Henry County
2009 Annual Report

EXTENDING UNIVERSITY RESEARCH-BASED RESOURCES TO HENRY COUNTY

UNIVERSITY OF MISSOURI
Extension
Live. And Learn.
People define our success. Diverse perspectives and talents allow us to provide innovative programs that improve the quality of daily life for the residents of Henry County.

A unique partnership exists between University of Missouri Extension and local government. In Henry County, we’re proud of the many ways our partnerships with local government, organizations and coalitions have worked to improve lives of our residents. This past year MU Extension had 7,152 direct and 13,170 indirect educational contacts within Henry County. More than 3,290 hours, valued at $56,555 were contributed by volunteers. This annual report is intended to be a snapshot of program highlights.

We look forward to continuing to help the residents of Henry County as they Live and Learn.

Forest Church
Extension Council Chairman

Lisa Wallace
County Program Director
AGRICULTURE AND SCHOOLS. 75 second grade students learned where food comes from and how it is grown during career day. Nearly 125 Henry Elementary summer school students learned about growing corn and soybeans, careers in agriculture and soil testing.

“SHOW-ME-SELECT” REPLACEMENT BRED HEIFER PROGRAM. More than 175 head of Henry County heifers were enrolled in this program which focuses on proper heifer development and management to minimize calving difficulty and optimize future productivity. 149 head of spring calving heifers sold for an average of $1,180 per head with a direct sales benefit of $81,100 to Henry County.

LIVESTOCK PRODUCTIVITY. More than 300 contacts were made via farm visit, office visit, phone call or email to answer questions regarding livestock production. Topics ranged from nutrition, small ruminants, forage supply, forage quality, reproduction, genetics and health.

YOUTH AND LIVESTOCK. Nearly 200 parents and 4-H/FFA members attended multiple youth and livestock meetings related to their livestock projects.

LIFE-LONG SKILL DEVELOPMENT VIA 4-H PROJECT WORK. Youth participated in more than 536 4-H projects. Shooting Sports, Arts and Crafts, Foods and Nutrition, Photography and Clothing and Textiles were the largest projects. Members exhibited more than 1190 indoor and livestock/horse projects at the Henry County Fair.

4-H CLUBS (7). 154 members gained life skills in public speaking, goal setting, record keeping, teamwork, leadership and character. Twenty seven youth were members of the Clover Kids project for youth ages 5-7.

4-H LEADERSHIP DEVELOPMENT. 88 adult and youth volunteers assisted members in project and club work. 8 attended 4-H camp, 9 served as camp staff. Four youth participated in a new Aerospace Camp at Whiteman Air Force Base, 3 served as camp staff. 22 completed the Missouri Report Form and two were recognized with State Achievement Awards for outstanding forms. Nine youth participated in state leadership trip experiences, and one youth received a scholarship from the 4-H Foundation.

4-H CONTESTS. 14 members participated in statewide competition including speech, shooting sports, and fashion revue. State competition gives local 4-H members an opportunity to reach achievement goals in performance. It also allows them to meet other members throughout the state.

SCHOOL ENRICHMENT. 952 elementary and middle school students enhanced their learning through hands-on activities focused around embryology through “Hatching Chicks in the Classroom” and character education presentations.

PUPPET POWER. 25 puppeteers from area schools learned communication skills while practicing and performing puppet skits on character education to more than 788 students. 80% of the puppeteers gained communication skills and puppet leaders reported that 72% improved in their ability to “get along with others.”

BUSINESS DEVELOPMENT. Seven Henry County residents received assistance from the Small Business and Technology Development Center. Sales increased $391,680, six jobs were retained and 10 residents attended business training or conferences.

BOARD BASICS. 21 attended teambuilding workshops designed for not-for-profit boards. 95% indicated they learned at least one new team building strategy and 100% said they would recommend this training to others.

LEADER TRAINING. 79 residents received leader training lessons on four topics.

STRENGTHENING FAMILIES. A potential of 225 families and professionals received newsletters Smart Parenting and Kindred Spirits. The Smart Parenting newsletter is for parents of young children and the Kindred Spirits newsletter targets grand parents raising grandchildren. These bi-monthly newsletters focus on nutrition, health, parenting, consumer education and housing issues.
CHILD CARE PROVIDER TRAINING. 96 providers attended one of four sessions on nutrition, stress, science and autism. 94% learned at least one new thing to use in their child care setting.

FOCUS ON KIDS. 139 attended a monthly mandatory co-parenting class. This class is for divorcing and/or never married parents with a court case including children. 90% indicated they will communicate better with the other parent.

MEDIATION. 147 attended a monthly mediation overview class mandated by the circuit court. 84% indicated they would try mediation and 90% learned at least one new thing about mediation.

PARENTING PROGRAMS. 254 contacts were made through parenting programs and individual consults via email, phone or in person.

FOOD PRESERVATION WORKSHOPS. 13 residents gained basic to advanced skills of home food preservation through canning and dehydration workshops. Follow up surveys show that participants preserved 517 quarts and 987 pints of produce, valued at $5,546.

FOOD POWER. 350 Students attended the Food Power interactive display events at Leesville and Montrose Schools.

NUTRITION EDUCATION. 1,151 youth and adults learned about healthy eating and fitness, and food safety. Programs were presented in Calhoun, Clinton, Leesville, Shawnee R-3, Montrose and Windsor, libraries and child care centers. Student changes reported by teachers included:

- 91% more aware of nutrition
- 62% make healthier meal and/or snack choices
- 46% eat breakfast more often
- 73% more willing to try new foods

STAY STRONG, STAY HEALTHY. 52 residents improved their health and quality of life by improving strength, balance and flexibility in this ten-week strength training program for middle-aged and older adults.

- 97% feel their health is better because of the program
- 94% feel physically stronger
- 86% feel that they have more energy
- 58% agree that their joints are less painful
- 87% feel more flexible

Sixty-three percent of the participants showed improvement in one to four physical assessment measures, while 35% improved in five to six measures.

NUTRITION AND HEALTH CONSULTS. 117 requests for nutrition, health, food safety, food preservation information were answered through email, phone and personal contacts.
Henry County Extension Council is embarking on a fundraising campaign to “Invest in the Future” of Henry County 4-H.

With fewer federal and state funds, our 4-H program must raise dollars for support.

Though in the beginning stages, a steering committee is being formed to lead a three-year campaign.

Interested in helping?
Contact Lisa Wallace, County Program Director at wallacel@missouri.edu or 660.885.5556.
2009 HENRY COUNTY EXTENSION COUNCIL
The Extension Council serves as an advocate for University of Missouri Extension in Henry County. Elected and appointed members provide assistance in setting and accomplishing extension education program goals and objectives, developing the annual operating budget and determining local educational priorities.

Council Officers
Forest Church, Chairman
Don McCune, Vice Chairman
Suzanne Bush, Secretary
Stacy Egbert, Treasurer

Council Members
Greg Bauer, City appointed
Fred Boehler
Deborah Day
Daniel Doll, County Commission
Dale Eckhoff
Donna Engeman
Tim Komer
Jim Licher
Marilyn Nold
Annette Swaters
Megan Swaters
Matt Terry

HENRY COUNTY FACULTY AND STAFF

AGRICULTURE/ NATURAL RESOURCES
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COMMUNITY DEVELOPMENT
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Ryan Wescoat, Small Business Specialist

FAMILIES & COMMUNITIES
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SUPPORT STAFF
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