Webster County MU Extension

Course Catalog

A guide to University of Missouri Extension specialists and the programs they can offer in Webster County and surrounding counties

Webster County Extension Center
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Marshfield, MO 65706
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Email: websterco@missouri.edu
Web: extension.missouri.edu/webster

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Dear Reader:

Thank you for requesting or downloading this course catalog. This catalog contains educational programs that our specialists can easily present to groups in Webster County or to others that arrange for the program. Our scheduled programs appear on our website calendar at http://extension.missouri.edu/webster. Both programs listed there and in this catalog are official University of Missouri Extension programs.

MU Extension specialists featured on these pages cover multiple counties and can do educational programming in your community, at your business, to members of your organization, or as part of an event. The necessary contact information is provided so you can contact an instructor and make arrangements for hands-on, research-based programming that will meet your individual, group or community needs.

In Webster County, county appropriations are too limited to provide most of these programs for free, so access to most of them is on a “pay-their-own way” basis. This means user fees, sponsorships, grants or donations will be necessary to bring them into the county. If you would like to see this programming held in Webster County, I encourage you to contact me, so we can work out the funding arrangements to make them happen.

Sincerely,

Bob Schultheis
County Program Director, Webster County Extension
Natural Resource Engineering Specialist, University of Missouri Extension
Natural Resource Engineering Programs Available for Webster County

Programs are 0.5 to 1.5 hours in length and are suitable for farmers, homeowners, schools, community groups, youth groups, or others with an interest in natural resources, wellness and safety. MU Extension provides the curriculum. You supply the location, marketing help, and funds for the instructor’s teaching time, travel expense and handout resources. Programs should be scheduled well in advance for speaker availability. See extension.missouri.edu/webster/presentations.aspx for examples of past programs. Topic areas and subject matter include:

Engineering, Environmental Quality & Natural Resources
• Agriculture to Suburban Hot Spots (covers environmental risks of converting agricultural land to rural residential)
• Farm Shop Planning
• Farmstead Planning for Efficiency
• Groundwater Flow and Enviroscape® models (demonstrates groundwater movement in the Ozarks and how surface activities affect water contamination)
• Karst Topography: Springs, Cave and Sinkholes (covers geology, underground water movement and ways to protect groundwater from pollution)
• Pesticide Disposal Options
• Pond Construction & Aquatic Plant Management (sizing, building, sealing and managing ponds)
• Septic System Operation & Maintenance
• Water and Your Health (covers diseases associated with poor-quality water)
• Water Quality and Your Well (how to test and prevent drinking water contamination)

Livestock and Forage Production Systems
• Chicken Housing for the Backyard
• Design Concepts for Cattle Handling Facilities
• Forage Sampling (how-to and interpreting test results)
• Hay Harvest, Storage & Feeding Management
• Improving Hay Feeding Efficiency
• Livestock Fencing & Watering Systems
• Silage Storage Options and Considerations
• Sizing Beef Cattle Watering Systems
• Soil Sampling (how-to and interpreting test results)
• Tractor Selection and Sizing
• Unmanned Aerial Systems (Drones) for Agriculture

Horticulture & Crop Management
• Basic Gardening and Food Preservation (for low-income residents)
• Building & Operating Your Own Composter
• Drip Irrigation (for fruits and vegetables)
• Drip Irrigation System Design and Maintenance
• Evaluating a Site for Vegetable/Fruit Production
• Hobby Greenhouses
• Landscape Design for Energy Efficiency
• Pesticide Application Equipment Calibration
• Sprayers and Drills for No-Till Forage Establishment
• Tree Care from Ice Damage
• Water Management Around the Home

Energy Management & Indoor Air Quality
• Alternative Fuels for Energy Production
• Energy Efficiency & Fuel Conservation for Home & Farm
• Greenhouse Energy Conservation
• Indoor Air Quality and Home Pesticide Safety
• Mold Control & Indoor Air Quality
• No-Cost / Low-Cost Energy Conservation (for farm and home)
• Solar Energy Options for Home and Farm

Health & Wellness
• Indoor Air Quality and Asthma: Tips to Reduce Asthma “Triggers” in the Home
• Introduction to the AgrAbility Program
• Radon, Carbon Monoxide, Dust Mites & Termite Management

Safety & Disaster Preparedness
• All-Terrain-Vehicle Safety
• Chain Saw Safety and Tree Pruning
• Disaster Preparedness (for farm and home)
• Drinking Water Safety
• Earthquake Preparedness
• Farm Animal Safety
• Home Heating Safety
• Lawn Mower Safety
• Pest Control Application Safety
• Tool Care (how to care for hand and power tools)
• Tractor & Farm Equipment Safety

Programs are taught by Bob Schultheis, natural resource engineering specialist. Contact him at 417-859-2044 or by email at schultheisr@missouri.edu to schedule. Customized programs tailored to meet the needs of a specific group are also available with sufficient notice. Individual consultation by phone, email or office visit is available at no cost.

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Agronomy Programs
Available for Webster County

Soil Fertility
- How to Take and Read a Soil Report
- Pasture Fertility - What to Fertilize With and When
- Fertilizing on a Budget

Pasture Management
- How plants grow
- How plants respond to grazing/mowing (Rest and Regrowth)
- Forage Quality
- Missouri Forage Species
- Maintaining Pasture Records/ How to use the Grazing Wedge
- Producing Quality Hay
- Drought Management
- Winter Pasture Management
- Renovating Pastures – Keys to Successful Forage Establishment
- Tall Fescue Seed Production
- Managing Toxic, Endophyte-Infected Tall Fescue
- Managing Non-Toxic Endophyte-Infected (Novel) Tall Fescue
- Alternative Forages

Weed Control
- Identification and Control of Common Pasture Weeds
- Poisonous Weeds
- Calibrating a Sprayer

Private Pesticide Applicator Training
- Rather than viewing the training video, I present the information from PowerPoint.
- Some counties like to have a short weed control presentation after the required training.

Individual Consultation by Appointment

Monthly Newsletter
- Ted Probert, dairy specialist; Bob Schultheis, natural resource engineering specialist; and I produce a monthly newsletter addressing current topics, which is distributed to each county. The newsletter can be distributed within the county, or topics of particular interest can be sent to local new papers.

3/2016

Programs are taught by Sarah Kenyon, agronomy specialist, based in Howell County. Contact her at 417-256-2391 or by email at kenyons@missouri.edu to schedule.
Horticulture Programs and Workshops Available for Webster County

Current issues – Workshops/presentations developed in response to issues of immediate importance to the SW Region. Cost varies with the desired program:

- GAPS and food safety issues for commercial fruit and vegetable growers
- Emerald ash borer, thousand cankers disease, spotted wing drosophila and brown marmorated stink bug – new and troublesome horticultural pests
- Invasive pests – prepare for the future

Commercial horticulture -- These workshops are available to foster local commercial production of vegetable and fruit crops. Individual topics are available, or several topics can be combined into comprehensive, multi-topic workshops. Cost varies with the desired program. The workshops are focused on issues of interest to prospective or established commercial growers. Current topics include:

- Getting started in commercial produce production (site selection, general culture, irrigation planning)
- Commercial fruit production (apple, peach, blueberry, bramble, strawberry, grape, elderberry, pawpaw, persimmon)
- Commercial vegetable production (tomato, sweet corn, pepper, cucurbits, herbs)
- High tunnel crop production
- Marketing 1-2-3 for local growers
- Pest management for commercial fruit and vegetable production
- Organic production practices for fruits and vegetables

Green industry -- Presentations to meet the needs of those involved in commercial grounds maintenance. Cost varies with the program.

- Integrated pest management for the professional
- Introduction to turf

- Sustainable golf course management

Home horticulture -- These workshops are on a variety of topics of interest to home gardeners. Typically 1 hour in length, the programs are suitable for community groups, garden clubs, youth groups, or others with an interest in gardening. Cost varies with the program, and programs should be scheduled well in advance for speaker availability. Current topics include:

- Community gardens
- Home berry production
- Home tree fruit production
- Home vegetable production
- Home lawn care
- Raised bed gardening
- Edible landscaping
- Annuals and perennials for the home garden
- Bulbs in the home landscape
- Soil amendments and mulching
- Plant propagation
- Seed saving
- Basics of pruning
- Pruning fruit plants
- Apple grafting
- Plant care in the home landscape – spring, summer, fall, winter
- Principles of organic gardening
- Sustainable landscape design and management
- Home poultry and beekeeping

Individual consultation with the regional horticulture specialist is available by appointment for commercial horticulture clients only. There is no cost for individual consultation.

Worksheets are taught by Patrick Byers, regional horticulture specialist, with assistance from Kelly McGowan, horticulture educator.
Phone 417-881-8909 or email ByersPL@missouri.edu to schedule a workshop. Extension supplies the instructor and curriculum; you supply the location, marketing assistance and travel funds. Customized programs are also available with sufficient notice – tailor a program to meet the needs of interested groups in your community.
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Beef Cattle Programs
Available For Webster County

- Show-Me-Select Beef Heifer Development and Marketing
- Missouri Steer Feedout – historical data and benefits to producers
- Quality Beef By the Numbers
- Fescue toxicosis – management to minimize problems when grazing fescue
- On-farm beef cow-calf evaluation for both seedstock and commercial producers
- Understanding beef grades
- Understanding feeder cattle grades
- Bull Breeding Soundness Clinic Review
- Forage toxicity – poisonous weeds, nitrates and prussic acid
- Beef Cattle Nutrition
- Beef Crossbreeding Plans
- Understanding and using expected progeny difference (EPD’s)
- Marketing Feeder Cattle – What Sells Best?
- Adding Value to Feeder Cattle
- Animal Identification Within The Herd
- Reducing Theft risk – includes branding
- Beef Cattle Management Tips
- Understanding A Forage Analysis
- Mineral Supplementation For Beef
- Matching Your Forage and Beef Cattle

Most of the programs are designed to be presented in a one hour or less time frame. Individual contacts and costs can be arranged.

3/2016

These programs are presented by:
Andy McCorkill, regional livestock specialist
Buffalo, MO.
Contact at 417-345-7551 or by email at mccorkilla@missouri.edu to schedule.

The University of Missouri Extension
Dairy Programs
Available For Webster County

- Forage Quality and Pasture Nutrition
- Optimizing Grazing Management
- Pasture-Based Dairy Genetics
- Forages for Southern Missouri Pastures
- Corn Silage Harvest and Storage
- Fencing for Managed Grazing Systems
- Water Systems for Managed Grazing
- Forage Quality and Hay Feeding for Cattle
- Forage Analysis and Use of Forage Test Results
- Developing a Forage System for Pasture-Based Dairies
- Bovine Reproductive Anatomy and Physiology
- Energy Conservation on Dairy Farms
- Getting Started with Artificial Insemination
- Understanding USDA Dairy Sire Summaries
- Using Expected Progeny Differences in Beef Cattle
- Crossbreeding Dairy Cattle
- By-Product Feeds in Cattle Rations
- Renovating Fungus Infected Fescue Pastures
- Making Round Bale Silage
- Measuring, Monitoring and Managing Pastures in Managed Grazing Systems
- Considerations when Using International Dairy Cattle Genetics
- Timed AI Protocols for Dairy and Beef Cows and Heifers

3/2016

These programs are presented by:
Ted Probert, Regional Dairy Specialist
9740 Red Spring Road
Mountain Grove, MO 65711
Office: 417-547-7545
Mobile: 417-718-1818
Email probertt@missouri.edu
Agriculture Business Programs
Available for Webster County

Annie’s Project
A six-session short course designed to meet the educational and social needs of farm women. Instructional modules address production, financial management, marketing, legal issues and human resources issues. This is a for-fee event.

Ag Risk Management Short Course
A short course designed to provide participants with basic tools to manage legal, financial, and marketing risk issues in their operation. It may be offered as individual sessions (up to 3 hours each): Business Organization, Human Resources, Liability, Leases & Contracts, Farm Business Records and Accounting, Understanding Financial Statements, Analyzing Investment Opportunities and Working with Your Creditors, Basic Futures and Options Markets, Using Outlook Information. This is a for-fee event.

Legal Concerns for Rural Landowners
Individual seminars or series addressing common legal issues faced by rural landowners: leases, fencing, regulations.

Business Planning for Agriculture
A seminar on the basics of developing a business plan for agricultural operations.

Enterprise Budgeting
A seminar on developing budgets and their use as a financial management tool.

Grazing Economics
A presentation on the economics of management intensive grazing. Prepared originally for Regional Grazing Schools but very appropriate outside of the schools.

Economics of Hay
A presentation on the economics of producing or purchasing hay.

Growing for Market
A presentation on the economic and management issues when considering growing horticultural crops for market.

Agricultural Land Values and Rental Rates
A presentation on agriculture land values and rental rates in Missouri.

Controlling Input Costs
A presentation on what producers can do to help them control ever-increasing costs of production.

Understanding Farm Financial Statements
A presentation on financial statements basics and using them to better manage the farm operation.

Farm Records and Accounting
A presentation on record keeping basics and record keeping systems available.

Developing a Farm Lease
A presentation on farm lease basics.

Hay Storage Economics
A presentation on how to figure what is affordable for hay storage options.

These workshops are taught by Jim Spencer, Agriculture Business Specialist.
Phone: (417) 581-3558
e-mail: spencerjr@missouri.edu

Extension provides the instructor and curriculum; you supply the location, marketing assistance and travel funds. Customized training is available.
4-H Youth Development Programs Available for Webster County

4-H - 4-H is the youth volunteer education program of University of Missouri Extension, University of Missouri and Lincoln University. It is a family-community effort, supplementing and complementing the mission of the home, church, and school for the development of youth. 4-H is an informal education program that is community-based and locally determined. It is primarily group focused and family oriented, and while operated by volunteers it is coordinated by University of Missouri Extension faculty.

Show-Me Quality Assurance – Designed for 4-H and FFA youth, The Show Me Quality Assurance (SMQA) Program emphasizes good management practices in the handling and use of animal health products, and encourages producers to review their approach to their herds’ health programs. By completing this two hour program, producers demonstrate their commitment to animal production. The entire industry benefits from widespread producer commitment to the program. The program, if put into practice by the majority of U.S. producers, will help the industry protect or even expand its market. This will be accomplished by reducing the risk of incidents that could destroy consumer confidence.

Show-Me Character - is a framework that teaches young people to make sound moral judgments. It also encourages all adults to become more involved in helping youth develop positive character traits. Our communities benefit when youths and adults understand the importance of being involved and caring citizens and “doing the right thing” by incorporating the Six Pillars of Character in their daily lives. For over 100 years, 4-H has encouraged young people to show good character in all they do – to be respectful, to be responsible, to follow the rules – and they have done just that. Character education is a top priority in all 4-H programming. Based on the CHARACTER COUNTS® Coalition Six Pillars of Character Missouri’s 4-H families are encouraged to “Show Me Character,” not only while involved in 4-H programs, but as an essential part of daily life.

Character Critters - Character education has been identified as a key need for our citizens in America. Many believe that providing character education for all our children at home, in school and in our communities can help our nation. In keeping with this growing recognition that character education is critically needed for our young children and youth, Character Critters was developed by the LSU AgCenter for preschool and kindergarten children. Twelve sessions is included in this comprehensive character education program.

Hatching Chicks in the Classroom -

This course is designed to provide elementary students with knowledge on the chicken’s egg, its importance to man, and its role in reproduction of the species through classroom incubation and embryonic development projects. Cost is $15 per dozen eggs requested. Suggestions on how to use classroom incubation and embryonic development projects to enhance programs in science, language arts, mathematics, social studies, and art will be offered to classroom teachers.

Youth Dairy Programs – Programs offered annually in this area are Missouri Dairy Cow Camp, Missouri Dairy Judging Camp, State 4-H Dairy Judging Contest and work with the State 4-H Dairy Judging Team. Camp fees are $80 for each camp. Youth learn many life skills in these camps, as well as sharpen their skills in fitting, showing, judging, and caring for dairy animals.

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Step Up to Leadership - developed by University of Missouri Extension in cooperation with the Missouri Association for Community Action, Inc. Step Up to Leadership intertwines two learning goals:

- To present content learning about specific topics a novice board member will need to know
- To provide a learning environment where participants can develop self-awareness and enhance their understanding about human nature and relationships.

Sessions include learning about self, teamwork, diversity, board membership requirements, parliamentary procedure, dealing with conflict, public speaking, fund-raising and becoming involved in the community.

Building Strong Families - this program helps families find their strengths, build on those strengths, and learn skills to create stronger families, improve relationships, and increase communication. The program covers 13 topics and uses hands-on activities to involve participants. Topics include: Family Strengths, Communicating, managing stress, child self-care, food and fitness, kids and self-esteem, balancing responsibilities, working, positive discipline, money matters, setting goals consumer beware and healthy home.

True Colors - True Colors is a model of personality identification that is easy to understand, remember and apply. With the colors of Blue, Gold, Green and Orange - True Colors distills the elaborate concepts of personality theory into a user-friendly, practical tool used to foster healthy productive relationships. Workshops can be conducted in as little as one hour to multi-session learning opportunities, for youth and adults.

Whole-Brain Thinking Workshops - This program utilizes the Herrmann Brain Dominance Instrument, a quick, easy-to-take survey that registers and interprets thinking preferences. For some, taking the HBDI suddenly identifies a lifetime pattern of personal and professional choices. For others, it sends signals as to which area of interpersonal growth cries out for development. And yet others find that HBDI results lend insight to the inner workings of past and current relationships with family members and friends. Workshops can be tailored to the needs of the individual or group.

Workshops are taught by Janice Emery, 4-H Youth Development Specialist, who may be reached at 417-967-4545 or by email at emeryjd@missouri.edu.

Some workshops are team taught and are multiple sessions. Customized training is available to meet your needs. Other programs are available upon request.

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Human Development Programs Available for Webster County

Stay Strong, Stay Healthy  
Cost - $25/person  
Missouri’s Stay Strong, Stay Healthy (SSH) program is designed to increase aging adults’ access to a safe, structured, and effective strength training program. Over the 10 weeks, participants learn exercises to improve their strength, flexibility and balance. At each session, a prescribed set of 8 upper and lower body strengthening exercises are done along with warm-up and cool-down stretches. Participants are made to feel comfortable regardless of their current fitness level so they can safely participate and gradually build the strength beneficial to health.

Building Strong Families  
Cost - $10/person  
University of Missouri Extension’s Building Strong Families Program for child care providers. Helps individuals find their strengths, build on those strengths, and learn skills to improve relationships and increase communication.

Building Better Child Care  
Cost - $15/person/session  
Missouri’s "Build Better Child Care" program improves child care quality via research-based educational workshops that focus on developmentally – appropriate strategies for getting along with children and arranging learning environments.

Tackling the Tough Skills  
Cost - $20/person  
Tackling the Tough Skills is a program on building life skills. The curriculum includes sections on attitude, responsibility, communication, decision making and problem solving and preparing for the workplace.

Basic Parenting  
Cost - $10/person  
The goal of Basic Parenting is to nurture in parents the capacity to engage in mindful parenting and decision making in six areas: care for self, understand, nurture, guide, motivate, and advocate. Our goal is to create a program that is responsive to the neediest audience while simultaneously providing value to any parent regardless of educational level or degree of child rearing difficulty. Basic Parenting is simple because it deals with fundamentals. Simplicity can have a powerful elegance that makes a lifetime impression.

A Matter of Balance  
Cost - $25/person  
A Matter of Balance is a holist program focused on preventing falls among adults and seniors. Missouri’s population is aging. Citizens have identified aging and living independently as priorities for educational programming. The University of Missouri Health Sciences and research states that falls are the most common reason for adult emergency room visits. If falls can be prevented, adults can save thousands of dollars in healthcare expenses.

These workshops are taught by Renette Wardlow, Human Development Specialist  
Phone: 417-581-3558  
Email: wardlowr@missouri.edu

MU Extension provides the instructor and curriculum; you supply the location, marketing assistance and travel funds. Customized training is available.

See more human development programs on the next page.

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Personal/Professional/Workforce Development and Interpersonal Relations
- Communication and Conflict Resolution- including
- Anger Management
- Goal Setting & Decision Making
- How to Deal with Difficult Types of People
- How to Overcome Workplace Negativity
- Job-Seeking Skills: beginner & advanced
- Managing Change—Who Moved my Cheese?
- Stress Management & Managing Stress at Work
- Time Management
- Working with different Generations
- Grant Writing
- How to Present an Effective Presentation
- Issues in Self Confidence & Self Fulfillment
- Managing Emotions under Pressure

Citizen Engagement and Diversity
- Best Practices for Community Development
- Community Change
- Focus Group Training
- Building Diversified Community Coalitions
- Poverty & Economic Class in Missouri

Leadership Development
- Community Visioning Process Strategic Planning
- Leadership: Community Context, Temperament and Teamwork
- Spectrum Leadership Development

Healthy Families—Children, Parenting/Families, Teens and Aging

1. Childcare provider Programs for Young Children
- Active Kids and Sensory Play
- Activities for Learning Math
- Art Appreciation for Young Children
- Attention Deficit Hyperactivity Disorder
- Backyard Science
- Children’s Learning Differences
- Dealing with Children’s Anger and Yours
- Eating Times—Food is more than Eating
- Fighting Obesity through Active Play
- Active Times-Quiet Times: Making Transitions Easier
- Ages & Stages
- Art & Science of Playing with Young Children
- Avoiding Problem Behaviors: Teach Self-Control
- Biting and Sharing
- Building Relationships with Children & Youth Who Challenge Us
- Childcare for Mixed Ages
- Creating Special Moments with Infants & Toddlers
- Dramatic Play
- Every Child Counts: Building Community
- Getting Parents Involved
- How to Get Parents on Your Team
- How to Work with Active Children
- Improving Child Care Spaces
- Improving Transition Times
- Keeping Children Health & Safe
- Learning Disabled Child & the Challenged Learner
- Learning Disabilities: Social Skill
- Math for Every Age
- Obese Kids: They are what they eat
- Personnel Issues & Hiring New Childcare Staff
- Problem Solving with Children
- Sparking Kid’s Curiosity
- Toddlers: Terrible or Terrific
- Using computers in Childcare
- What Children need to Know to Start School
- When is Behavior Ok? –Preventing Problem Behaviors
- I am Moving I am Learning
- Improving Skills in Observing Children
- I Want, I Want, I Want...Building Good Consumers
- Keeping Kids Safe on the Playground
- Learning Disabilities: Discipline
- Making Secure Attachments
- Parents: Friends or Foes?
- Pets in Childcare
- Science for Young Thinkers
- Separation & Loss
- Teaching Respect in Early childhood Education
- Ups & Downs of Outdoor Play
- Using Puppets
- What does Time mean to children?

2. Parenting/Family/Marriage Programs
- Anger Management RETHINK model
- Building Self Esteem in Children
- Connecting for Baby
- Positive Discipline: Getting Children to Mind without losing your own
- Positive Parenting
- Building Positive Marriages
- Conflict management for the Family: Children, Teens & Adults
- Families & Divorce
- Grandparents & Relatives...Parenting Again
- Surviving Holiday Stress

3. Teen Programs
- Reduce the Risk of Pregnancy/STDs/Drugs
- Character Counts

4. Senior or Aging Programs: Healthy Living Programs
- Exercising & Enhancing Your Memory
- Loss & Aging
- Death & Dying Issues
- Intimacy & Sexuality for Older Adults
- Matter of Balance
- Surviving Depression

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Nutrition and Health Education Programs
Available for Webster County

Chronic Disease Self Management
(grant-funded; call for availability)

The Chronic Disease Self-Management Program (CDSMP) is a community-based program which assists participants in maintaining quality of life when faced with chronic medical conditions. The CDSMP is provided in two and a half hour sessions, once a week for six weeks, in community settings (e.g., senior centers, churches, libraries). People with different chronic health problems attend together. Workshops are facilitated by two trained leaders, one or both of whom deal with chronic diseases themselves. Subjects covered include: 1) techniques to deal with problems such as frustration, fatigue, pain and isolation, 2) appropriate exercise for maintaining and improving strength, flexibility, and endurance, 3) appropriate use of medications, 4) communicating effectively with family, friends, and health professionals, 5) nutrition, and, 6) how to evaluate new treatments. Classes are highly participative, where mutual support and success build the participants’ confidence in their ability to manage their health and maintain active and fulfilling lives.

Food Preservation

The food preservation program will answer consumer questions and teach safe food preservation techniques. Opportunities for food preservation programming happen sporadically throughout the state. Extension will deliver food preservation lessons based on safe food handling research.

Instruction is provided by Pam Duitsman
Nutrition and Health Specialist
Phone: 417-881-8909
Email: duitsmanp@missouri.edu

MU Extension provides the instructor and curriculum; you supply the location, marketing assistance and travel funds. Customized training is available.
Family Financial Education Programs Available for Webster County

Making Money Count
Cost: varies, $5 per session per household - $35 multi-session per household
Programs/sessions can be combined to fit specific programming needs. Sessions include:
• Making Decisions and Communicating About Money
• Creating a Spending Plan (Budgeting)
• Credit Issues
• Consumer Skills and Contracts
• Record Keeping and Taxes
• Banking Services
• Insurance
• Saving and Investing

Prepare to Care
Cost: $10 per household
2 hour workshop
A program designed for employers and family members to create a caregiving plan for aging parents or family members. The program addresses a five step process and care giving information resources.

Health Insurance Education and the Affordable Care Act
Cost: $0
1-3 hour seminars available
This workshop is part of MU Extension’s Health Insurance Education Initiative. It includes the basics of the Affordable Care Act, Missourians rights and responsibilities under the ACA, how the health insurance marketplace works and changes to Medicare.

ID Theft - Protecting Your Privacy
Cost: $0
1-2 hour seminars available
This seminar focuses on what you can do to protect your financial, medical and telecommunications privacy including what you should know to protect yourself from financial fraud and identify theft.

When Creditors are Predators
Cost: $10 per household
2 hour workshop
Participants learn to understand predatory lending, how to protect against predatory lenders and how to find alternative lending sources.

Workshops are taught by Nellie Lamers, Family Financial Education Specialist, 122 Felkins Ave., Forsyth, MO, 65653
Phone: 417-546-4431
Email: lamersm@missouri.edu

Programs/workshops can be customized to meet your community’s needs.

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Housing and Environmental Design Education Programs
Available for Webster County

HOME - Home Ownership Made Easier
http://extension.missouri.edu/edninfo/home/index.htm
Target Audiences:
Habitat for Humanity
USDA home lending applicants (former FHA loans)
Referrals from Missouri Housing Partnership (MHP)
1st time or re-entering homebuyers

HomeWorks
http://extension.missouri.edu/edninfo/homeworks/index.htm
Target Audiences:
Habitat for Humanity - Continuing Education
1st time or re-entering homebuyers
Homeowners interested in Healthy Homes & Energy Efficiency
Potential realtor continuing education

Healthy Indoor Air for America’s Homes
http://extension.missouri.edu/edninfo/airquality/index.htm
Target Audiences:
Habitat for Humanity - Continuing Education
Persons interested in Healthy Homes

COMMUNITY
Revitalization and Sustainability
http://extension.missouri.edu/edninfo/crs/index.htm
Target Audiences:
Communities in need of Vision-to-Action
Support for Community Entrepreneurship & Economic Development

Affordable Housing Through Community Partnership
http://extension.missouri.edu/edninfo/affordablehousing/index
Target Audiences:
Communities in need of integrated solutions
CBDO’s (Community Based Development Organizations)
Neighborhood Associations

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Presentations are available on the following topics:

**Community Visioning, Sustainability & Smart Growth**

**Energy Efficiency & Renewable Energy**

**LEED & Performance based buildings**

**Building Technology**
- Why buildings leak, affect our health and sometimes fall down
- Conventional, Emerging, Natural & Indigenous
- ICF’s (Insulated Concrete Form) Design & Construction

**PACE - Property Assessed Clean Energy** (Energy Financing Districts)
Found out how the Missouri PACE Act of 2010 can help you and your community
See >> [www.mced.mo.gov](http://www.mced.mo.gov) and [http://www.youtube.com/watch?v=qqg9wYkJNAM](http://www.youtube.com/watch?v=qqg9wYkJNAM)

**Low Cost, No Cost Energy Savers**
Learn ways to save $20-50 per month on your utilities on a low budget
See >> [http://missourifamilies.org/housing/energy/index.htm](http://missourifamilies.org/housing/energy/index.htm)

**Taking Shelter from the Storm:**
- Building a Safe Room for Your Home or Small Business
- Disaster Resistant Building Design & Construction
- Disaster Readiness & Preparation

**Universal Design** >> Environments for Aging-in-Place

**CoHousing** >> Multi-Generational - Senior - Eco Villages

Workshops and presentations are taught by:
Jeff Barber, Housing & Environmental Design Specialist, architect LEED AP, Springfield, MO
Phone: 417-343-5682
Email: barberj@missouri.edu

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Civic Communication Programs Available for Webster County

Business Writing
Today’s fast-paced, technology-rich business environment requires excellent writing skills. Whether it is emails, reports, memos, or letters to customers, poorly written communication can lead to confusion, conflict, and re-work. Workshop highlights:
- Learn how to appeal to the needs and motivations of your audience.
- Review the building blocks of improved grammar and sentence structure.
- Learn how to keep it simple, concise, and specific.
- Identify common errors and learn how to correct them.
- Punctuate messages correctly.
- Review tips to edit and revise your writing.
This workshop is designed to help you become a more precise, skilled business writer.
9 a.m. to 4 p.m.
Booklet included
Cost $195 per person
Host at corporate site for $2000

Newswriting for the Non-Journalist, Community Leaders and Volunteers
Do you want to step-up your chances of getting good media coverage for your organization or events? Of course you do. We’ve all had experiences of seeing good releases go down the tubes and we wonder why. This booklet is meant to help you, as a layperson, to maximize your chances of getting material picked up by the media. In this workshop you will learn a few things about the main elements that comprise good and effective news releases and media relations.
Purchase book on Amazon.com or at https://www.createspace.com/4372261
4 hour workshop
50-page workbook included
Cost $50 per person or host for $500

Simple Social Media & Marketing
Three seminars in one program designed to give your employees or volunteers a working knowledge of these topics. This program includes:
WORD OF MOUTH MARKETING: An over-view of this marketing concept and ideas on how to put this powerful tool to work for you!
SOCIAL MEDIA BASICS: Learn the basics of social media and how to put this powerful tool to use for you and your business or organization.
SOCIAL MEDIA FOR DISASTER RESPONSE:
Presentation is based on Greene County Extension publication of the same name. Learn best practices based of experience learned in Joplin (2011) and Branson (2012). Purchase the book on Amazon.com.
3 hour workshop
Includes book
Cost $30 per person or host for $500

Creative Writing Retreat/Seminar
This retreat is for anyone who wants to be more creative whether you like journal writing, poetry, fiction, non-fiction or news writing. No prior writing experience is needed.
4 hour workshop
40 page booklet included
Cost $50 per person or host for $500

Workshops are taught by David Burton,
Civic Communication Specialist, Springfield, MO
Phone: 417-881-8909
Email: burton@missouri.edu

Contact him to schedule a workshop. MU Extension provides the instructor and curriculum; you supply the location, marketing assistance and travel funds. Customized training is available.

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Creating an Oral History
Learn how to organize and record a professional oral history for family members or individuals with a shared experience. Materials on oral histories and the MU Extension publication, “A History of Me” are provided. An informational booklet from Greene County Extension is also available for purchase on http://www.distribly.com.
4 hour workshop
Cost $75 per person or host for $750

Learning from One-Room Schools in the Ozarks/Missouri
Join David Burton, author of "A History of Rural Schools in Greene County, Mo." and “Driving Tour of One-Room Schools in the Ozarks” as he uses a photo presentation of one-room schools to detail the qualities that helped historic one-room schools fulfill their mission despite a lack of amenities and the lessons we can learn from them today. Books can be purchased on Amazon.com
1 hour session available for $50
Half-day workshop (with interviews)
Cost to host is $400

Record/Transcribe Oral History of Former One-Room School Students and Teachers
This can make a fantastic family gift. Schedule an appointment with Greene County Extension and we will conduct and record a researched and professional hour-long interview of any former one-room school student or teacher. Receive a CD of the interview. A copy will also be filed with the Missouri State Historical Society. These are conducted as scheduled appointments only for $250.
1 hour interview
Cost $250 by appointment
As a full-day event & workshop
Cost is $2000 for up to 6 interviews

Finding Your Civic Voice
This civic engagement effort uses materials that deal with timely topics to generate excitement and discussion among participants with the ultimate goal being to find common ground for addressing a challenge or issue. Available topics include:
• A Nation in Debt: Can We Pay Our Bills?
• Reclaiming the Public’s Role in Democracy

• How to Restore Public Trust in News Media
3 hour workshop
Discussion booklet included
Cost $75 per person or host for $750

Understanding Media Ethics / When the Media Call
Designed to give employees or volunteers an understanding of media ethics. The end result is improved relations and partnerships with the media in your area. The program includes:
YOU ARE THE EDITOR: Examine the media ethics with examples from the Ozarks.
JOURNALISM IN MAYBERRY: Learn what makes community journalism effective with discussion of "Opie's Newspaper."
WORKING WITH THE MEDIA: Learn to approach media relations in a strategic fashion and set media relations goals.
WHEN THE MEDIA CALL: When the call comes, remember you aren't just having a conversation with the reporter. Think beyond the reporter to the people who need this information.
4 hour workshop
Handouts included
Cost $50 per person or host for $750

Expert Source Program
MU Extension clients, council members and program attendees can participate in the Expert Source Program. We are looking for individuals who have learned skills with MU Extension and are now willing to share that knowledge, and their experience with MU Extension, with the world.
http://extension.missouri.edu/greene/ESP.aspx

Program Facilitator, Moderator
Can serve as an unbiased meeting facilitator or moderator. Available upon request.
Cost is $55 per hour

Southwest Region News Service
Subscribe to our weekly regional MU Extension news service. Learn more online at http://extension.missouri.edu/greene/news.aspx
Service provides free reprintable content.
Educational video about Southwest Region News Service at http://youtu.be/65KwZvcrlt

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Community Development Programs
Available for Webster County

Community Development empowers communities and their citizens to build capacity, learning and engagement with a focus on the quality of community life and building a stronger community. University of Missouri Extension can help through:

**PLANNING AND FACILITATION (these are usually multi-session)**
- **Strategic Planning**
  This facilitation technique helps communities and/or organizations through brainstorming, action planning, and moving through next steps
- **Meeting facilitation** (Community Health Needs Assessments, MAPP processes, community economic development and other types of community or organizational meetings)
- **Leadership development**
  EXCEL leadership program
- **Board development**
- **Vision to action**
  Is your community working with Jeff Barber and the Drury students? Let me join the process to help the community move to turn the vision into reality
- **Economic Development support**

**AVAILABLE ONE-SESSION PROGRAMS**
- **Successful Social Media for your Organization**
- **Understanding Financial Statements**
- **Basics of Writing a Business Plan**
- **Affordable Care Act for Businesses**

Workshops are taught by Michele Kroll, Community Development Specialist, Camdenton, MO
Phone: 417-682-3579
Email: KrollM@missouri.edu

Programs/workshops can be customized to meet your community’s needs.

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REGULARLY SCHEDULED MEETINGS

4-H Leaders Council

Leaders of the Webster County 4-H Clubs meet to plan various 4-H activities and events. **Meetings are the first Thursday of each month at 7 p.m.** All meetings are held at the Webster County Extension Center, 800 S. Marshall St., Marshfield MO. Facilitator: Jeannie Moreno, youth program assistant, phone 417-859-2044 or email morenoja@missouri.edu

County Extension Council

The Webster County Extension Council works with local specialists to provide the county educational programs, manage finances of local MU Extension operations, provide personnel to carry out extension activities locally and organize the annual public election of council members. **Meetings are the fourth Thursday of each month from 12:00 to 1:30 p.m.** All meetings are held at the Webster County Extension Center, 800 S. Marshall St., Marshfield, MO. Facilitator: Bob Schultheis, county program director, phone 417-859-2044 or email schultheisr@missouri.edu

Webster County Master Gardener Association

Meetings are the third Thursday of each month, generally from 7 p.m. to 9 p.m. Most meetings are held at the Webster County Extension Center, 800 S. Marshall St., Marshfield, MO. Facilitator: Donna Eldridge, administrative assistant, phone 417-859-2044 or email websterco@missouri.edu

SERVICES BY APPOINTMENT

Private Pesticide Applicator Training

MU Extension provides private pesticide applicator training for producers wanting to be certified to purchase restricted-use pesticides, as required by the Missouri Department of Agriculture. Individuals must purchase or bring a copy of MU Extension publication M87, Private Pesticide Applicator Reference Manual, to the training. Manuals may be purchased at the extension center for $12. The training is free and is available by appointment during normal business hours. The certification is good for 5 years.

Distance Education Test Proctoring

Proctoring is available by appointment during normal business hours. There is no charge for proctoring for University of Missouri students. Cost for proctoring students with other colleges or universities, or for individuals needing certification associated with their business, is $10 per hour, with a $10 minimum.

Other Testing Services

- Food canner pressure gauge testing = Free
- Soil nutrient testing = $20 per sample
- Water testing for minerals = $15 per sample
- Forage nitrate testing = Free
- Forage nutrient testing = $19.50-$27 (varies by test)
- Manure nutrient analysis - $27 per sample

Meeting Room Rental

Our conference room is available for rent to local not-for-profit community groups. There is no fee for 4-H or Family Community Education (FCE) groups. Other not-for-profit groups will be charged a $25 rental fee per day, or portion thereof, with a maximum 30-day advanced booking. Contact Donna Eldridge at 417-859-2044 or by email at websterco@missouri.edu to reserve the room. Room capacity is 48 persons at tables or 60 persons in conference seating. A projection screen, TV with DVD player, and dry-erase board are provided, and Internet access is available by arrangement.

Last revised: 2016-10-10 RAS