Maude Kelly, Human Development Specialist

- Attended a Human Development Specialists statewide update in Columbia in late June. Learned about possible new programming efforts and had a chance to discuss programs that colleagues are doing around the state of Missouri.
- Participated in a regional faculty meeting at UMSL to learn about how to more effectively present our “message” to county and state stakeholders and citizens of Washington County.
- Hosted 3 sub-committee conference calls as part of my responsibilities for holding the office of VP of Awards & Recognition for my professional association. Subject matter dealt with the awards portion of the annual session which will occur in September in Columbus, OH.
- Participated in an in-service event about the Annual Program Review process for county Extension Councils.
- Participated in a statewide session via computer about fee generation for programming efforts.
- Took part in 2 monthly conference call/computer sessions for board meetings for my national professional association-NEAFCS.
- Met with the Washington County Health Fair committee monthly to continue preparations for the event which is scheduled for September 8 and prepared fair applications to be mailed out.
- Washington County Fair: took in exhibits, assisted while judging took place, attend the 4-H livestock sale and helped record sales numbers and buyers, announced 4-H scholarship winners, worked with Lisa to give out premium checks, talked regularly with 4-H Council members and parents about different issues, and many other tasks.
- Worked one shift at the MU Extension booth at the Missouri State Fair in Sikeston. I got to meet a lot of Missourians and talk about Extension and the programming we do.
- Went to Union for a CPD meeting and received updates about the East Central FNP program, budget updates, status of regional vacancies and a new regional marketing opportunity.
- Prepared letter and extra information that was sent to Extension Council members and supporters of Extension for our Annual Program Review.
- Fielded several calls about general HES questions as well as 4-H questions.
- Sorted awards applications for NEAFCS annual session and sent relevant information out to regional representatives.
- Fielded numerous call about the Washington County Health Fair.
- Discussed with colleagues in the region about possible follow up session for people who participated in the “Matter of Balance” program last fall.

Office Manager Update, Lisa Eisenbeis

- July and August were filled with increased preparation, organization, implementation and reporting for Fair week while maintaining the day to day activities of the office. With the help of many people this year’s Fair was a true success! I will provide more details in next months report.
Family Nutrition Education Program Update

Andrea Oswell-Holmes, Nutrition Program Associate

- In July, Deanna and I worked with the farmers at the Health Department to bring the public new foods and recipes at the Farmer’s Market. Many times, this is one of the few times that the Family Nutrition Education Program gets to work with the adults of Washington County. We reached approximately 300 adults and 100 young children in the community. August 15, was our last farmer’s market for the year. The families who have come to visit us throughout the season stated “They are going to really miss us and all the new recipes”. Over the summer we also had a special helper, Cameryn Yount, from Valley Elementary. She was an excellent addition to helping out at the Market. She assisted in introducing new foods, cooking, and demonstrating. However, the one thing people could not forget about her was her great big smile.

- Also in July and August, Deanna and I organized and assisted Natasha Sullivan with FNEP Programming at WIC Program at the Health Department. Just like Farmer’s Market, we were able to bring food, recipes and nutritional information to adult clients at WIC office. In two months, we reached approximately 120 adults and their families.

- In addition, Deanna and I started a new summer program in the community. We teamed up with Gini Buchanan and the Potosi United Methodist Church to present nutritional information and recipe ideas at the Food Pantry. We also collaborated with John Held to bring fresh vegetables to the Food Pantry on days we programmed. It was great to show the clients, who normally do not do a lot of cooking, to cook something easy and nutritious.

- On August 4th, Deanna and I provided educational/nutritional information and incentives to families at the 2012 Back to School Fair. The year was a great success! We reached approximately 200+ students and our booth seemed to be a big hit at the Fair. Children loved getting new school supplies and their flashing Mizzou reflector.

- In August, Deanna and I worked most of our week at the Washington County Fair. We took in exhibits on Tuesday the 7th. On Wednesday, we helped with judging Fair Exhibits and Deanna and I prepped for the 4-H dinner. On Thursday we set up and served the dinner for approximately 140 people after the Steer Show at the Lion’s Den.

- August 21st to the 23rd Deanna and I attended “Conference” in Columbia, MO. This was a three day professional development training that focused on new forms and policy for Fiscal Year 2013, a new 2nd Grade curriculum, a new “Eating from the Garden” curriculum, funding changes, and a new play for children called “A Healthy You Revue”.

- It is that time of the year again. School Is In! I have been working on school schedules and it looks like I will be starting both Kingston, Richwoods school districts and the Preschool Little Learner’s next week. I will be teaching Monday, Tuesday, Wednesday, and Thursday.
Family Nutrition Education Program Update

Deanna Graham, Nutrition Program Associate

This has been a very busy month. We have had many days of programming and meetings.

- In July, we programed at the pantry at the First Methodist Church on Tuesdays. We brought recipes and made foods with items that the clients would be receiving that day.
- Programing was also conducted on Wednesdays at Farmer’s Market, at the Health Dept. We would find in season vegetables and fruits recipes, hand out samples of them and the recipe.
- On Thursdays I helped Andrea at the Health Department WIC office. She handed out healthy recipes and samples of food she made from them.
- In August, we helped during Fair week bring in the exhibits at the exhibit hall on Tuesday. We helped the judges place the interties on Wednesday, and we coordinated the 4-H animal exhibitors luncheon on Thursday.
- August 21st thru 23rd Andrea and I traveled up to Columbia to a Conference for Nutrition Associates, to work on all the changes in our curriculum.
- Monday August 27th traveled to Arnold for a meeting and received more new curriculum.
- I am currently working on scheduling schools for programming. I will be working in the next weeks on getting back in the classrooms. Overall, August was a very busy yet enjoyable month.

Agriculture Business Program Update

Lynn Heins, Agriculture Business Specialist

- Helped with fair, primarily open class entries
- Women in Boots & Blue Jeans cancelled
- I did a radio spot to talk about aflatoxins and how it could potentially affect grain and livestock farmers. I also promoted the Washington County Home Grown Farm Tour.
- The Home Grown Farm Tour seemed to be a success. From what I’ve heard so far, we had really good attendance. We have a follow up meeting September 5th.
- Spoke to the Bonne Terre Garden club about different food preservation methods. It was a very general overview, and very well received.
- SWCD regular monthly board meeting
- Attended the Managing for Today and Tomorrow training conference in Mexico, MO August 28 and 29. MTT is a new level III program, spun off of Annie’s Project. It is designed to go into further detail for Business, Retirement, Succession and Estate Planning.
- Annie’s National Leadership team teleconference
4-H LIFE Program Update

Robert Wilkerson

I participated in Adobe Connect Conference for states replicating the 4-H LIFE Program through the National 4-H Council National Mentoring Program. The conference provided support and technical assistance for states that are replicating the 4-H LIFE Program in their community. States represented in the conference were: Louisiana, Alabama, and Washington D.C. I also participated in a National Lead State Advisor teleconference. We discussed the end of year one and the current standing of year two of the National Mentoring Project. Currently, there are plans to apply for year three funding. Since the last Washington County Extension Council Meeting, I have been involved primarily in 4-H LIFE programming and implementation.

Overall, I have continued to assist with the growth and development of the 4-H LIFE program at Missouri Eastern Correctional Center in Pacific, Missouri. We had our Parenting/Planning session on August 9th with a focus on goal setting. We had our family club meeting on August 25th. We are scheduled to have our next parenting and planning session on September 13, 2012. The family club meeting will take place on the fourth Saturday of September. Our parenting planning meetings take place on the second Thursday of the month 6 pm to 8 pm and our family club meetings take place on the fourth Saturday of the month between 1pm and 3 pm. LIFE program at MECC. Our new volunteer has been attending the parenting and family meetings at MECC. She was recommended by the Institutional Activities Coordinator. She is a certified teacher and currently involved with StoryLink at MECC. I did not attend the family meeting this month because I was running the program at PCC. However, the regular volunteers conducted the program and had 28 participants.

I also attended the PCC 4-H LIFE program this month. There were 14 participants at this program. Potosi now has a new Institutional Activities Coordinator and I have met with her to talk about the program. She seems interested in the program and I anticipate her continued support.

I also assisted with the fair set up and clean up. We had Robotics from Washington County for the first time. The kids and parents came and demonstrated the robots to people interested in learning more about the program. During the presentations, I was told they managed to attract a new sponsor. In addition, a previous sponsor, Buckman Labs, sent representative to observe the demonstrations. He seemed genuinely impressed with the progress the robotics club has made.

Summer reports will be available in the next edition for...

Stephanie Schindler, 4-H Youth Specialist

Joyce Rainwater, ISFOP - Farm Outreach Worker

The Washington County Reaching Out Report is a communication tool used by MU Extension Staff and Specialists to concisely communicate activities, contacts and events with Extension Councils and the Washington County Commission on a monthly basis.

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