

**Get a Jump Start On Your  
Training Clock Hours  
Professional Training For  
Professional Providers**

3 Training will be presented by  
**Renette Wardlow,**  
University of Missouri Extension  
Human Development Specialist



**Willa Williams, Ed.D**  
4-H Youth Development Specialist  
will be presenting the STEM class

Refreshments and Handouts Provided

All sessions will be held in the community room of White River Valley Electric Coop. at 2449 East State Hwy 76, Branson.

**Directions:**

From Branson, take East Highway 76 towards Forsyth. White River Valley Electric Coop is located on the left side of the road just a little way up from Hwy T and before you reach Holiday Hills Golf Course. Turn into driveway between office building and warehouse. The Community room is adjacent to parking lot.

University of Missouri Extension is  
An Equal Opportunity/ADA Institution

Workshop provided compliments of:

UNIVERSITY OF MISSOURI  
**MU** Extension  
and



UNIVERSITY OF MISSOURI  
**MU** Extension

**CHILDCARE PROVIDER**

**PROFESSIONAL  
TRAINING**



**Four Training Sessions:**

Thurs., Sept. 21, 2017  
Thurs., Oct. 19, 2017  
Thurs., Nov. 9, 2017  
Thurs., Nov. 16, 2017

**6:00 p.m. - 9:00 p.m.**

All sessions will be held at:  
**White River Valley  
Electric Cooperative  
Community Room  
2449 East State Hwy. 76  
Branson, MO 65616**

**Session 1: Thursday, September 21, 2017; 6-9 p.m.**  
**Caregiver Tools: Care of Self and Identifying Stress**

This course will help you define and identify stressors; recognize physical and emotional reactions to stress; identify the warning signs of stress. Then gives participants practice techniques to eliminate or reduce stress and help you set goals to deal with stress.

**Session 2: Thursday, October 19, 2017; 6-9 p.m.**  
**STEM in a Box; Activities for Your Center**

Teaching STEM can be expensive, especially when you think of LEGO robotics, computers and model rockets. So what are some alternatives that are cost effective and can still teach science, technology, engineering, and math concepts? Learn how to stock some simple and low cost STEM boxes (or even bags) to teach rocketry, entomology, soils, robotics, and more.

**Session 3: Thursday, November 9, 2017; 6-9 p.m.**  
**SHED-Helping Children Cope with Grief**

This program provides participants with the knowledge and skills to proactively meet the mental health needs of children and adolescents coping with death and not-death losses across various settings as they survive, heal and evolve through death and loss.

**Session 4: Thursday, November 16, 2017; 6-9 p.m.**  
**Kids and Self-Esteem**

A sense of self-worth is critical for developing resiliency. An "I can do it!" attitude helps us learn, grown and cope with life's frustrations and inevitable problems. Learn the causes for low self-esteem and lack of self-awareness, and how to develop strategies for achieving healthy self-esteem and self awareness for one's self and one's children.

***All training sessions are registered through Child Care Aware of Missouri and count towards 3 training clock hours each.***

**Refreshments & Handouts Provided.**



**Please detach and return to: Taney MU Extension, P.O. Box 598, Forsyth, MO 65653**

**For additional information call 417-546-4431**

**The cost is \$15 per person/per session. Please make checks payable to Taney County MU Extension.**

**No Refunds. Please check the workshops you are interested in attending.**

**(Pre-registration required)**

**Session 1** September 21       **Session 2** October 19       **Session 3** November 9       **Session 4** November 16

Name \_\_\_\_\_ Child Care Center \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_ Amount Enclosed \_\_\_\_\_

Email: \_\_\_\_\_ MOPD ID# \_\_\_\_\_

If you don't know your MOPD ID# we need your birthdate and last 5 digits of your SS# to enter in state system.