

**Webster
County
4-H**

CLOVER SAYINGS

April 2007

UNIVERSITY OF MISSOURI
U Extension

INSIDE THIS ISSUE:

County/Club In-	2
Clover Kids Cor-	2
Regional Infor	3
Chicken Coop	3
Horse Crazy Kids	3
Nose Prints	3
Demonstrations	3
Canoe Trash Trip	3
State Information	3
Trail Ride	3
Poultry Day	4
Horse enrollment	4
Show Me Charac-	5
Judging Video	5
Safe & Saavv	6
UpComing Events	6

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Dear 4-H Family,

National study reveals benefits of 4-H member- ship

The University of Missouri 4-H Center for Youth Development has joined a national initiative to study positive youth development, according to Ina Linville, Interim Director of the 4-H Center.

"We are partnering with the national 4-H Study of Positive Youth Development this spring with the goal of collecting data from more than 500 Missouri youths," Linville said. "This study will help parents, educators and policy makers identify the factors that contribute to positive growth and development. The data we gather will help us understand today's young people and the ways that our programs can help them thrive."

The 4-H Study of Positive Youth Development is a longitudinal study funded by the National 4-H Council. The study is entering its fifth year and is led by Richard M. Lerner and Jacqueline V. Lerner at Tufts University. The 4,000 adolescent participants are involved in community-based programs through 4-H, Boys and Girls Clubs, YMCA and scouting.

The first three years of the study have found that youths enrolled in 4-H are more engaged in community service and leadership, what the authors call "contribution" than young people in other youth development or afterschool programs.

In the next phase, which will involve Missouri youths, researchers will look closely the gender difference that seems to exist in the association among program participation and youth contribution and positive youth development.

Jeannie Moreno
4-H Youth Development Program Assistant

**NATIONAL VOLUNTEER WEEK IS
APRIL 15-21**

**WE SALUTE ALL OUR MANY 4-H VOL-
UNTEERS FOR**

ALL YOU DO! THANK YOU!!

**JULY 7, IS 4-H DAY WITH SPRINGFIELD
CARDINALS – ORDER FORMS SHOULD
BE READY SOON.**

"University Extension does not discriminate on the basis of race, color, national origin, sex, religion, age, disability or status as a Vietnam era veteran in employment or programs."

COUNTY INFORMATION

WEBSTER COUNTY LEADER'S

COUNCIL

Each club is asked to send two representatives to attend 4-H Council meetings. Our next meeting will be Thursday, April 4th at 7:00 p.m. at the Extension Office.

Freedom Reins Horse Club –Reporter - Caitlin Cook

Heartbeat of the Ozarks - Erin, Phil & Katie Ingalsbe; Jake & Carmen Boring; Lance & Lesley Bryant and Lucas & Mark Bouldin participated in the MO Youth Livestock Judging and Grading workshop and contest in Columbia, MO, on March 10. Erin placed 41 out of 208 in the Youth workshop; Lucas won 2nd place in the keep/cull judging class and placed 56 out of 379. Jake placed 232 and Lance placed 330. Jake and Lance went on the RATT trip to Arkansas and had a great time. **Lance Bryant, Reporter**

Midnight Stars- Bower Family Club - Reporter—Kassie Bowers

Webster County Trailblazers - Five members and 2 advisors were present. We went to Larry Ferguson's farm and judged two class of Quarter Horses in preparation for state judging on March 17th. His horses were beautiful and we appreciate this opportunity. We did not have a regular meeting because of the horse judging. The business meeting will be March 25th at 12:30 pm. Main topic for next meeting will be activity day and working on showmanship with our horses. **Kacie Cardwell, Reporter.**

CLOVER KIDS CORNER

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce 5- to 7-year-olds to the 4-H concept of learning by doing. Field trips help children explore and appreciate their community.

Rock Candy

Supplies:

Directions:

1. Heat water in saucepan over medium-high heat until boiling. A hot plate or microwave also could be used.
2. Stir continuously with a wooden spoon to completely dissolve the sugar in the boiling water. Continue stirring until solution becomes clear and reaches a rolling boil.
3. Remove solution from heat, and carefully pour some into each jar.
4. Cover each jar with a small piece of waxed paper.
5. Tie the weight to one end of the string, and then tie the other end to the middle of the pencil. The string should be about two-thirds as long as the jar is deep. Dip the string into the sugar solution and remove it.
6. Lay it on a piece of waxed paper, straighten it out, and let it dry for a few days.
7. Gently suspend the prepared string in the solution and let sit at room temperature, undisturbed for several days. You can check each day to see how much your crystals have grown. Even though it is tempting, don't touch the jar until the experiment is finished. (It usually takes about seven days.)
8. At the end of the week, the crystals on your string should be clearly defined, with sharp right angles and smooth faces of various sizes. Now your rock candy is ready to eat. Enjoy!

Source: "Rock Candy," *The Accidental Scientist—Science of Cooking*, www.exploratorium.edu/cooking/candy/recipe-rockcand

SEVERAL ENROLLMENTS IN FOR MO 4-H DAIRY CAMP ALREADY

Dairy Cow Camp is June 5-7, at RobThom Dairy, Springfield, for all youth 10-18. Fee is \$80 and Webster County Council will reimburse half the fee for any Webster County 4-H'er who attends. In addition to the pre-camp tour is being planned. There will be hands-on washing, clipping, grooming, showing, educational sessions, and a special camp T-shirt.. Enrollment deadline is April 15, if not full before!

REGIONAL INFORMATION

CHICKEN COOP NEEDS HELP

Amy Dooley, Rutledge-Wilson Farm park coordinator, invited 4-H clubs to get involved with the development of the park and help restore the chicken coop. Light construction, painting and general help is needed. A great community service project for a woodworking group of a whole club. Work can be scheduled to meet the needs of your club. To get the ball rolling, call soon. Please contact Amy at 353-0683 or adooley@ci.springfield.mo.us

HORSE KRAZY KIDS

Presented by Cross Roads Assoc. and kids program is set for April 22, rain or not, 3 – 4 pm, at the Sac River Stables. Topics – Safety Around Horses, Foot fall patterns, Vital Signs and a Farrier demonstration by Jim Anderson. A picnic is provided to those who RSVP by April 18, to 742-4200 or info@sacriverstables.com

Nose prints for the Mo State Fair

Just a reminder.... nose prints are due to the entry department at the State Fair for meat goat and market lambs by June 15. Nose print cards sent from individuals will not be accepted. Please refer to last year's state fair book for additional clarification on the nose print process. Contact Jeannie for current cards and information.

THE GREAT NORTHFORK RIVER 27th ANNIVERSARY FAMILY SCAVENGER HUNT IS COMING AUGUST 9-10

Jeannie Moreno, youth program assistant in Webster County is in charge of the annual canoe trash pick-up. If you or your family is interested in participating, call her at 859-2044.

All SW regional 4-H families are invited to participate. It is usually the second Thursday and Friday in August. Pettit's Canoe Rental, Dora, MO, provides the campgrounds, canoes, and transportation

to the river and trash bags. 4-H families provide the muscle and enthusiasm for two days and 16 miles of river cleaning. New families are always welcome. If you're interested, call today. We are limited to 10 canoes. That's usually 6-8 families. After the huge 25th year celebration, last year we were back to our 10-12 members and could have used more help. This year, why not start a new family tradition and join us. Call today.

State Fair Reach Out Demonstrations

We hope to provide 4-H'ers who cannot attend the Missouri State Fair, the opportunity to present their prize winning county demonstrations at the State Fair 4-H Building through ITV. The pilot project Greene County 4-H'ers participated in last year was hugely successful and is being offered state wide this year.

Reach Out demonstrators do not receive the \$5.00 premium but do receive a State Fair ribbon and certificate. Please keep in mind these demonstrations must be selected as State Fair quality at Achievement Day.

STATE INFORMATION

Saddle up for trail ride To benefit charity

The Moniteau Saddle Club will host its Saddle Up for St. Jude Trail Ride April 14. The 11-mile ride begins at 10 a.m. with a barbecue beginning at 4 p.m. Prizes will be awarded to the group with the most riders and the top three earners. For more information, contact Melinda at gopintos@earthlink.net or see: moniteausaddleclub.com.

Grant can help put community project on the map

Grants of up to \$5,000 are available from Project Learning Tree for environmental neighborhood improvement projects. Consider submitting a proposal for a 4-H community mapping/stream team project in your community. Proposals are due April 30 and again in the fall. For more information, see: www.plt.org.

MU to host entrepreneurship camp

Entrepreneurship is the subject of one of three summer camps hosted by the University of Missouri. Rural youths in grades 9-11 interested in entrepreneurship should make plans for Summers@Mizzou, July 29-Aug.1. Look for details in an upcoming newsletter.

BEEF COOKING DEMONSTRATIONS AT THE MISSOURI STATE FAIR-new opportunity

The Missouri Beef Industry Council is inviting counties to select beef cooking demonstration winners from Personal Presentation Day to register ([registration form](#)) for their State Fair demonstration contest. [Additional promotional information](#) is available. Please note:

- This is not a 4-H sponsored event; however, it is being advertised directly to 4-H members.
 - Demonstrations will be presented in the Beef Showcase Building on the State Fairgrounds (across the street from the Home Economics Building).
- 4-H ribbons or premiums will not be awarded but this is a great opportunity to add to your 4-H experience.

MU will host annual 4-H poultry project day

The State 4-H Poultry Contest will be held June 9 at the University of Missouri. Jess Lyons, MU poultry specialist, will host a project day that will include a poultry showmanship and fitting clinic for adults and youths. There also will be a track to select the senior poultry team that will represent Missouri 4-H at the National Poultry Contest in Louisville next fall.

Pre-registered participants will receive detailed packets of project information prior to the event. Registrations should be sent by May 1. Registration forms are available on the Web: 4h.missouri.edu.

Wildlife contest, clinic to be April 28

The annual 4-H Wildlife Habitat Judging Contest and Clinic will be April 28 at Prairie Fork Conservation Area in Williamsburg, Mo.

Members interested in wildlife and wildlife habitat may participate in the contest or choose to attend the educational clinic which will run concurrently. Awards will be presented the junior and senior age divisions to teams and individuals. The first place Senior Division team will be eligible to compete in the national Wildlife Habitat Evaluation Program, July 25-29, in Cedar City, Utah.

Study resources including a teacher and student manuals are available at the Extension office. Registration is due to the MU 4-H Center for Youth Development by April 10. For more information,

Spring training for sportfishing volunteers

The University of Missouri 4-H Center for Youth Development will hold a sportfishing volunteer workshop April 21 and 22 at Windermere Conference Center in Roach, Mo. The workshop will help volunteers understand their role and the 4-H philosophy, receive a copy of the national sportfishing curriculum training in two contest areas, strategies for working with young people; and liability, insurance and risk-management procedures.

Registration, along with the \$50, fee is due by April 5. For an application, contact the Extension office; or see: 4h.missouri.edu.

Horse enrollment forms due to extension offices by May 1

Remember to have your horse member enrollment forms signed by your club and project leaders so you can turn them in by May 1. The Missouri State Fair requires that the enrollment forms be sent with your entry. Signed forms should be turned in to the University of Missouri Extension office in Webster Co. For a form, go to: 4h.missouri.edu for complete guidelines, go to: 4h.missouri.edu.

Animal exhibitors urged to have quality-assurance training

Members who exhibit food production animals, including beef or dairy cattle, goats, poultry, rabbits or sheep, are encouraged to complete a food-quality assurance educational program. University of Missouri Extension 4-H has chosen the Missouri Show Me Quality Assurance curriculum.

Missouri 4-H is currently exploring a state policy mandating quality assurance training for members who exhibit food production animals. Some county and districts shows already have quality assurance mandates, so it is imperative to check your local rules. Swine project members must have current quality-assurance card

To show swine in Missouri 4-H, project members are required to have a current Youth Pork Quality Assurance or Missouri Show Me Quality Assurance card. Swine project members should be prepared to present their YPQA or MSMQA card at Missouri State Fair swine check in if requested. No further documentation is needed with the state fair entry. Check with your University of Missouri Extension center for documentation required at local shows.

Premise ID not required at 2007 Missouri State Fair

Exhibitors at the 2007 Missouri State Fair will not be required to provide a premise ID number. Space will be provided on entry forms to include the ID number if they have chosen to participate in the program, but no exhibitor will be required to do so.

Host families still needed

Families are needed to host students from Eurasian countries during the 2007-08 academic year. Students are selected through a competitive process to be part of the FLEX exchange and are fluent in English. Students will arrive in August and depart in May 2008.

To learn more, contact Joyce Taylor, global education coordinator for the University of Missouri 4-H Center for Youth Development, at 573-882-6393 or via e-mail at aylorj@missouri.edu.

Camp set for military families

Military families are invited to the Quest for Family Fun, June 29 – July 1, at the Kingdom of Camp Clover Point, Lake Ozark.

Camp participants will step back in time and enjoy medieval life demonstrations, learn about the bravery and honor of ancient knights, and participate in a feast. They also will learn more about 4-H through work-shops and a skill-a-thon.

Additional details, including cost, will be available in April. Send questions to Mary Jo Williams williamsmj@missouri.edu or Joan Zeller (zellerj@missouri.edu).

Show Me Character

Responsibility ...

'I will know'

By Mary Jo Williams, state 4-H specialist, University of Missouri 4-H Center for Youth Development

Movies are a great way to learn about character. Recently, I watched *Bagger Vance*, a movie about a down-on-his-luck golfer, Rannulph Junuh, playing in a tournament with Walter Hagen and Bobby Jones in 1931.

There were only a few holes left, and Junuh was preparing to hit the ball in a play that would put him in the lead. He moved a stick or leaf and the golf ball rolled slightly. Only Junuh and his caddy saw the move.

The caddy begged Junuh not to report the move, declaring that "no one will know." Junuh looks at the caddy and said, "I will know, and you will know."

That moment in the movie reminded me that character is how we behave when no one else is looking.

We all have moments that teach us about responsibility. I remember when I was in 4-H, sanding for what seemed like days on an antique desk. I was ready to give up and "make do" when my mother encouraged me to give it one last thorough sanding. I still remember my pride when I walked into the exhibit hall and saw the desk was selected for the State Fair. Perseverance and doing my best paid off. No one else knew how long it took to sand the desk but I knew.

What experiences have taught you responsibility? Was it forgetting to do homework, not feeding the family pet or not working especially hard on a 4-H project?

Responsibility means doing your best all the time and doing what you are supposed to do. You may think no one will notice but you will know. And isn't that most important?

4-H JUDGING – STREAMING VIDEO

Tune in May 10 from 7:00 - 7:30 p.m. to see a live video of 4-H'ers teaching others how to do judging! To view, you must have internet access and windows media player (or compatible software). Click on the state 4-H website to connect: <http://www.4h.missouri.edu/>. The link will be activated 30 minutes before the viewing time. Please encourage your 4-H'er to learn more about judging, see it in action and learn from other 4-H'ers by tuning into this opportunity. This is a great session for clubs to view together. Maybe invite a 4-H family or two over to watch it with your family.

What is judging? Decision making skills and the ability to logically and clearly express one's self are prized attributes in many careers today. One 4-H teaching technique – judging – can help members develop these skills. Judging is making a decision and telling why you

made it. Judging also teaches members to appreciate standards, to observe closely and to develop their reasoning ability. We make judging decisions every day such as what to wear, when to get up and what snack to eat. Check out the guide sheet – "Judging: A 4-H Teaching Technique" at <http://www.4h.missouri.edu/resources/materials.htm>

Rural Youth Loans - The U.S. Department of Agriculture's Farm Service Agency (FSA) makes operating loans, up to \$5,000, to individual youths ages 10-20 to establish and operate income-producing projects. These projects must be initiated, developed, and carried out by youth participating in 4-H clubs, FFA, or a similar organization/with a vocational teacher or county extension specialist.

The project must be an organized and supervised program of work, produce sufficient income to repay the loan and provide youth practical business and education experience.

To qualify for a loan the borrower must: be a citizen of the United States, live in a town of less than 10,000 people, be unable to get a loan from other sources, and conduct a modest income-producing project in a supervised program of work.

Loan funds may be used to: buy livestock, equipment, and supplies; buy, rent, or repair needed tools and equipment; or pay operating expenses for the project. Contact your local Farm Service Agency for more information.

UNIVERSITY OF MISSOURI ARCHITECTURAL STUDIES AND MISSOURI 4-H

are partnering to announce an exciting opportunity for 4-H youth to become part of a 4-Habitat design team that will work with Habitat for Humanity to "adopt" a family who will receive a Habitat home! Youth teams will have the unique experience of working directly with the family to furnish and landscape

their home in Columbia. Learning opportunities will focus primarily on the interior design process and improving energy efficiency through both interior finishes and landscaping. Additional teams will provide other components such as sewing, art projects, cooking, and a website to track the progress of the project. On June 14-15, 2007 the selected team members will meet to form ideas about what to provide for the family that has been selected. Total team enrollment is limited to 20 youth. This state-wide opportunity is open to 4-H youth ages 13 and up. Team opportunities include

- Interior Design
 - Horticulture/Landscaping
 - Energy Efficiency
 - Arts and Crafts
 - Sewing
 - Cooking
- Web Design/Photography/Public Relations



Tips for 4-H Members, Families and Volunteers

Every family should have a disaster plan that includes where to go when a tornado or thunderstorm comes. Plans should also include an alternative meeting place — a neighbors house, store or other location—in case they are away from home, or their home is damaged.

When weather watches and warnings are issued, families should review their family disaster plan and emergency supply kit, and stay tuned to the TV or radio for updates. If warnings are issued for impact late at night, make sure that sturdy shoes, flashlights and clothing that can be put on quickly are near the bed.

Families should create a family disaster plan and prepare an emergency supply kit ahead of time. A basic emergency kit should contain:

- Flashlights
- rubber gloves
- matches
- some spare cash
- toiletries
- hand-soap
- Extra clothes
- batteries
- food
- water
- first-aid supplies
- paper and pencil
- Disinfectant
- battery-operated radio
- copy of the family plan
- list of prescription medications and pharmacy
- insurance information
- phone list to notify relatives that you are safe

— Eric Evans, Community Emergency Management Specialist, MU Extension

Events & Deadlines

April 1

- 4-H Foundation Scholarship applications-Deadline

April 2

- Missouri Equine Teen Trip registration & fees -Deadline

April 5

- Leaders' Council Mtg., 7 PM
- Interviews for 4-H Congress- application/trip award form due
- Interviews for Youth Forum— application/trip award form due
- Camp T-shirt designs due
- Sportfishing leader training registrations-Deadline

April 21

- Sportfishing Leader Training, Roach
- State 4-H Horse Bowl, Columbia, Mo.

April 22

- State 4-H Hippology Contest, Columbia, MO

May 25-28

- Missouri Equine Teen Trip

May 30-June 1

- State 4-H Congress, Columbia, Mo.

June 5-7

- Dairy Cow Camp—Springfield, Mo.

June 5-6

- Beef Camp, Buffalo, Mo.

June 9

- State Poultry Day, Columbia, Mo.

June 16

- Webster County Achievement Day

June 16

- Webster County Horse Show

June 17–21

- Webster County Fair

June 26-28

- Citizenship Youth Forum, Jefferson City, Mo

July 10-12 and July 17-19

- 4-H/UMR Aerospace Camp, Rolla, Mo.

July 23-26

- 4-H Youth Futures, Columbia and Jefferson City, Mo

Aug. 9-19

- Missouri State Fair, Sedalia, Mo.

