County Program Director & Human Environmental Sciences Update
Maude Kelly, Human Development Specialist

- Participated with other facilitators of the MHFA (Mental Health First Aid) program via computer to discuss program delivery, marketing and other issues about the program (Sept.)
- Took part in in-service opportunity for curriculum entitled "Ounce of Prevention", which deals with addressing health issues of adolescents and young adults (Sept.)
- Phone conference with committee to plan a retreat for EC regional faculty, YPA's and NPA's (Sept.)
- Attended EMAA Head Start advisory committee meeting (Oct.)
- Attended monthly EC regional staff conference (Oct.)
- Sat in on webinar presented by my professional association, NEAFCS, about programming to teen parents (Oct.)
- Co-taught Mental Health First Aid class to 5 participants (Oct.)
- Met with Extension Council Executive officers (Oct.)
- Attended 3-day statewide Extension Program Conference, which provided opportunity for networking with colleagues, workshops, and excellent keynote speakers (Oct.)
- Along with Extension Council chair, attended the regional council meeting with representatives from the other 16 counties in the EC region (Nov.)
- Attended regional County Program Director's meeting (Nov.)
Agriculture Business Update: Lynn Heins, Agriculture Business Specialist

Contacts
- 5 one on one contacts (business plan and balance sheet for start-up winery seeking operating loan, direct marketing pork, fence law, lease agreement samples, hobby farm designation)
- 82 program contacts (Annie’s Project and Pearls of Production Conference)

Meetings
- 1 SWCD Board Meeting
- 2 Annie’s Educator calls
- 2 Annie’s National Leadership Team calls
- 2 Annie’s Not for Profit calls
- Strategic Doing meeting for Ag Category. All categories are looking for ways to streamline programming so it crosses program area lines to meet the needs of the public, i.e., basic life skills education (gardening, food preservation, household budgeting)
- Big River Watershed Summit at Mineral Area College
- Fall Conference

Programming
- Annie’s Project—Education for Farm Women was a success at Mineral Area College! We wrapped up November 5th and there was an amazing amount of enthusiasm from the 12 graduates. One participant reported that she checked her insurance policy and learned that her coverage was not adequate. The program prompted her to shop around, and she switched insurance providers, and now she has more coverage while paying the same amount in premiums. Another participant was inspired to set up her LLC for direct market beef, and now she has almost completed the process. The evaluations reveal many more valuable impacts.
- Presented good business management practices at the Pearls of Production Conference on November 8th in Columbia. This conference focuses on production topics and it was put together by women livestock specialists in Missouri. I was really impressed by the quality of presenters and the conference overall. There were 70 farm women in attendance.
- Managing for Today and Tomorrow (Succession, Estate, Retirement and Business Planning Education) will begin January 9, 2014. Location to be determined.
- Annie’s Project will begin March 6, 2014. Location to be determined.

Other
- Annie’s Project continues to go through a structure change, with shared responsibility between Iowa State University and the Annie’s Not for Profit Board, which has recently achieved 501c3 status.

Annie’s Project Graduating Class at Mineral Area College, November 2013
Family Nutrition Education Program Update

Andrea Oswell-Holmes, Nutrition Program Associate
Deanna Graham, Nutrition Program Associate

ANDREA

I have been programming hot and heavy since we have seen each other back in August. With the move to Franklin County, I have been trying to finish up teaching here in Washington County. It looks like my approximate last day here in Washington County is December 13th.

- KINGSTON--Currently teaching 200 Kindergarten, 1st Grade, and 2nd Grade students on Tuesday’s and Wednesday’s at Kingston Primary.

- RICHWOODS-I am currently teaching 100 Pre-K, 1st Grade, 5th Grade, and 6th Grade students on Thursday’s at Richwoods Elementary. In October, Administration gave permission to allow the University of Missouri bring the Show Me Nutrition Display Boards back to Richwoods. Adult nutrition education is back in the building.

- BISMARCK-Currently teaching the 1st Grade on Friday’s at Bismarck Elementary. I teach approximately 50 students the Fun with Food and Fitness curriculum.

- LITTLE LEARNER’S ACADEMY-Currently teaching 12 preschooler's on Friday’s at Little Learner’s Academy. I also have a Show Me Display on display for parental nutrition education. Both the teaching and the SMN Display Board have been well received. Of course, the preschool children love the taste tests!

DEANNA

- VALLEY - I have one more week at Caledonia elementary. I am currently teaching grades K-3rd. I will then start another 7 weeks with them, teaching 4th-6th grade.

- POTOSI - I have just started back teaching 1st grade since the Government shut-down. I will continue with them for another 5 weeks and then switch to a new grade.

FOOD POWER

- Completed! Deanna and I completed the “Food Power” event at Kingston on Thursday, November 14. I have to say the exhibit was a huge success! Approximately 390 K-5th grade children attended this event. In addition, 40 A+ students performed throughout the day-making this an enjoyable and magnificent exhibit for all-FNEP, Kingston K-14 Faculty, and Staff. Food Power is a fun program that teaches students the importance of healthy eating and physical activity in an exciting and interactive way. Here are a couple of pictures to show the fabulous event.
At Kingston K-14 on November 14, 2013
Family Nutrition Education Program Update (cont.)

ANNUAL CONFERENCE
In October, Deanna and I attended Conference October 28th through the 30th. This was one of the best conferences we have ever attended. Lots of great information that will help us with our positions in the future.

FOOD POWER YOUNG ADVENTURE
On November 26th Andrea and I will be coordinating Food Power Young Adventure at Richwoods School District. This is a puppet show that is based on nutrition.

4-H LIFE Update
Robert Wilkerson

Since the last Washington County Extension Council Meeting, I have been involved primarily in 4-H LIFE programming and implementation. Overall, I have continued to assist with the growth and development of the 4-H LIFE program at Missouri Eastern Correctional Center in Pacific, Missouri. We had our Parenting/Planning session on November 14 with a focus on communication. We have our next family club meeting on November 23, 2013. We are scheduled to have our next parenting and planning session on December 12th. Our parenting planning meetings take place on the first Saturday of the month between 1 pm and 3 pm and our family club meetings take place on the fourth Saturday of the month between 1 pm and 3 pm. The meeting for October was a slight change and we will return to our regular scheduled meeting dates. We had an information/recruitment drive on November 7th and signed up 11 new members. We will be having a meeting for the new members Thursday November 21st. New members must attend a special orientation to participate in the program. The orientation for new members is now being held on a quarterly basis. Note: this is a different meeting from the monthly parenting/planning or family club meetings.

We continue to work at Potosi with meetings on the 2 and 4th Wed and the club meeting on the 4th Saturday.

I participated in a NMP VI Training discussion teleconference. We explored the details and schedule of the National NMP VI training in Washington, DC. We also had a lead advisors meeting where we talked about the changes to NMP IV and the close out of NMP III. I attended Annual Conference in Columbia, Missouri in October and an ISE in November on Working with New Volunteers.

I participated in a teleconference with other 4-H LIFE replication sites on November 20th as part of the 4-H National Mentoring Program. We discussed the current program and current opportunities and challenges. We are scheduled National 4-H Center in Washington D.C to perform training for existing and new replications sites in January 2014. We submitted revised budgets for the NMP 4-H LIFE and 4-H Tech Wizards in November to National 4-H Council. We received more money than last year but did not get all we asked for. As a result, we decided to focus on existing sites and hold off on expansion sites until 2015 or if new funding becomes available in 2014, Potosi/MECC, Jefferson City and Buchanan County Tech Wizards will be priorities.
Office Manager Update
Lisa Eisenbeis

- Catching up on things that have been left to be during our busy time.
- Enjoyed some time off in October and November
- 4-H assistance
  - Assisting with the 2014 program year enrollment process
  - Completed activities and participated in the 4-H recognition dinner at the YMCA on October 6.
  - Working with a Deputy from the Sheriff's Dept regarding a vehicle incident at the YMCA
- Office duties (as needed but not limited to)
  * bill paying
  * report generation (travel, required financials to regional directors office, county allotment request)
  * processed soil samples
  * assisted walk/call-in customers

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The Washington County Reaching Out Report is a communication tool used by MU Extension Staff and Specialists to concisely communicate activities, contacts and events with Extension Councils and the Washington County Commission on a monthly basis. Equal Opportunity/ADA Institution

Reaching Out 6