Vol. No. 6  April 1, 2014

STODDARD COUNTY 4-H
APRIL NEWSLETTER

4-H Clubs

- **Show-Me 4-H Club** - meets once a month
- **Stoddard County 4-H Riders Club** - meets 2nd Monday of each month at the Mingo Saddle Club Arena @ 6:30
- **Advance Clovers 4-H Club** - meets 2nd Friday of each month at the Senior Center @ 7:00pm.
- **Puxico Warriors**
- **Crowley Ridge 4-H**
- **Stoddard County Swine Club**
- **Star Banner 4-H** - meets the 1st Monday of each month at the Faith Lutheran Church in Dexter @ 6:00pm

4-H Council Meeting

The next 4-H council meeting is scheduled for Monday [May 19](#) at 5:30pm at the Extension Office in Bloomfield. Leaders please make every effort possible to attend.

Volunteer Orientation

A reminder: Volunteers if you have not already completed your orientation please go to:

[http://4h.missouri.edu/getinvolved/volunteer/volunteerorientation/index.html](http://4h.missouri.edu/getinvolved/volunteer/volunteerorientation/index.html)

This is a state requirement for all 4-H Volunteers.

Stoddard County Livestock Registration

Stoddard County 4-H member's planning to show livestock of any breed must register their animals with the Fair Board by June 1st. Registrations received after this deadline will not be accepted so please make sure to submit this information on or before June 1st to Pam Dowdy. Forms were emailed to all that participated last year. If you need a form, please contact the Extension Office at 568-3344 or contact Pam Dowdy with the Stoddard County Fairboard at:

[dowdyfarms@bmrw.net](mailto:dowdyfarms@bmrw.net)

Happy Birthday to:

- Audrey Lutmer (Star Banner)
- Logan Parks (Crowley Ridge)
- Emily Mouser (Star Banner)
- Michaela Martin (Advance Clovers)
- Dacie Zook (4-H Riders)
- Katlyn Brotherton (4-H Riders)

Deadlines

- **April 4**: State Congress forms/fees due
- **April 6-12**: National Volunteer Week
- **April 7**: 4-H Day w/Cardinals ticket orders due.
- **April 30**: Move Across MO logs due to local extension office
- **May 23**: SEMO 4-H Camp Counselor forms/fees due. Ages (14-18)
- **June 1**: Livestock registration deadline for Stoddard County Fair
- **June 6**: SEMO 4-H Camper forms/fees due. Ages (8-13)
Members from the Stoddard County 4-H Riders club traveled to Springfield to compete and attend workshops at the 2014 Horse Fest on March 20th – 22nd. Those attending were Dacie Zook, Jay Zook, Savannah Colbert, Ruby Heffner, Lizzie Heffner, Ethan Brittain along with coaches Charlotte Rowark, Chassi Zook, Carmer Hefner and Stacy Brittain. Dacie and Jay Zook place 5th and 6th in the preliminary mutton busting competition and went on to compete in the rodeo that evening. Members also competed in the Horse Judging competition. A great time was had by all and they would like to thank the Stoddard County Extension Council for helping this make this trip possible.

Four members of Stoddard County 4-H traveled to Columbia, MO to attend the 2014 State Teen Conference March 22nd – 23rd. The theme for the event was Superheroes which they learned are deep within us all. Attending were Hannah Bien, Shelbi Miller, Laura Hatchel-Stickles, and Jillian Avery all from Star Banner 4-H along with Chaperone, Monie Brehmer. The girls attended fun and educational workshops throughout the day and ended the evening with the banquet and annual dance. This was an awesome opportunity to meet other 4-Her’s from all over the state as well as a great learning experience. Another HUGE thank you to the Stoddard County Extension for Their support is greatly appreciated!

Sarah Durham of Star Banner 4-H was awarded the 2014 Stoddard County Green Clover 4-H Scholarship during the Extension Council’s annual banquet on Tuesday evening, March 25th. Sarah has been a very active member of Star Banner 4-H for seven years and has held the offices of Secretary and President. She is a senior at Dexter High School. Her future plans are to attend TRCC where she will major in Business Administration. Sarah is the daughter of Mr. and Mrs. Larry Durham of Dexter. Congratulations to this outstanding young lady. Another fine example of the endless possibilities that the 4-H program holds for our youth.
SEMO 4-H Camp

4-H Summer Camp is fast approaching. Don’t forget to mark your calendars June 23rd – 25th for a fun filled time with 4-H’ers from all over the area. Camp is open to ages 8-13 and forms/fees are due to your local extension office by June 6th. Counselors (ages 14-18) are needed so make sure and fill out your forms and turn in by May 23rd.

Wildlife Habitat Education April 26

Study resources & detailed information about the event is posted on the WHEP web page:
http://4h.missouri.edu/go/projects/wildlife/whep.htm

Any member in good standing may register and participate. There is no requirement to be enrolled in a specific project. The contest will take place at University of MO Bradford Research and Extension Center (Bradford Farm) 11 miles outside of Columbia.

Pre-registration is due April 15.

State News and Events

State Congress

4-H’ers from all over the state will gather in Columbia, MO on May 28th-30th to attend State Congress. Here’s what you’ll do while there:

- Learn the life skills of a super leader, connecting with experts in quality workshops and learning opportunities!
- Experience campus living – residence halls, cafeterias, classrooms, you name it!
- Elect your representatives on the State 4-H Council!
- Get to know other 4-H youth from across Missouri...and HAVE FUN!

So make sure and fill out the forms and return them along with your registration fees to your local extension office by April 4th. For more info visit:
http://4h.missouri.edu/events/congress/

FilmFest 2014

This event connects young filmmaking enthusiasts with film industry professionals and with other youth who share those same interests. Festivalgoers are free to make arrangements for travel, lodging, and meals that best fit their needs. Your $129 All Access Pass is your ticket to the event and includes film screenings, field trips, festivities, meetings, exciting workshops with film industry professionals, and other opportunities. Now is the time to get started! Film submission forms are online, and films will be accepted through July 1, 2014. As with last year, there is a 10-minute time limit on films, so that we can screen as many as possible in the most interesting ways. We continue to urge filmmakers to avoid scenes that involve youth pointing guns at each other! This will help us give your films the widest possible exposure through 4-H channels, without creating unnecessary complications. This year’s film categories are:

- Narrative
- Animation
- Documentary
- 4-H Promotional
- Voices of 4-H History

If you have any questions about FilmFest 4-H, please email filmfest4h@missouri.edu
Dairy Cow Camp
May 24-26
Campers work in pairs and take part in workshops to learn about judging dairy animals, dairy management, animal care ethics and showmanship. Persons working in the dairy industry visit with campers about careers in the dairy industry as well. Participants will also be certified in the Show-Me Quality Assurance program. A judging contest and showmanship competition provide the culmination for the camp. The registration and health form may be found at http://extension.missouri.edu/lawrence. For more info contact Karla Deaver at (417) 466-3102, or your local county extension center.

Summers @ Mizzou
Do you have an idea you want to turn into your own business? Do you want to move from a seat in the audience to the Director’s Chair? Do you like helping people? Do you like maps? Do you enjoy helping animals? Are you interested in science? If any of these apply to you, Summers @ Mizzou is where you should be this summer. Camps will be offered the week of July 13-17 and July 20-24th. Early registration is due by May 7. For registration & available scholarships see http://4h.missouri.edu/programs/summers

2014 Missouri Youth Media Contest
How would youth tell their peers to eat healthy foods and be physically active? The MO Council for Activity & Nutrition (MOCAN), in partnership with the Missouri Department of Health and Senior Services, wants to know! Missouri middle school students (ages 11-14) are invited to submit an entry in the Youth Media Contest. Youth are asked to create a catchy slogan and submit a poster or short video showing how they would promote healthy eating and exercise to their peers. Prizes are Amazon.com gift cards- 1st place: $500, 2nd place: $300 and 3rd place: $100. Each winner’s program wins the same prize, too! The deadline is April 25, 2014 and more information is available on the MOCAN website: http://extension.missouri.edu/mocan/YouthMediaContest/index.htm

2014 Thacher Environmental Contest
This allows high school students the opportunity to show off their science and technology skills by submitting research projects focused on the use of remote sensing & analysis tools. Cash Awards from $200 to $2,000! Participation is open to all U.S. students in grades 9-12. Entries may be submitted by individuals or student teams. Entries must be postmarked or emailed by May 5, 2014 For full contest rules and to enter, please visit: http://bit.ly/Lt6CnN or call 703-312-0825.

Monie Brehmer
4-H Youth Program Assistant
Stoddard County
Stephanie Milner
4-H Youth Development Specialist

University of Missouri Extension provides equal opportunity to all participants in extension programs and activities and for all employees and applicants for employment on the basis of their demonstrated ability and competence without discrimination on the basis of race, color, national origin, sex, sexual orientation, religion, age disability or status as a Vietnam-era veteran.
Clover Kids can create every letter in the alphabet using their bodies. While participants wiggle, squirm and problem solve they are also getting good exercise, enhancing flexibility, agility, strength and awareness of their bodies.

**Stir the Soup**

Each participant finds a partner to do this stretching activity. Both partners sit on the floor, face to face, with their feet touching in a wide straddle. They reach out and grab each other's wrists and move side to side and forward and back. Remind youth to keep their knees straight! Partners can make circles - small ones and then larger ones as muscles loosen.

**Balloon Soccer**

Material needed is a 10-inch round balloon. This activity can be played outdoors or indoors in a wide, open room.

Youth stand in a circle, shoulder to shoulder, holding hands. Youth kick the balloon around the circle passing to each player. After the balloon has been kicked around the circle, ask participants to take a giant step back and kick the balloon around again (hands may need to be dropped). Keep playing until there is no more space! Encourage youth to try kicking with the other leg in the opposite direction or pass the balloon by bouncing it off their heads.