

Reaching Out Report

Making a BIG Difference in Our Community



Washington County Extension
113 N. Missouri St. – Suite A
Potosi, MO 63664

(573) 438-2671 or Washingtonco@missouri.edu

Issue 2

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Notes from the Office and 4-H Update

- Prepared/processed bills and wrote checks, made bank deposits and reconciled checkbook in QuickBooks to bank statement in cooperation with the County Program Director.
- Assisted walk-in customers on various subjects, answered phone calls and prepared soil samples.
- Food preservation and gardening information packets are very popular this time of year. Copies are available in the office.

4-H reminders:

- The Red Cross blood drive sponsored by 4-H is scheduled for July 9th at the First Baptist Church from 3-7. This will be our First Annual Steve Jarvis Memorial Blood Drive. Come on out and support your local 4-H clubs!
- Volley Ball Tournament July 17 at the City Park pavilion from 11:00 a.m. – 2:00 p.m.

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County Program Director and Human Environmental Sciences Update

Maude Kelly

Human Development Specialist

- I came back to work in late May. After five months of dealing with medical issues, it is great to be back!
- I continue to work with the Health Fair committee to plan for the Washington County Health Fair, scheduled for Saturday, September 25, from 7:30 a.m.-noon. If you know anyone interested in a booth, please give them my name and phone number.
- I was asked to help judge some grant proposals for EMAA's 'Step Up to Leadership' program graduates. This program was developed by MU Extension and is taught to help participants learn about serving on boards and being community leaders.
- I recently attended a Grandfamily Coalition meeting in Columbia, MO. This is comprised of representatives from all over Missouri who work with 'relatives as caregivers' audiences. More commonly known as 'grandparents raising grandchildren', this group meets 4 times a year to discuss relevant issues about this topic and to seek ways to better serve this audience. My hope is to soon develop a support group locally.
- I have asked Mary Schroepfer, Nutrition Specialist, to teach another food preservation workshop. She will present a brief refresher session on canning and making jams and jellies. I will begin promoting as soon as a date and time are set.

Family Nutrition Education Program Update

Andrea Oswell-Holmes
Nutrition Program Associate

Whew! What a beginning to the hot summer months. FNEP just finished up the summer curriculum "Kids in the Kitchen" at both the Kingston School District and the Richwoods School District to students K-9th. As in years past, I had approximately **350** students participate in the program. However unlike other summer school sessions, I was able to provide both schools with one extra week of classes. Both schools really liked the program. Most children expressed that the very best part of Summer School was cooking in Nutrition Class. Some of the great items they cooked were: Yo-Fruit, Snack Pizza, Farmers Market Salsa, Fruit combo with Lava Sauce, and Fruit Salsa with Cinnamon Chips.

FNEP staff also participated in a special event at Potosi Elementary called Community Days. We were able to provide nutrition information to **277** children and have them participate in making "Astronaut Pudding". The children, faculty, and staff all expressed the success of the program and hop that we will be able to participate in "community Days" next year.

Deanna Graham
Nutrition Program Associate

I have been teaching summer school this month at Valley Elementary and Potosi Elementary. It has been a great success with the students. They loved the foods that they tried and they had fun with the activities that we did. Between the two schools, I worked with approximately **350** students.

The Washington County Reaching Out Report is a communication tool used by MU Extension Staff and Specialists to concisely communicate activities, contacts and events with Extension Councils and the Washington County Commission on a monthly basis.

Agriculture Business Program Update

Lynn Heins
Agriculture Business Specialist

Contacts

- 4 walk-in face to face visits
- 12 phone calls
- 1 farm visit
- Received 267 emails and sent 162 emails

Meetings

- Attended Rural Ag Summit at Jefferson College
- Attended MAEP Explore Missouri Farm Tour in Washington, MO
- Attended the Homegrown Farm Tour Planning Committee Meeting, I'm also serving on the information sub-committee
- Attended Community Betterment meeting at Courthouse
- July 8th, Farm Bureau Media Presentation
- July 11-15, NACAA in Tula, Oklahoma

Programming

- Continuing to develop materials, curriculum and promote Urban Homesteading Program
- Possible MS Excel Program after fair

Other News

We're on Facebook! Keep informed about upcoming programs, activities and deadlines by "liking" our page. Search for Washington County University of Missouri Extension. We have **51** fans and there were **139** visits in June.

Have you seen our county website lately? Take a look at <http://extension.missouri.edu/washington/> and stay informed. The website has had **5,331** views.

EEO/AA/ADA Institution

