Register Today!

Sign up for morning sessions of Urban Farmsteading by returning this registration form with payment to the Washington County Extension Office. Registration is $50 and includes the 18 hour workshop, resource workbook, resource CD and refreshments. Please make checks payable to Washington County Extension.

Name

Address

City/State/Zip

(    )

Phone

E-mail

Return this form & payment to:
Washington County Extension
113 N. Missouri St. Suite A
Potosi, MO 63664
Phone: 573-438-2671

Equal Opportunity/ADA Institution
No matter what your motivation is for living more sustainably, this class is for you! The mission of the Urban Farmsteading Program is to help individuals achieve their self-sufficiency goals by providing reliable information, tools, tips and encouragement.

Who can sign up?
Even those with limited or no space can take steps to achieve their sustainable-living goals! Everyone, regardless of age, experience or space available, is encouraged to sign up!

What others have said about Urban Farmsteading:
“Networking with others in the class is the best aspect!”
“I really enjoyed the variety of speakers and the extent of their knowledge.”
“I have a wealth of resources to use now, so the sky’s the limit!”
“This class helped me realize that it’s okay to fail and that baby steps are better than no steps at all.”

Class Schedule
Session 1
- Course Introduction
- Instructor & Participant Introductions
- “What It’s All About”

Session 2
- Gardening Basics
- Container & Square Foot Gardens
- Composting & Soil Fertility
- Hybrid vs. Heirloom
- Organic vs. Traditional Gardening

Session 3
- Food Preservation Methods—Freezing, Drying, Jellying, Fermenting and Canning Basics

Session 4
- Saving Food Dollars
- Consumer Meat Choices
- Cutting Grocery Bills
- Healthy Eating for Less

Session 5
- Reducing Household Expenses
- Money Leaks, Budgeting and Farmsteader’s Credit
- The Farmsteader’s 6 Rs
- Frugal Strategies

Session 6
- “What’s Stopping You?”
- Identifying Barriers to Living Sustainably
- Participant’s Topics
- Graduation