. 5th St.

"Ready, Steady, Strong" is an engaging program to help people of all ages - especially youth ages 5-16 - to be more prepared in the face of a disaster. Join a local AmeriCorps team for an evening of fun games and activities which focus on disaster preparedness, facts, and quick and easy tips of how to be better prepared and respond to a disaster. The program focuses on the powerful impact an involved community member can have on their larger community as a whole. It was developed by FEMA in order to promote its goal of building a more resilient community. The program is FREE and open to ALL who RSVP. Register by January 15 online at http://tinyurl.com/ReadySteadyStrong or by contacting Amanda.

COUNTYWIDE SHOOTING SPORTS

The next Countywide Shooting Sports club meeting will be Tuesday, February 9 at 7:00PM. Adult leaders and interested volunteers will meet at 6PM. Anyone interested in participating in any of the shooting sports projects (740-749) must be led by a state certified instructor, and MUST attend the countywide meetings. We also have two important upcoming events:

❖ REQUIRED Shooting Sports 740 safety training. This 6 hour training is mandatory for all Missouri 4-H shooting sports members who are participating for the first time. It is strongly suggested that 8- and 9-year-old members repeat the safety instruction a second year. Hunter’s Education is no longer accepted as a substitution for our 4-H safety training.

January 17, 1:00-4:00PM: Archery and Shotgun
January 24, 1:00-4:00PM: Air Rifle/Pistol and .22

❖ Shooting Sports Leader Certification will be March 18-20 in Union, MO. This training is required for all MO 4-H Shooting Sports leaders. Registration opens on January 15 on 4-H Online and costs $75: http://4h.missouri.edu/shooting-sports-events/shooting-sports-leader-certification

Questions about shooting sports – contact Jessie at furnishj@missouri.edu

ATTENTION CLUB LEADERS – JESSIE WILL BRING SCIENCE TO YOUR CLUB

The 4-H office has several science kits that can be used during club meetings! If you’re interested in exploring any of kit please contact Jessie at furnishj@missouri.edu.
**4-H COUNCIL MEETING NOTICE**

In honor of Martin Luther King Jr. Day, we will move our January meeting to **January 25 at 6:45PM**. Every club can help shape the direction of the Jackson County 4-H program by having at least one 4-H member from your club attend and vote at the 4-H Council meetings. We want to have your VOICE guide these meetings so please come and help us continue to improve how we do youth leadership.

**EQUINE COUNCIL MEETING NOTICE**

The next Equine Council meeting will be on **Thursday, February 4 at 7PM**. At this meeting the Equine Council will continue planning 2016 events. If your club has a focus on the equine project, please make sure you have at least one youth and one adult representative at each Equine meeting.

**4-H COUNCIL MEETING REPORT**

Jackson County Council meeting was on November 16, 2015 at 7:00PM at the Extension Office in Blue Springs. The Council roll call was taken. Minutes were read and approved. Treasurer report was approved. Committee reports were all given with dates for upcoming meetings.

The Fair for this year will be on June 18 & 23-25. Fair theme is ‘4-H Hearts Connect LikeStars’. Each member is required to raise $40 for the fair. Ads are due December 14. All other fair fundraising activities will be due May 2. The fair book cover contest design was voted tonight. Fair committee meeting day was rescheduled to be on the 1st Thursdays at 5:30PM. The Fair location was presented and discussed to be at National Guard Armory, 2323 S. Crysler, Independence, MO 64052. It was motioned, voted and approved.

- Club cultural packages were due tonight. Each club shared their boxes with county council.
- Clubs will receive $10 for participating in making a centerpiece for Achievement Night.
- Urban Regional Energizer is in the planning stages. More information to come.

The next County Council meeting is Monday, January 25 at 7PM at the Blue Springs Office.

- **Caleb Johnson**, County Council Reporter

**NEWSFLASH!!!**

Please have all of your information for the February newsletter sent to Jessie by **January 20**. Please make sure the information is 4-H related.

**EQUINE COUNCIL REPORT**

The Equine Council met on November 5, 2015 at the Blue Springs Office. They first discussed the Levels Horse Show which will be held on June 18 at Sunset Trails Stables. It will be combined with the livestock show, with the horse show in the morning and the livestock show in the afternoon. A rain date is yet to be determined. Next, there will be a Trade Day scheduled for March 12, but the location and time is yet to be determined as well. Lastly, there will not be an Equine meeting in December. Reminders: the next Equine Council meeting will be January 7 at 7PM at the Blue Springs Office.

- Erin Roberts, Equine Council Reporter

**URBAN REGIONAL ENERGIZER**

**SATURDAY, FEBRUARY 20 – KANSAS CITY**

IT’S BACK – our local 4-H Energizer! And it’s our first ever Urban Regional Energizer. Check out the flyers, registration info, and call for presenters at the end of the newsletter. You won’t want to miss it!

**SPECIAL INTEREST (SPIN) CLUBS**

In the Urban Region we are PUMPED about piloting a new 4-H delivery model. Much more information will be coming soon but for now we are looking for volunteers interested in leading 6 sessions on one specialized project. Are you or someone you know passionate and knowledgeable about a certain topic? Would you be willing to share 15-20 hours of your time (total) over a short time period to help youth learn about your topic? Contact Amanda with your ideas.

**WANTED: COUNTY-WIDE PROJECT LEADERS**

We agree – creating more county-wide projects in Jackson County will strengthen and deepen available opportunities for youth. Ideas include photography, outdoor adventures, public speaking and more. Are you willing to help make it happen in the new 4-H year?

- If you are a project leader who is already leading meetings, are you willing to open your project meetings up to youth from outside your club?
- Are you interested in being a project leader for a project, but there aren’t any youth in your club interested in that project?

If so, contact Amanda at quancea@missouri.edu.
**Soap Donations for Teen Conference**

State 4-H Council is asking clubs from around the state to donate items for our Teen Conference generosity workshop! We are making socks filled with necessities for homeless that will be donated to a soup kitchen in Columbia. Urban Region West is responsible for bars of soap. We want each delegate at Teen Conference to have the opportunity to fill one pair of socks, which means we need 350 bars of soap. We will be collecting donations for either bars of soap or monetary donations to purchase items. We need all donations by February. Thank you so much in advance for your contributions. If you have any questions please contact Brynne Davis, one of your Urban Region West representatives by phone: (816)889-8309 or email: brynne2017@gmail.com

**2016 Jackson County Fair Updates**

The Fair Committee & Equine Council have been working hard to start planning our 2016 Jackson County fair events. Here are some updates:

- **Fair theme:** ‘4-H Hearts Connect like Stars’
- **Horse Show & Livestock Show** – June 18 at Sunset Trails Stables in Lee’s Summit
- **Fair & Contest Day events** – June 23-25 at the National Guard Armory in Independence

In an effort to encourage participation, the Fair Committee meeting is scheduled on Thursday, February 4 at 6PM just ahead of the Equine Council meeting. Join these groups in planning our important 2016 Fair events! The current fundraising packet was mailed to you last fall and is also online here.

**4-H Fair Ad Sales Videos**

Check out these ad sales videos. They will help you learn to increase sales, make it fun, and support our county: https://www.youtube.com/user/JacksonCountyMO4H

**Congratulation Clovers to:**

- Everyone who contributed to the Fall TSC Paper Clover Campaign! The Lee’s Summit store raised $472 and the Independence store raised $190 for a total of $662. Let’s do even better this spring!
- **Janessa Abma** of Classy Clovers for having her design chosen for this year’s fair book cover.
- **Veronica Webb** of Classy Clovers and **Joshua Johnson** of Home’s Cool were selected to travel to Japan next summer with the States’ 4-H International Exchange Program.

**Trade Day: March 12**

Save the Date! The annual Trade Day event organized by our Equine Council will Saturday, March 12 at Sunset Trails Stables. Contact Jackie Davis at jackiedavis@johnstonfiss.com or 816-806-9591 for vendor and participation information.

**2016 Jackson County 4-H Equine Trade Day**

**Saturday March 12th 9AM to 1PM**

Sunset Trails Stables Arena
2100 SE Ranson Road
Lee’s Summit, Missouri
*Web search Sunset Trails Stable, Lee’s Summit for a map.*

Admission fee: $2 per adult, $1 per child 5-18. Free to children 4 and under.

**Buy! Sell! Trade!**

- New and used saddles, boots, horse supplies and much more.
- Concessions available all day.
- Booth spaces and trailer parking spaces are $29 each before February 20. After February 20, spaces are $39 each.
- Set up time is at 8AM on Saturday, March 12.
- Proceeds benefit Jackson County 4-H Equine Council and its youth equine programs.

**Attention Graduating Seniors!**

The Jackson County 4-H Foundation is proud to be able to provide scholarships to qualified graduating seniors. To learn more about this scholarship, visit our website at jackscountymo4hfoundation.com and click on Scholarships then application information. Application information can also be found in the Clover on page 63 and is available on-line at http://4h.missouri.edu.clover.aspx. Applications on this website will be available after January 1, 2016. For first year applications, the entire state scholarship form needs to be completed. In order to meet State Foundation deadlines, please submit your application documents to the Jackson County 4-H office by the end of business on March 7, 2016. If you have questions, please contact the Foundation at 816-875-6251 or jacksoncountymo4hfoundation@gmail.com.

Michaela McMillan, current Jackson County 4-H Queen, is recognized at our 2015 Achievement Night for being a college scholarship recipient by Jackson County 4-H Foundation secretary Eric Ramsey.
**Find the Hidden Symbol**
Where will it be? What awesome new prizes are in the office for you to win? This month’s symbol is: Can you find it? Be the first to e-mail Jessie at furnishj@missouri.edu with its location to win a prize.

**Volunteer Screening & Orientation**
4-H volunteer screening is in full swing with 3 required steps for the current program year:
- Annual Background Screening Consent form: [http://4h.missouri.edu/documents/LG639.pdf](http://4h.missouri.edu/documents/LG639.pdf)
- One-time volunteer orientation
- Required 4-H Online profile (new this year)
Orientation should be completed within 1 month of completing an application. Volunteers can complete the orientation online [http://4h.missouri.edu/volunteer.aspx](http://4h.missouri.edu/volunteer.aspx) or attend an in-person session to cover the same material in an interactive group setting.

**Regional Events & Opportunities**
**Children’s Art Show – Enter Now!**
Check out the flier at the end of the newsletter for event and submission information!

**National Pheasant Fest & Quail Classic**
**Career Fair & Shooting Sports Clinic**
February 20, 9AM – Noon at the Kansas City Convention Center. Includes: Coaches Clinic (psychology tips, mental sharpness), Youth Clinic, Shooting Topics (set & meet personal goals, offseason preparation & practice, the road to college), Conservation Topics (dog training, pollinators in our lives, careers in the outdoors). No charge for the career fair and clinic – plus receive a complimentary pass for the Pheasant Fest. Space is limited. Register by January 20. For more info and to register, go to [http://4h.missouri.edu/documents/PheasantFest-Clinic_CareerFair_2016.pdf](http://4h.missouri.edu/documents/PheasantFest-Clinic_CareerFair_2016.pdf)

**State Events & Opportunities**
**State 4-H Teen Conference**
March 12-13 in Columbia. This year will feature a spy theme, “Cracking the Code of Leadership,” and the State 4-H Council is having a great time planning another active, fun event. The conference begins at 12:30PM on Saturday and ends at 11AM on Sunday. Registration is $169 for youth (shared bed) or $219 (own bed); and $169 for chaperones. Limited regional chaperone scholarships are available (contact Amanda). [Registration is open on 4HOnline through January 31](http://4h.missouri.edu/clover.aspx).

**Enrollment for 2015-2016**
(Re)enrollment for the new 4-H year began on October 1. **Enroll by February 1 to be Eligible to Participate in All Fair Events This Summer.** If you are a returning member, the process will be extra easy – you just need to update your existing profile and add this year’s 4-H projects. Step-by-step info about how to enroll is on p.6 of this year’s 4-H Clover publication. Your club leader picked up your family’s copy of the Clover at our annual Club Leader meeting in August. The publication is also available online [http://4h.missouri.edu/clover.aspx](http://4h.missouri.edu/clover.aspx). Contact Amanda or Karen with any questions.

**New 4-H Online Tips for 2015-16**
There a few changes to enrollment questions for the current 2015-16 4-H program year that have been tripping people up. As you enroll...
- Make sure all signature dates match the date you are completing your enrollment.
- Add in what school each member attends.
- Check out the new medication permissions section on the health form page and let us know what you (don’t) approve.
- Review AND sign the Shooting Sports project waiver to let us know each member’s plan.
- Update project enrollment for the new year.
- Submit all check payments to our office so that we can approve your enrollment.

**Membership Assistance**
Did you know that three health care companies in Missouri will pay annual membership dues for their insured youth to participate in one youth organization – like 4-H – each year?! If you or any members in your club are covered by Aetna, HomeState, or MissouriCare, talk to your club leader or our 4-H office about how to request and submit the voucher from your insurance company. Many leaders and members in Jackson County already know how to utilize this awesome opportunity.
MISSOURI STATE 4-H COUNCIL

Are you ages 14-17 (as of Jan 1, 2016) and ready to take your leadership to the next level? If so, you might want to consider being an Urban Region representative on Missouri State 4-H Council. All Missouri 4-H'ers are represented at the state level by the State 4-H Council. Elected from each region at State 4-H Congress, Missouri's State 4-H Council works with county youth liaisons, assists in planning and implementing statewide 4-H programs, gives youths input on 4-H program and policy issues, and works to address the issues and concerns most important to Missouri 4-H youth. Detailed information about the job, your commitment, and the selection process are available online: [http://4h.missouri.edu/missouri-4h-council.aspx](http://4h.missouri.edu/missouri-4h-council.aspx). Applications are due to your county office by [Friday, January 15](http://4h.missouri.edu/missouri-4h-council.aspx). We will announce the list of Urban Region candidates on January 29 and schedule interviews at the Energizer on February 20. Questions? Contact Amanda.

MISSOURI YOUTH CIVIC LEADERS SUMMIT

Registration is now open for the 2016 YCLS, March 4-6, at Windermere! The Summit is a statewide energizer for teams (teens ages 14-18 and adults) who want to make a difference in their communities and world. The 2016 theme is spark! and will engage youth/adult teams in strength-based conversations and skill-building to expand their leadership and service. The Jackson County officer teams attend this event every year. If other youth/adult teams would also like to attend, check out [http://www.4h.missouri.edu/YCLS/main](http://www.4h.missouri.edu/YCLS/main). Cost is $135.00 per person, including 2-nights lodging, meals, materials, t-shirts, and snacks. Some meals and recreation options are extra. A limited number of partial scholarships are available for those with financial need. More info: henesss@missouri.edu.

2016 MISSOURI 4-H EQUINE TOUR

They’re off and running…to the horse capital of the world, Lexington, Kentucky! 4-H teens dreaming of an equine related career will want to participate in the 10th annual Missouri 4-H Equine Tour, May 23-29. The tour begins watching the pre-dawn ‘breezing’ of the race horses at the Keeneland track and spending the day at the Kentucky Horse Park, the premier international equestrian facility. Participants will explore the wide range of equine industry opportunities in the Lexington area with visits to world renowned equine medical and research facilities. The itinerary will include tours of famous Thoroughbred and Saddlebred horse farms, visits to higher education institutions, and additional opportunities to meet nationally recognized leaders in the equine industry. Make your plans now to be in the winner’s circle! The $600 tour fee includes charter bus transportation, tours, hotels, most meals, tour t-shirt, travel bag and other associated costs. Applications are available: [http://mo4h.missouri.edu/equine-tour/main](http://mo4h.missouri.edu/equine-tour/main) The fifty tour seats typically fill prior to the March 1 deadline. To avoid disappointment, submit complete application packet early. Questions? Debbie Davis, davisdd@missouri.edu or 816-539-3765.

4-H EQUINE TOUR SCHOLARSHIPS

Does the tour sound awesome? The Jackson County Equine Council agrees and offers members a partial scholarship. Check out the details online: [http://extension.missouri.edu/jackson/equine.aspx](http://extension.missouri.edu/jackson/equine.aspx)

MU ANIMAL SCIENCE YOUTH LEADERSHIP ACADEMY – JUNE 1-4 IN COLUMBIA

The MU Animal Science Youth Leadership Academy is being developed for high school students who are interested in the livestock industry. The inaugural session will be held June 1-4 on the MU Campus, Department of Animal Sciences. 20 students will be selected from the pool of applicants for this program. The cost of the program is $100/student which is due at time of acceptance into the academy. The goal is for this program to grow and become an annual elite program for high school youth. Find more information and registration info at: [http://extension.missouri.edu/audrain/4hevents.aspx](http://extension.missouri.edu/audrain/4hevents.aspx)
PUBLIC SPEAKING ACADEMY – JUNE 21-22
Youth who participate at this exciting invitational event are guided through the basics and finer points of writing and delivering a speech, in a non-competitive setting. The Public Speaking Academy is open to all youth ages 11-13 years of age who are interested in learning more about public speaking. One does not have to be a 4-H member to attend, but academy spaces are limited to a maximum of 20 and will be filled on a “first come” basis. The academy takes place at the Central Methodist University campus in Fayette, with caring adult chaperones there to help every step of the way. Questions about the Public Speaking Academy may be directed to Patty Fisher at fisherp@missouri.edu. Registration is due by May 16 and more information is available online http://4h.missouri.edu/public-speaking-academy

MO STATE FAIR FOUNDATION SCHOLARSHIPS
The Missouri State Fair Foundation Youth in Agriculture scholarship application for Missouri High School seniors graduating in 2016 is now available online at Missouri State Fair. Applications should be submitted to the Missouri State Fair and must be postmarked by February 1. Applicants for the multiple scholarship opportunities must be high school seniors and active members of 4-H or FFA. Eligible scholarship applicants must plan to enroll in an accredited Missouri college or university, and pursue a degree in agriculture. Applicants must also have participated at least once as a 4-H or FFA exhibitor at the Missouri State Fair, however applicants cannot have sold livestock in a past Missouri State Fair Sale of Champions auction. For more information please call the Missouri State Fair at 1-800-422-FAIR (3247) or e-mail questions to mostatefair@mda.mo.gov.

MISSOURI LIFE MAGAZINE FUNDRAISER
The Missouri Life Magazine club fundraising program is still available to Missouri 4-H clubs, and we highly encourage you to take advantage of this generous opportunity.

• The details: Missouri 4-H clubs will receive $7 for every subscription sold (an annual subscription is $20)! Each extension office has a sample of the magazine and sales packet for you to see.

• Major incentives: Not only will clubs be earning 40% of each subscription sold, Missouri Life Magazine is offering some pretty incredible rewards to get clubs involved. For more information, Please call (573) 884-7641 or send an email to augustinere@missouri.edu.

NATIONAL EVENTS & OPPORTUNITIES

FEED, NOURISH, THRIVE
National 4-H Council is proud to join STEMConnector on its new campaign, Feed, Nourish, Thrive, to encourage young people to join the STEM, food and ag workforce. Check out our profile at FeedNourishThrive.org where youth trustees Lazarus Lynch and Tess Hammock share how they are contributing to these growing fields through education, service and entrepreneurship.

CONNECT WITH 4-H ALUMNI ACROSS THE US!
Are you a 4-H alum? Do you want to keep up with the latest 4-H news, stories and learn about other 4-H alumni who are making a difference? Show your 4-H pride and raise your hand as a member of the 4-H alumni community! You will receive regular updates about events and information for 4-H alumni and ways you can stay involved with 4-H. Sign up now at www.4-h.org

4-H CLUB REPORTS
CLASSY CLOVERS
The Classy Clovers 4-H Club met on December 7 at Franklin Smith Elementary School at 7:00PM. The Motion Commotion activity was presented by Jessie Lynch from the 4-H Extension Office in which we enjoyed doing experiments to see what would happen when toy cars hit a stack of books. The treasurer reported that we have $679.58. We discussed that the fair ads are due December 14. Everyone had a good time at the holiday party. We are considering having a fundraiser at Rink Ratz. The next club meeting will be January 4 at 7:00PM.

-Jeremiah Leland, Classy Clovers Reporter
HOME’S COOL
On November 6, our club had a business meeting, and committee meetings. In our Activities Committee, we are planning a Christmas party. We are planning to have a cookie exchange and a cookie contest. The Community Service Committee is planning for our club to bring size four and five diapers so we can donate it to Rachel House. Our club submitted a cultural exchange box to Kenya. We put coins, maps, newspaper, pictures, and bracelets, and much more. We are planning to have a tee shirt design contest for our new club shirts.

On November 20, we had project meetings. We had many dads and a grandparent come to help with the Small Engines class, taking apart machines and explaining functions. The Arts and Crafts used Metho cellulose, with textile and floating mediums to color the muslin fabric. Animal Science made a small animal out of model clay and labeled the body parts. Clover Kids learned the history of Thanksgiving with a board game to reinforce the lesson. They made cookies and completed a drawing with missing parts, in which they had to complete it by looking at another whole picture.

Home’s Cool club also had short committee and business meetings on December 14. After the business meeting adjourned, we celebrated with a potluck and pizza holiday party.

-Caleb Johnson, Home’s Cool Reporter

PEACE DALE
The Peacedale 4-H Club met Sunday, November 8 at Ann Bohnert’s house at 2PM. Porsha called the meeting to order. The roll call and Secretary’s Report was given. The Treasurer’s Report was given and we made $130 from our October bake sale at Tractor Supply. The next Tractor Supply Clover Campaign will be in March. A partial election of officers was held; Porsha is President and Alex is Secretary. Ann’s church is having a clothing drive and that will be our service project for November. Our December service project will be the Angel Tree at Ann’s church. Next meeting will be Sunday, January 10 at 2PM. Alex motioned to adjourn the meeting and Porsha seconded it. Ann served delicious refreshments.

-Alex Harvey, Peacedale Reporter

ALL OUR OTHER CLUBS
We missed hearing from you for this newsletter! Be sure to have your reporters get back in touch with us with updates from your first events of the new 4-H year.

SILVER SPURS
This Saturday we went to a Therapeutic Riding Center, and learned how riding is good therapy for the students. Then we cleaned up brush around the barn. We also held a meeting. Wishing you a Merry Christmas.

- Mallie Crutchfield, Silver Spurs 4-H Reporter

SUNSET TRAILS
Katie Coonce became treasurer. The meeting at Sunset Trails Stables began with a role call "if you could be an animal what would you be?" Start time of the meeting was 6:38 end of the meeting is unknown. Bring things for the cultural shoe box soon. Helmet forms are due soon too.

-Olivia DeVry, Sunset Trails Reporter

VALLEY 4-H EXPLORERS
The Valley 4-H Explorers met on Sunday November 8 at the United Methodist Church in Grain Valley. Laurelai Mann called the meeting to order. The Wright family, Jenna, Noah, and Micah were introduced as new members. We will need to fill vacant officer positions. The club will participate in a club project, Food Science FN556. We did our first two lessons at the meeting, Investigating Milk.

The Valley 4-H Explorers met again on Sunday December 6 at the United Methodist Church in Grain Valley. Laurelai Mann called the meeting to order. Laurelai attended the 4-H Officer Training with Mizzou Collegiate 4-H Team on November 18.

Our club adopted a Family through the Salvation Army. We bought them Christmas gifts which will be delivered to the family. We will also pass out food baskets to the shut-ins of Grain Valley on December 19. The club talked about fundraising ideas to help raise money for our club. We will have a Papa Murphy’s Night on January 16. We worked on the next lesson of our group project Food Science FN556. We learned how to make butter out of cream by mechanical coagulation. Our next meeting will be January 3 at the church.

-Melynda Cross, Valley 4-H Explorers Reporter

Thanks to Celeste Tilley for compiling this newsletter.
JACKSON COUNTY 4-H CALENDAR OF EVENTS
Dates and times are subject to change; please make sure you have the most recent calendar.

JANUARY
1-4 Extension offices closed for winter holidays
4 Deadline for MRF Level 3 to be resubmitted to Blue Springs office for Regional competition
7 Fair Committee meeting, 5:30PM Blue Springs Office
7 Equine Council meeting, 7PM Blue Springs Office
9 4-H Volunteer Orientation, 2:30-4PM, Blue Springs
15 State 4-H Council applications due to Office
15 RSVP deadline for ‘Ready, Steady, Strong’ workshop
15 Energizer presenter applications due to office
15 Shooting Sports Leader registration opens online
17 Shooting Sports Safety Training, 1-4PM, Blue Springs
20 Registration deadline Conservation Career Fair
21 ‘Ready, Steady, Strong’ workshop, 6:30-8PM, KC
24 Shooting Sports Safety Training, 1-4PM, Blue Springs
25 King & Queen Committee, 6PM, Blue Springs Office
25 *4-H Council meeting, 6:45PM, Blue Springs Office (moved back one week in honor of MLK Jr. Day)
27 Pre-registration deadline for Energizer
31 Shooting Sports Safety Training backup date
31 Registration deadline for Teen Conference

FEBRUARY
1 Enrollment deadline to be eligible for fairs
1 Soap donations due for Teen Conference project
1 State Fair scholarships for seniors due
4 Fair Committee meeting, 6PM Blue Springs Office
4 Equine Council meeting, 7PM Blue Springs Office
9 Shooting Sports Committee, 6PM Blue Springs Office
9 Countywide Shooting Sports Club meeting, 7PM
9-13 Art submissions to gallery for Children’s Art Fair
15 King & Queen Committee, 6PM, Blue Springs Office
15 4-H Council meeting, 6:45PM, Blue Springs Office
20 Urban Regional Energizer, 8:30-11:45am, KC
20 Conservation Career Fair & Shooting Sports Clinic
27 Tentative Regional Horse Bowl

MARCH
1 Missouri Equine Tour application deadline
3 Fair Committee meeting, 6PM Blue Springs Office
3 Equine Council meeting, 7PM Blue Springs Office
4-6 Missouri Youth Civic Leaders Summit, Windermere
7 Jackson Co 4-H Foundation Scholarships due
12 Equine Trade Day, 9AM Sunset Trails, Lee’s Summit
12-13 Teen Conference, Columbia
18-20 Shooting Sports Certification Workshop, Camp Mo-Val, Union, MO (register via 4HOnline)
21 4-H Council meeting, 6:30PM Blue Springs Office

SAVE THE DATE IN 2016!
Early April – Jackson County King & Queen
June 18 – Jackson County 4-H Levels Horse Show & Livestock Show, Sunset Trails Stables, Lee’s Summit
June 21-22 – 4-H Public Speaking Academy, Fayette, MO
June 23-25 – Jackson County 4-H Fair & Contest Day events, National Guard Armory, Independence

READY, STEADY, STRONG
BE PREPARED!
MAKE A PLAN!
SIMPLE STEPS
ANYONE CAN TAKE!
✓ Safety tips!
✓ Fun activities!
✓ Kit construction basics!
✓ Safety plans!
✓ Great for kids! Candy, fun, games!

Presented by: AmeriCorps NCCC

THURSDAY, JANUARY 21ST * 6:30–8PM
Kansas City MU Extension office
105 E. 5th St., KCMO

Register by January 15th online at http://tinyurl.com/ReadySteadyStrong or by calling 816-252-9051
An equal opportunity/ADA institution. If you need accommodations because of a disability, if you have emergency medical information to give me, or if you need special arrangements in case the building must be evacuated, please contact Amanda at 816-252-9051
Urban Regional Energizer

Meet other 4-H’ers and volunteers from 6 counties, our State Council Representatives, State 4-H Staff, and get “ENERGIZED” for our new 4-H Year! Open to clover kids, youth, and adults! Workshops will center around problem solving, teamwork, self-esteem, responsibility, communications, growth mindset, goal setting, and persistence! Snacks provided.

February 20, 2016
8:30AM – 11:45AM
*more detailed schedule to come

Manual Career and Technical Center
1215 East Truman Road
Kansas City, MO, 64106

Urban Region Service Project:
This year we are asking participants to bring new and used shoes to give to those who need shoes.

Cost: $10.00/ person in advance; $15.00 @ door
Mail registration form and payment to:
Jackson County Extension
C/O: Amanda Quance
1600 NE Coronado Drive
Blue Springs, MO 64014
January 27, 2016

For more information contact your county 4-H staff
Jackson—Amanda Quance & Jessie Furnish
(816)-252-5051

MU Extension is an equal opportunity/ADA institution
Urban Region 4-H Energizer Registration, February 20, 2016

Registration $10/person due to your county office by January 27
Late registration only at door, $15/person
SNACKS INCLUDED * There will be no refunds regardless of weather.

Please fill out and mail with payment to:
Jackson County Extension
C/O: Amanda Quance
1600 NE Coronado Dr.
Blue Springs, MO 64014

REGION ___________________________ COUNTY: ___________________________

FOOD ALLERGIES/PREFERENCES? YES? EXPLAIN: ____________________________

Participant 1: ______________________ CIRCLE ONE: CLOVER KID / YOUTH / ADULT
First Name                      Last Name

Participant 2: ______________________ CIRCLE ONE: CLOVER KID / YOUTH / ADULT
First Name                      Last Name

Participant 3: ______________________ CIRCLE ONE: CLOVER KID / YOUTH / ADULT
First Name                      Last Name

Participant 4: ______________________ CIRCLE ONE: CLOVER KID / YOUTH / ADULT
First Name                      Last Name

Participant 5: ______________________ CIRCLE ONE: CLOVER KID / YOUTH / ADULT
First Name                      Last Name

Participant 6: ______________________ CIRCLE ONE: CLOVER KID / YOUTH / ADULT
First Name                      Last Name

DEADLINE: Must be received in county office by January 27, 2016
Return this form with payment to:
Jackson County Extension
1600 NE Coronado Drive
Blue Springs, MO 64014
Questions? Please contact:
Jackson — Amanda Quance (816)-252-5051

Registration Fees (includes Clover Kids)
Checks payable to:
Jackson County Extension
Participants x $10 = $ ______
Total Registration Enclosed $ ______
OFFICE USE
CHECK # _______ CASH ______

MU Extension and 4-H: An equal opportunity/ADA institution

UNIVERSITY OF MISSOURI Extension

Page 10
Hello 4-H families & supporters!

We are so glad that you want to lead a workshop at the First Annual Urban Region Energizer on February 20, 2016! A few things to consider if you will be applying:

❖ The Missouri 4-H program has a goal of helping all 4-H’ers be college/career ready. Because of this, we are especially interested in workshops that incorporate activities to help 4-H’ers prepare for the workforce by developing the following skills and characteristics (please indicate on your application if you target any of these):

- Problem-Solving
- Teamwork
- Self-Esteem
- Growth Mindset (i.e., believing that you can improve with practice/work)
- Conscientiousness
- Goal-Setting & Persistence
- Communication
- Responsibility

Please note: If you would like some assistance planning activities, contact your local 4-H staff for help!

❖ All workshops will be **55 minutes** in length

❖ Some workshops will require supplies. **$30 honorariums are available upon request** to cover the cost of supplies. To receive an honorarium, indicate “YES” in the appropriate box on the presenter form below. Please note that you will receive a check after the event.

❖ Workshops are **open to youth AND adults** (even Clover Kids workshops), so please be mindful of this in your planning. Things to consider:

- How will you accommodate the different learning needs of each age group? *Tip: You can ask older or more experienced participants to help younger and/or less experienced participants.*
- If your workshop is youth-oriented, volunteers may want to attend your session to learn how to facilitate what you are teaching for youth. Consider having resources available that will help volunteers use the example of your workshop to lead activities with their project group or club back home.

❖ The Energizer will be held at a school. We are allowed to move around desks, tables, and chairs to suit our needs. However, out of respect for the teachers and students at the school, **please make sure to clean up and put everything back just as you found it at the end of the day. Tip: Ask a 4-H’er to diagram the room on a sheet of paper before anything is moved!**

❖ If you would like assistance planning your workshop, **we are here to help!** Contact your local 4-H team get started. We can help you outline your workshop’s key objectives, offer ideas for quick and easy ice breakers, suggest adaptations for the Energizer environment (multiple ages and levels of experience, classroom setting, time allotment, honorarium budget, etc.), and provide moral support! **Contact us with your questions.**

❖ **Submit your completed form to:** University of Missouri Extension – 4-H
1600 NE Coronado Dr., Blue Springs, MO 64014
Or quancea@missouri.edu

**Volunteers like YOU make Missouri 4-H Great!**

University of Missouri Extension is an equal opportunity/access/affirmative action/pro-disabled and veteran employer.
**URBAN REGION ENERGIZER**  
*February 20, 2016 * 8:30AM-11:45AM*  
Manual Career and Technical Center, 1215 East Truman Road, Kansas City, MO 64106

The Regional Energizer is a day of hands-on workshops for 4-H youth, families and volunteers. There will be multiple workshops, each 55 minutes long, and participants will have the opportunity to select 2 sessions. Please fill out one form for EACH session that you will be presenting.

Please complete so we can provide accurate information and description of your session.

<table>
<thead>
<tr>
<th>PRESENTER INFORMATION</th>
</tr>
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<tbody>
<tr>
<td>1st Presenter Name (First &amp; Last):</td>
</tr>
<tr>
<td>2nd Presenter Name (First &amp; Last):</td>
</tr>
<tr>
<td>Address:</td>
</tr>
<tr>
<td>Cell Phone #: E-mail:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SESSION INFORMATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session Title:</td>
</tr>
<tr>
<td>Session Description (30 words or less, which will appear as the program information):</td>
</tr>
</tbody>
</table>

The target audience for this session is (please mark one):  
_____ Clover Kids (ages 5-7)  _____ Youth-Oriented  _____ Volunteer-Oriented

Maximum Number of participants:

*We encourage the use of handouts to share with participants, providing information or resources available.*

Room Set-up:  **All rooms have classroom style chairs with attached desks.** We have the liberty to rearrange the rooms for our event, with the expectation that they will be put back in the order we found them. **Please check any of the special accommodations you MUST have below.**  
_____ Access to a Sink  _____ Flat tables  _____ Near a restroom  _____ Near an outside door  _____ Other: _________________________________

Please list any AV equipment or equipment you need for your presentation: ________________________________  
______________________________________________  
______________________________________________

Each presenter has the option of claiming a $30 honorarium per session that you are teaching to help cover material costs or travel. Would you like to receive this honorarium? _____YES  _____NO

If checked yes above, to whom should the check be made payable?: ________________

Checks will be mailed to presenters after the Regional Energizer.

Please contact Amanda Quance, 4-H Youth Development Specialist, at 816-252-5051 or by email at quancea@missouri.edu with any questions. Please return this form by email or by mail to:  
University of Missouri Extension - 4-H, 1600 NE Coronado Dr., Blue Springs, MO 64014  
THANK YOU for your time & support on making the first ever Urban Region Energizer a success!  

**PLEASE RETURN BY JANUARY 15, 2016**
Children’s ART Show ~ Images Art Gallery

Images Art Gallery  7320 W. 80th St. Downtown Overland Park, KS  913-232-7113
*Images Art Gallery is a 501C–3 non-profit member-supported gallery of 30 professional artists whose mission includes the encouragement and recognition of young artists through an annual exhibit of their 2-Dimensional and 3-Dimensional art. This “free” event is for Pre-Kindergarten – 8th grade students.

HOW TO ENTER  Questions-email: normaherring@kc.rr.com or sunrisecart00@aol.com
Teachers, Parents or Guardians can enter “ONE” 2D or 3D artwork PER STUDENT. All 2D artwork must be framed with a wire hanger on the back. NO sawtooth or string hangers can be accepted due to the gallery’s hanging system. PLEASE NOTE....if the art is part of a class project Teachers should select 2 of the best examples to bring for this exhibit.

DELIVERY OF WORK
Artwork and Entry Form should be delivered to Images Gallery, 7320 W. 80th, Overland Park, KS (913-232-7113) between Tues. Feb. 9 and Sat. Feb. 13, 2016 during regular gallery hours 10-5 PM. *Gallery is closed Sunday and Monday.

AWARDS
Each exhibiting young artist will receive a Participation Ribbon to commemorate the event.

OPENING NIGHT RECEPTION
Light refreshments will be served at the Opening Night Reception - Friday, Feb. 19, 2016 from 6 - 9 PM. All participating Students, Family and Friends are invited. ***Also on display will be the traveling 2016 People To People International “Peace Murals” created by talented young artists from all over the world.

PICK UP OF ART
Artwork should be picked up at the Close of the Show on Sat. Mar. 12 or during the following week...Tues. Mar. 15 through Sat. Mar. 19 . Gallery hours 10-5 PM

2015 ENTRY FORM  (only “ONE 2D or 3D entry per student)

Artists Name ____________________________ Title of ART __________________________
Grade __________ Age ________ School __________________________
Parent/Guardian __________________________ Email __________________________
Teacher Name ____________________________ Teacher email __________________________

*It is understood that Images Art Gallery assumes no responsibility for artworks on display. The Gallery will exercise care in handling of artwork. By signing, you release and hold harmless Images Gallery, for any theft, loss, or damage to artwork.
Clover Kids Activity: Frosty Pictures

Want to make snowy artwork that won’t melt? Here’s how:

WHAT YOU NEED
- Construction paper • Epsom Salts • Water • Paint Brushes • Bowls - Crayons

PROCEDURE
Have everyone draw a “winter” scene (i.e., snowman, holiday pictures, etc.) on a piece of construction paper.
Mix up a solution of equal parts water and Epsom salts. Paint over the entire picture with the solution. As it dries, the solution makes shiny crystals over the pictures making it look like a winter wonderland!

REFLECTION
Why did you choose to draw what you did? Are you happy with the way your picture turned out?

From the Clover Kids Corner Activity book

You can also view your Monthly 4-H Newsletters online at: http://extension.missouri.edu/jackson/